

Postgraduate Diploma Clinical Sexology





Postgraduate Diploma Clinical Sexology

- » Modality: online
- » Duration: 3 months
- » Certificate: TECH Global University
- » Accreditation: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-diploma/postgraduate-diploma-clinical-sexology

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01

Introduction

Today's society is much more likely to go to a psychologist to solve the different problems that affect their mental health. At the same time, sexuality has ceased to have the traditional taboos and has become a recurring motive in consultation. A conjunction that requires professionals specialized in addressing the main difficulties in maintaining sexual relations. With this in mind, this 100% online program was created to provide the psychologist with the most relevant information to carry out this therapeutic work in sexological consultations. All, in addition, with a high quality multimedia content that will introduce the graduate, over the course of 6 months, in the strategies for sexological counseling, lack of desire, attachment and the indications and contraindications of couple therapy.





“

With this 100% online Postgraduate Diploma you will be able to develop a successful sexological counseling facing the main erotic difficulties”

Psychology professionals have seen how in recent years the number of patients who come to their offices for various disorders has increased. However, a significant number of them turn to specialists in order to find a solution to the problems affecting their relationship, the management of emotions such as jealousy or overcoming a breakup.

However, erectile dysfunction, the absence of orgasm or the experience of pain in sexual relations interfere both in the couple's relationship and in the mental health of the person. Therefore, beyond infidelities or sentimental conflicts, psychologists looking to update their knowledge on Clinical Sexology will be able to do so through this 100% online university qualification, which provides, under the most recent academic evidence, information of great utility and direct application in consultation.

A program with a theoretical-practical perspective that will lead students to delve into the general phases of intervention in a sexological consultation, the ethical and legal aspects to perform counseling and the development of the main skills of the therapist. In addition, thanks to multimedia resources, students will acquire a much more dynamic update on the main medical conditions that influence the difficulties in maintaining sexual relations or the emotional problems surrounding relationships.

An academic journey that will lead students to consolidate in a much more effective way the key concepts thanks to the Relearning methodology, used by this academic institution in all its programs.

A program that provides psychologists with a unique opportunity to obtain a specialization and orient their career towards Clinical Sexology. All this, in addition, with a quality academic option that can be accessed comfortably from an electronic device with Internet connection and at any time of the day.

This **Postgraduate Diploma in Clinical Sexology** contains the most complete and up-to-date program on the market. The most important features include

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



A unique program in the academic panorama that gives you the opportunity to be aware of the most current strategies in couple's therapies"

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Absence of sexual desire, difficulty in reaching orgasm, ejaculatory control, etc.; with this program no sexual problem will be left out of your knowledge updating process”

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

Thanks to the Relearning methodology, you will be able to acquire a solid learning of the key concepts and reduce the hours of memorization.

This university qualification will allow you to delve into the ethical and deontological aspects in the practice of Sexology.



02

Objectives

The objective of this Postgraduate Diploma is to provide the Psychology professional with the most up-to-date syllabus on the conduct of sexological consultation, both on-site and online, as well as the approach to the main sexual difficulties. For this purpose, TECH has designed innovative pedagogical tools that allow a better assimilation of concepts and integrate the most effective techniques and methodologies in daily practice. In order to achieve these goals, students will also have specialized teachers who will guide them to resolve any doubts they may have about the content of the program.



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Expand your therapeutic skills and competencies to address the main sexual problems within your psychological practice”



General Objectives

- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and the factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Gain in-depth knowledge of deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with the profession and that would undermine the therapeutic work
- ♦ Carry out research programs in sexuality





Specific Objectives

Module 1. Sexologist Consultation

- ♦ Develop the therapist's skills necessary to address issues of sexuality and couples
- ♦ Gain an in-depth knowledge of the legal and ethical aspects of the sexology professional

Module 2. Erotic Difficulties

- ♦ Understand the human sexual response through the different explanatory models
- ♦ Learn how to deal with the different erotic difficulties that may occur
- ♦ Know how to discriminate when there are other causes behind them
- ♦ Understand the importance of interdisciplinary work

Module 3. Couples Therapy

- ♦ Gain an in-depth knowledge of how couple bonds are formed
- ♦ Understand the functioning of attachment
- ♦ Learn how to deal with the most common couple difficulties
- ♦ Know how to approach transversal aspects to work on in couple relationships



This university qualification will enable you to investigate the main medical conditions related to erotic difficulties and their etiology”

03

Course Management

TECH has brought together in this university qualification a management and teaching staff with extensive experience in Sexology, couple therapy or resolution of sexual difficulties related to lack of desire or medical conditions. In this way, the professional will get a comprehensive update on Clinical Sexology from experts who also include in the syllabus simulations of case studies that further facilitate the integration and approach in patients with obstacles to maintain adequate sexual or affective relationships.



