

# Postgraduate Certificate Personality Disorders



## Postgraduate Certificate Personality Disorders

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/psychology/postgraduate-certificate/personality-disorder](http://www.techtitute.com/in/psychology/postgraduate-certificate/personality-disorder)

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# 01

# Introduction

Evaluating a patient and diagnosing accurately requires a deep knowledge on the part of the psychology professionals, who in their eagerness to offer the best service, knows that they must be aware of all the techniques and tools available for the evaluation of the patient, as well as the application of the most appropriate treatment. This program responds to this need to improve and update knowledge in a flexible way. All this is possible in this program thanks to a comprehensive syllabus, which has the most recent studies in this area and a 100% online teaching method, which allows access to the content at any time of the day.





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*With this postgraduate certificate you will be aware of the most effective treatments applied to patients with Personality Disorders"*

The complexity in the evaluation and determination of Personality Disorder leads the Psychology professionals to acquire a deep knowledge in this field. Only with this knowledge and clinical experience is it possible to determine the most appropriate treatment. In this Postgraduate Certificate, students will be able to recycle their knowledge in this area with an exhaustive content to which they will have access during the 6 weeks of duration of this degree.

An intensive program, where the professionals have a syllabus in which they will delve into the study of personality and its disorders, the bases that underpin the diagnosis and evaluation of the patient. Students will also learn about the main treatments for personality disorders, with the most recent psychotherapeutic techniques used. On the other hand, this program deals with borderline personality disorder and the difficulties presented by this type of patients.

All this with an innovative teaching material with which you can access the future lines of research in this field and the application of Third Generation therapies in people with personality disorder. In addition, the students have a Relearning system with which they will be able to update all their knowledge in a more natural and progressive way, reducing the long hours of study that are invested in other teaching methods.

A completely online program that the psychology professionals will be able to access from and when they wish. You only need an electronic device (Tablet, computer or cell phone) to connect to the virtual platform where you will have access to the entire syllabus, without fixed schedules. A flexible teaching method, which gives you the opportunity to distribute the teaching load according to your needs and make your work and/or family responsibilities compatible with a high level of education.

This **Postgraduate Certificate in Personality Disorders** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*A Postgraduate Certificate with 150 teaching hours of up-to-date and innovative knowledge in Personality Disorders”*



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*You have at your disposal an extensive library of multimedia resources, which will allow you to extend the syllabus of this program”*

*Update your knowledge on the assessment and diagnosis of Personality Disorder with a 100% program.*

*Delve into the difficulties and Approach to Patients with a Borderline Personality Disorder, in a more agile way.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02

# Objectives

The objective of this Postgraduate Certificate is that, upon completion of the 150 teaching hours of this program, the psychology professionals strengthen their knowledge about personality disorder, as well as to be aware of the latest developments in treatments and third generation therapies used to address this type of patients. All this with high-quality audiovisual material, according to current academic needs.





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*A Postgraduate Certificate that gives you access to current research on Third Generation therapies and their effectiveness in patients with personality disorders”*



## General Objectives

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- ♦ Acquire complete and comprehensive education in Clinical and Health Psychology
- ♦ Provide the students with the conceptual and theoretical knowledge of Clinical and Health Psychology
- ♦ Differentiate illness from health
- ♦ Know the psychological models in Clinical and Health Psychology
- ♦ Conduct psychological evaluations
- ♦ Design prevention protocols for health psychology and health promotion
- ♦ Know the aspects that affect clinical practice
- ♦ Manage the knowledge, skills, techniques, resources, and strategies needed to perform clinical practice
- ♦ Understand professional guidelines for good practice within the psychology profession





## Specific Objectives

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- Know the characteristics of personality disorders
- Know how to carry out an intervention within personality disorders
- Learn the fundamentals of the evaluation of personality disorders

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*A program that will provide you with the most recent treatments applied to patients with Personality Disorders”*



# 03

## Structure and Content

The syllabus of this Postgraduate Certificate has been prepared following the strict guidelines of the teaching team that directs this program with the aim of offering the psychology professional the most comprehensive content on personality disorder. Thus, through video summaries, interactive diagrams, specialized readings or real clinical cases, students will learn about the characteristics and delimitation of personality disorders, diagnosis and comorbidity or the different studies that address the most effective treatments with patients suffering from this disorder. A study plan to which you will also have access 24 hours a day.





