

Postgraduate Certificate

Personal Development in Early Childhood Physical Education

Endorsed by the NBA





Postgraduate Certificate Personal Development in Early Childhood Physical Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/pk/sports-science/postgraduate-certificate/personal-development-early-childhood-physical-education

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01

Introduction

During their first years of life, the child develops self-awareness. Their first interactions with everything around them occur at a very early age, so the sports teacher has the task of ensuring that the child adopts correct and healthy bodily movement. This program teaches activities in nature and aquatic activities that stimulate the development of motor skills, in addition to all the special features of self-awareness. The student will learn everything related to the personal autonomy of the infant, approaching the subject from a sports point of view and providing a unique approach that will deepen their knowledge in children's physical education.





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Studying the personal development of infants goes hand in hand with them learning about themselves. Learn both in this Postgraduate Certificate that will broaden your skills in early childhood physical education”

The first interactions of an infant with their environment are fundamental, since their bodily growth and self-knowledge will depend on them. In this context, the role of the sports teacher is to guide the child during these initial steps to ensure healthy and correct growth not only physically, but also emotionally and psychologically.

To this end, it is essential to have first-hand knowledge of the specifics of Personal Development in Early Childhood Physical Education. Being a complex field, this Postgraduate Certificate covers all the topics necessary for the graduate to apply game techniques and activities that stimulate the spatial organization and corporal expression of their students to their working practices.

These skills will help students not only to improve the way they work, but also to add essential knowledge to their curriculum that will make their professional profile more attractive to centers and institutions that increasingly demand a more specialized mastery of children's physical education.

A 100% online program, with no time restrictions or physical attendance obligations, which greatly facilitates the student's ability to self-manage their studies and adapt them to their personal, family or work needs.

This **Postgraduate Certificate in Personal Development in Early Childhood Physical Education** contains the most complete and up-to-date scientific program on the market.

The most important features of the program include:

- ◆ Comprehensive analysis of the child personal development and its implications for children's physical education
- ◆ Clear and concise didactic material, easy to study and review
- ◆ High-quality audiovisual content that serves as a support and reference for the knowledge provided
- ◆ Content that is accessible from any device with an Internet connection



You have always been one step ahead of others to overcome any obstacle. Stay ahead and enroll now in this Postgraduate Certificate in Personal Development in Early Childhood Physical Education"

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Entities and sports teaching centers increasingly require advanced knowledge of children's physical education when recruiting. Enroll on this Postgraduate Certificate in Personal Development in Early Childhood Physical Education to be prepared”

The program's teaching staff includes professionals from sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning designed for real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

The boost your career needs is more specialization. Get it with this Postgraduate Certificate and be the go-to expert in Personal Development in Early Childhood Physical Education.

Helping a child in his early stages of growth is one of the sports teacher's most rewarding tasks. Make sure you give your students the best education by enrolling in this Postgraduate Certificate.



02 Objectives

The Postgraduate Certificate in Personal Development in Early Childhood Physical Education provides students with all the necessary skills to approach physical activity from the perspective of the child's growth. Focusing on the fundamental issues of body expression and identity building, the graduate will add to their body of knowledge techniques and methods of play that will mark the difference in children's physical education.





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The future of children's physical education lies in the hands of those who have a deep understanding of children's physical and emotional growth. Don't get left behind and become an expert in Personal Development in Early Childhood Physical Education”



General Objectives

- ♦ Study the Curricular Framework for Physical Education in Pre-school Education
- ♦ Analyze the infant's body and its interaction with the environment from multiple perspectives
- ♦ Know different physical activities to guarantee healthy growth, both physically and in the infant's values
- ♦ Understand the importance of teamwork and professional coordination





Specific Objective

- ◆ In-depth study of the contribution of Physical Education in the development of the curricular areas of Early Childhood Education



If you put your mind to it, you will be the best sports teacher your students will ever meet. Start building that future with this Postgraduate Certificate in Personal Development in Early Childhood Physical Education"

03

Structure and Content

This Postgraduate Certificate, consisting of a module divided into 10 topics, is designed to offer the sports teacher the best and most up-to-date knowledge in the field of Personal Development in Early Childhood Physical Education. The content has been prepared by a team of experts in the field, who have also structured the syllabus in a concise and precise manner, which facilitates the student's academic work.





