Postgraduate Certificate
Study of Personality in the Elderly

tech global university

Postgraduate Certificate
Study of Personality in the Elderly

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Credits: **6 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-certificate/study-personality-elderly**

Index

01

Introduction

There is no other course on the market that has really designed its own strategies for the elderly brain. The majority try to alleviate the sequelae of the illnesses or simply support the elderly, trying to reduce their suffering. In this Postgraduate Certificate, we have designed a whole intervention, guided by the knowledge of brain functioning from the age of 65 onwards, which aims not so much to provide palliative treatment, but to try to help the elderly person overcome their suffering and become satisfied with their life.

" *Improve your knowledge through this program, where you will find the best didactic material with real clinical cases. Learn here about the latest advances in the specialty to be able to perform a quality psychological praxis"*

Knowing the history of the individual is fundamental whatever the age group we are working with, but in old age it is essential, not only as a source of knowledge to be able to intervene, but also as the end of the intervention itself. In this way, we could say that personality is the window through which the person who reaches old age looks and expresses themselves.

We are concerned to be prepared to know how we should face a future with a young population in their body and old in the mind or vice versa, as improvements in care, but at the same time the worsening in terms of stress and the way of living produce these asymmetries between mind and body, whatever the duality we have to begin to investigate and improve our capacities so that it does not surprise us. This Postgraduate Certificate is unique in this study and definition of patterns that regulate the suffering and happiness of the elderly.

This **Postgraduate Certificate in Study of Personality in the Elderly** contains the most complete and up-to-date program on the market. The most important features include:

- Clinical cases presented by experts in the different specialties
- The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- New developments in the assessment and performance of the expert's report
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With special emphasis on evidence-based psychology and research methodologies in Psychology
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Expand your knowledge through the Postgraduate Certificate in Study of Personality in the Elderly, in a way that is both practical and adapted to your needs"

"This Postgraduate Certificate is the best investment you can make when selecting an up-to-date program for two reasons: in addition to updating your knowledge in the Study of Personality in the Elderly, you will obtain a qualification from TECH Global University"

The Postgraduate Certificate includes real clinical cases and exercises to bring the content of the program closer to the clinical practice of a psychologist.

Its faculty includes health professionals belonging to the field of psychology, who bring to this program the experience of their work, in addition to recognized specialists belonging to scientific societies of reference.

Thanks to its multimedia content developed with the latest educational technology, they will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to prepare in real situations.

This program is designed around Problem-Based Learning, whereby the student will must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

02
Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist can master in a practical and rigorous way the Study of Personality in the Elderly.

This updating program will provide you with a sense of confidence in the practice of psychology, which will help you grow both personally and professionally"

General Objectives

- Provide the student with knowledge of the infinite complexity of old age
- Provide skills to deal with the psychological state of the elderly
- Find out how personality disorders affect the life of the elderly
- Master the knowledge about the incidence and consequences in the elderly of personality disorders in the family
- Identify dependency disorders

Make the most of the opportunity and take the step to get up to date on the latest developments in Study of Personality in the Elderly"

Specific Objectives

- Manage the specific characteristics of old age and their consequences on human behavior
- Assess and diagnose, taking into account the social and affective surrounding in which the elderly person finds themselves
- Perform and adapt intervention protocols within an interdisciplinary framework
- Develop psychosocial intervention protocols, taking into account the role of the patient in their family
- Train in listening and managing silence with elderly patients
- Understand and master the therapeutic situation in order to become a referent for a elderly person
- Provide skills to understand and relate to the loss of patients, and from there to accompany them in the transition
- Learn the appropriate dynamics for intervention in the elderly
- Understand and know the differential aspects of mental disorders at this age
- Know the clinical and prognostic features of the various disorders of old age

03

Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.

Learn the latest advances in the Study of Personality in the Elderly from leading professionals"

Management

Dr. Anasagasti, Aritz

- European specialist psychologist in Psychotherapy from the EFPA at the CEP health center in Bilbao
- President of Emotional Network
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Psychogeriatrics Specialist. Creator of the home-based intervention
- Member of the Basque Association of Gestalt Therapy
- Reciprocal Interaction Psychotherapist
- Specialist in neurodegenerative diseases from the University of the Basque Country
- Responsible for the computer development of Emotional Management and Treatment in the Elderly

Management

Mr. Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European Specialist in Psychotherapy by the EFPA, President of the European Institute for Time Limited Psychotherapy.
- Author with patents in psychotherapy models and techniques.
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid
- Director of the scientific journal Psinapsis
- Master's Degree in Clinical and Health Psychology from the Spanish Society of Psychosomatic Medicine and Health Psychology
- Tutor of the Basic Psychology course at the UNED

Professors

Dr. Fernández Sánchez, Angel
* European specialist psychologist in Psychotherapy from the EFPA
* Health Psychologist
* Master's Degree in Clinical and Health Psychology
* Director of the Evaluation and Psychotherapy Center of Madrid
* Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
* Author of the T.E.N. technique
* Head of studies on the Professional Master's Degree in Time-Limited Psychotherapy and Health clinica
* Specialist in Clinical Hypnosis and Relaxation

