Postgraduate Diploma
Current Classification and Taxonomy of Addictions

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Postgraduate Diploma
Current Classification and Taxonomy of Addictions

» Modality: **online**
» Duration: **6 months**
» Certificate: **TECH Technological University**
» Dedication: **16h/week**
» Schedule: **at your own pace**
» Exams: **online**

Website: **www.techtitute.com/in/psychology/postgraduate-diploma/postgraduate-diploma-current-classification-taxonomy-addictions**

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01

Introduction

An important conclusion can be drawn: the use and/or dependence on psychoactive substances constitutes a serious public health problem. This leads to serious problems in the three areas in which health is understood from the biopsychosocial model: problems in the sphere of physical, psychological and social health, not only during the moment of consumption, but also in the future health of the individual.

" *Within this framework, the disciplines and professionals concerned with the health of the population, including psychology professionals, are developing treatments and care protocols aimed at intervening effectively in addictive disorders"*

In recent decades, addictions in which there is no substance that produces dependence, but rather a habit or behavior, have also been added to the list of addictions that require treatment. This is the case of pathological gambling and addiction to new technologies, which are causing serious psychological and social health problems in both adults and young people. For these cases, psychology has also developed treatments that seek the reduction and elimination of such habits and behaviors, which we will cover in the last unit of this program.

This Postgraduate Diploma is unique for the multitude of techniques and tools given to the psychologist so that they can specialize in addiction intervention. Aimed at psychologists who wish to specialize in the field of addictions, or who want to update their knowledge in this regard, it offers the latest advances in the field of psychological treatment of addictions and prevention, so that they can intervene competently in this type of problem. The program covers most of the addictions that a psychologist will encounter in their daily practice and will help them to situate and orientate themselves in the intervention in a realistic and committed way, to know the role they must play in the intervention together with other professionals and to know how to apply the most appropriate techniques for each moment of the intervention process.

This **Postgraduate Diploma in Current Classification and Taxonomy of Addictions** contains the most complete and up-to-date program on the market. The most important features include:

- Clinical cases presented by experts in the different specialties
- The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- The latest news on Current Classification and Taxonomy of Addictions
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With special emphasis on evidence-based psychology and research methodologies in psychology
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Availability of content from any fixed or portable device with internet connection

The Postgraduate Diploma in Current Classification and Taxonomy of Addictions contains the most complete and up-to-date program on the market"

"*This Postgraduate Diploma is the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Current Classification and Taxonomy of Addictions you will obtain a Postgraduate Diploma from TECH Technological University*"

Its teaching staff includes health professionals from the field of psychology, who contribute their work experience to this program, as well as renowned specialists belonging to leading scientific societies.

Thanks to its multimedia content developed with the latest educational technology, it will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to train in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

The Postgraduate Diploma includes real clinical cases and exercises to bring the development of the Postgraduate Diploma closer to the psychologist's clinical practice.

Thanks to its completely up-to-date content, you will be able to approach the Classification and Taxonomy of Addictions in the present day in a much more efficient way.

02
Objectives

The program's primary objective is focused on theoretical and practical learning, so that the psychologist is able to master Current Classification and Taxonomy of Addictions in both a practical and rigorous manner.

" *This up-to-date program will provide you with a sense of confidence in the practice of psychology, which will help you grow both personally and professionally"*

General Objectives

- Analyze the current state of the world of addictions and drugs

- Discover the neurological bases of different addictions

- Define the basic concepts commonly used by the scientific community in the field of addictions and identify the different aspects for the psychologist to take into account in the evaluation and intervention of these cases

- Offer a base of knowledge and procedures which provides the student with the necessary confidence and solid foundations to address real cases

- Reflect and practice different situations of intervention in cases of addictions

- Establish the differentiating criteria between the prevention and treatment of addictions, as well as the levels of prevention which already exist

- Provide the student with the keys to the asessment framework in the case of addictions

- Show the criteria for the choice of therapeutic goals when facing an addiction intervention

