Postgraduate Certificate
Psychosocial Relationships that Integrate Self-Concept

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Postgraduate Certificate
Psychosocial Relationships that Integrate Self-Concept

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Global University**
- » Accreditation: **8 ECTS**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: **www.techtitute.com/us/psychology/postgraduate-certificate/psychosocial-relationships-integrate-self-concept**

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01
Introduction

Psychosocial Relationships that integrate Self-Concept include peer interaction, perceived social inclusion and family support, playing a crucial role in how people perceive themselves and develop their identity. In fact, recent research highlights how social acceptance, emotional support and validation from the groups with which an individual identifies can strengthen or weaken their self-concept, with direct consequences on their behavior and stress. In this scenario, an online and adaptable program is offered, which only requires an electronic device with an Internet connection to access the educational resources, placing it at the forefront of technology and education. In addition, it is based on Relearning methodology.

Thanks to this 100% online Postgraduate Certificate, you will delve into how interactions between individuals and groups influence the perception of oneself, which is essential in the field of Psychology"

From a psychology perspective, it is investigated how social interactions, culture and environment impact on the formation and development of the self-concept of individuals. Therefore, it is increasingly recognized the importance of understanding how factors such as gender, ethnicity, social class and sexual identity influence the perception that people have of themselves, as well as their psychological well-being.

In this context, this Postgraduate Certificate is born, which will focus on the disease, not only as a series of clinical symptoms, but as an indicator, a messenger of underlying areas of pain and emotional or psychological damage. This approach will enable psychologists to integrate an understanding of emotional pain into treatment and psychosocial assessment, fostering a more holistic and empathic approach to health management.

It will also emphasize the importance of going beyond the symptom and connecting with the patient's holistic experience, working on the premise that the affected person's reality is shaped more by what their brain records as experiences, perceptions and emotions, than by the objective events themselves. This will involve developing skills to help them reinterpret and recontextualize their experiences, which can be crucial to their recovery and well-being.

Finally, it will address how deficiencies in relationships within the mesocontext (such as communities or social networks) may reflect or perpetuate deficiencies in the microcontext (such as the family or home). In this way, practitioners will be able to identify and analyze indicators of health and illness within these broader contexts, providing tools to intervene effectively.

Therefore, TECH has implemented a completely online and flexible program, designed to respond to the needs of students, eliminating the need to go to a physical location or meet a strict schedule. In addition, it incorporates the advanced Relearning methodology, which is based on the repetition of key concepts for a better understanding of the content.

This **Postgraduate Certificate in Psychosocial Relationships that Integrate Self-Concept** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of case studies presented by experts in Psychosocial Relationships Integrate Self-Concept
- The graphic, schematic and practical contents with which it is conceived provide scientific and practical information on those disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

You will acquire critical skills to analyze and improve interpersonal and group dynamics in diverse environments, from organizations to communities. With all the TECH quality guarantees!"

Bet on TECH! You will manage relational dynamics that can affect the self-concept and mental health of individuals, contributing to the creation of healthier environments at the community and social level"

You will allow illness to act as a messenger that reveals points of pain and harm within individuals and their social environments, all through an extensive library of innovative multimedia resources.