Ms. Casado, Maria
* Health Psychologist
* Specialist in Family and Couple Intervention in the Spanish Police Confederation in Madrid
* Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Martínez-Lorca, Manuela
* Doctorate in Psychology from the University of Castilla-La Mancha
* Health Psychologist.
* Lecturer at the Department of Psychology at the UCLM
* Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapy
* Specialist in Clinical Hypnosis and Relaxation

Ms. Roldan, Lucia
* Health Psychologist
* Cognitive-behavioral intervention specialist
* Master's Degree in Time-Limited Psychotherapy and Health Psychology
* Expert in energy therapy intervention

Ms. Soria, Carmen
* European specialist psychologist in Psychotherapy at the Spanish Police Confederation health center Madrid
* Head of Psychosocial Unit
* Health Psychologist
* Master's Degree in Time-Limited Psychotherapy and Health Psychology.
* Specialist in chronic patients
* Specialist in Clinical Hypnosis and Relaxation

Ms. Otero, Veronica
* European specialist psychologist in Psychotherapy at the CEP health center in Bilbao
* Head of the children and youth area of intervention with PTL in the CEP of Bilbao
* Master's Degree in Time-Limited Psychotherapy and Health Psychology
* Child and Adolescent Specialist

Dr. Zabala-Baños, María Carmen
* PhD in Psychology from University of Castilla La Mancha
* Health Psychologist.
* Master's Degree in Clinical and Health Psychology
* Master's Degree in Time-Limited Psychotherapy and Health Psychology
* Psychosocial and Work Rehabilitation Specialist
* UCLM European specialist psychologist in psychotherapy
* EFPA. Specialist in Clinical Hypnosis and Relaxation

04
Structure and Content

The structure of the contents has been designed by a team of professionals who recognise the implications of methodology in psychology, aware of the relevance of current training to treat the patient with psychological disorders or needs with quality teaching using new educational technologies.

This Postgraduate Certificate in Study of Personality in the Elderly contains the most complete and up-to-date scientific program on the market"

Module 1. Aging from the Perspective of Personality Traits

A unique, key, and decisive experience to boost your professional development"

05
Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.
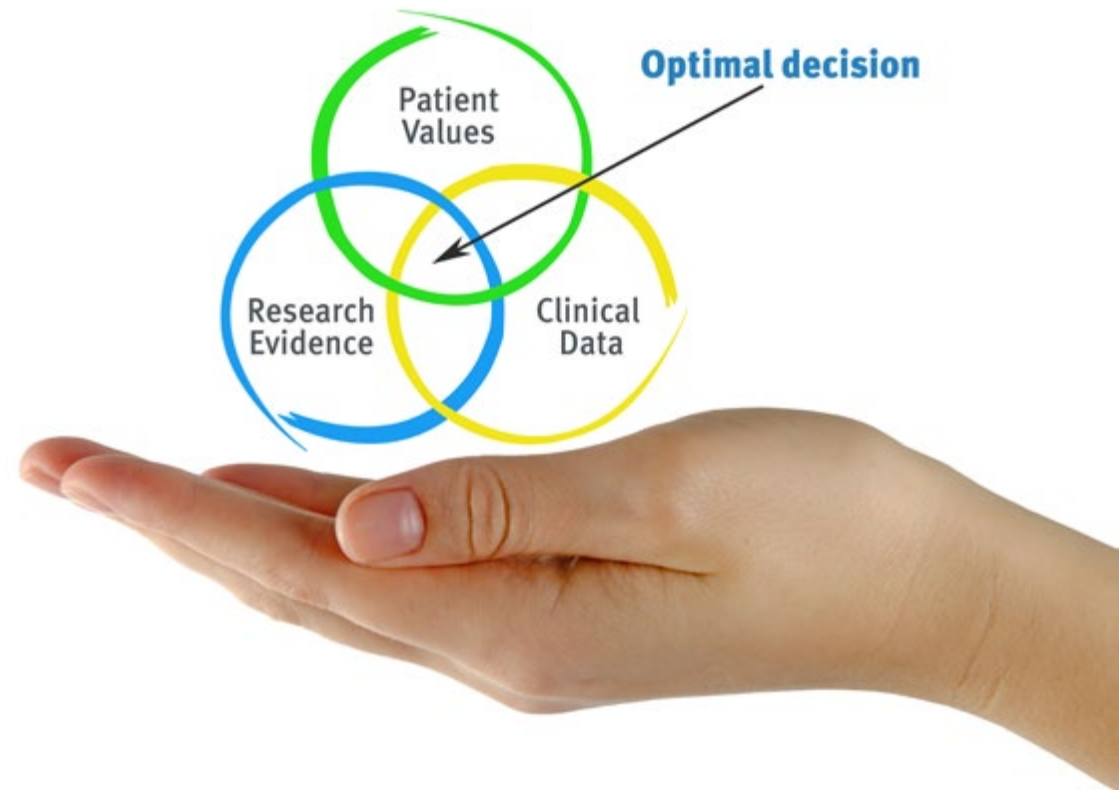
According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

> *Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 180,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