- Describe in detail the basic protocol followed by the cognitive-behavioral approach in the treatment of addictions, its techniques, as well as therapeutic procedures from other approaches that may be complementary to the above approach

- Transmit the importance of multidisciplinary intervention as the key to the effectiveness of treatment in the case of addictions

Specific Objectives

Module 1. Current Classification of Addictions and their Basic Concepts

- Provide information about the current state of the drugs market, well as the plans to fight against drugs and addictions
- Adequately gauge the phenomenon of addictions and show the impact of addictions on the population
- Know the role of the psychologist in the treatment of addictions

Module 2. Assessment, Prevention and Psychological Treatment in Addictions

- Describe the cognitive, affective and relational processes affected in cases of addictions
- Apply the assessment of the physical environment and general health status as a method of addiction prevention
- Know the main laboratory tests applicable to the prevention and psychological treatment of this type of patients
- Understand the role of personality and its disorders in addictions

Take the opportunity and take the step to get up to date on the latest developments in Current Classification and Taxonomy of Addictions"

03
Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this program.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.

Learn from leading professionals, the latest advances in Current Classification and Taxonomy of Addictions"

Management

Mr. Gandarias Blanco, Gorka

- Psychologist specialized in psychotherapy recognized by the EFPA (European Federation of Psychologists' Associations)
- 10 years of experience in residential facilities, intervening with adolescents with behavioral problems and disorders and consumption and addiction problems
- Guidance counselor in a secondary school with a high number of students with learning difficulties
- Master's Degree in Time-Limited and Health Psychotherapy
- International Master's Degree in Clinical and Health Psychology and Diploma in Therapy Management

Coordinator

Dr. Aguado Romo, Roberto

- President of the European Institute of Time-Limited Psychotherapy
- Psychologist specializing in Clinical Psychology
- European specialist in Psychotherapy from the EFPA
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid
- Director of the scientific journal "Psinapsis"
- Master's Degree in Clinical and Health Psychology by the Spanish Society of Psychosomatic Medicine and Health Psychology
- Tutor of the Basic Psychology course at the UNED

Professors

Mr. Fernández, Ángel

- Director of the Evaluation and Psychotherapy Center of Madrid
- Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Health Psychologist
- European specialist psychologist in Psychotherapy from the EFPA
- Master's Degree in Clinical and Health Psychology
- Author of the T.E.N. technique
- Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Clinical Hypnosis and Relaxation

Dr. Martínez-Lorca, Manuela

- Health Psychologist
- Lecturer in the Department of Psychology at the UCLM
- Doctorate in Psychology from the University of Castilla-La Mancha
- Specialist in Clinical Hypnosis and Relaxation
- Master in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies

Ms. Roldan, Lucía

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention

Ms. González Agüero, Mónica

- Psychologist in charge of the Department of Child and Adolescent Psychology at Hospital Quirón Salud Marbella and Avatar Psicólogos
- Collaborator in different Red Cross programs
- Lecturer in the Master´s Degree in Time-Limited Psychotherapy and Health Psychology at the European Institute of Psychotherapies
- Trainer of Avatar Psicólogos in different programs of emotional management for educational centers and companies. Trainer at Human Resources Consulting Services (HRCS)
- University Specialist in Clinical Hypnosis with Selective Dissociation Focusing by the University of Almeria
- Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapy

04

Structure and Content

The structure of the contents has been designed by a team of professionals knowledgeable about the implications of the program in daily psychological practice, aware of the current relevance of specialization in order to be able to treat the patient with mental pathology and committed to quality teaching through new educational technologies.

