## Postgraduate Certificate Personality Disorders and Associated Pathologies



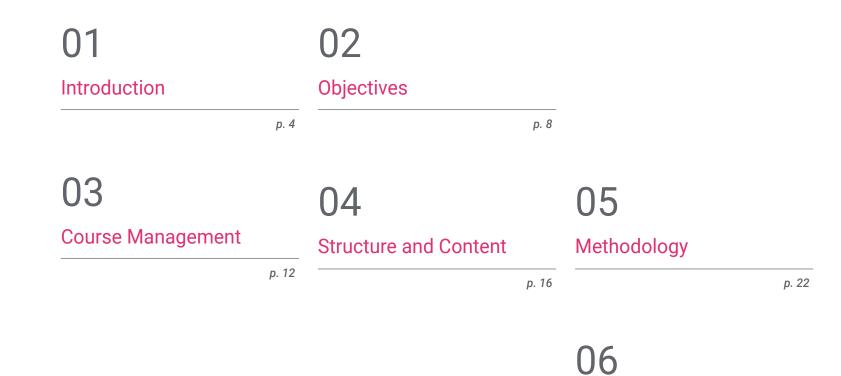


## **Postgraduate Certificate** Personality Disorders and Associated Pathologies

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 9 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/personality-disorders-associated-pathologies

## Index





## 01 Introduction

The term schizophrenia was introduced by Bleuler in 1911, who considered it more appropriate to emphasize the splitting that occurs in the association of ideas, emotions and contact with reality and social life. Today schizophrenia is still one of the greatest challenges of science, affecting, as is well known, about 1% of the population. Much progress has been made in the knowledge of this disease (or diseases), but if we analyze what is currently known and what is ignored, we could conclude that we know more and more, but we continue to ignore many of the enigmas of this or these diseases

## Introduction | 05 tech

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This Postgraduate Certificate is unique in that it presents a whole arsenal of technology that the psychologist can offer to psychotic and personality disorders Always within a multidisciplinary environment, combining psychological and social intervention with pharmacotherapy"

## tech 6 Introduction

It is not easy or quick to establish a differential diagnosis of Personality Disorders with specific psychiatric diseases. Detecting this alteration in medical practice is of utmost importance. In most patients the abnormal features become apparent as early as childhood and adolescence, and remain hidden or ignored until adulthood. Personality traits are considered abnormal only to the extent that they are conflicting for the subject or society. Undoubtedly, the most frequent additional diagnosis in subjects with personality disorders is depression (or affective disorders). An important trend in current psychopathological research is the description of Personality Disorders in terms that allow for a reliable differential diagnosis.

The term schizophrenia was introduced by Bleuler in 1911, who considered it more appropriate to emphasize the splitting that occurs in the association of ideas, emotions and contact with reality and social life. Today schizophrenia is still one of the greatest challenges of science, affecting, as is well known, about 1% of the population. Much progress has been made in the knowledge of this disease (or diseases), but if we analyze what is currently known and what is ignored, we could conclude that we know more and more, but we continue to ignore many of the enigmas of this or these diseases.

It is clear that the predominant symptom in these chronic patients is impaired social performance. Therefore, psychosocial care of schizophrenic patients is of fundamental importance, since most of them have to learn or relearn social and personal skills in order to survive in the community. Neuroleptics cannot teach the patient to develop vital and defensive resources nor can they improve a person's quality of life, except indirectly through their effect on cognitive disorganization and suppression of positive symptoms.

There is still a huge gap between our knowledge of certain mental illnesses and our knowledge of personality disorders. That is so, in part, because these appear to be quantitative rather than qualitative variants of the person. However, some personality disorders classically considered to be character-dependent (e.g., depressive, anxious, etc.) have actually been shown to be subsyndromal forms of specific diseases. Most patients tend to show behaviors (and problems) suggestive of a personality disorder, which may make the clinician forget syndromes unrelated to personality.

This **Postgraduate Certificate in Personality Disorders and Associated Pathologies** contains the scientific most complete and updated program on the market. The most important features of the course are:

- Clinical cases presented by experts in the different specialties. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional.
- New diagnostic and therapeutic developments in the treatment of Personality Disorders and Associated Pathologies
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- With special emphasis on evidence-based psychology and research methodologies in Psychology
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Expand your knowledge through the Postgraduate Certificate in Personality Disorders and Associated Pathologies adapted to your needs" This Postgraduate Certificate may be the best investment you can make in the selection of an updating program for two reasons: in addition to updating your knowledge Personality Disorders and Associated Pathologies, you will obtain a Postgraduate Certificate from TECH Global University"

Forming part of the teaching staff is a group of professionals in the field of Personality Disorders and Associated Pathologies, who bring to this training their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned experts in the field of Personality Disorders and Associated Pathologies with extensive teaching experience. The Postgraduate Certificate includes real clinical cases and exercises to bring the course closer to the psychologist's clinical practice

# 02 **Objectives**

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master Personality Disorders and Associated Pathologies in a practical and rigorous way.

