

Postgraduate Certificate  
Psychosocial Conflict  
Intervention in Children and  
Adolescents





## Postgraduate Certificate

### Psychosocial Conflict Interventions in Children and Adolescents

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

6 ECTS Credits

Teaching Hours: 150 hours.

Website: [www.techtute.com/us/psychology/postgraduate-certificate/psychosocial-conflict-interventions-children-adolescents](http://www.techtute.com/us/psychology/postgraduate-certificate/psychosocial-conflict-interventions-children-adolescents)

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01

# Introduction

The future of psychologists specializing in children and adolescents is very promising, as few resources have so far been devoted to this age group, which has undergone major changes in recent years.



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*Take the opportunity to update your knowledge in Psychosocial Conflict Intervention in Children and Adolescents using classical methods to improve your patient care”*

As indicated by Ignacio Avellanosa: "There are major flaws and significant differences between the different Autonomous Regions in Spain and even within these regions, neither the professional training, nor the time dedicated, nor the relationships with mental health, allow for the urgent treatment needed in many cases."

As a educational institution, it is essential for us to teach the psychologists who study this Postgraduate Certificate, the different components in the psychological treatment of children and adolescents, to know the logic and processing in the child and adolescent brain, as well as their particular strategies of behavior and interaction in the psychosocial relationship. All this knowledge is crucial to successfully carry out psychological intervention of a child or adolescent.

From our experience we know that the therapist's personal skills are crucial. That's why this syllabus includes multiple strategies and skills to achieve an effective bond both in the evaluation and diagnosis, as well as in the intervention with this type of patient.

This **Postgraduate Certificate in Psychosocial Conflict Intervention in Children and Adolescents** has the most complete and up-to-date scientific program on the market.

The most important features of the program include:

- ♦ Clinical cases presented by experts in psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ The latest diagnostic and therapeutic innovations on action in Psychosocial Conflict Intervention in Children and Adolescents.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ With special emphasis on evidence-based psychology and research methodologies in psychology
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



*Expand your knowledge through the Postgraduate Certificate in Psychosocial Conflict Intervention in Children and Adolescents in a practical way and adapted to your needs"*

“

*This Postgraduate Certificate may be the best investment you can make in the selection of a refresher programme for two reasons: in addition to updating your knowledge of Psychosocial Conflict Intervention in Children and Adolescents, you will obtain a qualification from TECH Technological University”*

*The Postgraduate Certificate includes real clinical cases and exercises to bring the course closer to the psychologist’s clinical practice.*

Forming part of the teaching staff is a group of professionals in the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

This program is designed around Problem Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.





02

# Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master Psychosocial Conflict Intervention in Children and Adolescents in a practical and rigorous manner.





A hand holding a white card with a black ink drawing of a rooster's head. The background is split into a white and a magenta section.

“

*This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally”*



## General Objectives

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- ♦ Describe the family system framework in single-therapist, single-patient psychotherapy.
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework.
- ♦ Master the technique for interviewing a child or adolescent.
- ♦ Master the personality evaluation of these age groups.
- ♦ Identify the role of the family in child and adolescent diagnosis.



## Specific Objectives

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- ♦ Gain the knowledge necessary for establishing a patient intervention with assurance, without disregarding the involvement of the family, the school or the peer group.
- ♦ Develop knowledge of different mental disorders and behavioural or emotional abnormalities.
- ♦ Make a realistic prognosis of the child's or adolescent's situation as part of the differential diagnosis.
- ♦ Manage the current clinical situation in its biopsychosocial variables.
- ♦ Understand the different masks used and atypical ways the illness can present itself in children and adolescents.
- ♦ Use the tools provided in this Postgraduate Certificate program to create intervention protocols tailored to the patient.
- ♦ Control the intervention by adapting it to the patients profile.
- ♦ Define the labyrinths specific to each disorder with their unknowns and difficulties.
- ♦ Learn how to provide real and legitimate hope to the patient and all those around them.
- ♦ Learn how to design an intervention from the creativity and experience as a clinician, adapting to what is happening at each moment.



