

# Internship Program

## Animal Assisted Therapies



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Internship Program  
Animal Assisted Therapies

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# 01 Introduction

The intentional incorporation of the animal as an integral part of the treatment process in order to promote the health promotion of a patient is becoming more and more frequent due to the innumerable benefits that this technique has demonstrated. However, this is an area where great care must be taken to ensure the well-being of the species, as well as the safety of the patient and the person receiving the therapy. For this reason, TECH has designed an eminently practical program with which graduates will be able to update themselves on the latest developments in this field through 120 hours of active work with a group of veterinary specialists versed in this area in an organization of the highest international prestige.



*A unique and cutting-edge program that will position you in front of real cases in which you will have to work with different animal-assisted therapies for diverse patients”*





It is a fact that Animal Assisted Therapies are here to stay because of their unique ability to help people at risk of social exclusion, with functional diversity, psychological, emotional or psychiatric problems, and learning difficulties, among others. Therefore, it is vital for veterinarians to have a thorough understanding of how these therapies work with the aim of promoting the well-being of both the people and the animals involved.

In this sense, TECH's Internship Program in Animal Assisted Therapies is characterized by offering the student a deep understanding of these interventions as bidirectional and holistic work processes, giving the necessary weight to each of the elements that make up the human-animal binomial. This is a unique opportunity that this center offers to veterinary science professionals to become part of a multidisciplinary team in this area during 120 hours of stay in an international organization.

In this way, throughout the 3 weeks of the stay, the specialist can work actively in the management of different cases through the application of the most avant-garde fundamentals of anthrozoology and psychology with animals, contributing to the psychosocial improvement of hundreds of patients. In addition, during the entire period, you will have the support of a tutor, who will ensure that all the requirements for which the program was designed are met. Thus, TECH guarantees an experience of the highest level in which the veterinarians will not only be able to keep up to date with the latest developments in this therapeutic area, but will also be able to use the experience of experts in this field to perfect their skills and offer an unparalleled clinical service.

# 02

## Why Study an Internship Program?

Animal Assisted Interventions require a specialized knowledge of the different strategies that exist, not only to achieve the best results, but to do so with respect for the species and in a safe context for both them and the patients involved in the therapy. And the best way to achieve this is through active practice. Therefore, the opportunity that TECH offers with the launch of this program is undoubtedly unique, as it will allow the specialists to be part, for 3 weeks, of a team that will provide them with all the resources they need to update their praxis in this sense and raise their veterinary talent to the highest level.



*You will be able to work for the health of thousands of patients through the most effective therapeutic techniques with dogs, horses, dolphins and many more animals”*

### 1. Updating from the latest technology available

The associations that are part of the list of farms where the graduate will be able to carry out the Internship Program have the most sophisticated veterinary technology, as well as the most avant-garde technical resources to apply Animal Assisted Therapies effectively and efficiently in a safe environment for both the animal and the patient.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

The group of specialists who will act as tutors in this program have a wide and extensive professional experience in the field of Animal Assisted Therapies, so that the graduate will be able to take advantage of this issue to get a better performance of the stay according to their advice and recommendations.

### 3. Entering First-Class Clinical Environments

During the 120 hours of the internship, the graduates will have access to multiple clinical cases, in which they will have to employ the best strategies to benefit the patient, always taking into consideration the respect and safety of the animal. In this way, they will achieve, without realizing it, a guaranteed improvement of their skills, increasing the level of their service to the maximum.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

Each and every one of the techniques and strategies that the graduates will use during the Internship Program will be perfectly applicable to the different work environments they will face in their future. This is because TECH is a benchmark for organizations, promising a performance based on the current trends in Animal Assisted Therapies in the veterinary field.

#### 5. Expanding the Boundaries of Knowledge

The graduates will be able to choose from a wide range of companies located in different parts of the international panorama. Thanks to this, they have the opportunity to access the practical stay in different places, if what they are looking for is, in addition to catching up with the latest developments in their profession, to obtain a critical view of veterinary practice in other corners of the planet.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

The general objective for which this Internship Program in Animal Assisted Therapy has been designed is to provide the graduates with all the resources that will allow them to analyze the holistic change of people through the AAT and through the most innovative strategies for this purpose. Thus, they will be able to delve into the needs when it comes to forming multidisciplinary teams involved in these clinical guidelines, also delving into the legal and ethical aspects that accompany this practice in the current international veterinary environment.



