



# Postgraduate Certificate

# School Management of Bullying

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

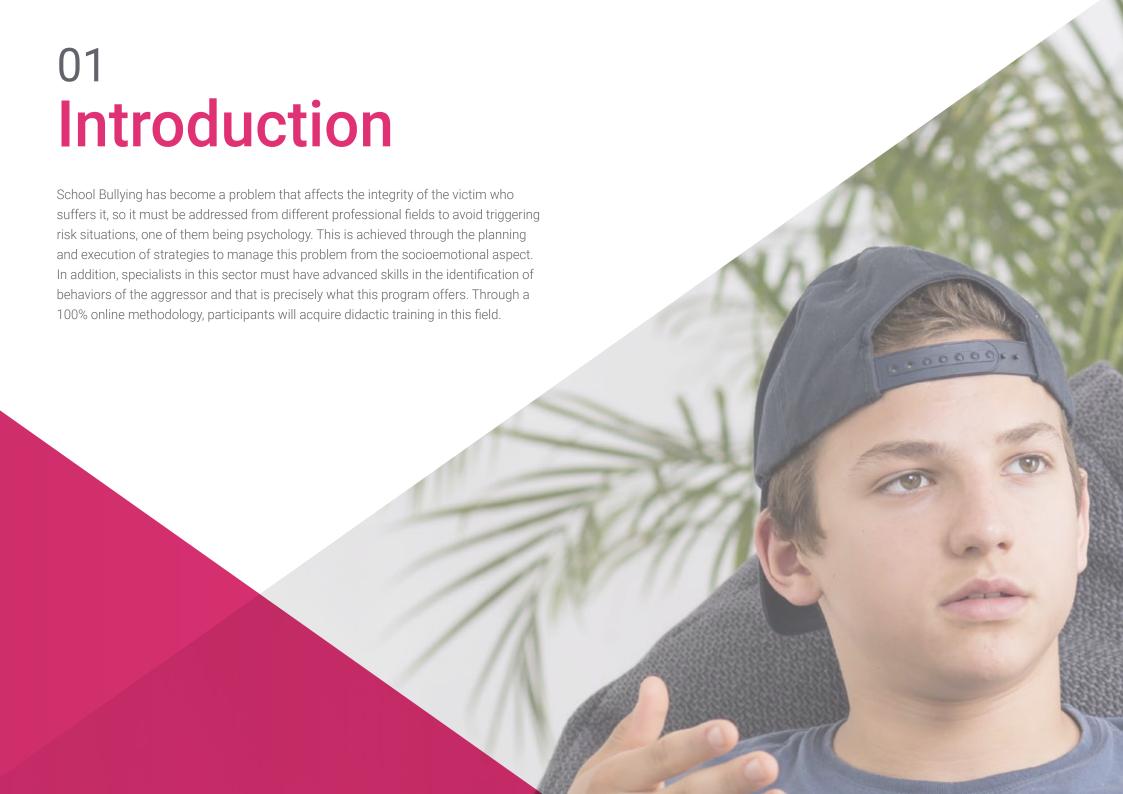
» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/school-management-bullying

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### tech 06 | Introduction

In recent years, the problems of school coexistence have increased and with this, there has also been progress in psychological practices that allow addressing this situation from an integral vision. Intervention programs have been designed that propose effective alternatives for the prevention and management of crisis situations within educational environments.

With this context, TECH has designed this Postgraduate Certificate in School Management of *Bullying*, being an excellent opportunity for those psychology professionals who wish to expand their knowledge on warning protocols and strengthen their skills in the diagnosis of environments in which bullying is present. In addition, the necessary tools will be provided to participate and coordinate actions aimed at the prevention and comprehensive treatment of this problem.

This will be achieved through a complete syllabus that has as an advantage a set of innovative contents that explain in an assertive way the key aspects on the observation of behaviors in aggressors, victims and witnesses, the communication with the management, the analysis of information and the action of the Educational Inspection. In addition, case studies will be provided with the objective that the participants of this program will strengthen their ability to propose solutions to scenarios that simulate real situations.

Another of the benefits offered by this program is the possibility of learning in a 100% online mode thanks to the *Relearning* methodology. This provides multiple advantages for educational professionals who wish to take it, such as flexibility in the organization of their schedules and full access at any time of the day through a device connected to the Internet to the most innovative multimedia resources.

This **Postgraduate Certificate in School Management of Bullying** contains the most complete and up-to-date program on the market. The most important features include:

- The development of case studies presented by experts in Psychology, Personality Psychology and Psychopathology
- Graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Get a specialized skill with the tools to approach risk situations and apply the most contemporary clinical practices to manage these cases"



With TECH Relearning you will integrate the concepts in a natural and progressive way, leaving behind the tedious task of memorization"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

A Postgraduate Certificate that will lead you to build a comprehensive approach to the consequences of Bullying and the effective way to address them from psychology.

Take advantage of the 100% online mode of this program and update yourself on trends in this field from the comfort of your home.