This qualification in Current Classification and Taxonomy of Addictions contains the most complete and up-to-date program on the market"

Module 1. Current Classification of Addictions and their Basic Concepts

1.1.   Situation of Drugs on a National and International Level
1.2.   Epidemiology of Addictions
1.3.   Neurobiology of Addiction
1.4.   Psychosocial Factors Related to Addictions
1.5.   Legislation and Legal Aspects
1.6.   The Role of the Psychologist in the Treatment of Addictions
1.7.   Classification of Substances Which Lead to Addiction
1.8.   Basic Concepts in Addictions: Use, Abuse, Dependence, Tolerance, Abstinence, Craving, Polyconsumption
1.9.   Classification of Disorders Related to Substance Abuse and Addictive Disorders
1.10.   Classification of Non-Substance-Related Addictive Disorders
1.11.   Comorbidity and Dual Pathology

Module 2. Assessment, Prevention and Psychological Treatment in Addictions

2.1.   Evaluation of the Physical Field and General State of Health
2.2.   Evaluation Through Laboratory Tests
2.3.   Evaluation of Neuropsychological Aspects
2.4.   Evaluation of Personality and Its Disorders
2.5.   Evaluation of Mental State and Its Disorders
2.6.   Evaluation of the Severity of Addiction to Substances
2.7.   Evaluation of the Severity of Addiction Not Related to Substances
2.8.   Evaluation of Psychosocial Aspects
2.9.   Prevention of Addictions
2.10.   Principles to Follow in the Treatment of Addictions
2.11.   Therapeutic Objectives in the Treatment of Addictions and Motivation Towards Change
2.12.   Transtheoretical Model
2.13.   Cognitive Behavioural Treatment: Commonly Used Techniques
2.14.   Treatment Oriented Towards the Family
2.15.   Group Therapy
2.16.   Other Focuses of Treatment
2.17.   Care Resources and Devices and Addiction Treatment

A unique, key and decisive program to boost your professional development"

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

> *Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

3%

7%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

Certificate

The Postgraduate Diploma in Current Classification and Taxonomy of Addictions guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.

" *Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*
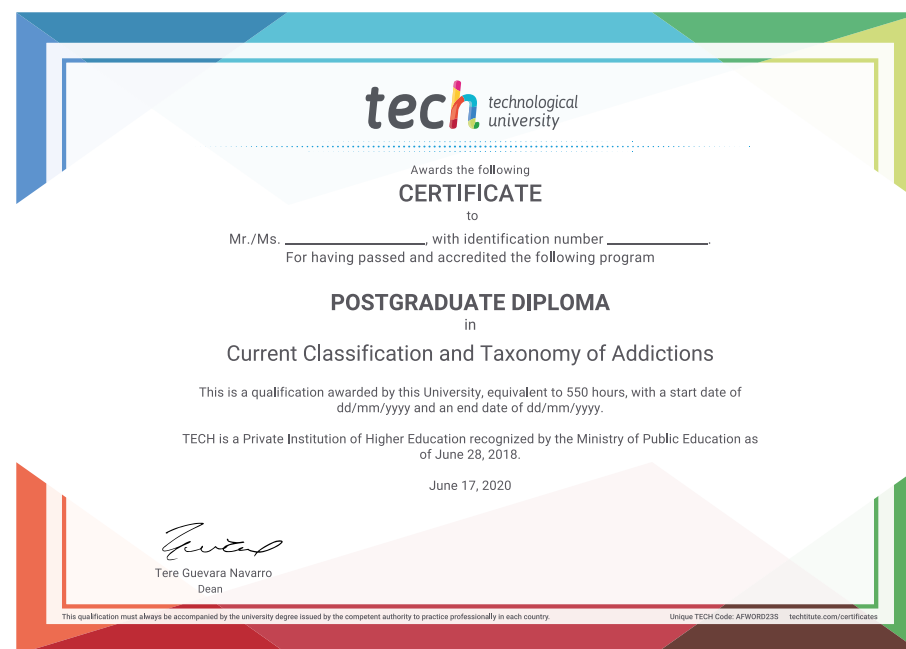
This **Postgraduate Diploma in Current Classification and Taxonomy of Addictions** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma**, issued by **TECH Technological University** via tracked delivery.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the **Postgraduate Diploma,** and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in Current Classification and Taxonomy of Addictions**

Official Nº of Hours: **550 h.**

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Awards the following

CERTIFICATE

to

Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE DIPLOMA

in

Current Classification and Taxonomy of Addictions

This is a qualification awarded by this University, equivalent to 550 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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