Objectives | 09 tech

This program will provide you with the skills to carry out your psychological work with confidence and will help you to grow both personally and professionally"

## tech 10 |Objectives



### **General Objectives**

- Describe the fundamentals of psychodiagnosis of psychotic disorders and personality disorders
- Perform differential diagnosis between personality disorders and psychotic disorders
- Describe the different subspecialties in the field of psychosis and personality disorders
- Master the current knowledge on medication used in psychiatry and neurology
- Train to achieve the therapist-patient-medication link
- Identify the absorption properties of medication
- Describe with decision protocols the individualized study of family members to perform a rigorous psychopathological study
- Use decision trees to make a permanent differential diagnosis
- Frame all the information within a multidisciplinary framing model in the study of the biopsychosocial framework of the psychotherapy-pharmacology relationship in psychotic disorders and personality

Seize the opportunity and take the step to get up to date on the latest developments in Tools Used in the Diagnosis of Psychotic and Personality Disorders"



## Objectives | 111 tech





#### **Specific Objectives**

- Manage the clinical practice stage of the patient, as well as to provide the necessary skills to work multidisciplinary
- Identify and make decisions about patients taking into account the social and emotional fabric in which they find themselves
- Master the course within a framework of intervention in psychotic disorders and personality disorders
- Performing and adapting intervention protocols psychological within an interdisciplinary framework
- Addressing the clinical use of the drug
- Manage the dynamics of therapeutic time
- Employ knowledge about the side effects of drugs so that they do not disable psychotherapy intervention with psychotic disorders
- Management of emotional crises with psychotropic drugs in these diseases
- Master the tools of evaluation and intervention using all the intervention indicators
- Identify and use information from social and family agents
- Use the intervention to determine when it is necessary for other professionals to join process
- Developing and understanding mutations and new forms of disease in personality disorders
- Develop knowledge that discriminates an important problem of natural evolution within the process of family coexistence
- \* Manage and master the systemic psychopathology that causes these disorders
- Develop monitoring models that express the changes of stress pathologies and chronic pathological mental states

## 03 Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.

Course Management | 13 tech

Learn the latest advances in Tools Used in the Diagnosis of Psychotic and Personality Disorders"

## tech 14 |Course Management

#### Management



#### Segovia Garrido, Domingo.

- Degree in Psychology. Murcia University. 1994-1999
- Master's Degree in Occupational Hazard Prevention F.E.C.M.E.S. 2003
- Master's Degree in Integrated Systems Management. FEDA. 2005
- Master's Degree in Clinical and Health Psychology. ISEP. 2004-05
- Psychologist at LASSUS Association for help against Depressive Syndrome. 2003-2012
- Former President of the LASSUS Association for help against Depressive Syndrome. 2006-2010
- Director-Psychologist of the Tinte23 Psychology Center. Since 2014
- Psychologist at Asociación Mentes Abiertas of La Roda (Association that works with family members and people with severe mental illness). Since 2015

#### Coordinator



#### Aguado Romo, Roberto.

- Psychologist specialized in clinical psychology
- European specialist psychologist in psychotherapy
- Managing Director of evaluation and psychotherapy centers in Madrid, Bilbao, and Talavera de la Reina
- Author of Time-Limited Psychotherapy
- Researcher at CerNet, Emotional Network, and European Institute for Time-Limited Psychotherapies.

### Course Management| 15 tech

#### Professors

#### De Dios González, Antonio.

- Director of Avatar Psychologists
- Director of the Psychology Department of Quirón Hospital of Marbella.
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- Transpersonal Therapist by the Spanish School of Transpersonal Development
- E.F.T. Specialist by the World Center for EFT
- Master's degree in Neuro-Linguistic Programming (N.L.P.) by Richard Bandler's Society of Neuro-Linguistic Programming.
- Specialist in Clinical Hypnosis and Relaxation

#### González, Mónica.

- Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

#### Martínez-Lorca, Manuela.

- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist.
- Lecturer at the Department of Psychology at the UCLM
- Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies.
- Specialist in Clinical Hypnosis and Relaxation

#### Roldán, Lucía.

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention

## 04 Structure and Content

The structure of the contents has been designed by a team of professionals knowledgeable about the implications of training in daily medical practice of tools used in the diagnosis of psychotic and personality disorders, aware of the relevance of today training in order to be able to act before the patient with psychotic and personality disorders with quality teaching through new educational technologies.

