Postgraduate Diploma Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model



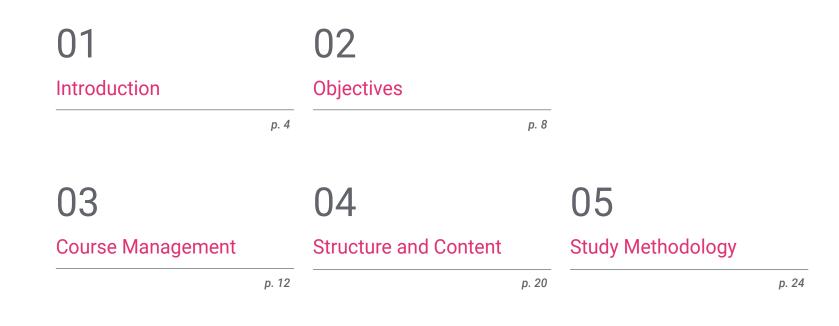


Postgraduate Diploma Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 16 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-psychological-intervention-drug-addiction-cognitive-behavioral-model

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06 Certificate

01 Introduction

The United Nations Office on Drugs and Crime (UNODOC) states that for every 20 people who have ever consumed a drug, 1 of them becomes addicted. According to experts, drug use can cause damage to the cognitive system, since in many cases the so-called illicit products generate changes in behavior and moods. Nowadays, there are many people who face the battle against addiction, however, it is well known from the scientific field that for a correct rehabilitation it is necessary to apply psychological intervention. For this reason, TECH has launched this program for the psychology professional who wants to help the rehabilitation process in patients addicted to drugs.

Introduction | 05 tech

Every day, 31% of the population consumes tobacco, 7% consumes sedatives, 2% cannabis, and in the last month 1% have taken cocaine. Below 1% of people have taken amphetamines and synthetic drugs in the last month and 0.1% have taken heroin at some time during the year"

tech 06 | Presentation

According to the Spanish Ministry of Health, Social Services and Equality, the consumption of cannabis and cocaine has increased by 50% in recent years among the population between 15-54 years old. It is especially common among secondary school students, with consumption being most common among males. The Spanish Observatory on Drugs and Drug Addiction in its 2016 report states that the most consumed substance is alcohol. It estimates that 1,600,000 people (5% of the population) aged 15 to 64 years demonstrate high-risk alcohol consumption, with binge drinking among young people tripling in the last decade.

The program covers most of the addictions that a psychologist will encounter in their daily practice and will help them to situate and orientate themselves in the intervention in a realistic and committed way, to know the role they must play in the intervention together with other professionals and to know how to apply the most appropriate techniques for each moment of the intervention process.

Besides, the psychologist will discover an exclusive and complementary set of Masterclasses, within the innovative multimedia content of this program. These sessions, designed by a renowned professor and international specialist in Behavioral Neuroscience, will orient students on the most recent scientific evidence on Psychological Intervention in Drug Addiction with the Cognitive Behavioral Model. The **Postgraduate Diploma in Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model** contains the most complete and up-to-date program on the market. The most important features of the include:

- Development of clinical cases presented by experts in the different specialties
- Its graphic, schematic and practical contents, with which they are conceived, gather a scientific and practical information on those disciplines that are indispensable for professional practice
- Latest news on Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With special emphasis on evidence-based psychology and research methodologies in psychology
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- * Content that is accessible from any fixed or portable device with an Internet connection



Thanks to the exclusive Masterclasses, led by a renowned

expert in Behavioral Neuroscience, you will update your skills in Psychological Intervention in Drug Addiction with the Cognitive Behavioral Model"

Introduction | 07 tech

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This Postgraduate Diploma may be the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model, you will obtain a qualification from TECH Global University"

Its teaching staff includes health professionals belonging to the field of psychology, who contribute their work experience to this program, as well as renowned specialists belonging to leading scientific societies.