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You have an excellent teaching staff specialized in Sexology and in the psychological approach to the most frequent sexual difficulties”

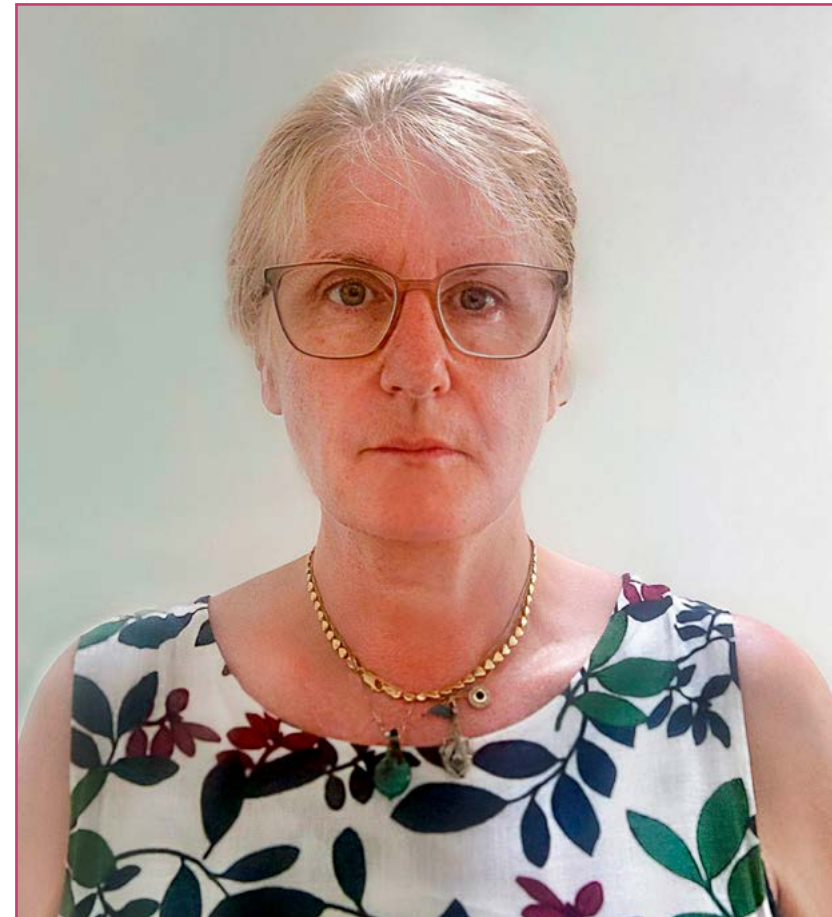
International Guest Director

Dr. Paola Zamperini has a long career as a researcher and educator in the area of **Gender and Sexuality**. Furthermore, in her PhD she specialized in **Chinese Literature and Women's and Gender Studies** at the University of California at Berkeley. With this interdisciplinary approach, she maintains a keen interest in creating learning environments marked by **feminist and Queer theory**, while delving into Chinese and East Asian cultural traditions.

After joining the Department of Asian Languages and Cultures at Northwestern University, she has served as **Associate Director of the Gender and Sexuality Program** at this educational center. As a professor, she has taught introductory courses on **sexuality studies, sexual subjects and traditions of feminist thought**. In the field of Asian cultures, she has focused on pre-modern Chinese literature, fashion theory and history, Buddhist literary cultures in East Asia, contemporary Chinese fiction, film and popular culture.

