Postgraduate Diploma

Personality Disorders and Other Psychological Problems in Childhood and Adolescence

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Postgraduate Diploma

Personality Disorders and Other Psychological Problems in Childhood and Adolescence

- Modality: **online**
- Duration: **6 months**
- Certificate: **TECH Global University**
- Credits: **18 ECTS**
- Schedule: **at your own pace**
- Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-diploma/diploma-personality-disorders-other-psychological-problems-childhood-adolescence**

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01

Introduction

Personality disorders usually aren't detected until adult life and for that reason a lot of children are labeled as "difficult" or "badly behaved". That's why assessment plays an important role in establishing a pattern of thought and behavior that allows the professional to make a diagnosis and create an appropriate treatment plan for each case. With this in mind, we have created this course which will help students to gain knowledge in the basic concepts in this area and understand the clinical framework behind a personality disorder. Thus, the psychologist will be able to specialize in the topic and carry out their professional work in a private way.

As a clinical psychologist, you should know the factors that surround a personality disorder in children and help them to address it in a safe way"

A lot of the time, during children, a personality disorder can develop from various different situations. This escalates to later stages of development and affects children's social and emotional interactions. Taking measures to help detect these factors is the work of clinical psychologists, who search for ways to guarantee the correct development of their child and adolescent patients.

For all these reasons, this program will go deep into the subject and will bring the student closer to the methodologies used in the diagnosis of a personality disorder. It starts by analyzing and identifying different pathologies, establishing a clinical framework. This will lay the foundations for understanding the different methods of intervention in clinical psychology, which help to modify behavior towards a more acceptable behavior for the chronological age of the infant.

In many cases it is necessary to use another type of approach and for these situations there are certain practices such as the biofeedback technique, in which precision instruments are used to modify a physiological activity in order to improve health. Children can also be asked to play games, draw pictures or tell stories to allow them to express the symptom and find the problem of their behavior. All of the above can be applied to situations related to grief, maltreatment, abuse and other situations which require a careful approach.

Thanks to all the content of this Postgraduate Diploma, the student will have access to a comprehensive and advanced training. As a result, they will be first class professionals, capable of working in a primary care practice or an educational center.

This **Postgraduate Diploma in Personality Disorders and Other Psychological Problems in Childhood and Adolescence** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- Practical cases presented by experts in Psychology
- The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- The latest information on personality disorders and other psychological problems
- Practical exercises on how to approach personality disorders in children and adolescents
- Special emphasis on innovative methodologies in how to detect possible personality disorders
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

To grow in your professional field, you must continue learning. Specialize in Personality Disorders in Children with this program"

According to the DSM-5 manual, personality disorders in children should be detected with valid and reliable methods"

This Postgraduate Diploma will help you to learn the different diagnostic methods and tools in children.

The use of play could be your best tool for detecting a possible personality disorder in a child patient.

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

02

Objectives

The design of this program has been based on encouraging the skills of the students, deepening their knowledge in the fundamental aspects in order to establish the diagnosis and treatment of a personality disorder in childhood. Therefore, the course offers top level content, bringing together theoretical aspects and practical tools which favor the professional practice of a clinical psychologist.

Improve your knowledge with this program and use play as a tool in the early diagnosis of a psychological problem in children"

General Objectives

- Describe the therapeutic alliance between the psychotherapist and the child or the adolescent
- Analyze the changes in behavior during the life cycle
- Identify healthy aspects and ill aspects of the child and adolescent
- Differentiate between the evolutionary adaptation and adaptability of human beings
- Describe the family system framework in single-therapist, single-patient psychotherapy
- Master psychodiagnosis and evaluation in the child and adolescent framework
- Master the technique for interviewing a child or adolescent
- Master the personality evaluation of these age groups
- Identify the role of the family in child and adolescent diagnosis
- Describe the intervention of clinical psychology in these age groups
- Develop sufficient skills to manage a child and adolescent clinic

You will master the different diagnostic methods and create an action plan to help children take control in stressful situations"

