Postgraduate Certificate Personality Disorders in Childhood and Adolescence





## **Postgraduate Certificate** Personality Disorders in Childhood and Adolescence

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/personality-disorders-childhood-adolescence

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# 01 Introduction

The urgent need to diagnose a personality disorder in infant and juvenile patients is fundamental to guarantee a correct cognitive, emotional and personal development that does not derive in psychological comorbidities in adulthood, as well as to guarantee a better quality of life. For this reason, the role of the specialist is very important in the early recognition of this type of conditions, for which they need to have an up-to-date and exhaustive knowledge that allows them, in the shortest possible time, to identify what is happening to the infant in order to apply the therapeutic treatment that best suits them. To work on it, the graduates will have this complete program designed by a team of experts from TECH, which includes 180 hours of the best theoretical, practical and additional content so you can get up to date in less than 6 weeks and 100% online.

The best educational program to get you up to date on everything related to Personality Disorders in Childhood and Adolescence in a 100% online format"

## tech 06 | Introduction

Emotional stability, as well as the social and family context in which the life of the infants or adolescents develop, has a significant influence on their cognitive and personal development, aspects that will also influence their stability, which will translate into how they will be able to face everyday problems. During this stage, the appearance of personality disorders is very frequent, which, if left untreated, can lead to serious psychological problems during adulthood.

This is why the role of the specialist in this type of case is fundamental, not only in the early diagnosis of the pathology, but also in the establishment of a therapeutic treatment that adapts to the specifics of the condition and allows the patients to improve their quality of life and their relationship with their environment. To this end, TECH has launched this Postgraduate Certificate in Personality Disorders in Childhood and Adolescence, a program designed by experts in the field with the aim of keeping the graduates up to date on everything related to this subject. It is a multidisciplinary and intensive program that will delve into the different types of disorders that occur most frequently in these patients, as well as their diagnostic criteria and the most effective methods for their clinical management.

All this through 180 hours of the best theoretical, practical and additional content in a convenient 100% online format which the graduates will be able to access from any electronic device with internet connection. In addition, you can download the syllabus and consult it whenever you need it, even after completing the program. It is a unique educational experience through which the Psychologists will be able to stay informed in the latest developments in this field in a way that is totally compatible with their work and personal life.

This **Postgraduate Certificate in Personality Disorders in Childhood and Adolescence** contains the most complete and up-to-date program on the market. The most important features include:

- Practical cases presented by experts in Psychology
- The graphic, schematic and practical contents with which it is designed provide advanced and practical information on those disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable electronic device with an
  Internet connection



A program that delves, in an exhaustive way, into the different Personality Disorders: their diagnostic criteria, characteristics and therapeutic treatments"

## Introduction | 07 tech

Would you like to delve into the most modern psychological advances related to schizoid personality disorder? With this Postgraduate Certificate, you will be able to do it from anywhere"

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts. You will master the latest developments related to paranoid personality disorder and its distinguishing characteristics in Childhood and Adolescence.

Through the hours of additional material included in this Postgraduate Certificate you will be able to delve into the different disorders in a multidisciplinary and dynamic way.

# 02 **Objectives**

Given the important role that the Psychology specialists have in the early diagnosis of the different types of personality disorders that can develop throughout childhood and adolescence, TECH has considered it essential to design a program that will help you delve into the latest developments related to this field. For that reason, the objective of this program is to provide the graduates with the most modern and sophisticated educational tools, through which the professionals can get up to date in a 100% online format and in only 6 weeks.

