

# Postgraduate Certificate Corporal Expression in Early Childhood Education

Endorsed by the NBA





## Postgraduate Certificate Corporal Expression in Early Childhood Education

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/sports-science/postgraduate-certificate/corporal-expression-early-childhood](http://www.techtitute.com/us/sports-science/postgraduate-certificate/corporal-expression-early-childhood)

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# 01

# Introduction

Corporal expression is a crucial pillar in the growth of children, as it is one of the first ways they have to express feelings and emotions while language is still developing. In the field of physical education, this takes on greater importance, since in this field it is possible to work with the infant in different branches of bodily expression such as artistic or rhythmic. For this reason, the current program instructs sports teachers in the overarching importance of body language, emphasizing the importance of this knowledge in today's educational context.







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*Enroll on this Postgraduate Certificate in Corporal Expression in Early Childhood Education to specialize in a field that is essential for all sports teachers"*

Infants develop a multitude of skills at breakneck speed as they grow. One of the first things they learn is body language, since in their early stages of life, it is the main way they communicate with the environment around them. The responsibility for proper corporal expression lies with the sports teacher, who must ensure that the infant knows their own body and how to express themselves with it.

Thus, the current Postgraduate Certificate in Corporal Expression in Early Childhood Education imparts all the relevant knowledge about the subject. Starting from the fundamentals of artistic-expressive physical activities, the student will learn to incorporate dance into their work methodology, learning from experts in early childhood education the pedagogical importance of rhythmic activities.

Students will be able to program activities related to corporal expression, as well as to evaluate these activities to ensure that students acquire healthy habits in terms of physical activity.

A 100% online program, with no time restrictions or physical attendance obligations, which greatly facilitates the student's ability to self-manage their studies and adapt them to their personal, family or work needs.

This **Postgraduate Certificate in Corporal Expression in Early Childhood Education** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Study of the concept of corporal expression and how to develop it through dance
- ♦ Clear and concise didactic material, easy to study and review
- ♦ High-quality audiovisual content that serves as a support and reference for the knowledge provided
- ♦ Content that is accessible from any device with an Internet connection



*You will be prepared for your future career as a children's sports teacher by learning the most common way infants communicate: Corporal Expression"*

“

*With the specialization provided by this Postgraduate Certificate in Corporal Expression in Early Childhood Education you will reinforce your skills for a more comprehensive teaching resumé"*

The program's teaching staff includes professionals from the sector who pour their work experience into this Postgraduate Certificate, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive learning designed for real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Learn about Corporal Expression in Early Childhood Education to apply it with rhythmic activities and innovative methodology to incorporate into your daily work.*

*Dance is becoming a powerful educational tool with which to instruct children in corporal expression Don't get left behind and take advantage of its potential with this Postgraduate Certificate.*





# 02 Objectives

The objective of the Postgraduate Certificate in Corporal Expression in Early Childhood Education is to provide the student with the most up-to-date knowledge, as well as the most useful tools, relating to body language. This ensures that students will be able to update their professional curriculum with skills that are useful in their daily work and in demand 'n today's educational market.







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*You want to improve your professional teaching profile, and TECH has the tools to help you achieve that goal"*



## General Objectives

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- Know the pedagogical foundations of corporal expression, as well as the fundamentals of the activities with which to develop it
- Analyze dance as the main tool for working with infants in the field of corporal expression
- Explore opportunities for infant body language development
- Addressing the cross-cutting nature of artistic-expressive physical activity in the teaching curriculum





## Specific Objectives

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- ♦ Analyze the psychological and pedagogical bases of rhythmic activities, body expression and dance
- ♦ Study the present and future of - expressive artistic physical activities and dance



*By mastering dance and its application in today's teaching curriculum you will broaden your professional horizons by demonstrating your professionalism and commitment to early childhood education"*



# 03

## Structure and Content

The Postgraduate Certificate in Corporal Expression in Early Childhood Education is composed of one module, divided into 10 independent topics that cover all the didactic material on the subject. This material has been written by a team of teachers who are experts in the field, thus guaranteeing the student access to the latest high-quality content. At the same time, the essential contents of the program have been divided in a specific way, making it easier for the student to study and review the concepts included in the program.







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*With high-quality and accessible content, TECH makes it easy for its students to specialize in Corporal Expression in Early Childhood Education"*

## Module 1. Artistic-Expressive Physical Activities: Dance, Rhythm and Corporal Expression

- 1.1. Fundamentals of Artistic and Expressive Physical Activities
  - 1.1.1. Justification in the Early Childhood Education Curriculum
  - 1.1.2. Area 1: Self-Awareness and Personal Autonomy
  - 1.1.3. Area 3: Languages: Communication and Representation
  - 1.1.4. Historical and Social Evolution
- 1.2. Artistic-Expressive Physical Activities in Education: Transversality.
  - 1.2.1. Skills
  - 1.2.2. Area 2: Knowledge of the Environment
  - 1.2.3. Area 3: Languages: Communication and Representation
- 1.3. Pedagogical Bases of Corporal Expression
  - 1.3.1. Corporal Expression
  - 1.3.2. The Body and Space
  - 1.3.3. Corporal Expression Techniques
- 1.4. Corporal Expression: The Body
  - 1.4.1. Body Schematic
  - 1.4.2. Tonic Regulation
  - 1.4.3. Postural Adjustment
  - 1.4.4. Balance and Body Alignment
  - 1.4.5. Laterality
  - 1.4.6. Motor Coordination
  - 1.4.7. Relaxation
- 1.5. Pedagogical Bases of Rhythmic Activities
  - 1.5.1. Music
  - 1.5.2. The Weather
  - 1.5.3. Rhythm
  - 1.5.4. Movement
  - 1.5.5. Methodology





- 1.6. Pedagogical Bases of Dance
  - 1.6.1. Definition of Dance
  - 1.6.2. Dance Forms
  - 1.6.3. Dance Dimensions
  - 1.6.4. Elements of Dance
  - 1.6.5. Objectives, Aspects and Classification of Dance
  - 1.6.6. Choreography
  - 1.6.7. Methodology
- 1.7. Psychological Bases of Rhythm and Body Expression
  - 1.7.1. Multiple Intelligences
  - 1.7.2. Emotions
  - 1.7.3. Personality
- 1.8. Psychological Bases of Dance
  - 1.8.1. Attention
  - 1.8.2. Motivation
  - 1.8.3. Creativity
  - 1.8.4. Learning and Memory
- 1.9. Dance at School
  - 1.9.1. Choreographed Dances
  - 1.9.2. Creative Dances
  - 1.9.3. Methodology of Dance Activities
- 1.10. Programming and Evaluation
  - 1.10.1. Programming in the First Cycle of Early Childhood Education
  - 1.10.2. Evaluation in the First Cycle of Early Childhood Education
  - 1.10.3. Programming in the Second Cycle of Early Childhood Education
  - 1.10.4. Evaluation in the Second Cycle of Early Childhood Education



# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

### Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

“*Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.





In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.





# 05 Certificate

The Postgraduate Certificate in Corporal Expression in Early Childhood Education guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Corporal Expression in Early Childhood Education** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Corporal Expression in Early Childhood Education**  
Official N° of hours: **150 h.**

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\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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