

# Postgraduate Diploma

## Gender Violence and Sexuality



## Postgraduate Diploma Gender Violence and Sexuality

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/psychology/postgraduate-diploma/postgraduate-diploma-gender-violence-sexuality](http://www.techtitute.com/pk/psychology/postgraduate-diploma/postgraduate-diploma-gender-violence-sexuality)

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# 01

# Introduction

Emotional censorship in men and the normalization of romantic love have marked the development of Sexuality during a large part of the evolution of human beings. However, in recent decades these traditional concepts have disappeared to give way to new masculinities and the search for equality. Therefore, from the field of Psychology, the professional needs the most advanced knowledge in the face of this change of mentality and approaches. For this reason TECH has created this 100% online program, which offers the professional a comprehensive syllabus on Sexology, violence related to Sexuality and masculinities. All this, in addition to quality content integrated by multimedia resources accessible from any electronic device with Internet connection.





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*A 100% online and flexible Postgraduate Diploma that will show you new approaches to the gender perspective in Sexuality”*

Gender identity, sexual orientation and gender expression are transcendental in the psycho-affective development of human beings. After the overthrow of traditional concepts about sexuality, the search for equality, tolerance towards sexual diversity and new masculinities are currently setting the course of society.

Therefore, for some decades there has been a new way of rethinking traditional masculinity, giving rise to alternatives that free men from the hegemonic model where they could hardly express their emotions. At the same time, feminism has advanced in its goal of reducing the existing gaps and achieving balance between the genders. In this context, TECH has created this 100% online university qualification, which offers a recent perspective on Gender Violence and Sexuality through high quality content.

A program taught by professionals specialized in Sexology and Psychology with a broad knowledge of affirmative Psychosexology. In this way, the psychologist will enter into an advanced syllabus that will allow them to delve into the evolution of this specialty and the techniques of sexual disclosure. Likewise, the approach to violence related to sexuality, male erotica and current educational models will have special notoriety.

In addition, to facilitate the updating, this academic institution provides innovative teaching resources that the student can access comfortably, at any time of the day, from an electronic device with Internet connection.

The professional has before them a unique academic option, which offers the excellent opportunity to have a specialization that can be accessed whenever and wherever they wish. And the fact is that, without attendance or classes with fixed schedules, students have the possibility to self-manage their study time and consult the syllabus whenever they need to. An ideal program for those who seek to balance the most demanding responsibilities with a quality Postgraduate Diploma.

This **Postgraduate Diploma in Gender Violence and Sexuality** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*With no attendance, no classes with fixed schedules, this program offers you the flexibility you need to take a first class academic option"*

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*With this program you will have all the tools and resources available to promote the dissemination of sex education through various communication channels”*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*You will achieve, in just 450 hours, an update on the gender perspective and its evolution throughout history.*

*An intensive update on current educational models and the relevance of coeducation.*



02

# Objectives

This Postgraduate Diploma in Gender Violence and Sexuality allows students to be aware of the most effective therapeutic strategies to treat patients who have suffered sexual abuse in childhood or Bullying for reasons of sexual diversity. In addition, at the end of this program they will have a renewed knowledge about masculinity in affective bonds and the debate around the revision of male identity.