Specific Objectives

Module 1. Personality Disorders in Childhood and Adolescence

- Introduce the student to the concepts used for the diagnosis of a personality disorder
- Understand the clinical framework of personality disorders in the child and adolescent population
- Understand, identify and analyze different personality disorders, such as antisocial, narcissist and evasive personality among others

Module 2. Clinical Psychology Intervention in Childhood and Adolescence Disorders

- Introduce the student to behavior modification techniques such as reasoning or "The Broken Record" technique
- Effectively carry out strategic and constructive therapy
- Identify the phases of encounter, unframing and restructuring

Module 3. Intervention Tools

- Establish different intervention tools in order to treat children and adolescents
- Know the main theories of play, metaphors and stories as intervention techniques
- Apply certain intervention tools taking into account the social and emotional situation of the child and adolescent

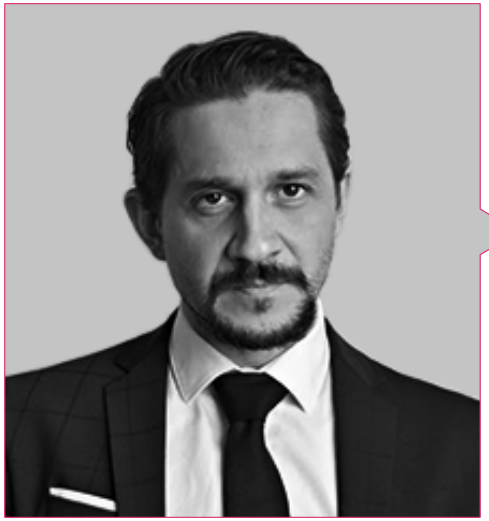
03

Course Management

The teaching staff of this program have an extensive career in clinical psychology, specifically in the evaluation of personality disorders and mental health problems in children and adolescents. Therefore, you have access to first-hand information in order to understand the methods and techniques used in therapy, such as hypnosis.

Learn to implement hypnosis as a intervention technique in child patients with an excellent group of specialists"

Management



Dr. Fernández Sánchez, Angel

- European specialist psychologist in Psychotherapy from the EFPA
- Health Psychologist
- Master's Degree in Clinical and Health Psychology
- Director of the Evaluation and Psychotherapy Center of Madrid
- Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Author of the T.E.N. technique
- Head of studies on the Professional Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Clinical Hypnosis and Relaxation
- Specialist in Child and Adolescent Intervention

Coordinator

Dr. Aguado Romo, Roberto

- Psychologist specialized in clinical psychology
- European specialist psychologist in psychotherapy
- Managing Director of evaluation and psychotherapy centers in Madrid, Bilbao, and Talavera de la Reina
- Author of Time-Limited Psychotherapy
- Researcher at CerNet, Emotional Network, and European Institute for Time-Limited Psychotherapies

Professors

Dr. Arriero, Esther

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina
- Health Psychologist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Adult Therapy. Specialist in interventions with chronic patients

Dr. Cuesta, José María

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina
- Expert in psychological intervention of chronic illnesses
- Psychologist of the Alzheimer's Association
- Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Gandarias, Gorka

- Health Psychologist
- European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in intervention in bizarre behavior and drug addiction

Dr. Gascón, Laura

- European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina
- Specialist in Forensic and Legal Psychology
- Court Psychologist. Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Adult Psychotherapy

Dr. González, Mónica

- Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy

04

Structure and Content

The Postgraduate Diploma in Personality Disorders and Other Psychological Problems in Childhood and Adolescence is a comprehensive and up-to-date program which explores the different personality disorders and their clinical approach according to the psychology theory framework. Furthermore, you will have the support of teaching staff who understand the importance of continued training in a field with great scientific advances.