### General Objectives

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- Analyze the holistic change people undergo through Animal-Assisted Therapies (AAT)
- Present the current status and future perspective of learning studies.
- Differentiate Assisted Interventions from other non-clinical methods, analyzing their benefits







## Specific Objectives

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- ♦ Generate skills and management tools in guide animal through the understanding of avian learning to facilitate the development of a working session
- ♦ Identify the minimum care birds require and the problems that may arise in a working session
- ♦ Determine which are the unconventional animals in assisted interventions
- ♦ Analyze their basic behavior and biology
- ♦ Develop the most recommended training and work techniques
- ♦ Evaluate the most notable problems for their involvement
- ♦ Identify the different types of disabilities
- ♦ Define which animal is suitable for each intervention
- ♦ Specify the different realities susceptible to animal-assisted intervention
- ♦ Analyze the importance humans place on animals today
- ♦ Establish the benefits of AAI
- ♦ Substantiate animal-assisted intervention methodologies in professional care groups
- ♦ Demonstrate knowledge of the different practical applications of animal-assisted interventions
- ♦ Analyze the different approaches and intervention proposals made at each type of center
- ♦ Identify types of centers according to the needs and demands of each user

# 04

## Educational Plan

The Internship Program of this program in Animal Assisted Therapies consists of a 3-week stay in a reference center. It is therefore constituted by a refresher course with a specialist. This stay will allow the students to see real cases with a professional team of reference in the veterinary field, applying the most innovative procedures of last generation.

In this training proposal, completely practical in nature, the activities are aimed at developing and perfecting the skills necessary for the provision of veterinary care in areas and conditions that require a high level of qualification, and are oriented to the specific training for the exercise of the activity, in an environment of safety and high professional performance.

It is undoubtedly , an opportunity to learn by working with institutions that are committed to the health benefits of Animal Assisted Therapies. Their mission is, therefore, the physical, psychological, social and emotional health of people, so they provide a better quality of life to all types of individuals through contact and interactions with animals in a playful environment, where in addition to learning and rehabilitation, they have fun. The animals produce that motivation and a greater involvement in the therapies achieving the objectives more quickly.

The practical part will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal competencies for veterinary praxis (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential”*



Module	Practical Activity
<b>Animal Assisted Interventions and fields of action</b>	Analysis of the main lines of research in Equine Assisted Interventions (IAC)
	Using the main lines of research in Dog Assisted Interventions (CAI) with dogs (IAP)
	Visualize the different theories: attachment theory, bonding theory, attachment theory and occupational behavior theory
	Analyze communication disorders
	Analyze the parameters of mental health and mental illness
	Practicing the process of personal growth and <i>team building</i>
<b>Therapies and Animal Assisted Interventions with animals from the approach of Physiotherapy and Speech Therapy</b>	Practicing Equine Assisted Therapies and Interventions from a physiotherapeutic approach
	Implementation of Hippotherapy, Therapeutic Horsemanship, Therapeutic Riding and foot to ground
	Practice Equine Assisted Interventions in Down Syndrome and Aging
	Analyze the neurological bases of intervention through Equine Assisted Interventions (EIA)
	Practice in the speech therapy performance within the therapies and Interventions Assisted by dogs (IAP): learning disorders, autism spectrum disorder, specific language disorder, intellectual functional diversity, Alzheimer's disease and other dementias
	Designing and planning speech therapy intervention within Animal Assisted Interventions (AAI): initial semi-structured interview, assessment, assessment report, treatment completion and final report
<b>Ethology and animal welfare in the field of Animal Assisted Therapies</b>	Analyzing stress in Animal Assisted Therapies
	Practice of invasive and non-invasive methods to obtain samples
	Study canine behavior
	Deepen in the guidelines of effective canine training according to breeds
	Motivation of equine welfare in the field of Animal Assisted Therapies
	Study Equine behavior
	Practice dressage and training

# 05 Where Can I Do the Internship Program?

Being fully aware of the boom that animal-assisted therapies have experienced, TECH presents this training that will allow the veterinarians to learn, in a practical way, the correct way to put into action these Animal Assisted Interventions. It is, therefore, a unique academic opportunity that will lay the foundations for the student's professional growth and will catapult them towards a promising future.



*Become an expert in animal-assisted therapies by taking this training in a reference center"*





The student will be able to do this program at the following centers:



Pharmacodynamics.

### Asociación Teanima

Country	City
Spain	Madrid

Address: Autovía del Suroeste, km 10,600,  
28925 Venta la Rubia, Madrid

Non-profit organization for the promotion of  
of health through animal therapy.

