

# Postgraduate Certificate

## Basketball Collective Offensive Tactics

Endorsed by the NBA





## Postgraduate Certificate

### Basketball Collective Offensive Tactics

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/in/sports-science/postgraduate-certificate/basketball-collective-offensive-tactics](http://www.techtute.com/in/sports-science/postgraduate-certificate/basketball-collective-offensive-tactics)

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# 01

# Introduction

The exhaustive preparation of offensive tactics in Basketball will allow the team to have greater chances of success and compete at a higher level. For this reason, it is essential that coaches master all possible strategies on the court and solve those of great complexity. For this reason, TECH has designed this 100% online program that offers students essential learning about the game with their backs to the hoop, blocks, *arriving* game and plays in the last seconds. All this, through a complete syllabus developed by technicians who have played their roles in professional teams in this sport. A unique teaching that only offers this academic institution, the largest digital university in the world.





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*A 100% online Postgraduate Certificate  
in Basketball Collective Offensive Tactics  
that will allow you to grow professionally  
as a coach"*

From fast ball transitions, long distance shooting to the game under the hoop, offensive tactics have a variety of possibilities and have evolved in the world of basketball thanks to coaches who have been able to design innovative and effective strategies.

In this scenario, therefore, apart from the players, it is essential for the coach to master this facet of the sport.

Given this reality and the imperative progression of this sport, TECH has designed this Postgraduate Certificate in Basketball Collective Offensive Tactics of 6 weeks duration and with a planned content and developed by an excellent teaching team.

It is a syllabus that presents numerous pedagogical resources that provide greater attractiveness and dynamism to this learning period. Through video summaries, detailed videos, specialized readings and simulations of case studies, students will learn in depth about hand-to-hand game situations, the different offensive systems in the 5x5 or the management of the attack in the last seconds of a quarter or game.

In addition, thanks to the *Relearnings* system, based on the continuous reiteration of key concepts, the graduates will achieve a much more efficient teaching, without investing long hours of study and memorization.

The graduates have an ideal opportunity to progress professionally in the field of *basketball* through a university proposal that is characterized by the quality of its content and its flexibility. The students only need an electronic device with an Internet connection to view, at any time of the day, the content hosted on the virtual platform.

This **Postgraduate Certificate in Basketball Collective Offensive Tactics** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of case studies presented by basketball experts at the highest level
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*With this program you will be up to date with the keys to make the offensive tactical system work"*

“

*Delve into the most effective offensive systems in 5x5 Basketball from the comfort of your home"*

The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Dig into the details and spacing of the back to the hoop game and the latest trends.*

*Become an expert in the effective use of direct and indirect blocking in Basketball.*



# 02 Objectives

This Postgraduate Certificate has been designed to offer the Basketball professional the most current knowledge about Basketball Collective Offensive Tactics through high quality audiovisual pedagogical tools. In this way, the graduates will increase their competences and skills for the technical direction of teams, especially in the attacking facet and presenting the best game options in special last second situations.







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*Delve from a theoretical-practical perspective in the reading of defensive balance and the use of arriving to connect with other offensive elements"*



## General Objectives

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- ◆ Encourage creativity in attack and the ability to improvise in changing situations
- ◆ Teach how to work as a team and leverage individual strengths for efficient offensive play
- ◆ Work on reading counter defense and recognizing opportunities to exploit their weaknesses
- ◆ Prepare players to face challenging situations and respond appropriately to changes in opponent strategy
- ◆ Be aware of the latest research and advances in sports physiotherapy to ensure evidence-based practice
- ◆ Promote the importance of injury prevention and physical therapy as a tool to improve performance and prolong the career of basketball players
- ◆ Promote the right physical condition for this type of game, with an emphasis on endurance, speed and agility necessary to compete in the middle of the court



*Inquire into attacking tactics, blocking and cutting to generate offensive advantage”*





