

Postgraduate Certificate

Psychological Expert Mediation and Coaching





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Psychological Expert Mediation and Coaching

Course Modality: **Online**

Duration: **6 weeks**

Certificate: **TECH - Technological University**

10 ECTS Credits

Teaching Hours: **250 hours.**

Website: www.techtute.com/us/psychology/postgraduate-certificate/psychological-expert-mediation-coaching

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01

Introduction

Undoubtedly, in order to achieve an expert appraisal process, it is increasingly important to master negotiation, mediation or arbitration strategies, so that the parties can not only establish communication between them, but, although it may seem paradoxical, they can also comply with sentences or court orders.





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The aim of this Postgraduate Certificate is to achieve specialist knowledge in this area. The course is unique in its design, allowing the psychologist to successfully master the process of mediation and coaching”

The meeting points, the preliminary examinations, and even the evaluation and psychodiagnostic situation itself, often require the use of practices that attempt to frame the individuals being examined.

This Postgraduate Certificate is unique in the training of mediation and arbitration. It focuses on the expert coaching that is necessary on many occasions to give tools to the individual who has to testify or has to face a situation that is emotionally very difficult for them.

This **Postgraduate Certificate in Psychological Expert Mediation and Coaching** contains the most scientific and up-to-date program on the market. The most important features of the Postgraduate Certificate are:

- ♦ Clinical cases presented by experts in psychology. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ New diagnostic and therapeutic developments in the area of Psychological Expert Mediation and Coaching.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ With special emphasis on evidence-based psychology and research methodologies in psychology
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



Update your knowledge through the University Course in Psychological Expert Mediation and Coaching in a practical way and adapted to your needs"



This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Psychological Expert Mediation and Coaching, you will obtain a Postgraduate Certificate from TECH Technological University"

The course includes real clinical cases and exercises to bring the development of the course closer to the clinical practice of a Psychologist.

Forming part of the teaching staff is a group of professionals in the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.



02

Objectives

The principal objective of the program is the development of both theoretical and practical learning, so that the professional can master, in a practical and rigorous way, the study of Psychological Expert Mediation and Coaching.



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This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally”



General Objectives

- Promote the knowledge of the instruments that discriminate between simulation and lying, as well as to know how to control the emotional state of the patient who is undergoing an expert appraisal.
- Motivate the psychology professional to undergo continuous training and develop their scientific knowledge.
- Master understanding of the code of ethics and the client's status, as well as all the regulations that must be met in order to perform their work within the law.
- Describe and master the principles of mediation and coaching, differentiating it from the role of the clinical psychologist, adding resources to achieve better results in the processes that cause disturbances and conflicts.

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Make the most of the opportunity and take the step to get up-to-date on the latest novelties in Psychological Expert Mediation and Coaching”





Specific Objectives

- ♦ Structure appropriate assessment protocols according to the ages and the area to be assessed.
- ♦ Acquire the skills to prepare a report within the legal jargon and judicial literature.
- ♦ Manage stressful situations that may arise during the appraisal process.
- ♦ Refer and detect abnormalities and abuse among the components of the expert appraisal.
- ♦ Incorporate expertise into a global framework of psychological intervention.
- ♦ Incorporate the expertise process into the framework of a welfare society framed by the rights and duties of citizens.



This will provide key training to advance your career"

03

Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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Learn about the latest advances in Psychological Expert Mediation and Coaching from leading professionals”

Management



Dr. Gascon Martin, Laura

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Specialist in Forensic and Legal Psychology
- ♦ Psychologist of the Courts 1 and 2 of Toledo
- ♦ Coordinator in Toledo of emergency intervention and psychological assistance plan
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in Adult Psychotherapy.
- ♦ Director of the Postgraduate Diploma in Psychodiagnosis and Legal Expertise from the European Institute of Time-Limited Psychotherapies
- ♦ Coordinator of the gender violence plan at the national level of the Society for Time Limited Psychotherapies

Professors

Dr. De Dios González, Antonio

- ♦ Director of Avatar Psychologists
- ♦ Director of the Psychology Department of Quirón Hospital of Marbella.
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapies (I.E.P.T.L.).
- ♦ Transpersonal Therapist by the Spanish School of Transpersonal Development
- ♦ E.F.T. Specialist by the World Center for EFT
- ♦ Master's Degree in Neuro-Linguistic Programming (N.L.P.) from Richard Bandler's Society of Neuro-Linguistic Programming
- ♦ Specialist in Clinical Hypnosis and Relaxation

Roldan, Lucia

- ♦ Health Psychologist
- ♦ Cognitive-behavioral intervention specialist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in Energy Therapy Intervention

Dr. Gandarias, Gorka

- ♦ Health Psychologist
- ♦ European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in intervention in bizarre behavior and drug addiction.



González, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

Casado, Maria

- ♦ Health Psychologist
- ♦ Specialist in Family and Couple Intervention in the Spanish Police Confederation in Madrid
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Martínez-Lorca, Manuela

- ♦ PhD in Psychology from the University of Castilla-La Mancha
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapy
- ♦ Specialist in Clinical Hypnosis and Relaxation

Furelos, Maribel

- ♦ Psychologist specializing in Clinical Psychology
- ♦ Sexologist in Osakidetza at the Santurce outpatient clinic
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

Soria, Carmen

- ♦ European specialist psychologist in Psychotherapy at the Spanish Police Confederation health center Madrid
- ♦ Head of Psychosocial Unit
- ♦ Health Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology.
- ♦ Specialist in chronic patients. Specialist in Clinical Hypnosis and Relaxation

04

Structure and Content

The structure of the contents has been designed by a team of professionals who recognise the implications of methodology in psychology, aware of the relevance of current training to treat the patient with psychological disorders or needs with quality teaching using new educational technologies.





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This Postgraduate Certificate in Psychological Expert Mediation and Coaching contains the most complete and updated scientific program on the market”

Module 1. Mediation and Coaching

- 1.1. Family Mediation
 - 1.1.1. Pre-Mediation
 - 1.1.2. Mediation
 - 1.1.2.1. Extra-Judicial Mediation or Out-of-Court Mediation. Settlement or Reconciliation.
 - 1.1.2.2. In Court Mediation Reparation
 - 1.1.3. Mediator Techniques
- 1.2. Notion of Conflict
- 1.3. Types of Conflict
 - 1.3.1. Attraction-Attraction
 - 1.3.2. Evasion-Evasion
 - 1.3.3. Attraction-Evasion
- 1.4. Negotiation, Mediation, Arbitration and Neutral Evaluation
- 1.5. Mediation in Parent/Child Relationships
 - 1.5.1. Conflict Resolution in the Parent-Child Relationship
- 1.6. How to Work with Coaching and Psychotherapy
- 1.7. Learning in Coaching
 - 1.7.1. Stripping Off the Masks
 - 1.7.2. Coaching and Psychologists
- 1.8. Coaching in the Company
 - 1.8.1. Facing Challenges that can be Taken on
 - 1.8.2. The Life of Managers
 - 1.8.3. Self-Deception
- 1.9. All Psychological Therapy Involves Personal Growth
 - 1.9.1. Coach or Psychologist, According to the Coaches
 - 1.9.2. Conflict and Coaching
- 1.10. Clear Goals
 - 1.10.1. Definition of Where We Are
 - 1.10.2. Definition of Where we Want to Go





- 1.11. Feeding Back on the Activity
 - 1.11.1. Placing the Attitude in Action and not in Anticipatory Thinking
 - 1.11.2. Verbalizing Small Achievements
 - 1.11.3. Be Flexible and Allow for Frustration
- 1.12. Working on Self-Deception
- 1.13. Obstacles in Coaching
 - 1.13.1. Feedback
 - 1.13.2. Coaching Through Rewards
 - 1.13.3. Coaching and Leadership
- 1.14. Emotional Management Through the C.E.B Model (Conscious Emotional Bonding)
 - 1.14.1. What Do We Propose?
 - 1.14.2. Identity Marks of the CEB Model
 - 1.14.3. Basic Assumptions of the CEB Model
- 1.15. Dialogue With Beliefs
 - 1.15.1. A Critique of Goleman's Work
 - 1.15.2. Intelligence and Emotional Intelligence
- 1.16. Emotional Neuroanatomy
 - 1.16.1. The Brain and its Messengers
- 1.17. Intrapersonal Skills
 - 1.17.1. Self-concept
 - 1.17.2. Basic Emotions



