

# Postgraduate Certificate Game Tactics in Football





## Postgraduate Certificate Game Tactics in Football

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/sports-science/postgraduate-certificate/game-tactics-football](http://www.techtitute.com/pk/sports-science/postgraduate-certificate/game-tactics-football)

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# 01

# Introduction

Football is a discipline that requires planning and strategy. Therefore, tactics are essential for a team to gain an advantage over its opponent by analyzing its weaknesses and influential players. This process is achieved through the organization and execution of a specific strategy to take advantage of individual and collective strengths. As such, the presence of a professional trained in football tactics is fundamental for the achievement of sporting objectives. This has prompted TECH Technological University to create this 100% online program, so that students can be trained in a field which has great future prospects. This is carried out via audio-visual resources, complementary readings and practical exercises.





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*You will become a specialist in formulating game models, applying the various systems of attack and defense on the pitch to your team”*

Tactics in football consists in deciding on the formation of the team, the style of play, the position and roles of the players on the pitch, as well as the specific instructions for each of these areas. This task can only be performed by a professional with extensive expertise in sports strategy, who also knows how to analyze the game systems of the different teams, both their own and those of their opponent.

For this reason, TECH Technological University has created this Postgraduate Certificate with the aim of training students in a fast-growing sector with huge prospects due to the prominence that football has had throughout history. This is a 100% online Postgraduate Certificate, which can be accessed from any device with an Internet connection, removing the need to attend classes or travel to educational centers.

Another advantage of this program is that it uses the Relearning methodology, focused on repetition and experience, replacing the conventional model of learning by memory. In addition, it contains high-impact audiovisual materials developed by experts and specialists in the world of football, thus guaranteeing a unique training opportunity according to the needs of the professional.

This **Postgraduate Certificate in Game Tactics in Football** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of case studies presented by experts in football game tactics
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*You will learn the basic principles of offense and defense through real cases and simulation, thus having a first-hand experience of new demands within the field”*

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*The study program has been designed following the academic demands required by the sports sector”*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*This program will become one of the most important stepping stones in your professional career.*

*This Postgraduate Certificate is based on the innovative Relearning learning model, so you will learn as you go, and you will be exposed to both real and simulated cases.*



# 02 Objectives

To enable the professional to improve their skills in the development of sports tactics for the world of football, TECH Technological University has compiled a highly informative study program with practical activities that simulate the challenges of the work environment. In addition to this, this program adopts the Relearning methodology, based on repetition and experience, developed specifically to expose the professional to real cases and simulated cases, allowing them to acquire new skills.







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*Upon completion of this Postgraduate Certificate you will be one step closer to your professional goals”*



## General Objectives

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- Understand the origin, history and evolution of football
- Explore the organization of a club and everything pertaining to the sporting environment
- Strengthen your knowledge in current technical-tactical skills
- Examine the changes in football analysis with the introduction of new technologies
- Describe physical training and re-training as a fundamental part of present-day football
- Highlight the importance of good nutrition to enable a good sports performance
- Identify each member of the coaching staff and their roles in a football club
- Explore psychology as a fundamental part of a football player's performance





## Specific Objectives

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- Master the different tactical concepts
- Explore the different concepts to achieve a better tactical vision
- Expand and improve tactical knowledge
- Gain tactical skills and adapt them to the different situations that arise during the game
- Acquire tactical reasoning, enabling an understanding of how to cope with different scenarios during the game, from their own team and from that of the opposition

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*You will develop different activities in the virtual campus that will lead you to enhance your professional skills”*

# 03

## Course Management

One of TECH's main priorities in creating a degree program is the formation of a teaching staff that ensures first-rate knowledge. For this reason, for the preparation of this Certificate, it has selected a team of teaching staff who are professionally active within the field and with several years of experience in football sports tactics. They have worked together and included their professional expertise in the course program, providing the student with an experience of valuable benefit for the development of their career.





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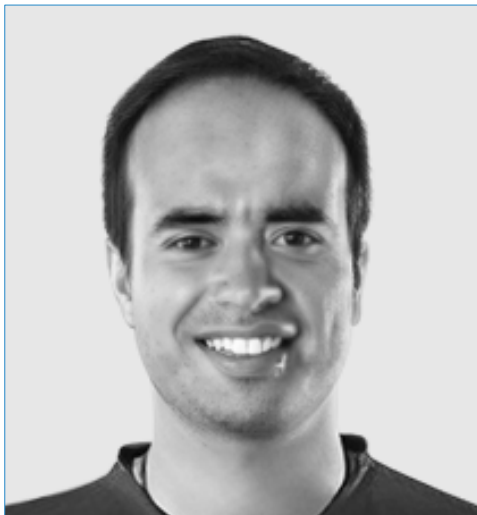
*Leading professionals within the field have come together in the same program to provide you with the fundamentals in football tactics”*