Children and adolescents require early intervention in order to help them face emotional situations that cause them to self-harm"

Module 1. Personality Disorders in Childhood and Adolescence

1.1. Introduction
1.2. Approach to the Concept of Personality Disorders in the Child and Adolescent Population
1.3. Clinical Framework of Personality Disorders in the Child and Adolescent Population
1.4. Clinical Aspects
1.5. Paranoia Spectrum Disorders
  1.5.1. Untrusting Individuals
  1.5.2. Worried Individuals
1.6. Schizophrenic Spectrum Disorders
  1.6.1. Solitary Individuals
  1.6.2. Individuals Who Don't Feel Pleasure
1.7. Schizotypal Spectrum Disorders
  1.7.1. Socially Excluded Individuals
  1.7.2. Disconcerted Individuals
1.8. Antisocial Spectrum Disorders
  1.8.1. Violent Individual
  1.8.2. Aggressive Individuals
  1.8.3. Unscrupulous Individuals
1.9. Borderline Personality Disorders
  1.9.1. Self-harming Individuals
  1.9.2. Challenging Individuals
1.10. Histrionic Personality Disorders
  1.10.1. Theatrical Individuals
  1.10.2. Unstable Individuals
1.11. Narcissistic Spectrum Disorders
  1.11.1. Selfish Individuals
  1.11.2. Egocentric Individuals
1.12. Avoidant Personality Disorders
  1.12.1. Phobics
  1.12.2. Disabled Individuals
1.13. Dependant Personality Disorders
  1.13.1. Submissive Individuals
1.14. Obsessive-Compulsive Spectrum Disorders
  1.14.1. Ritualists
  1.14.2. Perfectionism
1.15. Time-Limited Psychotherapy Therapeutic Suggestions for Personality Disorders

Module 2. Intervention from the Psychology Clinic in Childhood and Adolescence Disorders

2.1. Behavior Modification Techniques
  2.1.1. Use of Praise
  2.1.2. Use of Ignoring Certain Behaviors
  2.1.3. The Broken Record Technique
2.2. Praise Appropriate Behavior
2.3. Token Economy
2.4. Functional Analysis
2.5. Systemic Therapy
  2.5.1. Managing Resistance
  2.5.2. Clarify and Recap
  2.5.3. Circular Questions
2.6. Family Sculpting
2.7. Narrating Metaphoric Stories
2.8. Prescriptions: Healing Processes
2.9. Original Prescriptions
2.10. Strategic Therapy and Constructivism
  2.10.1. "I don't have to do that."
  2.10.2. Worst-Case Scenarios
  2.10.3. Losing Opportunities
2.11. Restructuring
2.12. Use of Resistance

2.13. Paradox
2.14. Time-Limited Psychotherapy
2.15. Meeting and Marking Phase
2.16. Unframing and Displacement Phase
2.17. Restoration and Resolution Phase

Module 3. Intervention Tools

3.1. Play
3.2. Drawing
3.3. Metaphors and Stories
3.4. Psychodrama
3.5. IT Resources
3.6. Fantasy, Relaxation and Hypnosis
3.7. Biofeedback Techniques
3.8. Relationship Problems
3.8.1. With Parents
3.8.2. With Siblings
3.9. Education Far Away From Parents
3.10. Children Affected by Conflictive Parent Relationships
3.10.1. Conflictive Relationships with the Spouse or Partner
3.11. Family Breakdown Due to Separation or Divorce
3.11.1. Heightened Level of Emotion Expressed in the Family
3.12. Grief
3.13. Maltreatment
3.14. Abuse
3.15. Educational Problems
3.16. Work Problems
3.17. Home or Economic Problems
3.18. Problems from Living Alone
3.19. Exposure to Catastrophic Events