With her commitment to demonstrating the relevance of China studies to society and politics, Dr. Paola Zamperini has worked in Europe, developing intellectual and research connections with leading sinological centers. In this regard, she has collaborated as a mentor for undergraduate and graduate students at the **Center for Asian and Transcultural Studies**, which is considered the leading Asian studies center in Europe at the University of Heidelberg in Germany.

Also throughout her career she has written and published numerous books and articles on **representations of prostitution, female suicide, fashion theory and history, and spiritual resonance**. She has also related many of these topics to Chinese literature and culture.



Dr. Zamperini, Paola

- ♦ Associate Director of the Gender and Sexuality Program at Northwestern University, United States
- ♦ Director of the Department of Asian Languages and Culture, Northwestern University
- ♦ Associate Professor of Asian Languages and Civilizations at Amherst College
- ♦ Researcher and Mentor at the Center for Asian and Transcultural Studies at the University of Heidelberg, Germany
- ♦ Ph.D. in Chinese Literature and Women's and Gender Studies from the University of California at Berkeley
- ♦ Graduate in Chinese Language and Literature from Ca' Foscari University, Venice

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Thanks to TECH, you will be able to learn with the best professionals in the world”

Management



Ms. Ramos Escamilla, María

- ♦ Psychologist, Sexologist, Couples Therapist and Director of Destino Kink
- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling by Camilo José Cela University

Professors

Ms. Figueredo García, Marien

- ♦ Sexologist and Individual and Couple Sex Coach
- ♦ CEO at SEXNATUR Parapharmacy
- ♦ Expert in Techniques and Resources applied to the reduction of emotional discomfort in the sexual response

Ms. Rodríguez Sastre, Laura

- ♦ Psychologist, Sexologist and Specialist in Sex and Couple Therapy
- ♦ General Health and Emergency, Crisis and Catastrophe Psychologist
- ♦ Psychologist in Psychology and Sexology Office



04

Structure and Content

Students of this program will have access to the most advanced syllabus in Clinical Sexology through a multitude of teaching resources such as video summaries of each topic, detailed videos, diagrams and case studies. All this will allow the graduate to make an effective immersion on the main affective-sexual problems and the strategies that every therapist must develop in sexological consultations. Quality content that can be accessed 24 hours a day, from any cell phone, Tablet or computer with Internet connection.



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A syllabus that will provide you with the main techniques and resources to approach couple and sex therapies with a good prognosis”

Module 1. Sexologist Consultation

- 1.1. Basic Assumptions
 - 1.1.1. Objectives of Sex Therapy
 - 1.1.2. Therapeutic Framework
 - 1.1.3. General Intervention Phases
- 1.2. Deontological Aspects
 - 1.2.1. Basic Principles
 - 1.2.2. Deontology in Sexology
 - 1.2.3. Deontology of Each Profession
- 1.3. Sexological Counseling
 - 1.3.1. Special Characteristics
 - 1.3.2. Frequently Asked Questions
- 1.4. Therapist Skills
 - 1.4.1. Skills
 - 1.4.2. Active Listening
 - 1.4.3. Self-Knowledge
 - 1.4.4. Good Practices
- 1.5. Therapist Self-Care
 - 1.5.1. Burn Out Risk
 - 1.5.2. Importance of the Therapist's Psychological Adjustment
 - 1.5.3. Taking Care of the Energy
- 1.6. Therapeutic Alliance
 - 1.6.1. Importance
 - 1.6.2. Characteristics of the Therapeutic Relationship.
 - 1.6.3. Different Approaches to the Therapeutic Alliance
- 1.7. Specific Characteristics of Couples Therapy and Sex Therapy
 - 1.7.1. Vivential Environment
 - 1.7.2. Habitual Resistance to Therapy
- 1.8. Characteristics for a Good Prognosis
 - 1.8.1. Safety Within the Therapeutic System
 - 1.8.2. Engagement in the Therapeutic Process
 - 1.8.3. Emotional Connection with the Therapist



- 1.9. Issues to be Addressed
 - 1.9.1. Perception of the Own Body
 - 1.9.2. Self-concept
 - 1.9.3. Self-esteem
- 1.10. Online Consultation
 - 1.10.1. Advantages and Disadvantages
 - 1.10.2. Demonstrated Efficacy
 - 1.10.3. Optimal Conditions for Online Consultation

