

# Postgraduate Certificate

## International Tennis Regulations

Endorsed by the NBA





## Postgraduate Certificate International Tennis Regulations

- » Modality:online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/ week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/sports-science/postgraduate-certificate/international-tennis-regulations](http://www.techtute.com/us/sports-science/postgraduate-certificate/international-tennis-regulations)

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# 01

# Introduction

The Tennis regulations are defined by the International Tennis Federation, an organization that delegates to the Rules of Tennis Committee its correct compliance. This is how the bases of the great tennis competitions around the world are established, and there is no doubt that a deep knowledge of each and every one of the headings of the regulations can make the difference of the sports professional. That is why this TECH specialization was created, with which students will examine both the historical evolution of the rules as this sport has evolved as well as the more specific ones that apply in today's Tennis. Undoubtedly, a valuable opportunity to get up-to-date 100% online.





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*Master all aspects of international tennis regulations with this academic opportunity”*

The International Tennis Federation sets the rules of the game for all tennis competitions worldwide, including both the 4 Grand Slams (Australian Open, Roland Garros, Wimbledon and US Open) and Olympic competitions. These rules range from technical aspects of the game, such as scoring, match length and court dimensions, to rules of conduct for players and match officials. As in other sports disciplines, an advanced management of the regulations can provide a competitive advantage, since the tennis player will be able to take their sport practice to the limit within the delimited frameworks.

For this reason, TECH has designed a high-level specialization that will be very useful for coaches and athletes in order to develop with expert precision on any regulatory aspect during competition. Therefore, through this program they will undertake a complete journey through the historical evolution of Tennis and its rules. After this, the program will focus on the current situation, analyzing the current measures of the tennis courts, the regulatory elements in reference to rackets and balls or the rules of service and return.

In addition, students will delve into the Code of Conduct, examining its contributions to the sport and the values it pursues. All this will contribute to launch the professional activity of the students, who with just an Internet connection will be able to develop with guarantees in a program that has a solid teaching team at their disposal, supervising their progress.

This **Postgraduate Certificate in International Tennis Regulations** contains the most complete and up-to-date scientific program on the market. Its most outstanding features are:

- ♦ Development of practical cases presented by experts in Tennis Regulations
- ♦ The graphic, schematic and practical contents of the program provide Rehabilitation and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*You will determine the narrow line of validity of when the ball touches the line or when it touches the permanent fixture”*

“

*Become a reference in the application of the Code of Conduct, taking care to promote the values of Tennis”*

The program's teaching staff includes professionals from the sector who bring to this course the experience of their work, in addition to renowned specialists from reference societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*Do you want to take a comprehensive tour through the history of tennis regulations and tournaments? All you have to do is enroll!*

*Register now and master all the peculiarities of the Hawk Eye.*



# 02

# Objectives

The objectives of this Postgraduate Certificate revolve around the comprehensive specialization of the sports professional in the framework of rules that shape tennis regulations at the international level. For this purpose, the program opts for a global approach with which, through advanced practical cases, the student will test their skills by establishing the validity or not of certain actions, always in line with the most current regulatory frameworks.





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*The objectives of the program will provide you with advanced skills to master with precision the rules of both singles and doubles tennis”*



## General Objectives

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- ♦ Distinguish the different stages of tennis training and know how to work in each of them
- ♦ Know the tennis regulations and how to apply them
- ♦ Understand the figure of the tennis coach from an ethical and moral point of view, and understand the crucial role played by the mental aspect in tennis players
- ♦ Delve into the physical preparation necessary for a tennis player and injury prevention
- ♦ Raising awareness of the importance of technology in today's tennis and analyzing its evolution





## Specific Objectives

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- Comprehend the rules that make up singles tennis
- Understand the rules that make up doubles tennis
- Learn the code of conduct

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*Successfully achieve the objectives of the Postgraduate Certificate with the teaching staff of Tennis experts and the innovative academic materials provided by TECH”*

# 03

## Course Management

A program focused on a key element of tennis, such as its regulations, requires the best experts in this field. TECH is fully aware of this, so it has assembled a teaching staff that has developed its activity at the highest levels of the tennis sphere. In this line, the teachers have worked in some of the largest professional tennis academies in the world, as well as in powerful clubs. This extensive professional background makes them an exceptional asset to boost the professional career of the student, who will benefit from their valuable Know-How.