You will master techniques to prevent patients from focusing solely on symptoms, promoting a more integrative approach that considers the mind and body as an interconnected whole. What are you waiting for to enroll?
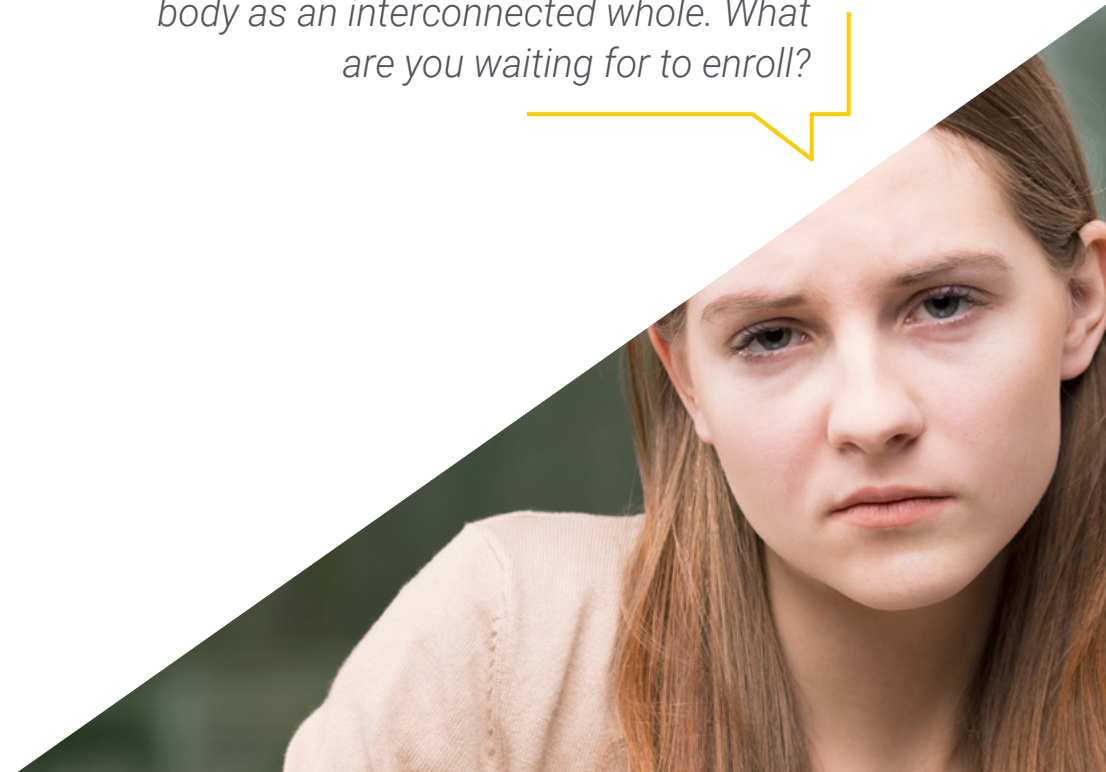
The program's teaching staff includes professionals from the sector who contribute their work experience to this specializing program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, students will be assisted by an innovative interactive video system created by renowned and experienced experts.

02
Objectives

The main objective of the university program will be to provide professionals with a theoretical and practical framework to understand and analyze how social interactions and psychosocial structures influence the development and perception of self-concept in individuals. In this way, psychologists will be specialized to identify and address interpersonal and group dynamics that affect mental health and well-being, therefore facilitating more effective interventions in different contexts. In addition, critical and empathic skills, necessary to promote inclusive and respectful environments, will be fostered.

You will analyze interpersonal and group dynamics, identifying factors that influence self-perception and psychological well-being, thanks to the best didactic materials, at the technological and educational forefront"

General Objectives

- Describe and develop intervention models for Time Limited Psychotherapy
- Master the neurological and biochemical laws that show how, with other models, patients do not change their emotional response despite intervention
- Describe the arsenal of technology that allows patients to change their traumatic memories into memories of remembrance
- Explain the bonding relationship that is established between the patient and the therapist (reciprocal interaction)

You will develop practical skills to intervene effectively in situations where self-concept is at stake, promoting self-acceptance, inclusion and respect for human diversity"

Specific Objectives

- Allow the disease to be a messenger that tells where the pain and harm is
- Prevent the patient from connecting only with the symptom
- Know that the reality for patients is what they record in their brain, and not so much what could have happened
- Discover how in the relationships of the mesocontext, micro deficiencies are maintained
- Detecting indicators of health and disease in relationships in the mesocontext

03

Structure and Content

This academic program will delve into the theory and application of key concepts such as identity, self-esteem and the influence of the social and cultural environment on self-concept. Through a combination of real case studies and applied practice, graduates will explore how different social contexts, such as family, work and social networks, impact self-perception. In addition, they will address the importance of communication and empathy skills in building healthy relationships, designing and implementing effective interventions that promote self-acceptance and mutual respect in a variety of psychosocial settings.