05

Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

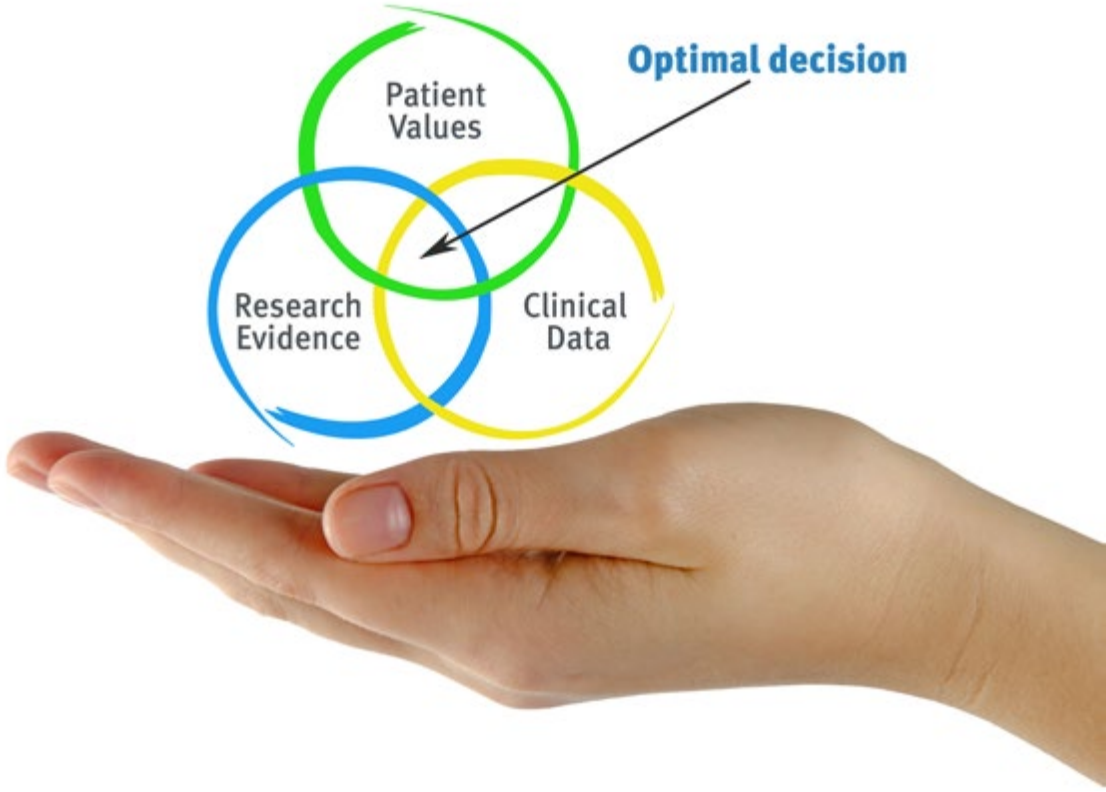
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.

Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program students will be presented with multiple clinical symptoms simulated cases based on real patients in which they will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