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*Professors who have worked in major tennis academies will provide you with all the keys you are looking for with this Postgraduate Certificate”*

## Management



### Mr. Ramos Camacho, Alejandro

- Tennis coach at the Rafa Nadal Academy
- Coach at the JMO Tennis Academy
- Coach at Valle de Aridane Tennis Club
- Graduate in Primary Education
- National Monitor by the Royal Spanish Federation
- RPT Level 2



# 04

## Structure and Content

The syllabus puts this Postgraduate Certificate in front of other related programs thanks to the syllabus with the most up-to-date and comprehensive vision of the International Tennis Regulations. In addition, the teaching staff has personally supervised each of the topics with the sole purpose of ensuring that no key concept is left behind. All this will benefit the student, who will be able to delve deeper into the ideas through dynamic educational resources, such as interactive summaries, videos or case analysis.







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*Serve, side selection, return... All the elements that the referee must pay attention to in a match are included in the syllabus”*

## Module 1. History and Standards

- 1.1. Historical Evolution of Tennis and its Regulations
  - 1.1.1. What is Tennis, Where was it Invented and its Evolution Throughout History
  - 1.1.2. Tennis Chronology
  - 1.1.3. The Way of Counting, Origin and Evolution and Other Normative Aspects
  - 1.1.4. Tennis Tournaments, History and Tennis at the Olympic Level
- 1.2. The Tennis Court, Different Surfaces and their Classification
  - 1.2.1. Tennis Court Evolution
  - 1.2.2. Track Measurements and General and Specific Aspects
  - 1.2.3. The Different Existing Surfaces, General and Specific Concepts
  - 1.2.4. Division of Tennis Courts According to Surface Speed
- 1.3. Racket, Ball and Permanent Fixtures
  - 1.3.1. The Tennis Racket, the Ball and its Historical Chronology
  - 1.3.2. Regulatory Aspects Regarding Tennis Rackets and Balls
  - 1.3.3. What is a Permanent Fixture and its Regulatory Aspects
  - 1.3.4. The Ball Touches the Line or the Ball Touches the Permanent Fixture
- 1.4. Service and Return
  - 1.4.1. Server and Subtract or Selection
  - 1.4.2. Side and Serve Selection
  - 1.4.3. Side Changes, Regulations and Peculiarities
  - 1.4.4. Service Failures. Let and Repetition of Serve
  - 1.4.5. A Return is Good
- 1.5. Side Changes, Punctuation and their Alternative Systems
  - 1.5.1. Track Side Changes and its Regulations
  - 1.5.2. Scoring System in the Game, Set and Matches
  - 1.5.3. Alternative Scoring Systems
  - 1.5.4. A Player Loses the Point





- 1.6. Code of Conduct
  - 1.6.1. What is the Code of Conduct and What is its Purpose?
  - 1.6.2. Benefits of the Code of Conduct and its Evolution
  - 1.6.3. General Aspects of the Code of Conduct
  - 1.6.4. Specific Aspects of the Code of Conduct
- 1.7. Competition Systems and their Alternatives and Regulations
  - 1.7.1. What Competition Systems Exist
  - 1.7.2. Regulations of the Different Existing Competitions
  - 1.7.3. Modern Types of Competition and their Benefits
  - 1.7.4. Competition in Training Stages and its Regulations
- 1.8. Referees on the Court, Importance and their Function
  - 1.8.1. Referee's Role on the Court
  - 1.8.2. Player Instructions
  - 1.8.3. Arbitration Systems. Hawk Eye and its Peculiarities
  - 1.8.4. Principle of Continuous Play
  - 1.8.5. Player Discomfort
  - 1.8.6. Correction of Errors
- 1.9. Doubles Game and its Regulations
  - 1.9.1. General Aspects of Doubles Play
  - 1.9.2. Scoring in the Doubles Game and Existing Options
  - 1.9.3. Service and Rest in Doubles Play
  - 1.9.4. Doubles Competitions
- 1.10. Professional Tennis Tournaments, Circuits and Regulations
  - 1.10.1. Evolution of Professional Tournaments, Circuits and their Regulations up to the Present Time
  - 1.10.2. Existing Tennis Tournaments and their Regulations
  - 1.10.3. ATP and WTA Circuit and Aspects Regulated by Regulations
  - 1.10.4. Different Prizes in Tennis Tournaments and Aspects Governed by the Regulations

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

### Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career*”

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.





In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



# 06 Certificate

The Postgraduate Certificate in International Tennis Regulations guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in International Tennis Regulations** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via **tracked delivery\***.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Program: **Postgraduate Certificate in International Tennis Regulations**

Official No. of Hours: **150 h.**

**Endorsed by the NBA**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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- » Modality: Online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/ week
- » Schedule: at your own pace
- » Exams: online

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