

# Postgraduate Certificate Personal Development in Early Childhood Education

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**tech** technological  
university





## Postgraduate Certificate Personal Development in Early Childhood Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/sports-science/postgraduate-certificate/personal-development-early-childhood-education](http://www.techtute.com/pk/sports-science/postgraduate-certificate/personal-development-early-childhood-education)

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# 01

# Introduction

Infants develop their motor, linguistic, cognitive and emotional skills at a very early age. All this is part and parcel of their personal development, in which the sports teacher plays a crucial part, since self-esteem and bodily growth will stem from the exercises and physical training they carry out. Thus, Postgraduate Certificate on Personal Development in Early Childhood Education is indispensable for any sports teacher who wants greater specialism in their career. This program covers topics that will help teachers in their work: the importance of others in learning, children's autonomy in their educational process, children's self-esteem and how to address it, etc.





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*Exploring Personal Development in Early Childhood Education will be a positive turning point in your career, allowing access to better career prospects”*

All facets of the human being are complex. From their psyche to their physical development, each individual has a personality and attributes that make them unique and incomparable to others. All this begins to become evident in the earliest stages of development, where it is especially interesting to follow the infant's development in an individualized way.

Therefore, this Postgraduate Certificate in Personal Development in Early Childhood Education emphasizes the importance of recognizing the developmental stage of the infant and all the actors that can influence it, including the sports educator. The context of the child's development, self-concept, the influence of parents and siblings on learning, as well as warning signs to detect self-esteem problems are studied.

All this with a focus on acquiring all the necessary and expected skills in the field of children's sports, ensuring access to the latest and most comprehensive didactic material in this regard. Upon completion, students will have the ability to analyze and adapt their work methodology to the circumstances of each child, understanding all the factors that influence them and their surrounding environment.

A Postgraduate Certificate that also allows exceptional flexibility by not requiring the student's physical presence in an educational center or imposing arbitrary schedules. The complete syllabus is available at any time on any device with internet access and you can adapt the pace of your studies to your personal, family or professional needs.

This **Postgraduate Certificate in Personal Development in Early Childhood Education** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- ♦ Study of the importance of the individual and all the factors that affect his or her development
- ♦ Contents supported by practice, with audiovisual material to facilitate learning
- ♦ Exploration of the relevance of self-concept in the development of the infant, as well as the role of the teacher in developing it
- ♦ The latest didactic material on the educational role of the sports teacher
- ♦ Practical exercises where the students undertake self-assessment to improve learning, as well as activities at different skill levels
- ♦ A completely flexible timetable to adapt the pace of study to the circumstances of each student



*Study this Postgraduate Certificate in Personal Development in Early Childhood Education and stand out from other sports educators by adapting your teaching style to each child in an individualized way"*

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*This is the opportunity you've been waiting for to take your career to the next level. Specialize in Personal Development in Early Childhood Education and boost your resume for the best teaching positions in sports"*