## Management



### Mr. Ángel Fernández Fernández

- ♦ Scout and manager for the northern area for the Athlete Management Group (PHSport)
- ♦ Futsal and football coach
- ♦ Scout for the Asturias area for the Athlete Management Group (Vilasports)
- ♦ Sports Director of CD Mosconia
- ♦ Commentator for Real Oviedo in RadioGed
- ♦ Sports Technician, Middle Grade, specializing in football at the "Asturian Sports School" Levels 1 and 2



### Mr. Sergio González Arganda

- ♦ Physiotherapist at Atlético de Madrid Football Club
- ♦ Lecturer for the Master's in Physical Preparation and Sports Rehabilitation in Football at UNIR
- ♦ University Expert in Clinical Pilates at the University of Jaén
- ♦ Master's Degree in Biomechanics Applied to Injury Assessment from Comillas Pontifical University
- ♦ Master's in Osteopathy of the Locomotor System from Madrid School of Osteopathy
- ♦ Expert in Pilates Rehabilitation from the Royal Spanish Gymnastics Federation
- ♦ Master's in Sports and Physical Activity Physiotherapy from Comillas Pontifical University
- ♦ Certificate in Physiotherapy for Physio Training



## Professors

### Mr. José Rodríguez Suárez

- ♦ Football Manager and Coach
- ♦ Football Coach in various Real Oviedo and Real Oviedo women's grassroots categories
- ♦ Physical Education Teacher in Primary Education
- ♦ Graduate in Teaching, specializing in Physical Education from the University of Oviedo
- ♦ Certificate in National in Level III
- ♦ High-Level Technician in Sports Coaching

# 04

## Structure and Content

The syllabus of this program has been designed by TECH Technological University following the requirements of the current professional field. Therefore, the professional will discover an updated and rigorous study program, which is presented via audiovisual resources, complementary readings and practical exercises. This content will be available on the virtual campus, which can be accessed from any device with an Internet connection, and will be available 24 hours a day.







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*Follow this certificate at your convenience, without having to go to an on-site center or attend classes”*

## Module 1. Tactics in football

- 1.1. Are tactics and strategy one and the same? Theoretical Framework
  - 1.1.1. Definition of basic concepts
  - 1.1.2. Fundamental principles of the game
  - 1.1.3. Different tactical variants
  - 1.1.4. Differences and similarities
- 1.2. Offensive principles
  - 1.2.1. Definition
  - 1.2.2. Individual
  - 1.2.3. Collective
  - 1.2.4. Education
- 1.3. Offensive principles
  - 1.3.1. Definition
  - 1.3.2. Individual
  - 1.3.3. Collective
  - 1.3.4. Education
- 1.4. Factors influencing the game
  - 1.4.1. Anthropometrics and driving forces
  - 1.4.2. Psychological and psychosocial
  - 1.4.3. Biological and cognitive
  - 1.4.4. Strategy and communication
- 1.5. Game systems
  - 1.5.1. Characteristics and evolution of each system
  - 1.5.2. Advantages and disadvantages of each system
  - 1.5.3. Defensive concepts and add-ons
  - 1.5.4. Defensive concepts and add-ons
- 1.6. Game scenarios
  - 1.6.1. Offensive scenarios
  - 1.6.2. Defensive scenarios
  - 1.6.3. Attack – defense transition
  - 1.6.4. Defense – attack transition





- 1.7. Address and neutralize tactical principles
  - 1.7.1. Definition
  - 1.7.2. Individual
  - 1.7.3. Collective
  - 1.7.4. Education
- 1.8. Game model
  - 1.8.1. Idea of the game. Coach's trademarks
  - 1.8.2. Factors that influence the creation of the game model
  - 1.8.3. Types of game models
  - 1.8.4. Development and characteristics of "MY" game model
- 1.9. Tactical periodization
  - 1.9.1. Methodological principles
  - 1.9.2. Morphocycle pattern and sub-dynamics
  - 1.9.3. Development of morphocycles throughout a season
  - 1.9.4. Creating activities from tactical periodization
- 1.10. Strategy. Set pieces actions
  - 1.10.1. Offensive strategy
  - 1.10.2. Defensive strategy
  - 1.10.3. Training set pieces
  - 1.10.4. Selection of actions according to the type of football player



*You will stand out in a booming sector with great projection towards the future and with great opportunities at an international level"*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

### Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.





In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



# 06 Certificate

The Postgraduate Certificate in Game Tactics in Football guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Game Tactics in Football** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Game Tactics in Football**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
virtual classroom



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- » Dedication: 16h/week
- » Schedule: at your own pace
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