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If one of your goals is to master the diagnosis of borderline personality disorder, you have the perfect opportunity to achieve it"

## tech 10 | Objectives



## **General Objectives**

- Update the graduate's knowledge in everything related to the different personality disorders that appear in childhood and adolescence
- Introduce the Psychologist to the most effective and innovative diagnostic and therapeutic management tools available today

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TECH designs each of its programs with its graduates in mind so that they can achieve their educational and professional goals with the Postgraduate Certificate of their choice"





## Objectives | 11 tech



## Specific Objectives

- Know and differentiate personality disorders from the pathological universe in childhood and adolescence
- Study the differences among childhood personality disorders
- Know the prevalence of the different personality disorders in childhood and adolescence
- Study the personality universe in the child and adolescence stage

# 03 Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.

# Course Management | 13 tech

TECH offers the most specialized teaching staff in the field of study. Enroll now and enjoy the quality you deserve"

## tech 14 | Course Management

## **International Guest Director**

With a solid career in the field of **mental health**, Dr. Fairlee C. Fabrett is considered a true international reference. The expert has a prominent professional and research career, focused on improving the quality of **psychological care** in general, but with special emphasis on the approach to **child and adolescent patients**.

For more than a decade, the specialist has maintained a continuous link with the prestigious McLean Hospital of Mass General Brigham. At that institution, she has led several clinical projects. Among other roles, she has been involved in the supervision of innovative treatment models. Along with the rest of the team in the Division of Child and Adolescent Psychiatry, he has also implemented comprehensive, multidisciplinary work strategies to address disorders such as Anxiety, Emotional and Mood Dysfunction.

Her commitment to the training of other specialists has prompted her to develop an internship program for graduate students in Psychology. An academic training that not only aligns with the functions of McLean Hospital, but provides a holistic view on the most disruptive therapeutic trends. In addition, he is responsible for the adaptation and implementation of several outpatient treatment manuals, with significant therapeutic results.

At the same time, she runs a **Clinical Fellowship Program** designed to provide recent graduates with specific training to become **counselors** or **community residency coordinators**. Most of the graduates of this initiative have played a crucial role in supporting the **integration** and **motivation** of children and adolescents with mental health problems, both inside and outside McLean Hospital itself.

Also noteworthy is the **careful preparation** that Dr. Fabrett has sustained throughout her professional experience. A graduate of Arizona State University with a Ph.D. in **Clinical Psychology**, she has pursued advanced studies at Harvard University.



## Dr. Fabrett, Fairlee C.

- Director of the Division of Child and Adolescent Psychiatry at McLean Hospital, Belmont, USA
- Academic of Psychiatry at Harvard University
- Psychologist at Cambridge Health Alliance, Cambridge, Cambridge, UK
- Doctorate in Clinical Psychology from Arizona State University
- B.S. in Psychology from the University of Arizona
- Clinical Psychology Fellowship at Harvard Medical School, Harvard Medical School
- Academic Post-Doctoral Fellowship at McLean Hospital

GGG Thanks to TECH you will be able to learn with the best professionals in the world"

# 03 Structure and Content

The development of comprehensive, current, dynamic, intensive, and highly educational programs is undoubtedly TECH's main objective. Therefore, for the development of the structure and content of each of its programs, this university uses the professional criteria of the teaching team, as well as the information extracted from the main sources. In addition, all of this is adapted to the prestigious and effective Relearning methodology, in whose use TECH is a pioneer. Finally, each educational experience is accompanied by hours of additional material in different formats, thanks to which the graduates will be able to delve into each section of the syllabus in a personalized way.

In the Virtual Classroom, you will find real clinical cases of different patients, so that you can apply the strategies developed in the syllabus and put into practice your professional skills"

## tech 18 | Structure and Content

### Module 1. Personality Disorders in Childhood and Adolescence

- 1.1. Paranoid Personality Disorder
  - 1.1.1. Introduction to Paranoid Personality Disorder
  - 1.1.2. Diagnostic Criteria
  - 1.1.3. Paranoid Personality in Childhood and Adolescence
- 1.2. Schizoid Personality Disorder
  - 1.2.1. Introduction to Schizoid Personality Disorder
  - 1.2.2. Diagnostic Criteria
  - 1.2.3. Schizoid Personality in Childhood and Adolescence
- 1.3. Schizotypal Personality Disorder
  - 1.3.1. Introduction to Schizotypal Personality Disorder
  - 1.3.2. Diagnostic Criteria
  - 1.3.3. Schizotypal Personality in Minors. How It Differs from Adult Neuropathology
- 1.4. Borderline Personality Disorder
  - 1.4.1. Introduction to Borderline Personality Disorder
  - 1.4.2. Diagnostic Criteria
  - 1.4.3. Borderline Personality in Childhood and Adolescents
- 1.5. Narcissistic Personality Disorder
  - 1.5.1. Introduction to Narcissistic Personality Disorder
  - 1.5.2. Diagnostic Criteria
  - 1.5.3. Narcissist Personality in Children
- 1.6. Antisocial Personality Disorder
  - 1.6.1. Introduction to Antisocial Personality Disorder
  - 1.6.2. Diagnostic Criteria
  - 1.6.3. Antisocial Personality in Minors
- 1.7. Histrionic Personality Disorder
  - 1.7.1. Introduction to Histrionic Personality Disorder
  - 1.7.2. Diagnostic Criteria
  - 1.7.3. Histrionic Personality in Childhood and Adolescence





