Postgraduate Diploma

Psychogeriatrics of Health and Disease

tech global university

Postgraduate Diploma
Psychogeriatrics of Health and Disease

» Modality: **online**
» Duration: **6 months**
» Certificate: **TECH Global University**
» Credits: **19 ECTS**
» Schedule: **at your own pace**
» Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-psychogeriatrics-health-disease**

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01

Introduction

It is essential that you know that in the coming decades old age will be reached later and later, and in very favorable conditions for psychological help.. Very soon there will be a need for numerous specialists who are experts in the assessment and intervention of this group known as the elderly, from a clinical psychology and psychotherapy point of view.

" With this Postgraduate Diploma the psychologist will have the domain of the relational in the therapist-patient intervention, and therefore, of the norms that direct the subject's interaction with the world in the here and now"

This program is unique in its field, as it is designed to provide you with the necessary knowledge to intervene as a psychogeriatric nurse specialist. It is also unique because it incorporates for the first time the variable of psychotherapy for the elderly, changing the rhythms of intervention that we perform in adult psychotherapy.

There is no other Postgraduate Diploma on the market that has really designed its own strategies for the elderly brain. The majority try to alleviate the sequelae of the illnesses or simply support the elderly, trying to reduce their suffering. In this Postgraduate Diploma, we have designed a whole intervention, guided by the knowledge of brain functioning from the age of 65 onwards, which aims not so much to provide palliative treatment, but to try to help the elderly person overcome their suffering and become satisfied with their life.

This **Postgraduate Diploma in Psychogeriatrics of Health and Disease** contains the most complete and up-to-date program on the market. The most important features include:

- Clinical cases presented by experts in the different specialties. The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- New developments in Psychogeriatrics of Health and Disease
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With special emphasis on evidence-based psychology and research methodologies in Psychology
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

This Postgraduate Diploma in Psychogeriatrics of Health and Disease contains the most complete and up-to-date scientific program on the market"

This Postgraduate Diploma may be the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Psychogeriatrics of Health and Disease, you will obtain a Postgraduate Diploma from TECH Global University"

Increase your decision-making confidence by updating your knowledge with this Postgraduate Diploma.

A path to achieve education and professional growth that will propel you towards a greater level of competitiveness in the labor market.

Forming part of the teaching staff is a group of professionals in the world of Psychology who bring to this training their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

Thanks to its multimedia content developed with the latest educational technology, they will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to prepare in real situations.

This program is designed around Problem-Based Learning, whereby the student will must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

02
Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist can master in a practical and rigorous way the intervention with the elderly.

This updating program will provide you with a sense of confidence in the practice of psychology, which will help you grow both personally and professionally"

General Objectives

- Provide the student with knowledge of the infinite complexity of old age
- Provide skills to deal with the psychological state of the elderly
- Learn how to design multidisciplinary intervention protocols for old age
- Master evaluation, differential diagnosis and intervention in old age
- Provide the skills to support individuals in old age from the here and now
- Describe and teach the knowledge required to face illnesses related to ageing and their relationship with the life lived

Specific Objectives

Module 1. Old Age from an Anthropological Perspective

* Manage the specific characteristics of old age and their consequences on human behavior

Module 2. Assessment of Health and Disease in Old Age

* Assess and diagnose, taking into account the social and affective surrounding in which the elderly person finds themselves
* Train in listening and managing silence with elderly patients

Make the most of the opportunity and take the step to get up-to-date on the latest developments in Psychogeriatrics of Health and Disease"

03
Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.

Learn the latest advances in Psychogeriatrics of Health and Disease from leading professionals"

International Guest Director

Dr. Abby Altman is a renowned **Psychologist** specialized in **Anthropology** and **Philosophy.** Her line of work focuses on providing personalized therapeutic plans to patients with conditions such as **Cognitive Impairment** or **Dementia** in order to optimize their long-term quality of life.

Her passion for integrating **behavioral health** into primary care has led her to lead important programs focused on **mental wellness.** One example is **iCBT,** which promotes **neurological resilience.** In addition, during her career, she has held strategic roles such as the **Director of Brain Support and Wellness Services** at Brigham and Women's Hospital in Massachusetts.