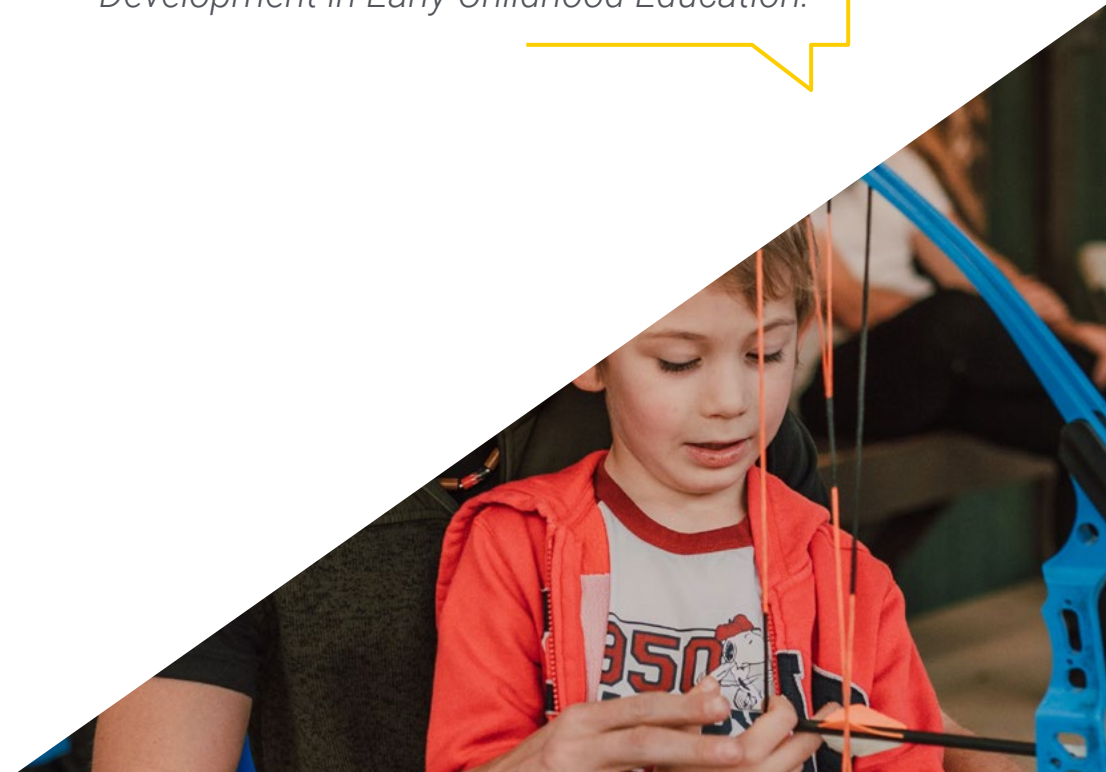
The program's teaching staff includes professionals from the sector who pour their work experience into this Postgraduate Diploma, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning designed for real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Every child is unique. Being aware of the personal development of each infant will allow you to adapt to their needs and make your work more efficient.*

*A teacher has to be constantly learning, especially in the field of sports, where advances are continuous. Mark the difference and learn about Personal Development in Early Childhood Education.*



# 02 Objectives

Taking into account the complexity involved in the personal development of infants, the objective of the Postgraduate Certificate is to provide the student with all the necessary knowledge and skills to approach a child's sports development in a complete and personalized way.







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*You are going to be the best sports educator your students know. You just need to keep doing what you always do, remain up to date and keep learning”*



## General Objectives

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- Develop the necessary skills to teach sports lessons at the early childhood education stage, knowing the special considerations pertaining to an infant's individual development
- Equip students with all the key knowledge in the field of infant development
- Enable students to approach the design and planning of physical activities for children in an effective and beneficial way for them
- Know the physical and psychological features that mark the stages of children's growth and how they affect their development
- Explore the importance of family influence on the healthy growth of the infant
- Explore the idea of self-concept for infants and why it is so important for teachers





## Specific Objectives

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- ◆ Know, understand and assist in the emergence of self-awareness
- ◆ Lay the foundations of self-concept and self-esteem, one of the most rewarding tasks of the Early Childhood Education teacher
- ◆ Learn about factors that facilitate the development of autonomy in the classroom and some key elements for the separation-individuation process
- ◆ Address these aspects and how they interact with each other to have a holistic view of the process at this educational stage
- ◆ Identify warning signs relating to the student's level of self-esteem
- ◆ Know how to evaluate self-concept



*With your perseverance in improving your skills as a sports teacher and the tools TECH provides you with, there is no professional goal that you cannot achieve"*

# 03

## Structure and Content

The syllabus of this Postgraduate Certificate in Personal Development in Early Childhood Education has been created based on the latest educational methodologies and innovations, with the professionalism of the best teaching team in the field. The student is guaranteed access to a clear, concise and high-quality syllabus, in line with the expectations that TECH sets for itself to guarantee excellence in its programs.