“ *Make the most of the opportunity and take the step to get up to date on the latest developments in Psychosocial Conflict Intervention in Children and Adolescents”*

03

# Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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*Learn the latest advances in PsPsychosocial  
Conflict Intervention in Children and  
Adolescents from leading professionals”*

## Management



### Dr. Fernández Sánchez, Angel

- ♦ European specialist psychologist in Psychotherapy from the EFPA
- ♦ Health Psychologist
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Director of the Evaluation and Psychotherapy Center of Madrid
- ♦ Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- ♦ Author of the T.E.N. technique.
- ♦ Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ Specialist in Child and Adolescent Intervention.

## Professors

### Dr. Arriero, Esther

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina.
- ♦ Health Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Adult Therapy
- ♦ Specialist in interventions with chronic patients.

### Dr. Benito de Benito, Luis. M.D.

- ♦ Medical Specialist of the digestive system.
- ♦ Physician Hospital San Chinarro and specialist in Endoscopy
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Lecturer at Navarra University

### Dr. Cuesta, José María

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Expert in psychological intervention of chronic illnesses.
- ♦ Psychologist of the Alzheimer's Association
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

### Dr. Gascón, Laura

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Specialist in Forensic and Legal Psychology
- ♦ Court Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in Adult Psychotherapy.

### Dr. González Agüero, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

### Dr. Martínez Lorca, Alberto

- ♦ Specialist in nuclear medicine. Rey Juan Carlos University Hospital - Madrid. Spain

### Dr. Gandarias Blanco, Gorka

- ♦ Health Psychologist
- ♦ European specialist psychologist in Psychotherapy from the EFPA in Vitoria, Spain.
- ♦ Professional Master's Degree in Time-Limited Psychotherapy and Health Psychology.
- ♦ Expert in intervention in bizarre behavior and drug addiction.