7%

3%
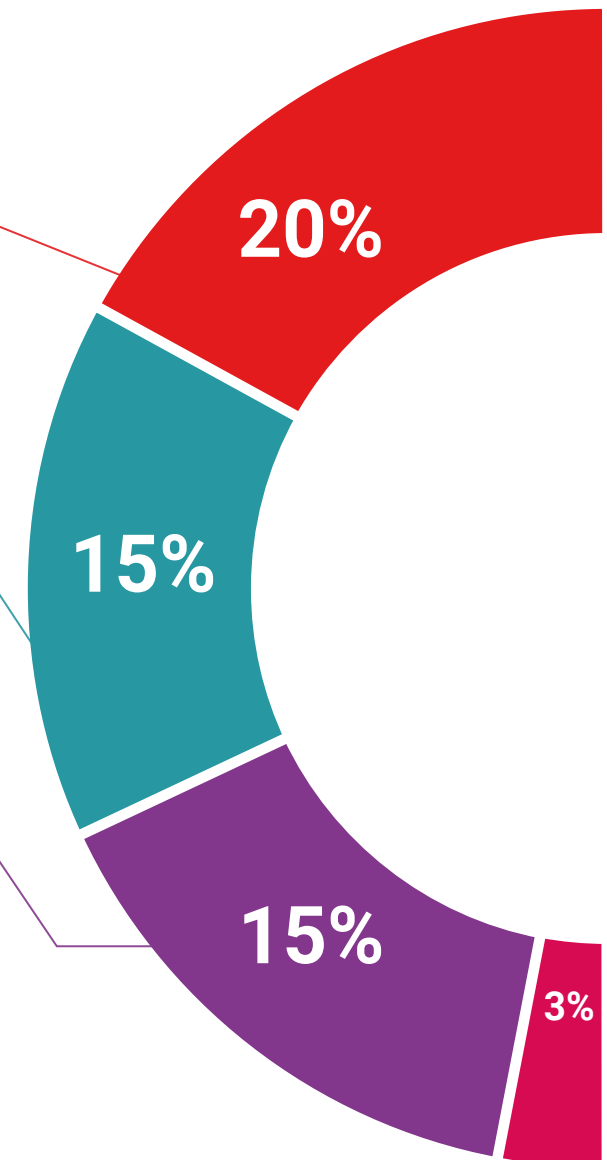
Expert-Led Case Studies and Case Analysis

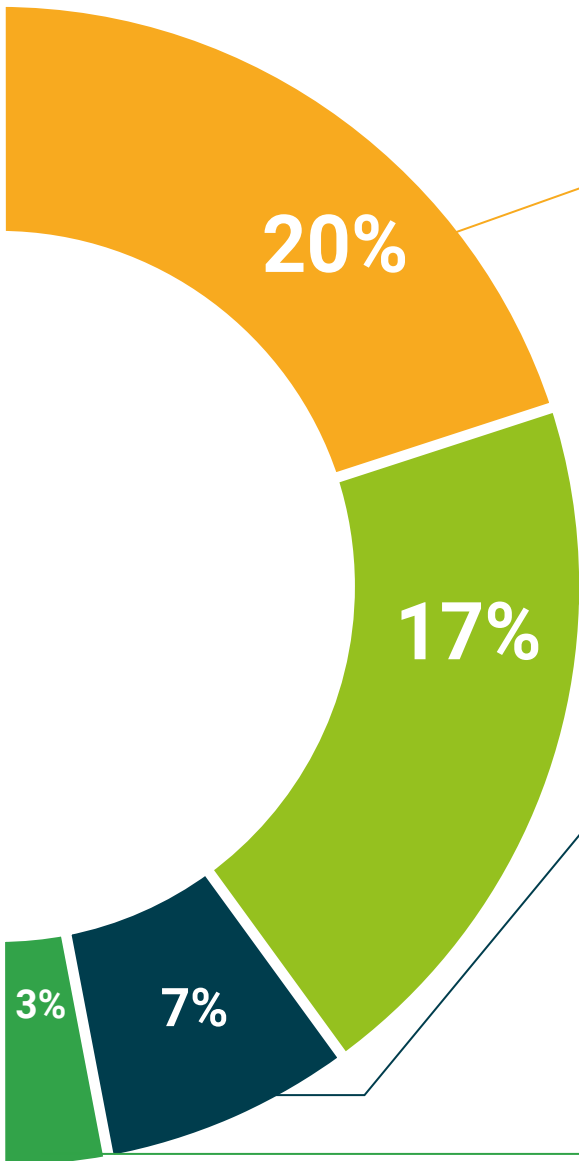Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

06
Certificate

The Postgraduate Certificate in Study of Personality in the Elderly guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.

"
Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This program will allow you to obtain your **Postgraduate Certificate in Study of Personality in the Elderly** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Study of Personality in the Elderly**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**

tech global university

Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Certificate in Study of Personality in the Elderly

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Rector

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country. Unique TECH Code: AFWORD23S techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tech global university

Postgraduate Certificate
Study of Personality in the Elderly

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Credits: **6 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Postgraduate Certificate
Study of Personality in the Elderly

tech global university