Thanks to its multimedia content developed with the latest educational technology, it will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the psychologist will have to try to solve the different professional practice situations that will arise throughout the academic course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience. Thanks to its completely up-to-date content, you will be able to approach Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model in a much more efficient way.

The Postgraduate Diploma includes real clinical cases and exercises to bring the development of the Postgraduate Diploma closer to the psychologist's clinical practice.

02 **Objectives**

The main objective of the program is the development of theoretical and practical learning, so that the psychologist can master in a practical and rigorous way the Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model.



This updating program will provide you with a sense of confidence in the practice of psychology, which will help you grow both personally and professionally"

tech 10 | Objectives



General Objectives

- Discover the neurological principles of different addictions
- Define the basic concepts commonly used by the scientific community in the field of addictions and identify the different aspects for the psychologist to take into account in the evaluation and intervention of these cases
- Offer a base of knowledge and procedures which provides the student with the necessary confidence and solid foundations to address real cases
- Provide the student with the keys to the evaluation framework in the case of addictions
- * Show the criteria for the choice of therapeutic goals when facing an addiction intervention
- Describe in detail the basic protocol followed by the cognitive-behavioral approach in the treatment of addictions, its techniques, as well as therapeutic procedures from other approaches that may be complementary to the above approach
- Transmit the importance of multidisciplinary intervention as the key to the effectiveness of treatment in the case of addictions





Objectives | 11 tech



Specific Objectives

Module 1. Cognitive-Behavioral Treatment of Addiction to Psychostimulants: Cocaine, Amphetamines and Synthetic Drugs

- Know the ways of consuming psychostimulants
- * Understand the impact and effect of psychostimulants on health
- Deepen in neurobiology of addiction to psychostimulants
- Understand the incidence of stimulants in the individual and the related disorders that arise from their intake

Module 2. Cognitive-Behavioral Treatment of Heroin and Morphine Addiction

- Know the impact and effect of opiates and opioids on health
- Deepen in neurobiology of addiction to opiates and opioids
- Manage opioid and opioid-related disorders
- Conduct a psychological assessment in opioid and opiate addiction

Make the most of the opportunity and take the step to get up to date on the latest developments in Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model"

03 Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this specialization.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.

Course Management | 13 tech

Learn the latest advances in Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model from leading professionals"

tech 14 | Course Management

International Guest Director

David Belin, Ph.D., a renowned specialist in **Behavioral Neuroscience**, has left a significant impact on international research. In fact, already during his **PhD**, he revolutionized the field by developing the **first preclinical model of Cocaine Addiction**, based on human clinical criteria.

This prestigious scientist has dedicated a large part of his professional career to the field of scientific innovation, combining advanced techniques, from Experimental Psychology, to precise brain manipulations and molecular studies. All this with the aim of unraveling the neural substrates of Impulsive/Compulsive Disorders, such as Drug Addiction and Obsessive Compulsive Disorder.

Likewise, his career took a transcendental turn when he joined Professor **Barry Everitt's** laboratory at the **University of Cambridge**. His pioneering research on the **corticostriatal mechanisms** of **cocaine** seeking, as well as the relationships between **impulsivity** and **compulsive selfadministration** of the **drug**, expanded the global understanding of individual vulnerability to **addiction**.

Similarly, Dr. Belin obtained tenure at the Institut National de la Santé et de la Recherche Médicale (INSERM) in France. There, he established a research team in Poitiers, which focused on the neural and cellular mechanisms of vulnerability to Compulsive Disorders, although he has never stopped his research on the neural and psychological mechanisms of these disorders.

With more than 75 publications, he has been awarded the Mémain-Pelletier prize of the Académie des Sciences de France and the Young Investigator award of the European Behavioural Pharmacology Society. He was one of the first members of the FENS-Kavli Network of Excellence, an international network of young scientists supporting Neuroscience research.