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*An accessible syllabus with which you will understand all the key concepts and fundamentals of child personal development, and be able to easily adapt it to your work methodology”*

## Module 1. Self-Knowledge and Personal Autonomy in Early Childhood Education

- 1.1. The Development Environment
  - 1.1.1. Definition of Self-Awareness, Self-Concept and Self-Esteem
  - 1.1.2. The First Context of Development: The Family Environment
  - 1.1.3. The Age for Breastfeeding
  - 1.1.4. The Role of Parents in Child Development
- 1.2. The Origins of Competition
  - 1.2.1. Introduction
  - 1.2.2. Individual Differences at Birth
  - 1.2.3. Cognitive Development
  - 1.2.4. Communication
  - 1.2.5. Motivation
- 1.3. Development of the Sense of Self: Background
  - 1.3.1. Introduction
  - 1.3.2. Freudian Theory of Development
  - 1.3.3. Some Key Psychoanalytic Theories in Development
  - 1.3.4. Theoretical Models of Cognitive Development
  - 1.3.5. The Computational Approach or Cognitive Psychology
  - 1.3.6. The Systemic Approach to Development
  - 1.3.7. Early Emotional Development
- 1.4. The Importance of Others
  - 1.4.1. Introduction
  - 1.4.2. Link
  - 1.4.3. Fear of Strangers
  - 1.4.4. Response to the Absence of Family Figures
- 1.5. Self-concept: Current Situation and Teaching Role
  - 1.5.1. Conceptual Delimitation and Components of Self-Concept
  - 1.5.2. Stages of Self-Concept Development
  - 1.5.3. Self-Concept: Hierarchical-multidimensional Model
  - 1.5.4. Self-Concept: Academic and Non-Academic Dimensions
  - 1.5.5. The Teacher's Role in Self-Concept





- 1.6. The Origins of Autonomy
  - 1.6.1. Introduction
  - 1.6.2. The Separation-Individuation Process
  - 1.6.3. Separation Resistance
  - 1.6.4. Non-Autonomous Operation
- 1.7. Autonomy and Learning
  - 1.7.1. Introduction
  - 1.7.2. Learning How to Face Reality
  - 1.7.3. The Role of Play in Learning to Confront Reality
- 1.8. The Child in the Family: Influences on Learning
  - 1.8.1. Introduction
  - 1.8.2. Relationship with Parents
  - 1.8.3. Relationship with Siblings
- 1.9. Development of self-awareness and Autonomy in the Early Childhood Classroom
  - 1.9.1. Introduction
  - 1.9.2. Learning How to Learn
  - 1.9.3. Practical Resources for Self-Awareness Education
  - 1.9.4. Guidelines for Autonomy Education in the Classroom
  - 1.9.5. Final Conclusions
- 1.10. Assessment of Self-Concept and Self-Esteem in the Early Childhood Classroom
  - 1.10.1. Introduction
  - 1.10.2. First Considerations on the Assessment of Self-Concept and Self-Esteem
  - 1.10.3. Assessment of Self-Concept and Self-Esteem in the Classroom
  - 1.10.4. Warning Signs to Detect Potential Self-Concept and Self-Esteem Problems in Children

# 04 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

### Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

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*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.