Moreover, her leadership skills in healthcare settings have allowed her to contribute to the comprehensive training of specialists. In this way, she has contributed to physicians developing a **multidisciplinary approach** based on behavioral change.

It should be noted that her work has been recognized internationally on multiple occasions. One of his main contributions is the **digital approach** in the field of **Geriatric Psychotherapy**. In this way, she has received a variety of awards for her work in improving access to mental health and the use of **motivational interviewing** to promote behavior change in users.

Firmly committed to progress in this area, she has balanced this work with her role as a **Clinical Researcher.** As such, she has conducted multiple exhaustive analyses on topics such as loneliness, behavioral patterns or the adaptation of **Cognitive-Behavioral Therapies.**

She is also a member of the **Motivational Interviewing Trainers Network.** In this organization she participates in the design of educational programs and didactic materials of this technique for different contexts, from Primary Care to Addictions management.

Dr. Altman, Abby

- Co-director of Neurological Wellness at Brigham and Women's Hospital in Boston, United States
- Geropsychologist at Brigham and Women's Hospital
- Clinical Leader, iCBT program at Brigham and Women's Hospital
- Psychologist at Brigham and Women's Hospital
- Director of Psychology Education at Brigham and Women's Hospital
- Subject Matter Expert at Inflect Health Advisory
- Assistant Project Coordinator at Boston VA Research Institute
- Clinical Psychology Intern at Bay Pines VA Healthcare System
- Behavioral Specialist at Eldercare Assessment & Resources
- Ph.D. in Philosophy at Lehigh University

"Thanks to TECH, you will be able to learn with the best professionals in the world"

Management

Dr. Anasagasti, Aritz

- European specialist psychologist in Psychotherapy from the EFPA at the CEP health center in Bilbao
- President of Emotional Network
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Psychogeriatrics Specialist. Creator of the home-based intervention
- Member of the Basque Association of Gestalt Therapy
- Reciprocal Interaction Psychotherapist
- Specialist in neurodegenerative diseases from the University of the Basque Country
- Responsible for the computer development of Emotional Management and Treatment in the Elderly

Coordinator

Dr. Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European Specialist in Psychotherapy by the EFPA, President of the European Institute for Time Limited Psychotherapy
- Author with patents in psychotherapy models and techniques
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid
- Director of the scientific journal Psinapsis
- Master's Degree in Clinical and Health Psychology from the Spanish Society of Psychosomatic Medicine and Health Psychology
- Tutor of the Basic Psychology course at the UNED

Professors

Dr. Fernández Sánchez, Angel
- European specialist psychologist in Psychotherapy from the EFPA
- Health Psychologist. Master's Degree in Clinical and Health Psychology
- Director of the Evaluation and Psychotherapy Center of Madrid
- Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Author of the TEN technique
- Head of studies on the Professional Master's Degree in Time-Limited Psychotherapy and Health clinica
- Specialist in Clinical Hypnosis and Relaxation

Dr. Martínez-Lorca, Manuela
- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist. Lecturer at the Department of Psychology at the UCLM
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- Specialist in Clinical Hypnosis and Relaxation

Dr. Roldan, Lucia
- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention

Dr. Otero, Veronica
- European specialist psychologist in Psychotherapy at the CEP health center in Bilbao
- Head of the children and youth area of intervention with PTL in the CEP of Bilbao
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Child and Adolescent Specialist