Dr. Belin, David

- Neuroscientist specialized in Human Behavior at the University of Cambridge, United Kingdom
- Researcher at the Institut National de la Santé et de la Recherche Médicale
 (INSERM)
- Mémain-Pelletier Award of the Académie des Sciences
- Young Investigator Award from the European Behavioural Pharmacology Society
- Ph.D. in Behavioral Neuroscience from the University of Bordeaux II
- Graduate in Neuroscience and Neuropharmacology, University of Bordeaux
- Member of: Homerton College, FENS-Kavli Network of Excellence

666 Thanks to TECH you will be able to learn with the best professionals in the world"

tech 16 | Course Management

Management



Mr. Gandarias White, Gorka

- Psychologist specialized in Psychotherapy and Gestalt Therapy
- Director of the URASKA clinical center. Founder of the Psychology and Psychotherapy Consultancy
- Head of the Guidance and Educational Innovation Department of the San José School in Nanclares de la Oca
- Psychologist specialized in psychotherapy recognized by the EFPA (European Federation of Psychologists' Associations).
- Degree in Psychology. Deusto University
- · Master's Degree in Time-Limited and Health Psychotherapy
- International Master's Degree in Clinical and Health Psychology
- Diploma in Gestalt Therapy
- Cooperative Learning Specialist, Coach Level in the Conscious Emotional Bonding Model (VEC).

Course Management | 17 tech

Coordinator



Dr. Aguado Romo, Roberto

- President of the European Institute of Time-Limited Psychotherapy
- Psychologist in private practice
- Researcher in Time Limited Psychotherapy
- · Guidance team coordinator for many educational centers
- Author of several books on Psychology
- Communicator and expert in Psychology in the media.
- University courses and studies teacher.
- Master's Degree in Clinical and Health Psychology
- Specialist in Clinical Psychology
- Selective Dissociation Targeting Specialist

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Professors

Dr. Martínez Lorca, Alberto

- Area Specialist in Nuclear Medicine at the University Hospital La Paz
- Physician in the Nuclear Medicine Department at the Ramón y Cajal University Hospital
- Specialist in Nuclear Medicine at the Rey Juan Carlos University Hospital
- Doctor of Medicine
- Research Expert in the Area of Cancer and Hormone Receptors
- Medical Education Manager
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Coaching in Emotionally Conscious Bonding
- Director of Neurological Studies at CEP. Madrid
- Specialist in Neurology of Dreams and their Disorders
- Disseminator for the children's population at the Teddy Bear Hospital

Dr. Fernandez, Angel

- Director of the Evaluation and Psychotherapy Center of Madrid
- European specialist psychologist in Psychotherapy from the EFPA
- Health Psychologist
- Master's Degree in Clinical and Health Psychology
- Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Author of the TEN technique
- Head of studies on the Professional Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Clinical Hypnosis and Relaxation

Dr. González Agüero, Mónica

- Psychologist in charge of the Department of Child and Adolescent Psychology at Quirónsalud Marbella Hospital and Avatar Psichologists
- Psychologist and Teacher at the European Institute of Limited Time Psychotherapies (IEPTL)
- Degree in Psychology from the National University of Distance Education (UNED)

Dr. Kaiser Ramos, Carlos

- Specialist in Otorhinolaryngology and Cervical and Facial Pathology
- Head of the Otolaryngology department at Segovia General Hospital
- Member of the Royal Academy of Medicine of Salamanca
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Psychosomatic Medicine

Dr. Martínez Lorca, Manuela

- Health Psychologist.
- Teacher in the Department of Psychology at the University of Castilla La Mancha
- Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- Specialist in Clinical Hypnosis and Relaxation
- Degree in Psychology
- Doctor of Medicine

Course Management | 19 tech



- Health Psychologist
- Cognitive-Behavioral Intervention Specialist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Energy Therapy Intervention