Module 2. Erotic Difficulties

- 2.1. Human Sexual Response
 - 2.1.1. Explanatory Models
 - 2.1.2. Desire
 - 2.1.3. Arousal
 - 2.1.4. Orgasm
 - 2.1.5. Resolution
- 2.2. Desire Difficulties
 - 2.2.1. Definition
 - 2.2.2. Etiology
 - 2.2.3. Intervention Proposal
- 2.3. Arousal Difficulty
 - 2.3.1. Definition
 - 2.3.2. Etiology
 - 2.3.3. Intervention Proposal
- 2.4. Difficulty in Maintaining Erection
 - 2.4.1. Definition
 - 2.4.2. Etiology
 - 2.4.3. Intervention Proposal
- 2.5. Difficulty in Ejaculatory Control
 - 2.5.1. Definition
 - 2.5.2. Etiology
 - 2.5.3. Intervention Proposal

- 2.6. Difficulty Reaching Orgasm
 - 2.6.1. Definition
 - 2.6.2. Etiology
 - 2.6.3. Intervention Proposal
- 2.7. Difficulties Related to Pain
 - 2.7.1. Definition
 - 2.7.2. Etiology
 - 2.7.3. Intervention Proposal
- 2.8. Inability to Penetrate
 - 2.8.1. Definition
 - 2.8.2. Etiology
 - 2.8.3. Intervention Proposal
- 2.9. Difficulties Related to Some Medical Conditions
 - 2.9.1. Endometriosis and Adenomyosis
 - 2.9.2. Fibromyalgia
 - 2.9.3. Diabetes
 - 2.9.4. Cancer Treatments
 - 2.9.5. Hemorrhoids
 - 2.9.6. Skin Disorders
 - 2.9.7. Surgeries
- 2.10. Interdisciplinary Intervention in Sexology
 - 2.10.1. Multidisciplinary Work vs. Interdisciplinary
 - 2.10.2. Importance of Interdisciplinary Work
 - 2.10.3. Related Professionals

Module 3. Couples Therapy

- 3.1. Development of Couple Relationships
 - 3.1.1. Defining Elements
 - 3.1.2. Structure of the Couple
- 3.2. Evolution of Couples Relationships
 - 3.2.1. Search and Attraction
 - 3.2.2. Falling in Love
 - 3.2.3. Love
 - 3.2.4. Relationship Milestones



- 3.3. Attachment and Couples Relationships
 - 3.3.1. Attachment System Formation
 - 3.3.2. Secure Attachment
 - 3.3.3. Anxious Attachment
 - 3.3.4. Avoidant Attachment
- 3.4. Couples Therapy
 - 3.4.1. Features
 - 3.4.2. Indications and Contraindications for Couples Therapy
 - 3.4.3. Basic Principles
 - 3.4.4. Aspects to be Considered
- 3.5. Structure of Couples Therapy
 - 3.5.1. Different Approaches
 - 3.5.2. Initial Interviews
 - 3.5.3. Establishment of Hypotheses and Return
 - 3.5.4. Intervention
 - 3.5.5. Follow-up and Contract Creation
- 3.6. Some Tools in Couples Therapy
 - 3.6.1. Myths of Romantic Love
 - 3.6.2. Positive Exchanges
 - 3.6.3. Leisure Time Management
- 3.7. Conflict Management in Couples
 - 3.7.1. Introduction to Conflict Theory
 - 3.7.2. Factors that Influence Couple Conflict
 - 3.7.3. Defence Mechanisms
 - 3.7.4. Identification of Couples' Problems
 - 3.7.5. Negotiation Strategies
- 3.8. Infidelity
 - 3.8.1. Definition
 - 3.8.2. Etiology and Epidemiology
 - 3.8.3. Myths and Realities in Infidelity
 - 3.8.4. Specific Aspects to Assess and Work on
 - 3.8.5. Ethical and Deontological Implications
- 3.9. Jealousy Management
 - 3.9.1. Definition
 - 3.9.2. Differences Between Jealousy as an Emotion and Celotipia
 - 3.9.3. Specific Aspects to Assess and Work on
- 3.10. Couple's Breakup
 - 3.10.1. Accompanying the Breakup Process
 - 3.10.2. Reactions to the Breakup
 - 3.10.3. Love Mourning
 - 3.10.4. Traumatic Breakup
 - 3.10.5. Legal Proceedings