A unique, key, and decisive experience to boost your professional development”

05

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning.***

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



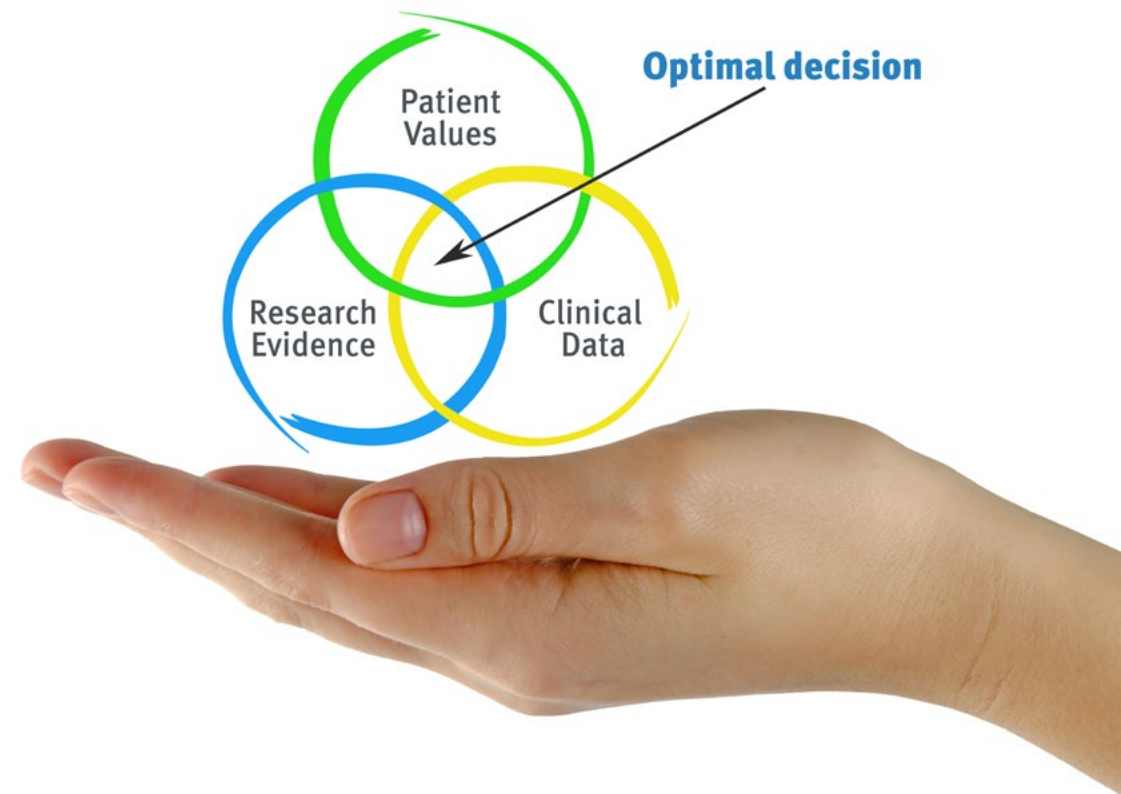
“

Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Re-Testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory and generates confidence in our difficult future decisions.



Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

Certificate

The Postgraduate Certificate in Psychological Expert Mediation and Coaching guarantees you, in addition to the most rigorous and updated training, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this Postgraduate Certificate and receive your university qualification without the hassle of travel or paperwork"

This **Postgraduate Certificate in Psychological Expert Mediation and Coaching** contains the most complete and updated scientific program on the market.

After students have passed the assessments, they will receive their **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will express the qualification obtained in the Postgraduate Certificate, and will meet the requirements commonly demanded by labour exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Psychology Expert Mediation and Coaching**

ECTS: **10**

Official Number of Hours: **250**



*Apostille Convention. In the event that the student wishes to have their paper diploma Apostilled, TECH EDUCATION will make the necessary arrangements to obtain it at an additional cost of €140 plus shipping costs of the Apostilled diploma.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development languages
classroom



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Course Modality: Online

Duration: 6 weeks

Certificate: TECH - Technological University

10 ECTS Credits

Teaching Hours: 250 hours.

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