Ms. Soria, Carmen

- Psychologist at Integra Therapy
- Head of the Psychosocial Unit of the Assessment and Psychotherapy Center (CEP) associated with the European Institute of Time-Limited Psychotherapies
- Private practice specialized in long-term disorders such as personality, bipolar and psychotic disorders
- Collaborating professor of the Practicum at the Complutense University of Madrid
- Professor of the Master's Degree of Psychotherapy of the European Institute of Time-Limited Psychotherapies
- Specialist in General Health Psychology
- Master's Degree in Clinical and Health Psychology by CINTECO
- Master's Degree in Time-Limited Psychotherapy by the European Institute of Time-Limited Psychotherapies
- EMDR Therapist
- Specialized training in Personality Disorders and Psychotic Disorders in Adults and Adolescents
- Training in Dissociative Disorders
- Training in Couples Therapy
- Degree in Psychology from the Autonomous University of Madrid.

04 Structure and Content

The structure of the contents has been designed by a team of professionals who recognise the implications of specialization in the daily practice of the psychologist, aware of the relevance of current training to treat the patient with psychological disorders and are committed to quality teaching using new educational technologies.

A path to achieve education and professional growth that will propel you towards a greater level of competitiveness in the employment market"

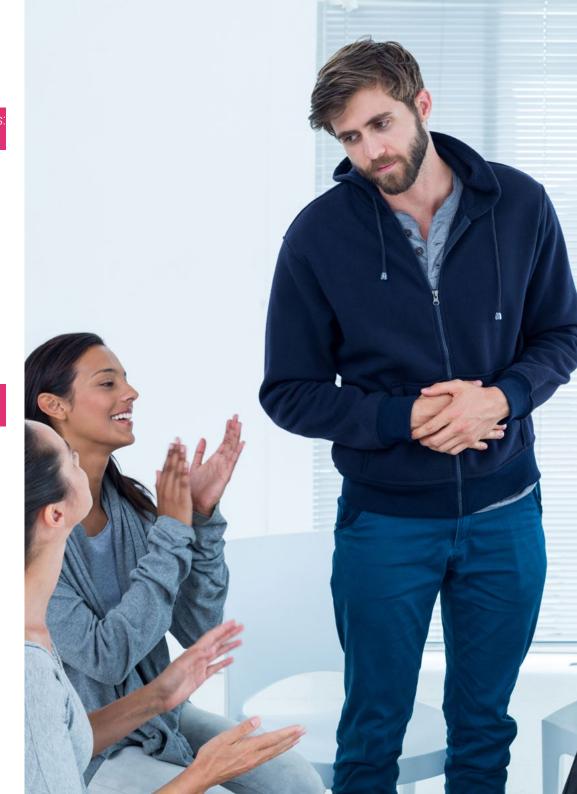
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Module 1. Cognitive-Behavioral Treatment in Addiction to Psychostimulants: Cocaine, Amphetamines and Synthetic Drugs

- 1.1. Classification of Psychostimulant Substances
- 1.2. Ways of Consuming Psychostimulants
- 1.3. Impact and Effect of Psychostimulants on Health
- 1.4. Neurobiology of Addiction to Psychostimulants
- 1.5. Disorders Related to Psychostimulants
- 1.6. Psychological Evaluation in Psychostimulants Addiction
- 1.7. Pharmacological Treatment
- 1.8. Psychological Treatment: Cognitive-Behavioural Treatment
- 1.9. Other Therapeutic Interventions and Types of Intervention Programs
- 1.10. Psychological Intervention in Adolescents
- 1.11. Approach to Other Pathologies Present in Addiction to Psychostimulants
- 1.12. Relapse Prevention and Maintenance

Module 2. Cognitive-Behavioral Treatment of Heroin and Morphine Addiction

- 2.1. Classification of Opiates and Opioids
- 2.2. Ways of Consuming Opiates and Opioids
- 2.3. Impact and Effect of Heroin and Morphine on Health
- 2.4. Neurobiology of Addiction to Heroin and Morphine
- 2.5. Disorders Related to Opiates
- 2.6. Psychological Evaluation in Opiates Addiction
- 2.7. Pharmacological Treatment
- 2.8. Psychological Treatment: Cognitive-Behavioural Treatment
- 2.9. Other Therapeutic Interventions and Types of Intervention Programs
- 2.10. Psychosocial Intervention in Special Populations
- 2.11. Approach to Other Pathologies Present in Addiction to Opiates
- 2.12. Relapse Prevention and Maintenance





Structure and Content | 23 tech



A unique specialization experience, key and decisive to boost your professional development"

05 Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.