Integrate into your sessions the most effective therapeutic strategies for dealing with breakups and the grieving process”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



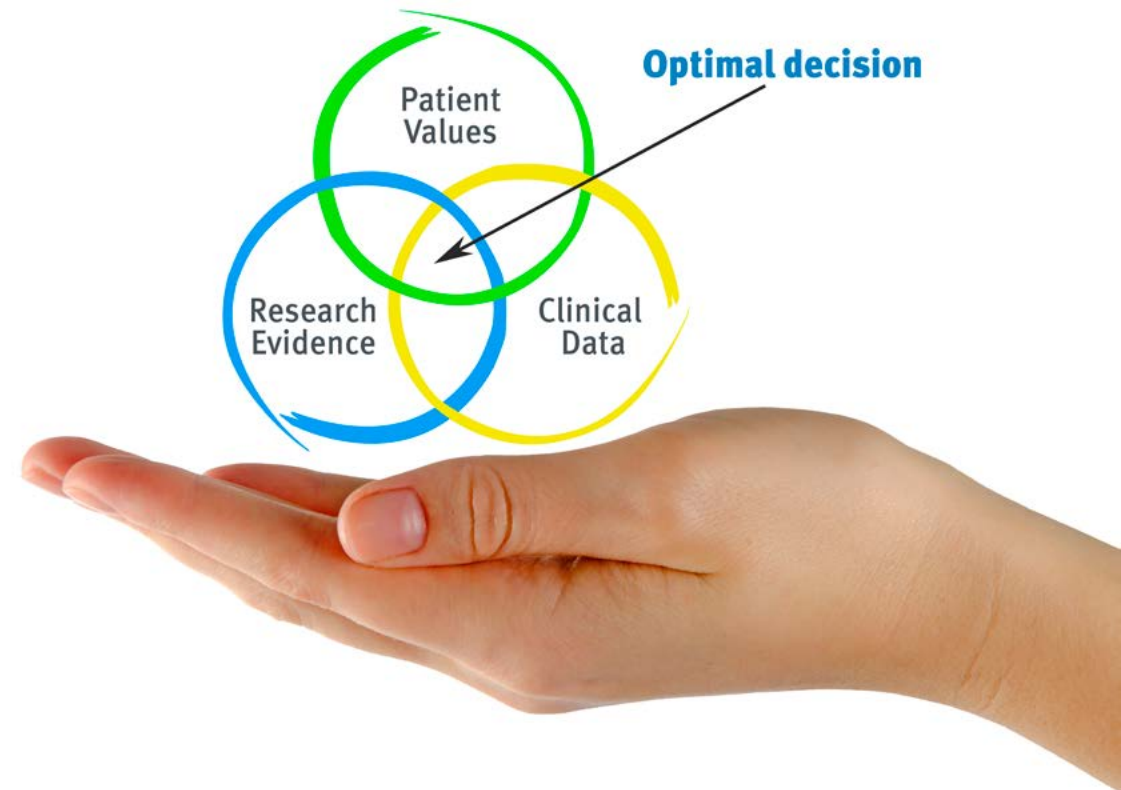
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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