## Specific Objectives

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- ◆ Train coaches and players with a deep understanding of the systems and strategies of team play for offensive attack
- ◆ Develop skills to implement collective gaming systems that optimize team offensive performance
- ◆ Learn to use space effectively and create scoring opportunities by circulating the ball and moving without the ball
- ◆ Enhance tactical decision-making in the attack, including the use of blocks and cuts to generate offensive advantages
- ◆ Work on communication and synchronization between players to achieve smooth execution of offensive plays
- ◆ Establish an approach based on continuous improvement, where analysis and constant feedback allow to optimize offensive tactics
- ◆ Develop skills to face different defensive systems and adapt the collective offensive tactics according to the rival
- ◆ Contribute to the development of offensive efficient and effective teams, able to face challenges in competitions and achieve sporting success

03

# Course Management

In its maxim to offer quality teaching, TECH has carried out a rigorous selection process of each and every one of the teachers that make up its programs. In this way, the graduates have a syllabus that has been prepared by an excellent teaching staff that has worked as professional coaches in the world of Basketball at the highest level. In addition, given the proximity of the faculty, the graduates will have the opportunity to resolve any doubts they may have about the content of this program.





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*Increase your knowledge about  
Basketball Collective Offensive  
Tactics from the hand of extraordinary  
professional coaches of this sport"*

## Management



### Mr. Castro Martínez, Iago

- Coach of the Cáceres Basket LEB ORO
- Coach Assistant Basketball Club Breogán
- Assistant Coach ADBA Liga Femenina Avilés
- Princess Cup Champion
- LEB Gold League Champion
- Ascent to Liga Endesa with Breogán Lugo
- Professor of Primary Education at the University of Santiago de Compostela (USC)
- Professional Master's Degree in Sports Psychology at SIPD
- Senior Sports Technician specializing in Basketball
- Senior Basketball Coach
- Coach FIBA



# 04

## Structure and Content

The syllabus of this university program has been developed to offer students an advanced knowledge of Basketball Collective Offensive Tactics. For this, TECH provides multimedia pills, case studies and specialized readings that will allow the graduates to delve into the key concepts, skills and strategies to achieve a successful offensive game. This learning can also be acquired efficiently thanks to the Relearning method, based on the continuous repetition of the most important content of this program.







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*You have at your disposal the most complete didactic material of the current academic panorama so that you can be up to date with the advances in Collective Offensive Tactics”*

## Module 1. Collective offensive tactic

- 1.1. "The whole adds up to more than the sum of its parts". Habit + method
  - 1.1.1. Habit + method
  - 1.1.2. Clarity of concepts and the power of repetition
  - 1.1.3. Preparing the team to win every 1x1 that exists
- 1.2. Mastering the invisible collectively
  - 1.2.1. Attention to detail. The key to making the system work
  - 1.2.2. Spacing, timing and offensive pre-work
  - 1.2.3. Methodology and emphasis to achieve the consolidation of these concepts
- 1.3. Direct blocking. King of the generation of advantages
  - 1.3.1. Use of direct blocking in today's basketball
  - 1.3.2. Types, timing, roles and spacing of direct blocking
  - 1.3.3. Creation and use of deferred advantages for direct blocking play
- 1.4. Indirect blocking. The peak of collective cohesion
  - 1.4.1. Use of indirect blocking in basketball today
  - 1.4.2. Direct blocking, a linking or finishing element?
  - 1.4.3. Types, timing, roles and spacing of Indirect blocking
- 1.5. Playing with your back to the rim. A thing of a few?
  - 1.5.1. Details and spacing in the back to the hoop game. Current Trends
  - 1.5.2. Playing with the back to the rim after a direct block
  - 1.5.3. Playing with the back to the rim after a Indirect block
- 1.6. Hand in hand and "screen the screener". Elements of fluency
  - 1.6.1. Types of hand-to-hand
  - 1.6.2. Types of "screen the screener" situations
  - 1.6.3. Elements of fluidity in the game. Choosing where to put focus distraction
- 1.7. The counterattack game. The first seconds
  - 1.7.1. Starting the counterattack. Box-out + outlet pass
  - 1.7.2. Spacing + concepts of collective play in counter-attack
  - 1.7.3. Counterattack times