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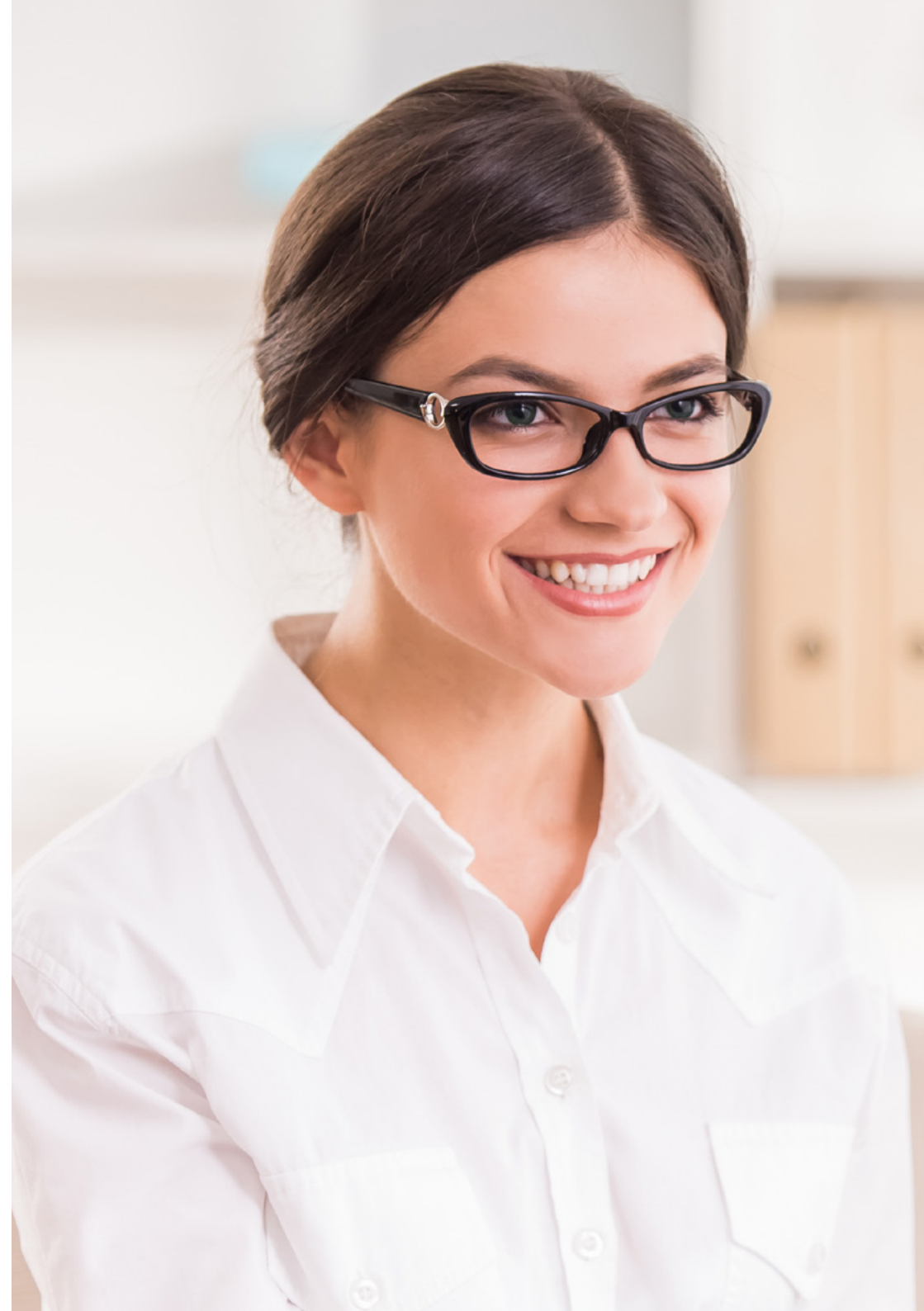*"You will examine topics such as the formation of self-concept, the influence of social and cultural factors on individual identity, and the dynamics of interpersonal relationships, at the world's best digital university"*

Module 1. Contexts in the Development of Self-Concept

"

You will address how social experiences, from childhood to adulthood, shape self-concept and affect people's psychological and emotional well-being, supported by the revolutionary Relearning methodology"

04
Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

3%

7%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

Certificate

The Postgraduate Certificate in Psychosocial Relationships that Integrate Self-Concept guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This private qualification will allow you to obtain a **Postgraduate Certificate in Psychosocial Relationships that Integrate Self-Concept** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Psychosocial Relationships that Integrate Self-Concept**

Modality: **online**

Duration: **6 weeks**

Accreditation: **8 ECTS**

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Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Certificate in Psychosocial Relationships that Integrate Self-Concept

This is a private qualification of 240 hours of duration equivalent to 8 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024

Dr. Pedro Navarro Illana
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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