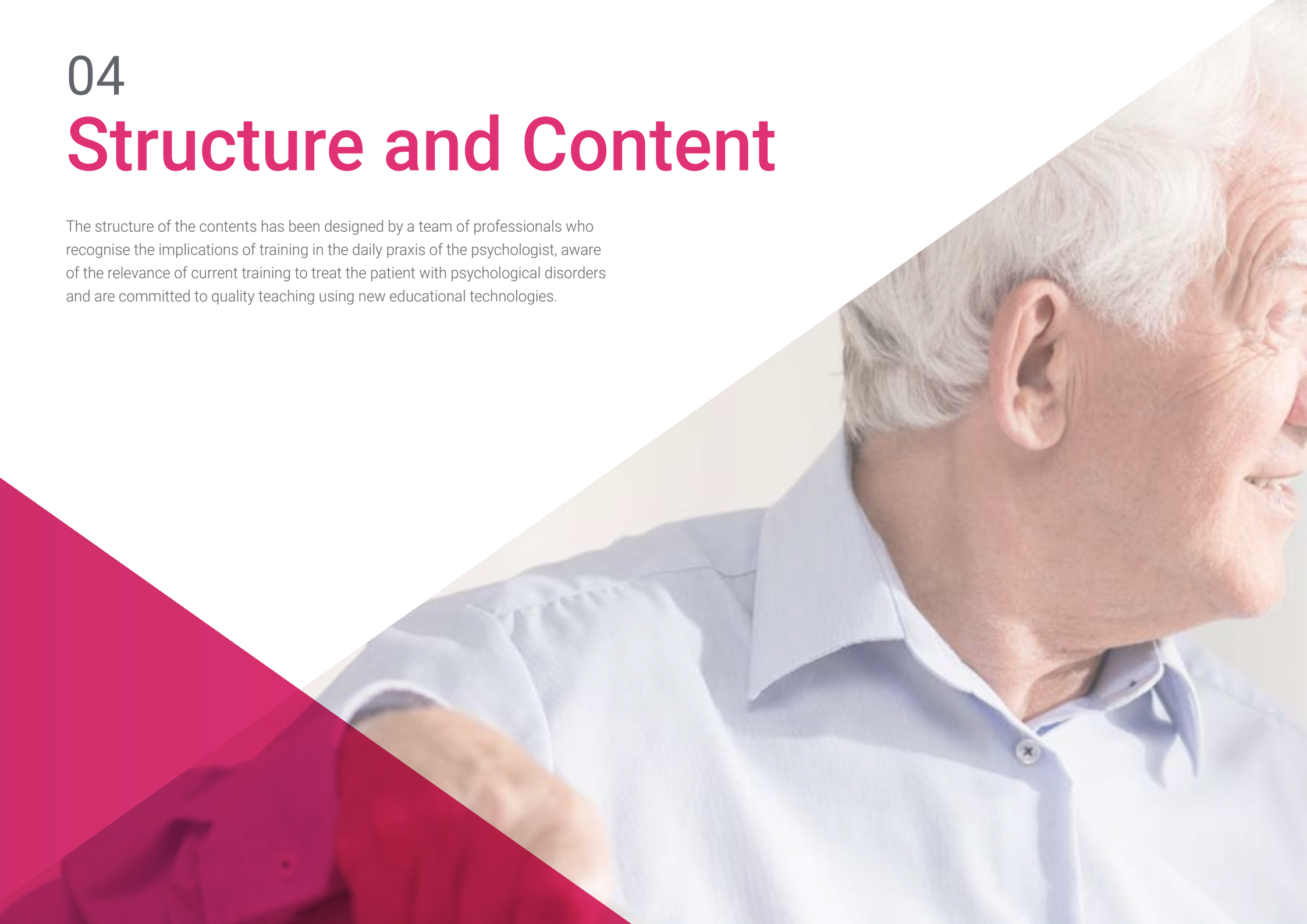**Dr. Zabala-Baños, María Carmen**
- PhD in Psychology from University of Castilla La Mancha
- Health Psychologist. Master's Degree in Clinical and Health Psychology
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Psychosocial and Work Rehabilitation Specialist
- UCLM European specialist psychologist in psychotherapy. EFPA
- Specialist in Clinical Hypnosis and Relaxation

Structure and Content

The structure of the contents has been designed by a team of professionals who recognise the implications of training in the daily praxis of the psychologist, aware of the relevance of current training to treat the patient with psychological disorders and are committed to quality teaching using new educational technologies.

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This Postgraduate Diploma in Psychogeriatrics of Health and Disease contains the most complete and up-to-date scientific program on the market"