- 1.8. The arriving game. Arriving by playing or arriving by playing?
  - 1.8.1. Defensive balance reading and early offense
  - 1.8.2. Spacing of the arriving game
  - 1.8.3. Connecting arriving with direct blocking, indirect blocking and low post
- 1.9. 5x5 game. Concepts and systems, extension of players
  - 1.9.1. Offensive systems. The extension of the players
  - 1.9.2. Choice and creation of systems. Why? When? How? Where?
  - 1.9.3. Grouping and connecting concepts. Attention to details. Mastering the invisible
- 1.10. Special last second and ATO situations
  - 1.10.1. Reading and knowledge of the players themselves
  - 1.10.2. Prior knowledge of the opponent to attack weaknesses
  - 1.10.3. Types of ATO situations



*Thanks to the case studies you will learn more about special situations in the last seconds and how to solve them successfully"*

# 05 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

### Case Study to contextualize all content

Our program offers a revolutionary approach to developing skills and knowledge. Our goal is to strengthen skills in a changing, competitive, and highly demanding environment.

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*At TECH, you will experience a learning methodology that is shaking the foundations of traditional universities around the world"*



*You will have access to a learning system based on repetition, with natural and progressive teaching throughout the entire syllabus.*



*The student will learn to solve complex situations in real business environments through collaborative activities and real cases.*

### A learning method that is different and innovative

This TECH program is an intensive educational program, created from scratch, which presents the most demanding challenges and decisions in this field, both nationally and internationally. This methodology promotes personal and professional growth, representing a significant step towards success. The case method, a technique that lays the foundation for this content, ensures that the most current economic, social and professional reality is taken into account.

**“** *Our program prepares you to face new challenges in uncertain environments and achieve success in your career”*

The case method is the most widely used learning system in the best faculties in the world. The case method was developed in 1912 so that law students would not only learn the law based on theoretical content. It consisted of presenting students with real-life, complex situations for them to make informed decisions and value judgments on how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

What should a professional do in a given situation? This is the question we face in the case method, an action-oriented learning method. Throughout the program, the studies will be presented with multiple real cases. They will have to combine all their knowledge and research, and argue and defend their ideas and decisions.

## Relearning Methodology

TECH effectively combines the Case Study methodology with a 100% online learning system based on repetition, which combines 8 different teaching elements in each lesson.

We enhance the Case Study with the best 100% online teaching method: Relearning.

*In 2019, we obtained the best learning results of all online universities in the world.*

At TECH, you will learn using a cutting-edge methodology designed to train the executives of the future. This method, at the forefront of international teaching, is called Relearning.

Our university is the only one in the world authorized to employ this successful method. In 2019, we managed to improve our students' overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) based on the best online university indicators.





In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

With this methodology, we have trained more than 650,000 university graduates with unprecedented success in fields as diverse as biochemistry, genetics, surgery, international law, management skills, sports science, philosophy, law, engineering, journalism, history, markets, and financial instruments. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

From the latest scientific evidence in the field of neuroscience, not only do we know how to organize information, ideas, images and memories, but we know that the place and context where we have learned something is fundamental for us to be able to remember it and store it in the hippocampus, to retain it in our long-term memory.

In this way, and in what is called neurocognitive context-dependent e-learning, the different elements in our program are connected to the context where the individual carries out their professional activity.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



### Practising Skills and Abilities

They will carry out activities to develop specific competencies and skills in each thematic area. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop in the context of the globalization that we are experiencing.



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Case Studies

Students will complete a selection of the best case studies chosen specifically for this situation. Cases that are presented, analyzed, and supervised by the best specialists in the world.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



# 06 Certificate

The Postgraduate Certificate in Basketball Collective Offensive Tactics guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program  
and receive your university qualification  
without having to travel or fill out  
laborious paperwork”*

This **Postgraduate Certificate in Basketball Collective Offensive Tactics** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Basketball Collective Offensive Tactics**

Official N° of Hours: **150 h.**

**Endorsed by the NBA**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



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- › Duration: 6 weeks
- › Certificate: TECH Technological University
- › Dedication: 16h/week
- › Schedule: at your own pace
- › Exams: online

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