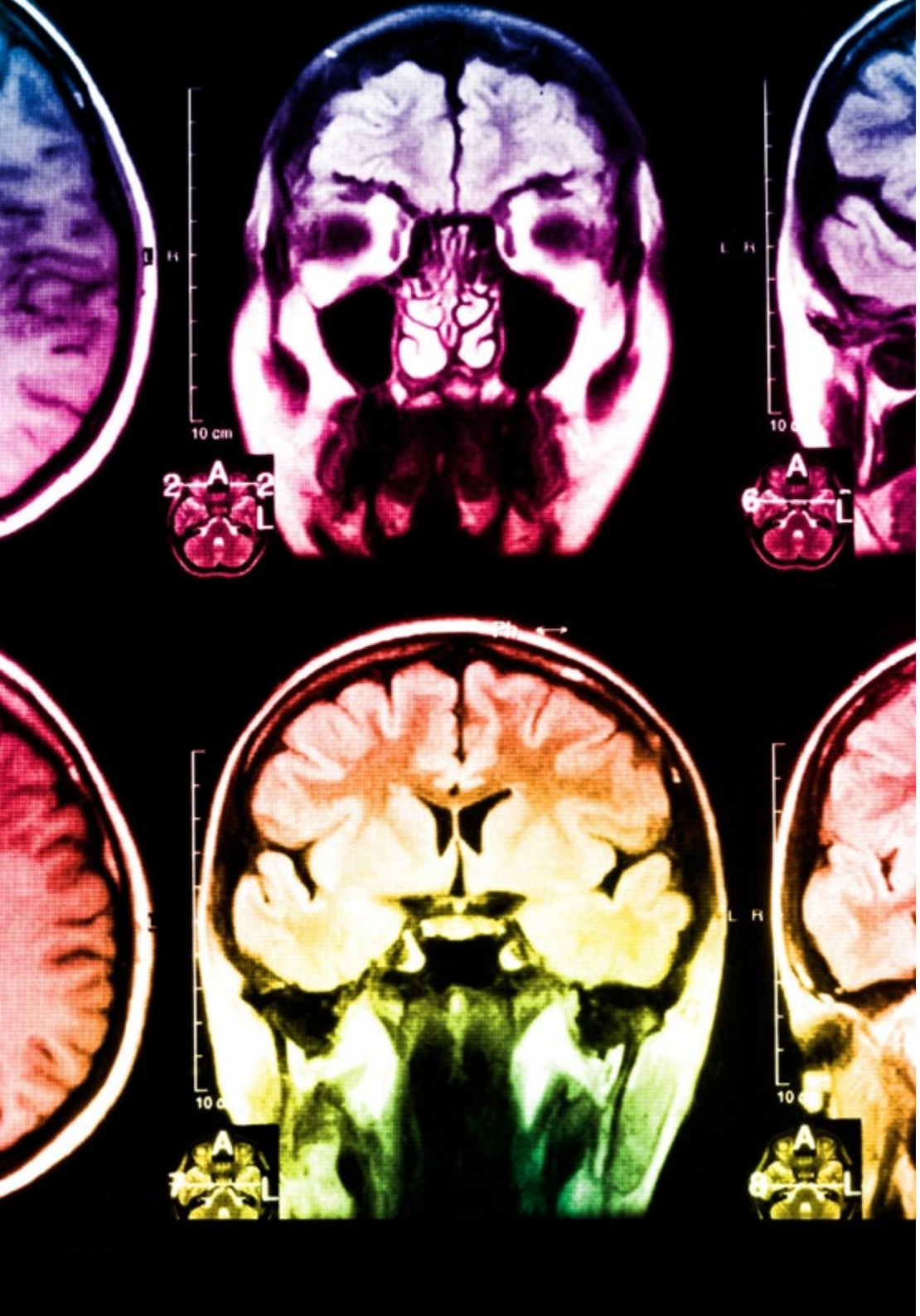
1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course

Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All the teaching materials are specifically created for the course, by specialists who teach on the course, so that the teaching content is highly specific and precise

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques and educational advances at the forefront of psychology. All this, first-hand, with the maximum rigor, explained in detail to contribute to the assimilation and understanding of the students. And best of all, you can watch them as many times as you want