# tech 10 | Objectives



### **General Objectives**

- Delve into the prevention and intervention in school bullying
- Delve into the different areas in which school bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between school bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in school bullying







## **Specific Objectives**

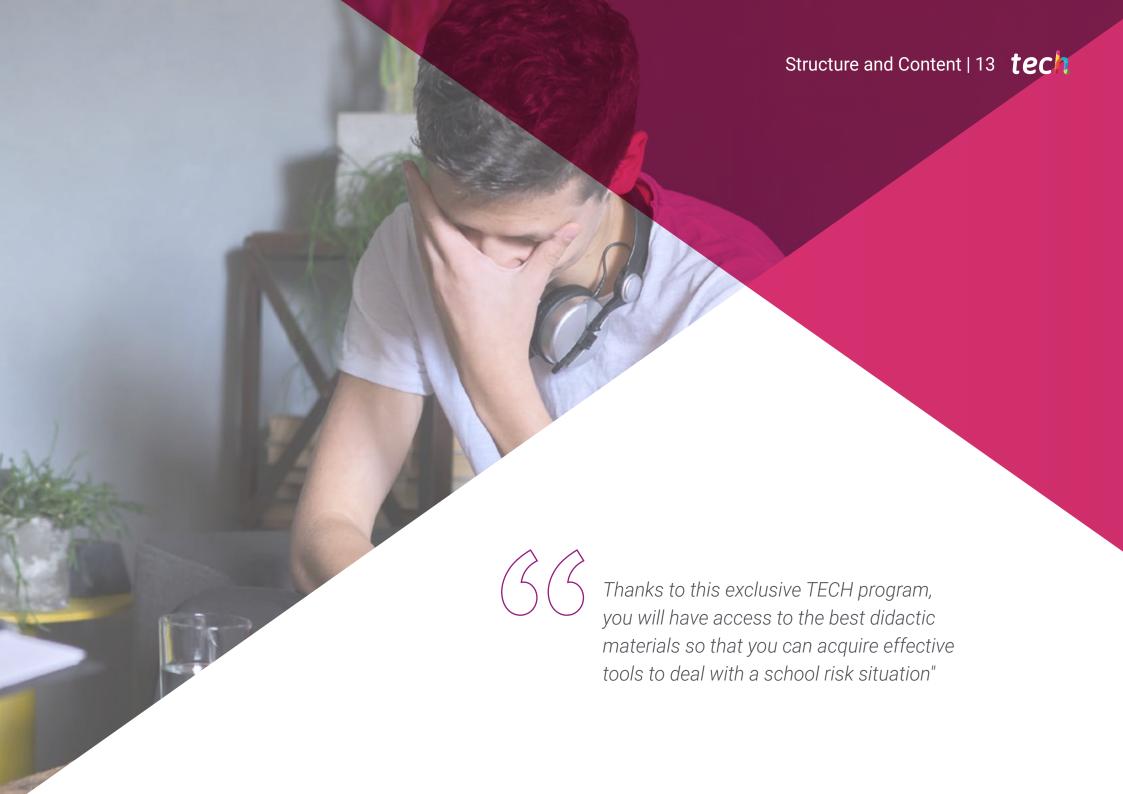
- Delve into the teacher's role in prevention and intervention
- Describe the functions of the school in terms of prevention and intervention
- Point out the role of the guidance counselor in terms of prevention and intervention
- Explain different intervention programs that have been successfully implemented
- Discuss the efficacy of emotional education
- Describe different tools for school bullying detection



You will be able to implement solid strategies that effectively address the cases of school abuse that you diagnose thanks to the mastery that you will obtain after graduating from this program"







### tech 14 | Structure and Content

### Module 1. The teacher, the school and the counseling service

- 1.1. Observation of behaviors that can constitute school bullying
  - 1.1.1. Observation of behaviors in the aggressor
  - 1.1.2. Observation of behaviors in the victim
  - 1.1.3. Observation of behaviors in witnesses
- 1.2. Communication to the director and management team
  - 1.2.1. Coexistence plan
  - 1.2.2. Action Protocol
  - 1.2.3. Activation of the action protocol
- 1.3. Collection and analysis of information
  - 1.3.1. Information Gathering Process
  - 1.3.2. Adoption of emergency measures
  - 1.3.3. First communication to families
- 1.4. Educational Inspection
  - 1.4.1. What is Educational Inspection
  - 1.4.2. Report referred to Educational Inspection
  - 1.4.3. Action taken by the Educational Inspection
- 1.5. Diagnosis with absence of school bullying
  - 1.5.1. Educational guidelines on school bullying prevention
  - 1.5.2. Educational approach with the classroom
  - 1.5.3. Tools for dealing with at-risk situations
- 1.6. Bullying diagnosis
  - 1.6.1. Procedure for Action
  - 1.6.2. Intervention with the aggressor
  - 1.6.3. Intervention with the victim
  - 1.6.4. Intervention with witnesses
- 1.7. Evaluation guestionnaires
  - 1.7.1. Bullying questionnaires
  - 1.7.2. Cyberbullying questionnaires
  - 1.7.3. Questionnaires to assess peer relationships
  - 1.7.4. Questionnaires to assess mood





