

# Postgraduate Certificate Sexologist Consultation





## Postgraduate Certificate Sexologist Consultation

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/psychology/postgraduate-certificate/sexologist-consultation](http://www.techtitute.com/in/psychology/postgraduate-certificate/sexologist-consultation)

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# 01

# Introduction

Sexologist consultation focuses on people's sexual health, both individually and in relation to their partners and their environment. It is important because it allows people to address and solve problems related to their sexual life, improve their self-esteem and emotional well-being, strengthening their interpersonal relationships. For this reason, TECH has designed a program that allows students to increase their knowledge to the maximum on aspects such as Sexological Counseling, Therapist Self-Care or Online Consultation, among others. All this, thanks to a 100% online modality and with the most dynamic and practical multimedia materials in the academic market.



A close-up photograph of a hand holding a white condom inside a blue plastic case. The background is a dark red and purple gradient. The image is partially obscured by a white diagonal shape that contains text.

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*Enroll now and enhance your knowledge about Sexology in a fast way and in a 100% online format”*

Sexologist consultation is important because it promotes people's sexual and emotional well-being. Sex therapy can help people overcome dysfunctions by providing emotional and psychological support to help manage problems related to sexuality, such as gender dysphoria or sexual trauma.

For this reason, TECH has designed a Postgraduate Certificate in Sexologist Consultation with which it seeks to provide students with the necessary skills to be able to perform their work with the highest possible efficiency and quality. Therefore, throughout this program, topics such as Therapeutic Framing, Sexological Counseling, Good Practices or Habitual Resistance to Therapy are addressed.

All this, through a comfortable 100% online format that allows students to organize their schedules and studies, combining them with their other work and interests of the day to day. In addition, this program has the most complete theoretical and practical materials on the market, which facilitates the student's study process and allows them to achieve their objectives quickly and efficiently.

This **Postgraduate Certificate in Sexologist Consultation** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Practical case studies are presented by experts in Sexologist Consultation
- ♦ The graphic, schematic and practical contents of the program provide Rehabilitation and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Become an expert in Sexologist Consultation in a few weeks and with total freedom of organization of schedules and studies”*

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*Get a successful position in one of the most promising areas of Psychology, thanks to TECH and the most innovative didactic materials”*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*Access all the content from any device with Internet connection, whether Tablet, cell phone or computer.*

*Delve into all the essential aspects of Sexology, from the comfort of your home and 24 hours a day.*



# 02

## Objectives

The final objective of this Postgraduate Certificate in Sexologist Consultation is that the student acquires a precise up-to-date knowledge in this area. An up-to-date approach that will allow the student to work with the highest possible quality and efficiency. All this, thanks to TECH and a 100% online format that gives total freedom of organization and schedules to the student.







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*Enroll now and delve into the characteristics for an Optimal Diagnosis, from the comfort of your home and without the need to travel of any kind”*



## General Objectives

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- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (life cycle of the couple: establishment and evolution)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Gain in-depth knowledge of deontology in sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with the profession and that would undermine the therapeutic work
- ♦ Carry out research programs in sexuality





## Specific Objectives

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- Develop the therapist's skills necessary to address issues of sexuality and couples
- Gain an in-depth knowledge of the legal and ethical aspects of the sexology professional



*Improve your professional profile and acquire advanced knowledge, thanks to a unique program with the most complete theoretical and practical materials in the academic market"*

03

# Course Management

TECH Technological University has selected the best professionals specialized in Sexology as part of this teaching team, which has been in charge of the design of the most advanced contents. Therefore, students will learn from the best the keys to their professional development in a field that adapts to new technologies and the latest advances in the market.



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*The management and teaching team chosen for this comprehensive program have an outstanding background and a great reputation in the field of Sexology”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Sexologist and Couple Therapist
- ♦ Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling by Camilo José Cela University



# 04

# Structure and Content

The structure and contents of this syllabus have been designed by the renowned professionals that are part of TECH's team of experts in this area of Psychology. These specialists have brought their extensive experience and their most advanced knowledge to create practical and completely up-to-date content. All this, based on the most efficient teaching methodology, TECH's *Relearning*.






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*Expand your knowledge of Sexology, thanks to the most innovative and practical teaching materials on the current academic market”*

## Module 1. Sexologist Consultation

- 1.1. Basic Assumptions
  - 1.1.1. Objectives of Sex Therapy
  - 1.1.2. Therapeutic Framework
  - 1.1.3. General Intervention Phases
- 1.2. Deontological Aspects
  - 1.2.1. Basic Principles
  - 1.2.2. Deontology in Sexology
  - 1.2.3. Deontology of Each Profession
- 1.3. Sexological Counseling
  - 1.3.1. Special Characteristics
  - 1.3.2. Frequently Asked Questions
- 1.4. Therapist Skills
  - 1.4.1. Skills
  - 1.4.2. Active Listening
  - 1.4.3. Self-Knowledge
  - 1.4.4. Good Practices
- 1.5. Therapist Self-Care
  - 1.5.1. Burn Out Risk
  - 1.5.2. Importance of the Therapist's Psychological Adjustment
  - 1.5.3. Taking Care of the Energy
- 1.6. Therapeutic Alliance
  - 1.6.1. Importance
  - 1.6.2. Characteristics of the Therapeutic Relationship
  - 1.6.3. Different Approaches to the Therapeutic Alliance



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- 1.7. Specific Characteristics of Couples Therapy and Sex Therapy
    - 1.7.1. Vivential Environment
    - 1.7.2. Habitual Resistance to Therapy
  - 1.8. Characteristics for a Good Prognosis
    - 1.8.1. Safety Within the Therapeutic System
    - 1.8.2. Engagement in the Therapeutic Process
    - 1.8.3. Emotional Connection with the Therapist
  - 1.9. Issues to be Addressed
    - 1.9.1. Perception of the Own Body
    - 1.9.2. Self-concept
    - 1.9.3. Self-esteem
  - 1.10. Online Consultation
    - 1.10.1. Advantages and Disadvantages
    - 1.10.2. Demonstrated Efficacy
    - 1.10.3. Optimal Conditions for Online Consultation

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*Thanks to the most efficient teaching methodology, TECH Relearning, you will be able to acquire the most specialized knowledge in a precise way and without spending too much time studying”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: ***Relearning.***

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*







At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically assess and re-assess students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Sexologist Consultation guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



The image features two graduation caps against a blue sky with light clouds. One cap is black with a gold tassel, and the other is maroon with a black tassel. The background is split into a white diagonal section and a magenta section.

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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Sexologist Consultation** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexologist Consultation**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
virtual classroom



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