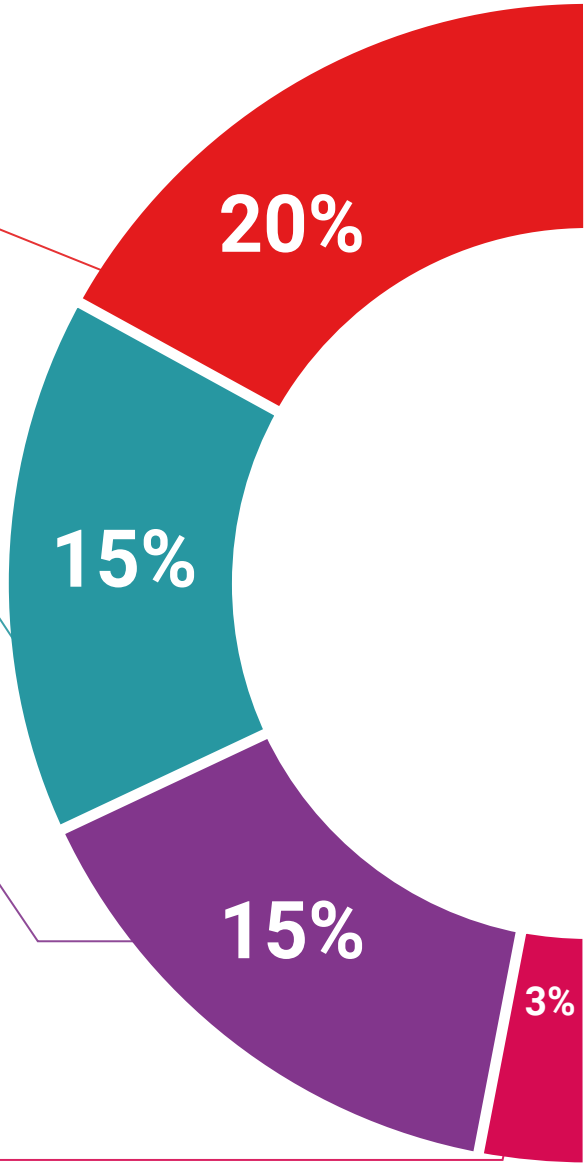
Interactive Summaries

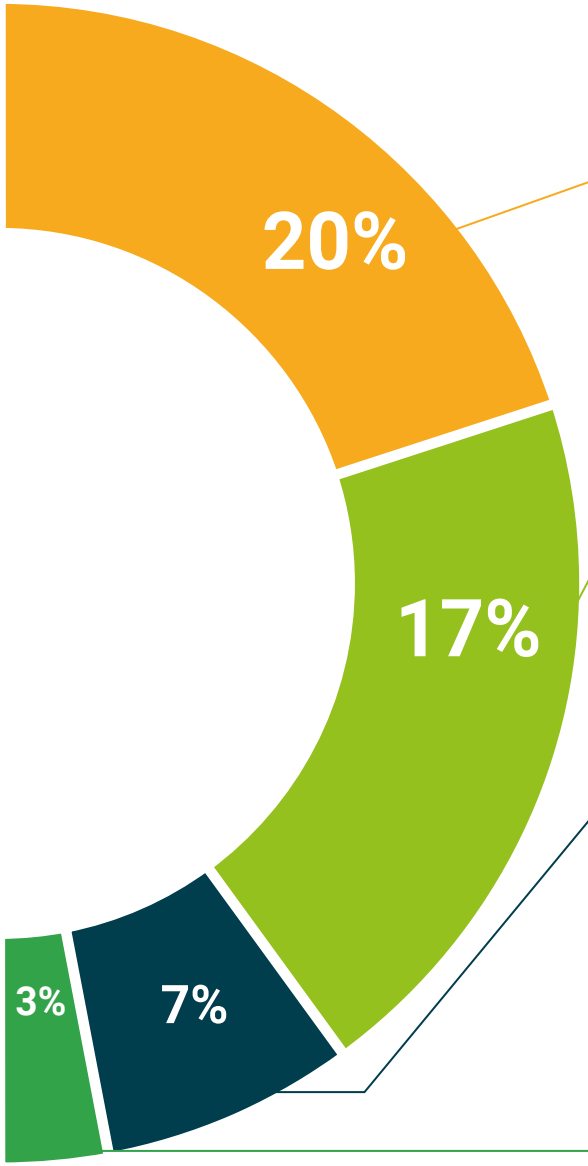
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story"

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding

Testing & Re-Testing

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals

Classes

There is scientific evidence suggesting that observing third-party experts can be useful

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning

06

Certificate

The Postgraduate Diploma in Personality Disorders and Other Psychological Problems in Childhood and Adolescence guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Diploma issued by TECH Global University.