Module 1. Old Age from an Anthropological Perspective

1.1.   From Cicero to Marañón

1.2.   Aging as a Complex Infinite Process

1.3.   "Aging is the Only Way to Live a Long Time" Auber

1.4.   Cultural Anthropology and "Respect" as a Word that Describes the Elderly

1.5.   History of the Concept of Old Age

1.6.   Study of Old Age from the Perspective of Psychogeriatrics and Psychogerontology

Module 2. Assessment of Health and Disease in Old Age

2.1.   Physical and Mental Health Aging

2.2.   Physical Evaluation

    2.2.1.   Medical History

    2.2.2.   General Physical Examination

    2.2.3.   Analysis

    2.2.4.   Neurological Examination

    2.2.5.   Other Explorations

2.3.   Psychic Assessment

    2.3.1.   Medical History

    2.3.2.   Life History

    2.3.3.   Cognitive Assessment

    2.3.4.   Assessment of Memory and Attention

    2.3.5.   Behavioral Assessment

    2.3.6.   Evaluation of the Most Common Psychological Disorders in Old Age

2.4.   Social Assessment

    2.4.1.   Social Network Shared

    2.4.2.   Belonging to a Group

    2.4.3.   How Many Friends Do They Have at This Moment?

    2.4.4.   How Many Friends Did They Previously Have?

    2.4.5.   Economic Capacity

    2.4.6.   Recent and Previous Relationships

    2.4.7.   Social Implication

2.5.   Physical Aging

2.6.   Physical Activity

    2.6.1.   Autonomy of Movement

    2.6.2.   Capacity to Travel or Move Around

    2.6.3.   Motor Coordination

    2.6.4.   Level of Tiredness and Fatigue

    2.6.5.   Daily Life Activities

2.7.   Mental Activity

    2.7.1.   Ability to Read

    2.7.2.   Ability to Have a Discussion

    2.7.3.   Flexibility/Rigidity in Reasoning

    2.7.4.   Creativity in Old Age

2.8.   Problem Solving Activities

    2.8.1.   Ability to Maintain a Conversation

    2.8.2.   Break Out of the Monologue

    2.8.3.   Empathize

    2.8.4.   Conflict Resolution

    2.8.5.   Allow Win-Win Relationships

A unique, key, and decisive educational experience to boost your professional development"

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

"Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

> With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

> " Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

20%

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

15%

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

15%

3%

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

17%

3%

7%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

Certificate

The Postgraduate Diploma in Psychogeriatrics of Health and Disease guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Global University.

"

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Diploma in Psychogeriatrics of Health and Disease** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.
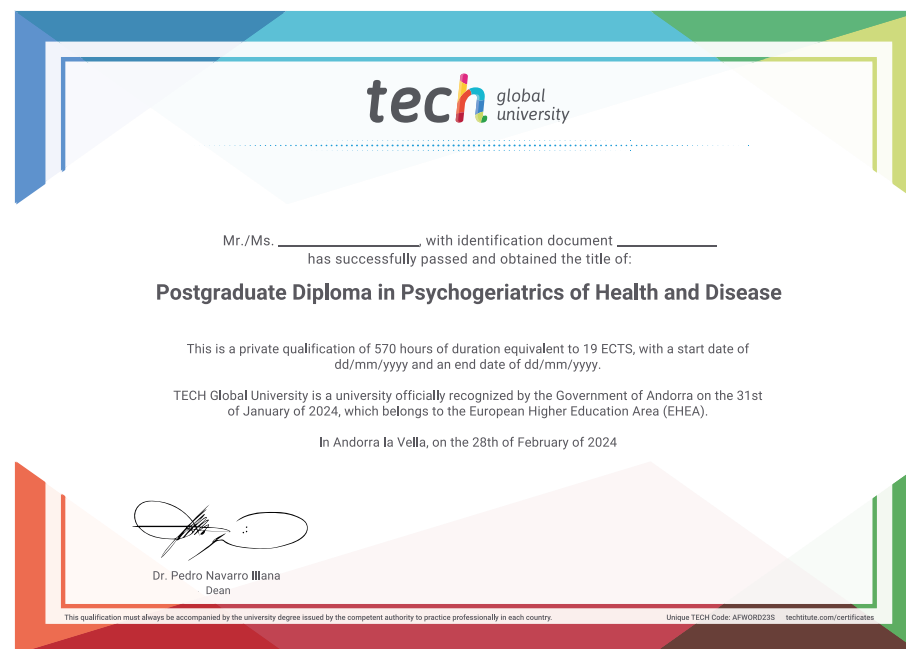
This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Psychogeriatrics of Health and Disease**

Modality: **online**

Duration: **6 months**

Accreditation: **19 ECTS**

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Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Diploma in Psychogeriatrics of Health and Disease

This is a private qualification of 570 hours of duration equivalent to 19 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country. Unique TECH Code: AFWORD23S techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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