36 TECH will prepare you to face new challenges in uncertain environments and achieve success in your career"

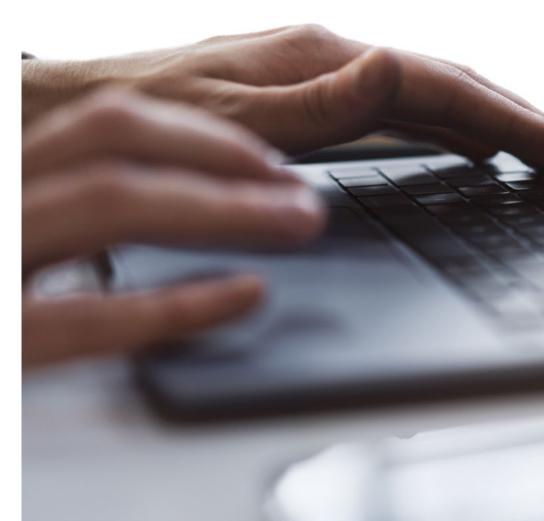
tech 26 | Study Methodology

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist. The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

666 At TECH you will NOT have live classes (which you might not be able to attend)"



Study Methodology | 27 tech



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

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Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Study Methodology | 29 tech

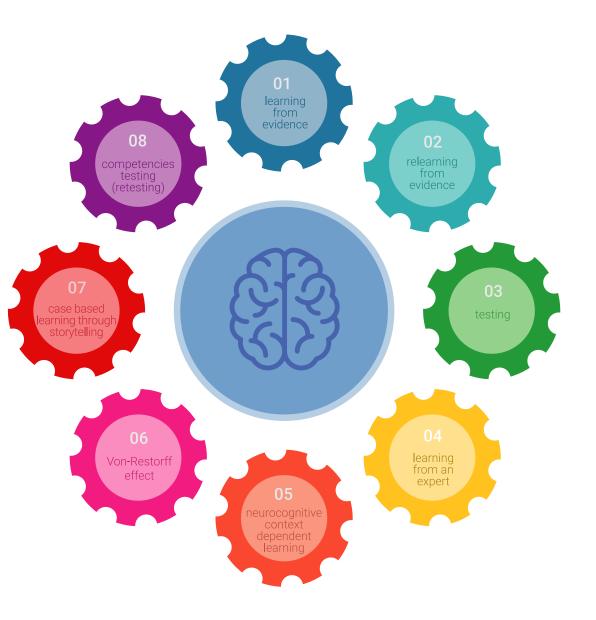
Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