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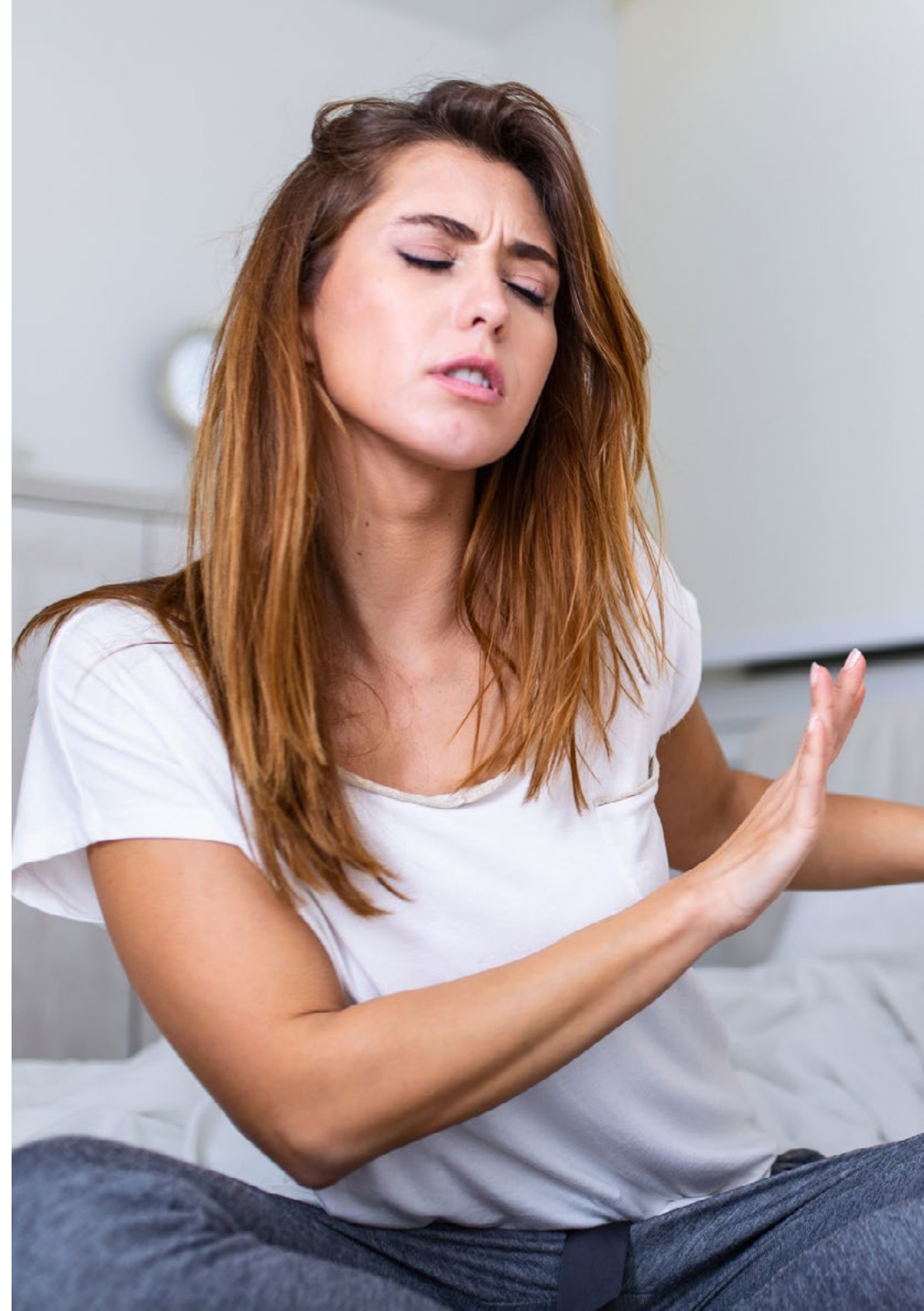
*The learning resource library is available 24 hours a day for you to access the latest information on non-normative dissident masculinities”*



## General Objectives

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- ♦ Acquire knowledge about Sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to Sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and the factors that generate alterations in them
- ♦ Investigate complex issues such as Gender Violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Gain in-depth knowledge of deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would undermine the therapeutic work
- ♦ Carry out research programs in sexuality





## Specific Objectives

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### Module 1. Equality and Gender Perspective

- ♦ Differentiate concepts and know the relationship between them
- ♦ Learn about resources to disseminate and educate from a gender perspective
- ♦ Delve into the different types of gender violence and how to intervene

### Module 2. Sexuality-Related Violence

- ♦ Contextualize and conceptualize how and why child sexual abuse occurs
- ♦ Manage resources to prevent child sexual abuse
- ♦ Understand how to intervene in the event that a case of child sexual abuse is received at the clinic
- ♦ Know the different realities within the LGBTIQAP+ group

### Module 3. Masculinity and Sexuality

- ♦ Contextualize masculinity, its mandates, beliefs and the influence this has on the individual, society and the relational sphere
- ♦ Distinguish masculinity as an innate value and reflect on the importance of inhabiting less rigid and more diverse identities
- ♦ Create imaginaries of male eroticism away from normativity, with the intention of building new paradigms that aim to explore the peculiarities of each sexed subject, minimizing the impact of the identity experience from the socio/cultural expectations



03

# Course Management

The debate raised by the new masculinities has led TECH to include in this Postgraduate Diploma a specific module for it, which also has a professional specialized in this field. Therefore, the graduate who enters this university qualification will have at their disposal an excellent team of specialists in Sexology and Psychology, which will allow them to obtain a current view of Gender Violence and Sexuality under the maximum scientific rigor.