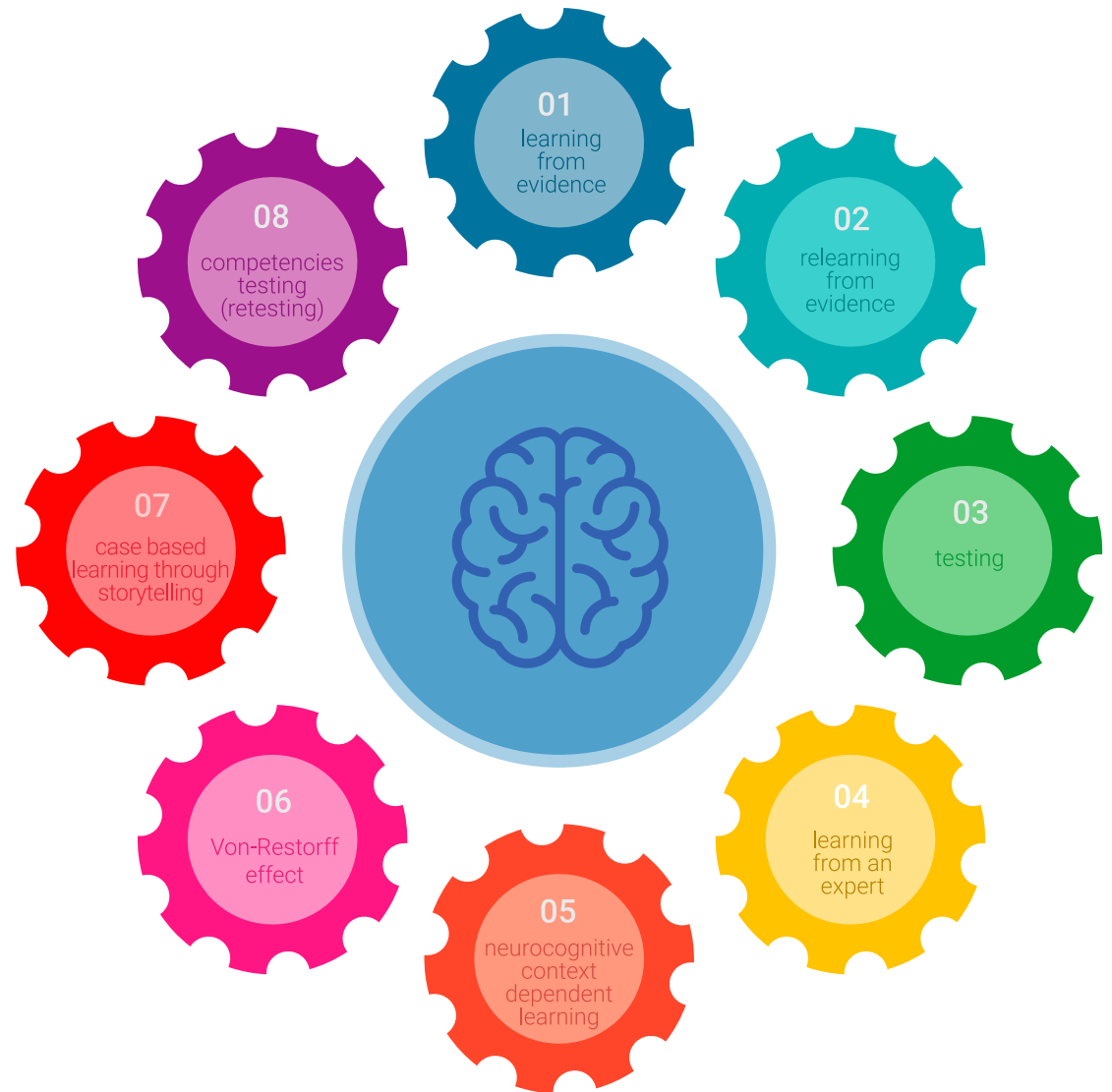


Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

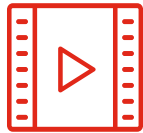
Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