## Structure and Content | 19 tech

- 1.8. Avoidant Personality Disorder
  - 1.8.1. Introduction to Avoidant Personality
  - 1.8.2. Diagnostic Criteria
  - 1.8.3. Avoidant Personality and its Relation to Childhood and Adolescence Stage
- 1.9. Dependent Personality Disorder
  - 1.9.1. Introduction to Dependent Personality
  - 1.9.2. Diagnostic Criteria
  - 1.9.3. Avoidant Personality and its Relationship with the Childhood and Adolescence Stage
  - 1.9.4. Implications of the Dependent Personality in Adulthood
- 1.10. Obsessive Compulsive Personality Disorder
  - 1.10.1. Introduction to the Concept of Obsessions and Compulsions
  - 1.10.2. Concept of Compulsive Personality Disorder and Diagnostic Criteria
  - 1.10.3. Obsessive-Compulsive Personality in Childhood

Enroll now and undertake an educational experience that will mark a before and after in your career as a Psychologist specializing in child and adolescent patients"

# 05 **Methodology**

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.** 

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

## tech 22 | Methodology

### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 24 | Methodology

### **Relearning Methodology**

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

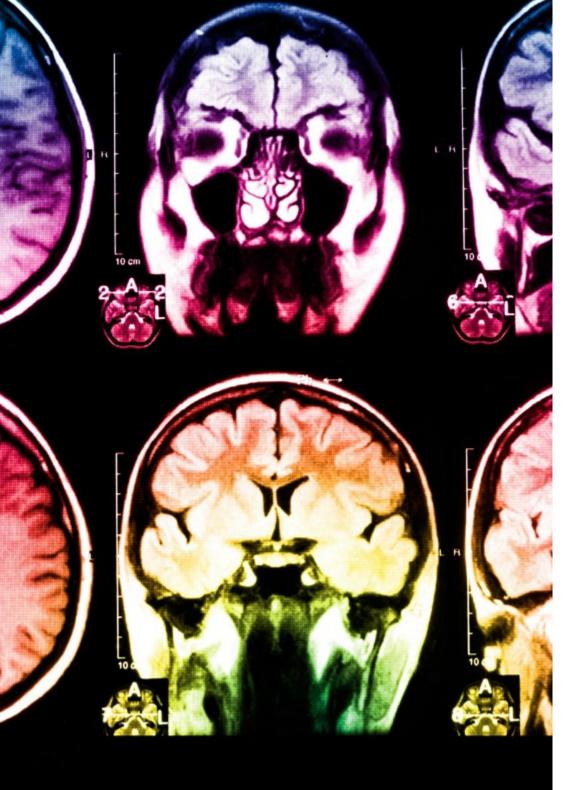
At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



## tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

20%

15%

3%

15%

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

## Methodology | 27 tech



### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

7%

3%

17%



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

# 05 **Certificate**

The Postgraduate Certificate in Personality Disorders in Childhood and Adolescence guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.

Certificate | 29 tech

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Successfully complete this program and receive your Postgraduate Certificate without having to travel or fill out laborious paperwork"

## tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Personality Disorders in Childhood and Adolescence** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Personality Disorders in Childhood and Adolescence Modality: online Duration: 6 weeks Accreditation: 6 ECTS



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

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