This Postgraduate Certificate in Personality Disorders and Associated Pathologies contains the scientific most complete and updated program on the market"

### tech 18 Structure and Content

#### Module 1. Personality Disorders and Associated Pathologies

- 1.1. General Personality Disorder
  - 1.1.1. Cognition
  - 1.1.2. Affectivity
  - 1.1.3. Interpersonal Functioning
  - 1.1.4. Impulse Control
- 1.2. Intervention in Personality Disorders
- 1.3. Paranoid
  - 1.3.1. Mistrust
  - 1.3.2. Suspiciousness
  - 1.3.3. Deception
  - 1.3.4. Concern
  - 1.3.5. Resentment
- 1.4. Schizoid
  - 1.4.1. Displacer
  - 1.4.2. Loneliness
  - 1.4.3. Disinterest
  - 1.4.4. Difficulty in Intimate Relationships
  - 1.4.5. Emotional Coldness
- 1.5. Schizotypal
  - 1.5.1. Reference Idea
  - 1.5.2. Unusual Perception
  - 1.5.3. Strange Thoughts
  - 1.5.4. Suspiciousness
  - 1.5.5. Inappropriate Affection
  - 1.5.6. Strange Appearance
  - 1.5.7. Social Anxiety
- 1.6. Antisocial
  - 1.6.1. Illegality
  - 1.6.2. Deception
  - 1.6.3. Impulsiveness
  - 1.6.4. Irresponsibility
  - 1.6.5. Absence of Remorse

- 1.7. Limitations
  - 1.7.1. Homelessness
  - 1.7.2. Interpersonal Instability
  - 1.7.3. Abnormalities About Identity
  - 1.7.4. Autolisis
  - 1.7.5. Affective Instability
  - 1.7.6. Chronic Emptiness
  - 1.7.7. Irritability
- 1.8. Histrionic
  - 1.8.1. Theatrical
  - 1.8.2. Seduction
  - 1.8.3. Emotional Lability
  - 1.8.4. Self-Dramatization
  - 1.8.5. Suggestibility
- 1.9. Narcissist
  - 1.9.1. Megalomania
  - 1.9.2. Fantasies of Success
  - 1.9.3. Priviledge
  - 1.9.4. Exploits Relationships
  - 1.9.5. Lacks Empathy
  - 1.9.6. Envy
- 1.10. Evasión
  - 1.10.1. Avoidance
  - 1.10.2. Shame
  - 1.10.3. Concern over Criticism
  - 1.10.4. Inhibition in Relationships
  - 1.10.5. Does not Take Risks

### Structure and Content| 19 tech

1.11. Dependent

1.11.1. Indecision

1.11.2. Can Not Take Responsibility

1.11.3. Discomfort

1.11.4. Fear of Loneliness

1.11.5. Irrational Fear

1.12. Obsessive Compulsive

1.12.1. Concern

- 1.12.2. Perfectionism
- 1.12.3. Excessive Dedication

1.12.4. Hyperconsciousness

1.12.5. Collectionism

1.12.6. Greed

1.13. Intervention in Dissociative Disorders

1.13.1. Dissociative Identity Disorder

1.13.2. Dissociative Amnesia

- 1.13.3. Depersonalization/Derealization Disorder
- 1.14. Intervention in Impulse Control Disorders
  - 1.14.1. Oppositional Defiant Disorder
  - 1.14.2. Intermittent Explosive Disorder
  - 1.14.3. Behavioral Disorder
    - 1.14.3.1. Kleptomania
    - 1.14.3.2. Pyromania
    - 1.14.3.3. Pathological Gambling
    - 1.14.3.4. Trichotillomania
    - 1.14.3.5. Compulsive Shopping
    - 1.14.3.6. Psychogenic Excoriation
    - 1.14.3.7. Onychophagia
- 1.15. interventions in Eating Disorders

1.15.1. Pica.

1.15.2. Anorexia Nervosa

1.15.3. Bulimia Nervosa

1.15.4. Intervention with Reciprocal Interaction Therapy in Anorexia and Bulimia

- 1.16. Intervention in Sleep Disorders
  - 1.16.1. Insomnia
  - 1.16.2. Hypersomnia
  - 1.16.3. Narcolepsy
  - 1.16.4. Central Sleep Apnea
  - 1.16.5. Parasomnia
- 1.17. interventions in Addictive Behavior Disorders
  - 1.17.1. Epidemiology
  - 1.17.2. Psychological Assessment
  - 1.17.3. Beginning and Evolution
  - 1.17.4. Exploration
  - 1.17.5. Psychological and Complementary Studies
  - 1.17.6. Diagnostic Judgment
  - 1.17.7. Aetiopathogenesis.
  - 1.17.8. Treatment



A unique, key, and decisive Training experience to boost your professional development"

# 05 **Methodology**

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine**have considered it to be one of the most effective.

Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

## tech 22 ||Methodology

#### At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

> With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



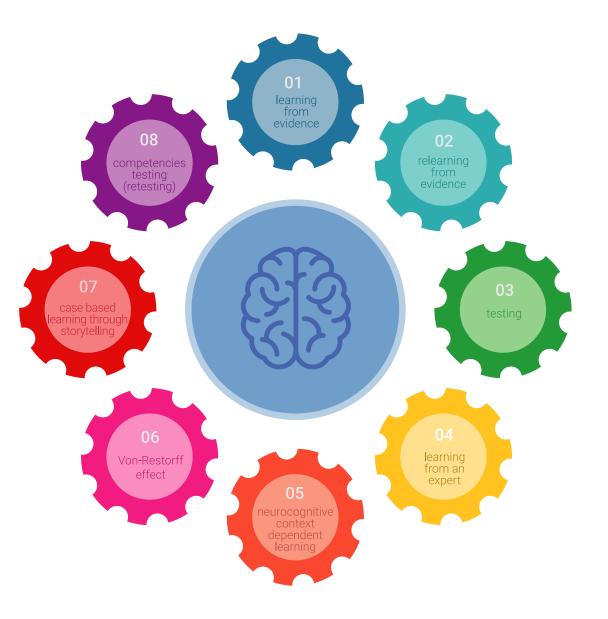
## tech 24 ||Methodology

#### **Re-learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-ofthe-art software to facilitate immersive learning



### Methodology|| 25 tech

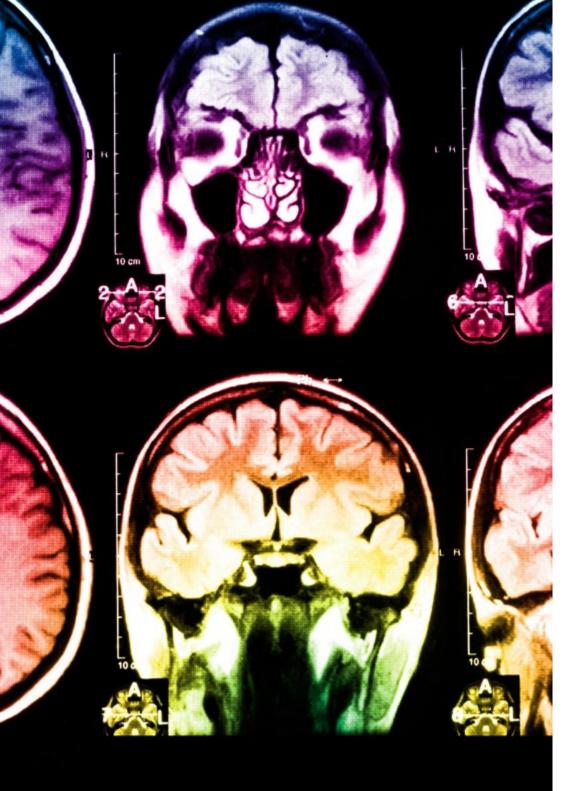
At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards



## tech 26 |Methodology

In this program you will have access to the best educational material, prepared with you in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

20%

15%

3%

15%

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.

### Methodology|| 27 tech



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

7%

3%

17%



#### **Testing & Retesting**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



#### Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

## 06 **Certificate**

The Postgraduate Certificate in Personality Disorders and Associated Pathologies guarantees you, in addition to the most rigorous and up-to-date training, access to a qualification issued by TECH Global University.



Successfully complete this training and receive your diploma without the hassle of travel or paperwork"

## tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Personality Disorders and Associated Pathologies** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Personality Disorders and Associated Pathologies Modality: online Duration: 6 weeks Accreditation: 9 ECTS



tecn global university Postgraduate Certificate Personality Disorders and Associated Pathologies » Modality: online » Duration: 6 weeks » Certificate: TECH Global University » Credits: 9 ECTS » Schedule: at your own pace » Exams: online

## Postgraduate Certificate Personality Disorders and Associated Pathologies