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*Professionals with extensive experience in Sexology will guide you at all times to successfully achieve your goals of updating on Gender Violence and Sexuality”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Psychologist, Sexologist, Couples Therapist and Director of Destino Kink
- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling by Camilo José Cela University

## Professors

### Mr. Coronilla Delgado, Eduardo

- ♦ Professional in Health, Youth, Education and Training programs at the LGTBIQAP+ Association JereLesGay of Jerez de la Frontera and at FELGTBI+
- ♦ Degree in Psychology from the University of Sevilla
- ♦ Specialist in Sexology from the Camilo José Cela University
- ♦ Member of: Fast Track Committee of Jerez (committee that fights against the HIV+ pandemic and stigma)

### Mr. Lajud Alastrué, Iñaki

- ♦ Psychologist and Sexologist
- ♦ Co-founder of the Association Masculinities Beta
- ♦ Psychologist at the Me Digo Sí Center
- ♦ Professor of the Master's Degree in Gender Violence of the Official College of Psychologists of Madrid

### Ms. López Trenado, Esther

- ♦ Health Psychologist at DANA Centro de Psicología
- ♦ Mental Health Specialist in the Third Sector
- ♦ Equality Promoter
- ♦ Master's Degree in General Health Psychology from the Autonomous University of Madrid
- ♦ Degree in Psychology from the Autonomous University of Madrid



# 04

## Structure and Content

This Postgraduate Diploma will lead students to delve into sexual identity and the cultural and environmental influence on human development, as well as new approaches to the gender perspective and its approach from the field of Psychology. For this purpose, students will be provided with innovative pedagogical tools in which the latest technology applied to teaching has been used. Therefore, the graduate will have at their disposal video summaries of each topic, detailed videos, specialized readings and simulations of clinical case studies that make up the extensive virtual library of this program.







“

*A Postgraduate Diploma that will take you in just 6 months to get the most up-to-date and renewed vision on equality and forms of LGBTIQAP+phobia”*

## Module 1. Equality and Gender Perspective

- 1.1. Gender Perspectives
  - 1.1.1. Brief Review: Differences Sex vs. Gender
  - 1.1.2. Patriarchy
- 1.2. Why it is Necessary?
  - 1.2.1. Social Differences Boys/Girls
  - 1.2.2. The Social Context
  - 1.2.3. Wage Gap
  - 1.2.4. Orgasmic Gap
- 1.3. When it Arises
  - 1.3.1. Historical Context
  - 1.3.2. Background
  - 1.3.3. UN Declaration
- 1.4. Differences in Concepts and Relationship Between Them
  - 1.4.1. Equality
  - 1.4.2. Gender Perspectives
  - 1.4.3. Feminism
- 1.5. The Sex-Gender System as a Socio-Cultural Construction
  - 1.5.1. Traditional Male/Female Roles
  - 1.5.2. Different Views from Feminism
  - 1.5.3. Analysis of the Sex-Gender System in Different Social Models
- 1.6. Current Educational Models: Coeducation
  - 1.6.1. Conceptualization
  - 1.6.2. Mental Workload and its Consequences
  - 1.6.3. Resources to Promote Coeducation
- 1.7. Dissemination and Gender Perspective
  - 1.7.1. Resources for Use in the Media
  - 1.7.2. Resources for Use in the Classroom
- 1.8. How to Work with the Gender Perspective
  - 1.8.1. Childhood
  - 1.8.2. Adolescence
  - 1.8.3. Adulthood
  - 1.8.4. Old Age

- 1.9. Gender-Based Violence
  - 1.9.1. Types of Violence
  - 1.9.2. Intervention and Approach to the Different Types of Violence
  - 1.9.3. Background Cultural Context
- 1.10. Gender Perspective in the Healthcare Field
  - 1.10.1. Overmedicalization of Women
  - 1.10.2. More Efficient Health Resources
  - 1.10.3. Guidelines for Healthcare Personnel