tech 30 | Study Methodology

A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

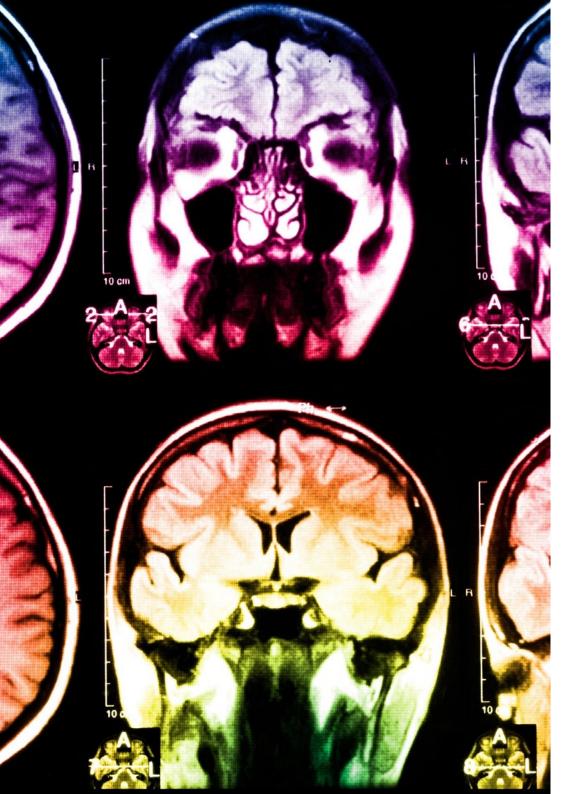
The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update. The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Study Methodology | 31 tech

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the quality of teaching, quality of materials, course structure and objectives is excellent. Not surprisingly, the institution became the best rated university by its students on the Trustpilot review platform, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

tech 32 | Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

20%

15%

3%

15%

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include `audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

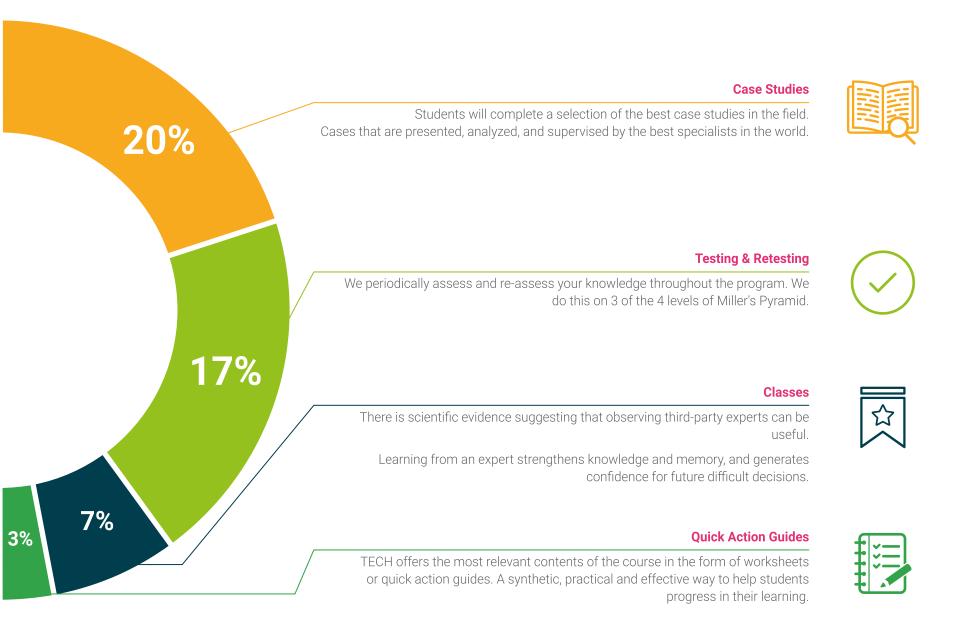
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

Study Methodology | 33 tech



06 **Certificate**

The Postgraduate Diploma in Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.



Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

tech 34 | Certificate

This private qualification will allow you to obtain a **Postgraduate Diploma in Psychological** Intervention in Drug Addiction with the Cognitive-Behavioral Model endorsed by TECH Global University, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University private qualification**, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model

Modality: online

Duration: 6 months

Accreditation: 16 ECTS



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tecn global university Postgraduate Diploma **Psychological Intervention** in Drug Addiction with the Cognitive-Behavioral Model » Modality: online » Duration: 6 months » Certificate: TECH Global University » Accreditation: 16 ECTS » Schedule: at your own pace » Exams: online

Postgraduate Diploma Psychological Intervention in Drug Addiction with the Cognitive-Behavioral Model