In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



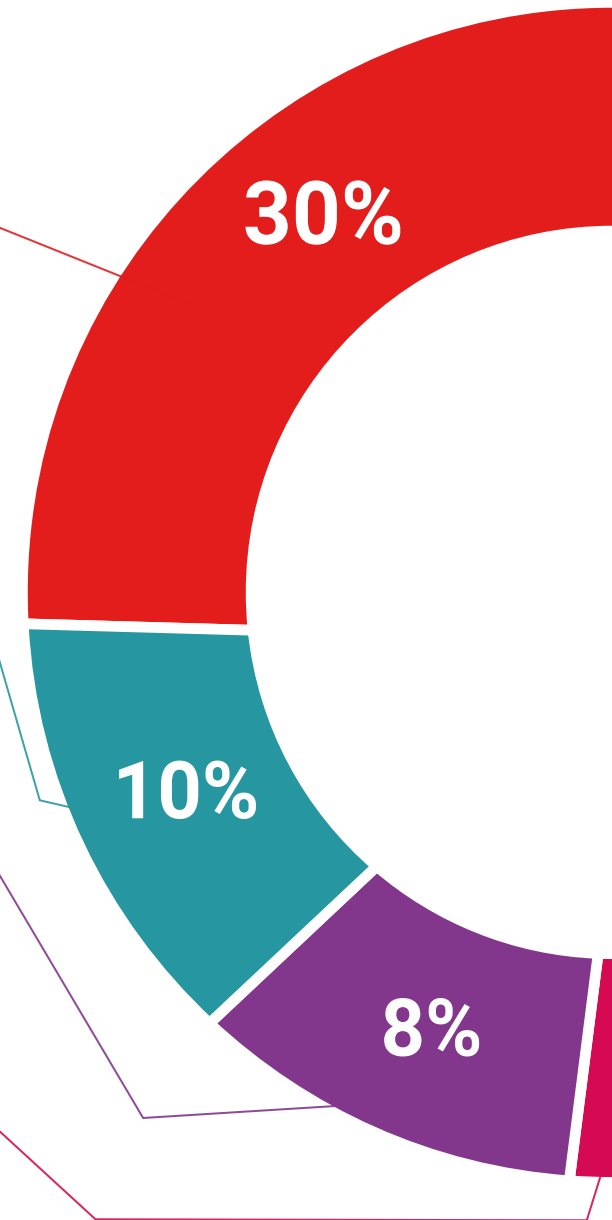
### Practising Skills and Abilities

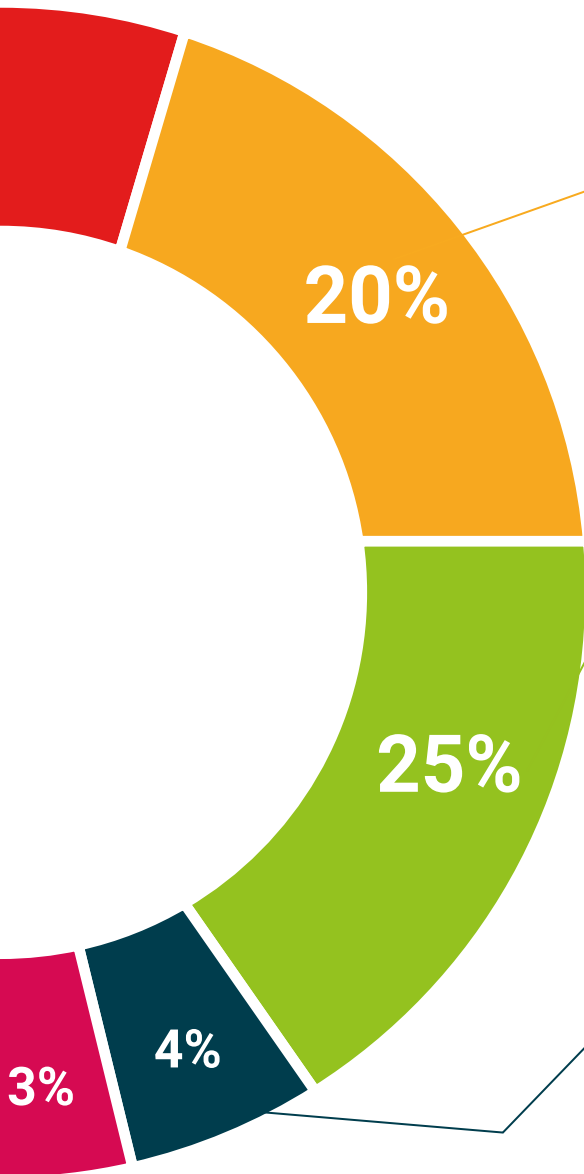
They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



# 05 Certificate

The Postgraduate Certificate in Personal Development in Early Childhood Education guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Personal Development in Early Childhood Education** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Personal Development in Early Childhood Education**  
Official N° of hours: **150 h.**

Endorsed by the NBA



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
virtual classroom



**Postgraduate Certificate**  
Personal Development in  
Early Childhood Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

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