## Module 2. Sexuality-Related Violence

- 2.1. Approach to Child Sexual Abuse
  - 2.1.1. Relationship Between Love, Power and Violence
  - 2.1.2. Maltreatment and Well Treatment in Childhood
  - 2.1.3. Child Protection Systems
- 2.2. Conceptualization of Child Sexual Abuse
  - 2.2.1. Criteria
  - 2.2.2. Types of Child Sexual Abuse
- 2.3. Prevention of Child Sexual Abuse
  - 2.3.1. Key Messages
  - 2.3.2. Types of Prevention
  - 2.3.3. Risk and Protective Factors
  - 2.3.4. Proposed Programs
- 2.4. Intervention in Child Sexual Abuse
  - 2.4.1. Phases of the Intervention Process
  - 2.4.2. Basic Principles
  - 2.4.3. Professional Competencies
  - 2.4.4. Consequences of Child Sexual Abuse
- 2.5. Characteristics of Child Sexual Abuse Intervention
  - 2.5.1. Procedure and Criteria
  - 2.5.2. Agents Involved in the Intervention
  - 2.5.3. General Aspects to be Addressed

- 2.6. LGBTQAP+ in the World
  - 2.6.1. Homosexual Marriage and Homoparental Adoption
  - 2.6.2. Types of LGBTQAP+ Human Rights Abuses
  - 2.6.3. LGBTQAP+ *Friendly* Places and Safe Spaces
  - 2.6.4. Forms of LGBTQAP+Phobia
    - 2.6.4.1. Forms of LGBTQAP+Phobia
    - 2.6.4.2. Help Resources
- 2.7. Intragender Violence
  - 2.7.1. Background Cultural Context
  - 2.7.2. Legislation
  - 2.7.3. Intervention and Approach
- 2.8. Bullying for Sexual Diversity Reasons
  - 2.8.1. What Is It?
  - 2.8.2. Profile of the Aggressor and the Victim
  - 2.8.3. Frequency and Type of School Bullying
  - 2.8.4. Consequences
- 2.9. LGBTQAP+ Affirmative Psychology
  - 2.9.1. Intervention with Families
  - 2.9.2. Integral Intervention from the Socio-sanitary and Psychosocial Sphere
  - 2.9.3. Intervention with LGBTQAP+ Elderly People
- 2.10. Education in Sexual Diversity in the Classroom
  - 2.10.1. Referents and Absences
  - 2.10.2. Educational Activities and Resources
- 3.4. Non-normative Dissident Masculinities
  - 3.4.1. De-essentializing Masculinity
  - 3.4.2. Importance of Plural Identities
- 3.5. Masculinity in Affective and Sexual Attachments
  - 3.5.1. Homosociability
  - 3.5.2. Affective Relationship Skills
  - 3.5.3. Roles of Men in the Couple
- 3.6. Male Erotica (I)
  - 3.6.1. Influence of Pornography in the Male Ideology
  - 3.6.2. Fantasies and Autoerotica
- 3.7. Male Erotica (II)
  - 3.7.1. Desire, Pleasure and Genitality in Normative Relational Erotics
  - 3.7.2. Non-normative Erotic and Relational Imaginaries
- 3.8. Male Erotica (III)
  - 3.8.1. Intimacy, Vulnerability and Care
- 3.9. New Masculinities
  - 3.9.1. What are they?
  - 3.9.2. Collectivizing the Identity Review Process
- 3.10. Reflecting on Masculinity
  - 3.10.1. Strategies for Self-knowledge
  - 3.10.2. Who am I?

### Module 3. Masculinity and Sexuality

- 3.1. Contextualization of Male Socialization
  - 3.1.1. Hegemonic Masculinity and Complicit Masculinities
  - 3.1.2. Masculinity and Patriarchy
- 3.2. Masculinity Box
  - 3.2.1. What Is It? Associated Values, Mandates and Beliefs
- 3.3. Risk of Masculinity
  - 3.3.1. Risks to Men Themselves
  - 3.3.2. Risks to Society, Violence



*Delve into the influence of pornography on the male ideology and non-normative erotic imaginaries with this program”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*







At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically assess and re-assess students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.



06

# Certificate

This Postgraduate Diploma in Gender Violence and Sexuality guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.



The image features two graduation caps (mortarboards) against a blue sky with light clouds. One cap is in the foreground, tilted upwards, and another is behind it, also tilted. The caps are black with a maroon top. The background is split into a blue sky on the left and a white and pink geometric shape on the right.

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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Diploma in Gender Violence and Sexuality** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma**, issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Diploma, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Gender Violence and Sexuality**

Official N° of Hours: **450 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning



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Gender Violence and Sexuality

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