# Structure and Content | 15 tech

- 1.8. Bullying intervention programs
  - 1.8.1. Kiva program
  - 1.8.2. Zero Program
  - 1.8.3. Mybullying Program
  - 1.8.4. AVE Program
- 1.9. Emotional Education
  - 1.9.1. Emotion of sadness
  - 1.9.2. Emotion of joy
  - 1.9.3. Anger emotion
  - 1.9.4. Emotion of fear
  - 1.9.5. Empathy
  - 1.9.6. Psychological treatment in school bullying
- 1.10. Consequences of school bullying
  - 1.10.1. Psychological effects of bullying
  - 1.10.2. Long-term effects of school bullying
  - 1.10.3. Comorbidity in school bullying

Determine the consequences of bullying through fully online training"



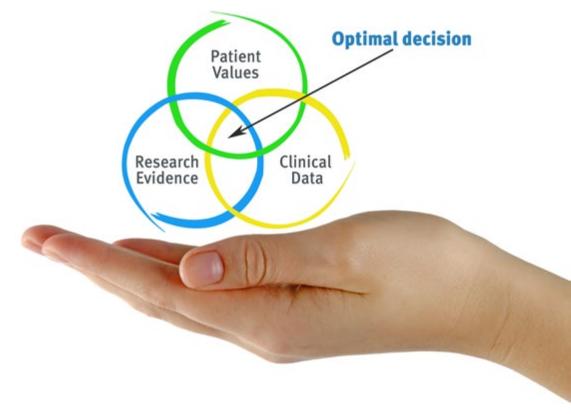


# tech 18 | Methodology

### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



# tech 20 | Methodology

### Relearning Methodology

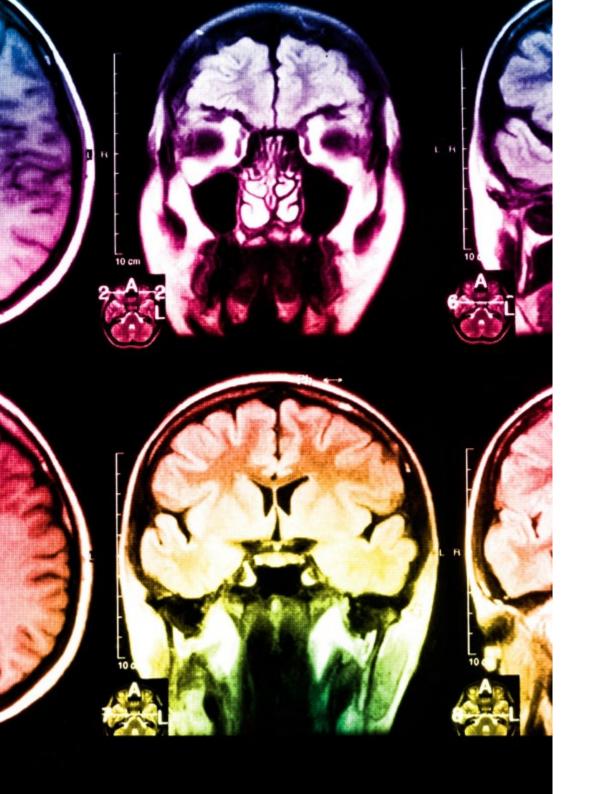
At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.





### Methodology | 21 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

# tech 22 | Methodology

This program offers the best educational material, prepared with professionals in mind:



### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### **Latest Techniques and Procedures on Video**

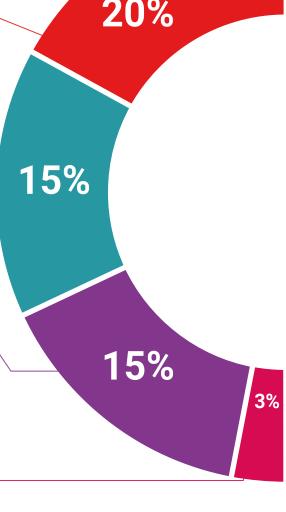
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



### **Testing & Retesting**



We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

### Classes



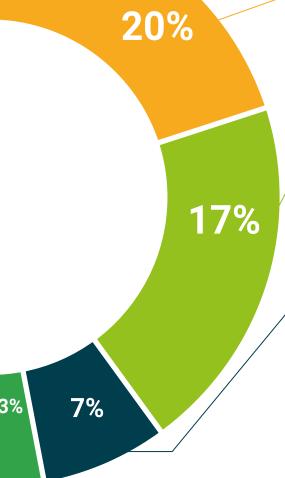
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







### tech 26 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in School Management of Bullying** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in School Management of Bullying

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_\_ with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in School Management of Bullying

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.



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