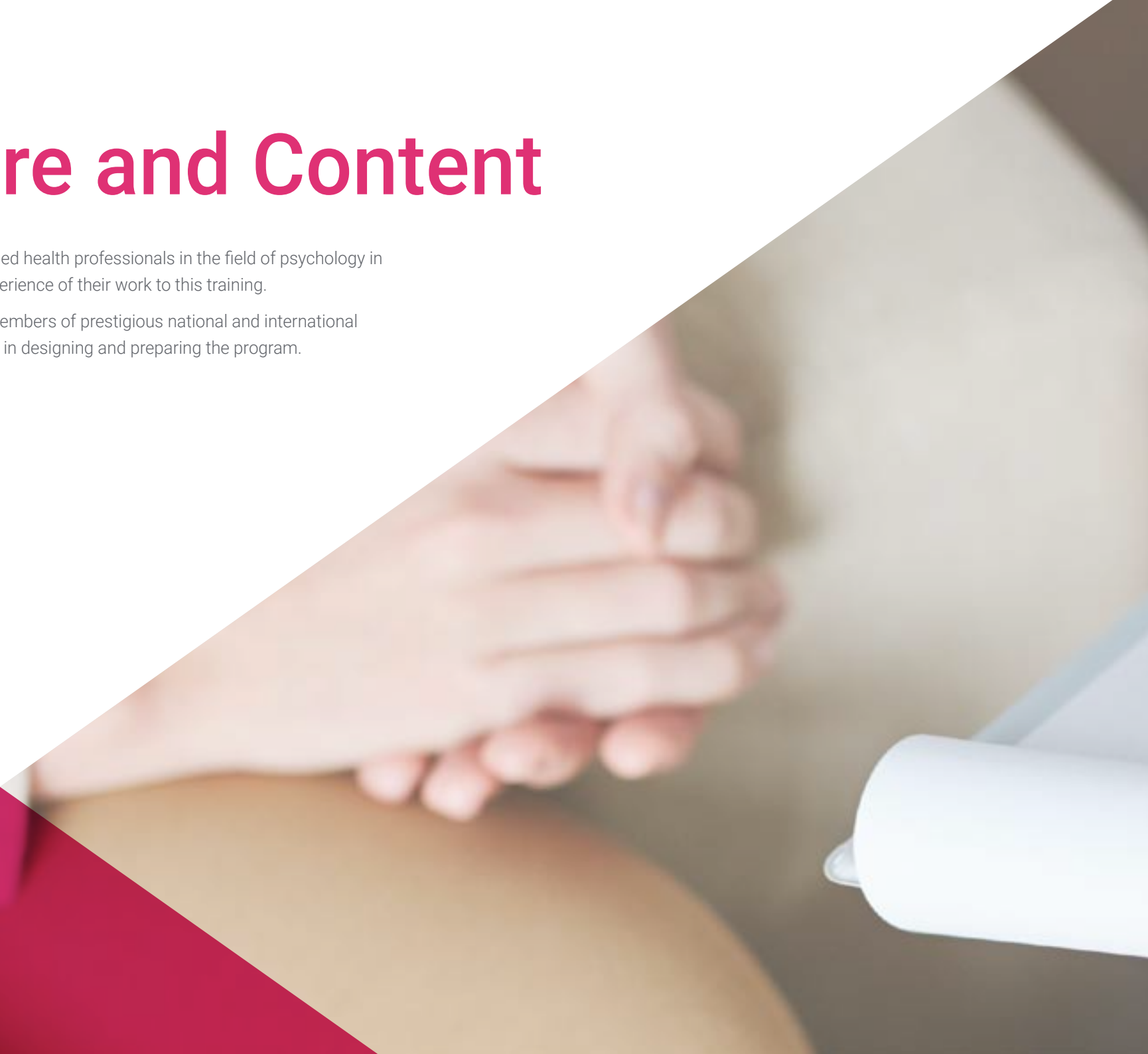


04

# Structure and Content

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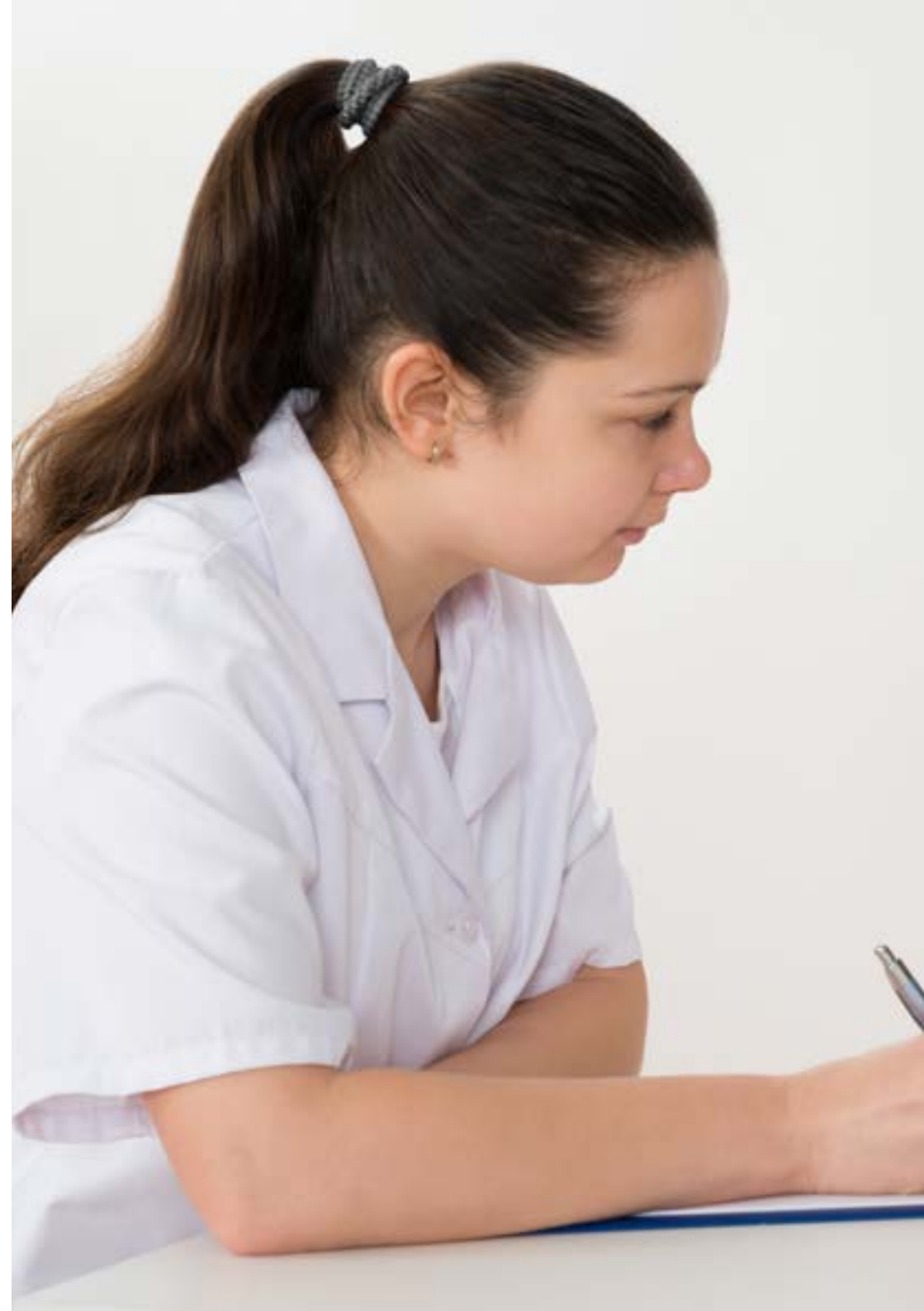


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*This Postgraduate Certificate in Psychosocial Conflict Intervention in Children and Adolescents has the most complete and up-to-date scientific program on the market”*

## Module 1. Other Problems That Need Clinical Care

- 1.1. Relationship Problems
- 1.2. Education Far Away From Parents
- 1.3. Children Affected by Conflictive Parent Relationships
- 1.4. Family Breakdown Due to Separation or Divorce
- 1.5. Grief
- 1.6. Maltreatment
- 1.7. Abuse
- 1.8. Negligence
- 1.9. Educational Problems
- 1.10. Work Problems
- 1.11. Home Problems
- 1.12. Economic Problems
- 1.13. Problems from Living Alone
- 1.14. Exclusion or Social Rejection
- 1.15. Victim of Crime
- 1.16. Exposure to Catastrophic Events





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*A unique, key, and decisive training experience to boost your professional development”*

05

# Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



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*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

What should a professional do in a given situation? Throughout the program students will be presented with multiple clinical symptoms simulated cases based on real patients in which they will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.





06

# Certificate

The Postgraduate Certificate in Psychosocial Conflict Intervention in Children and Adolescents guarantees, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this training program and receive your university certificate without travel or laborious paperwork”*

This Postgraduate Certificate in Psychosocial Conflict Intervention in Children and Adolescents has the most complete and up-to-date scientific program on the market.

After the student has passed the evaluations, they will receive their corresponding Postgraduate Certificate issued by TECH Technological University. via tracked delivery\*.

Title: Postgraduate Certificate in Psychosocial Conflict Intervention in Children and Adolescents

ECTS: 6

Official Number of Hours: 150



\*Apostille Convention. In the even that the student wishes to have their paper diploma issued with a Hague Apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
classroom



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