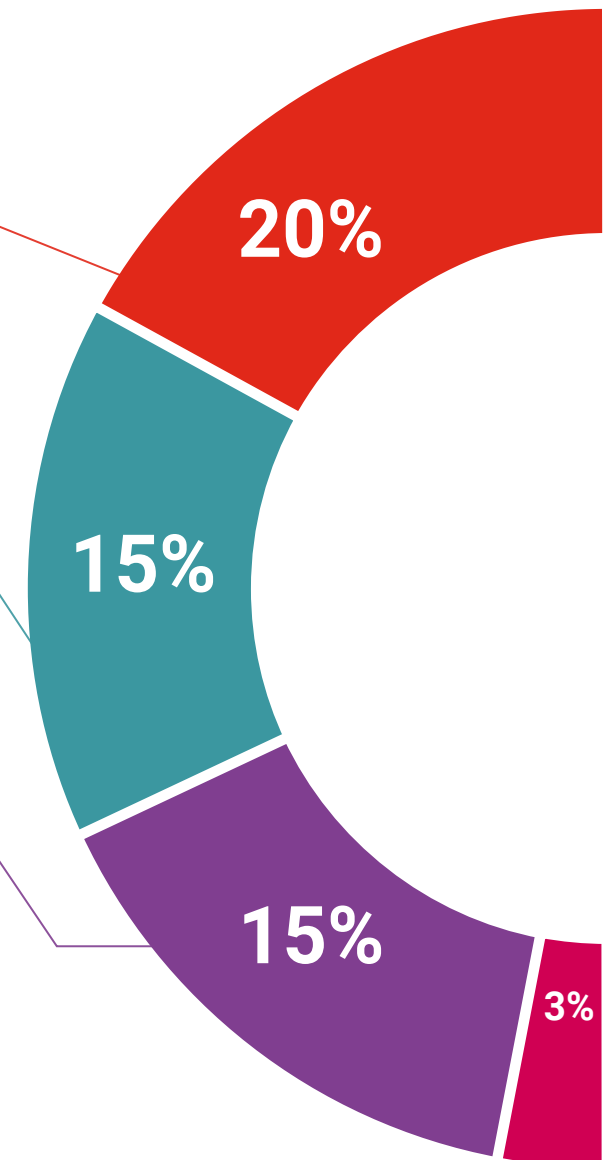
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

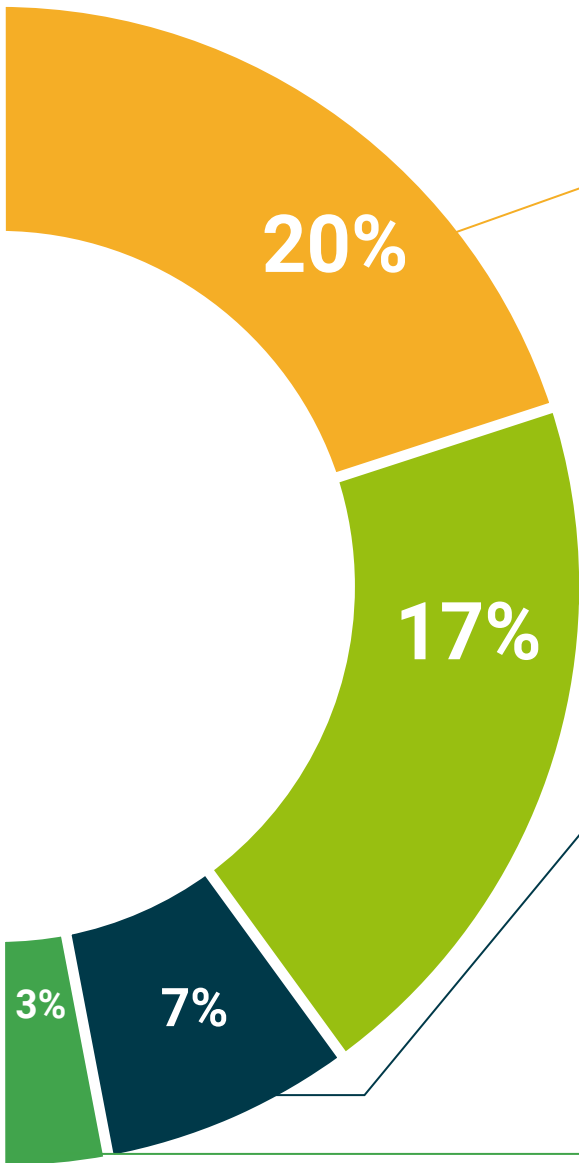
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Diploma in Clinical Sexology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



The image features two black graduation caps (mortarboards) against a bright blue sky with light, wispy clouds. One cap is in the foreground on the left, held by a hand, showing its tassel. The other cap is slightly behind and to the right. The background is split diagonally by a white and pink geometric shape.

“

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This private qualification will allow you to obtain a **Postgraduate Diploma in Clinical Sexology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Professional Master's Degree in Clinical Sexology**

Modality: **online**

Duration: **3 months**

Accreditation: **18 ECTS**



future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development language
virtual classroom



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Postgraduate Diploma Clinical Sexology