Successfully complete this training program and receive your university certificate without travel or laborious paperwork"

This program will allow you to obtain your **Postgraduate Diploma in Personality Disorders and Other Psychological Problems in Childhood and Adolescence** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (***official bulletin***). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Diploma in Personality Disorders and Other Psychological Problems in Childhood and Adolescence**

Modality: **online**

Duration: **6 months**

Accreditation: **18 ECTS**

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Mr./Ms. _____, with identification document _____
has successfully passed and obtained the title of:

Postgraduate Diploma in Personality Disorders and Other Psychological Problems in Childhood and Adolescence

This is a program of 450 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Rector

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country. Unique TECH Code: AFWORD23S techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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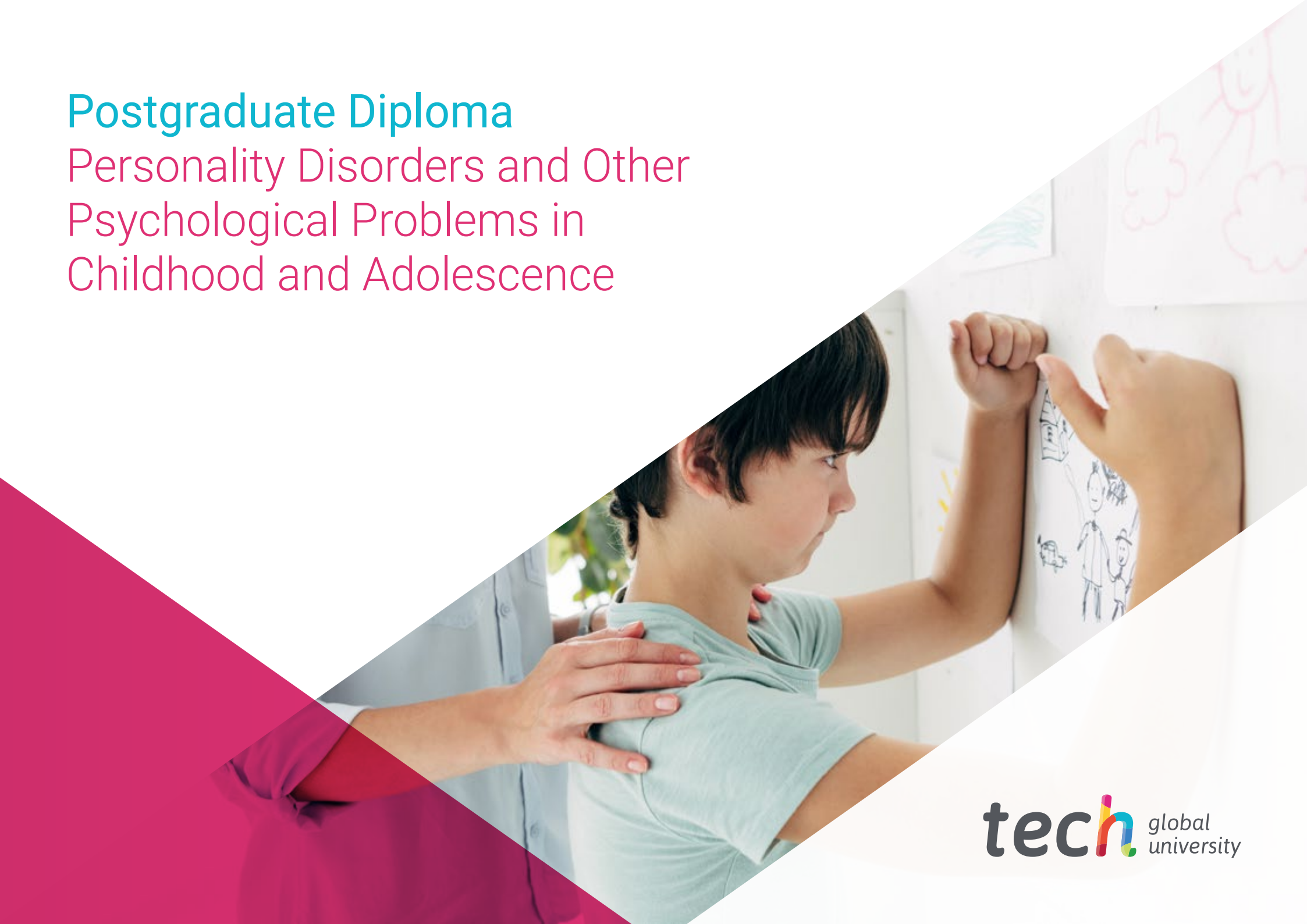

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