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With your desire to keep moving forward and your motivation you will get where you want to go. TECH helps you on your way to professional success with the best programs at your fingertips”

Module 1. Knowledge of Oneself, of the Environment and Personal Autonomy in Physical Education

- 1.1. Curricular Framework for Physical Education in Pre-school Education
 - 1.1.1. Body and Movement in the LOE
 - 1.1.2. The Domains of Experience and the Development of Motor Skills
 - 1.1.3. The Holistic Approach to Early Childhood Education: Methodological Consequences in Physical Education
- 1.2. The Construction of Identity and Knowledge of one's own Body
 - 1.2.1. The Construction of Personal Identity
 - 1.2.2. Knowledge of one's own Body
- 1.3. Body Language and the Construction of Personal Identity and Autonomy
 - 1.3.1. Conceptual Framework of Corporal Expression
 - 1.3.2. Body Expression in the Early Childhood Education Curriculum
 - 1.3.3. Symbolic Play and Dramatic Play as Methodological Resources in Body Language and Expression
- 1.4. The Body and Interaction with the Environment I. Spatial Organization
 - 1.4.1. Spatial Organization
 - 1.4.2. The Ontogenesis of Spatial Organization
 - 1.4.3. Activities and Games for the Development of Spatial Organization
- 1.5. The Body and Interaction with the Environment II. Organizing Time
 - 1.5.1. Organizing Time
 - 1.5.2. Temporal Notions: Order, Duration and Rhythm
 - 1.5.3. Ontogenesis of Temporal Organization
 - 1.5.4. Motor Play as a Fundamental Element for the Development of Spatio-Temporal Organization
- 1.6. The Body and Interaction with the Environment II. Coordination
 - 1.6.1. What is General Dynamic Coordination?
 - 1.6.2. Evolution of Coordination
 - 1.6.3. Factors Influencing Coordination
 - 1.6.4. Motor Play in Early Childhood Education as an Important Element in Motor Development
 - 1.6.5. Didactic Orientations



- 1.7. Knowledge of the Natural Environment in Physical Education I. Activities in Nature
 - 1.7.1. Conditions of the Natural Environment that Stimulate Growth and Motor Skills
 - 1.7.2. Guidelines for AFMN Design
 - 1.7.3. Implications of Considering AFMN as School Content
- 1.8. Knowledge of the Environment in Physical Education II Educational Aquatic Activities
 - 1.8.1. Motor Development in Water
 - 1.8.2. Evolution of Motor Patterns and Aquatic Skills
 - 1.8.3. Guidelines for the Design of Aquatic Activities
- 1.9. Physical Education and Interdisciplinary Work
 - 1.9.1. Interdisciplinarity in Early Childhood Education: The Holistic Approach
 - 1.9.2. The Holistic Approach in Physical Education
 - 1.9.3. Holistic Methodologies in Physical Education: Motor Stories and Motor Songs
- 1.10. Professional Coordination
 - 1.10.1. The Importance of Teacher Coordination in Physical Education
 - 1.10.2. Teamwork



Learn everything you need to know about infant personal development and add value to your early childhood physical education curriculum"



04 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"



You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.



A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

The student will learn to solve complex situations in real business environments through collaborative activities and real cases.

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

In 2019, we obtained the best learning results of all online universities in the world.

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.



In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



05 Certificate

The Postgraduate Certificate in Personal Development in Early Childhood Physical Education guarantees, in addition to the most rigorous and up-to-date knowledge, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Personal Development in Early Childhood Physical Education** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** diploma issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Personal Development in Early Childhood Physical Education**

Official Number of Hours: **150 h.**

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*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom



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