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**Related internship programs:**

- Animal Welfare
- Animal-Assisted Therapies



Pharmacodynamics.

### Magic Eagle Sax

Country	City
Spain	Alicante

Address: C. Salinas, 28, 03630 Sax, Alicante

Magic Eagle offers bird-assisted therapies with owls, crows,  
eagles, owlets, kestrels and barn owls.

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**Related internship programs:**

- Animal-Assisted Therapies

# 06

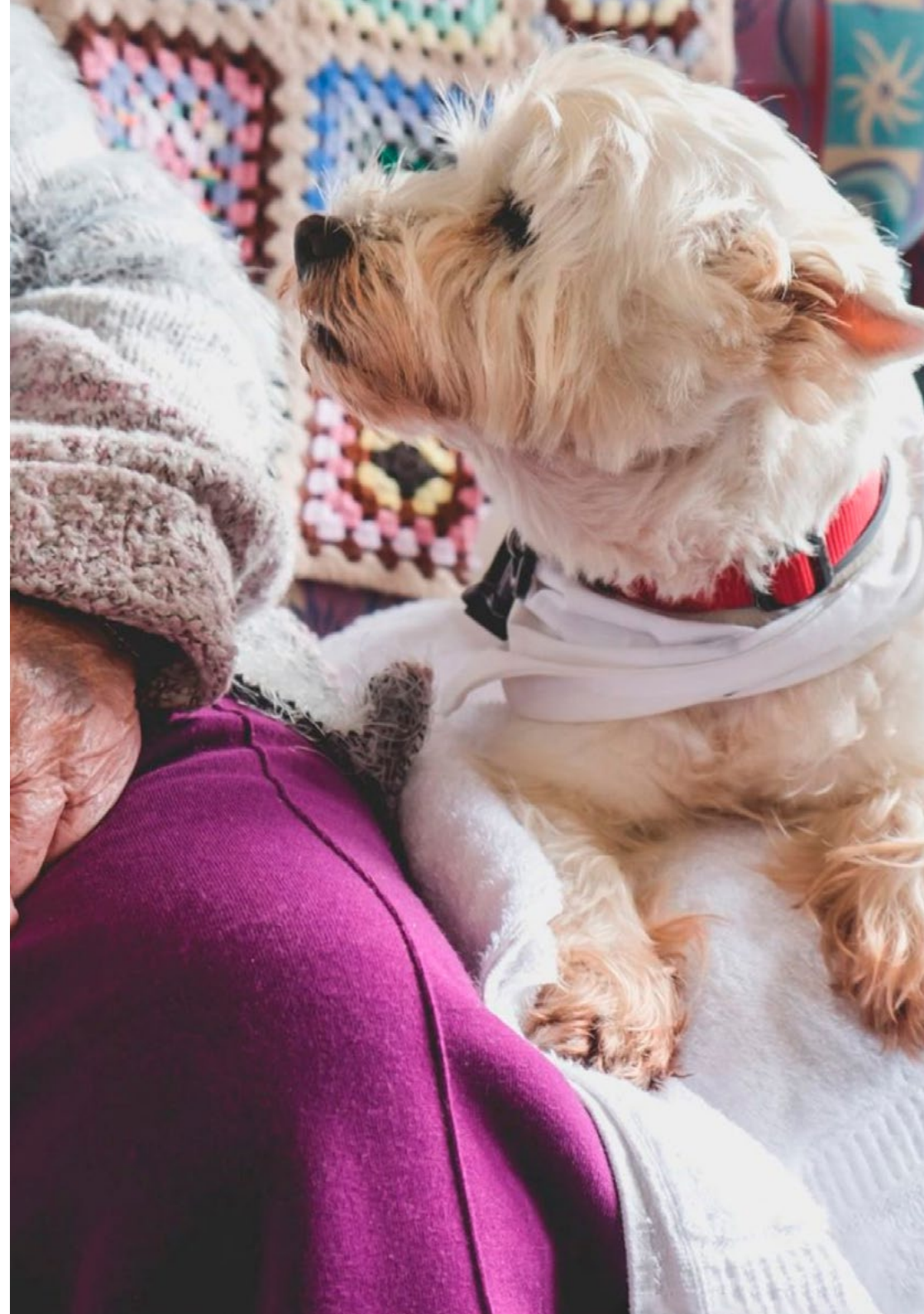
## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Animal Assisted Therapies** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Animal Assisted Therapies**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**





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