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*A Postgraduate Certificate designed for psychology professionals who wish to update their knowledge without neglecting their work and personal responsibilities”*



## Module 1. Personality Disorders

- 1.1. History of the Study of Personality and its Disorders
  - 1.1.1. The First Studies on Personality
  - 1.1.2. First Authors
- 1.2. Definition and Delimitation of Personality Disorders
  - 1.2.1. Features and Delimitation of Personality Disorders
- 1.3. Diagnoses and Comorbidity
  - 1.3.1. Basis of Personality Disorder Diagnosis
  - 1.3.2. Evaluation of Personality Disorders
- 1.4. Classification of Personality Disorders
  - 1.4.1. Classification Models
  - 1.4.2. Types and Classification According to the DSM
- 1.5. Development of Personality Disorders
  - 1.5.1. Origin and Development of Personality Disorders
  - 1.5.2. Personality in the Different Stages of Development
- 1.6. Treatment of Personality Disorders
  - 1.6.1. Treatment and Intervention
  - 1.6.2. Psychotherapeutic Techniques
- 1.7. Borderline Personality Disorder
  - 1.7.1. Difficulties and Approach to Patients with a Borderline Personality Disorder
  - 1.7.2. Treatment Programs
- 1.8. Future Studies and Third Generation Therapies in Personality Disorders
  - 1.8.1. Analysis of Current Treatments
  - 1.8.2. Third Generation Techniques
  - 1.8.3. Future Lines of Research







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*Learn about future lines of research  
on the approach to patients with  
Personality Disorder”*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





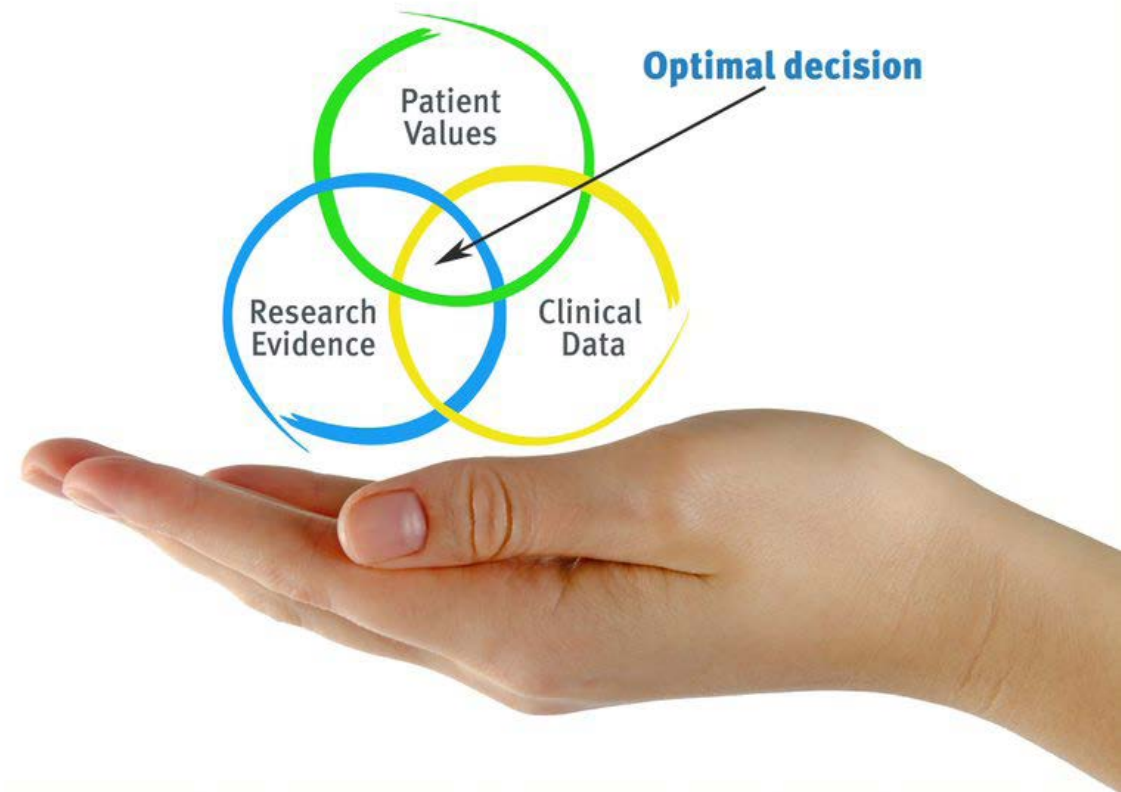
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

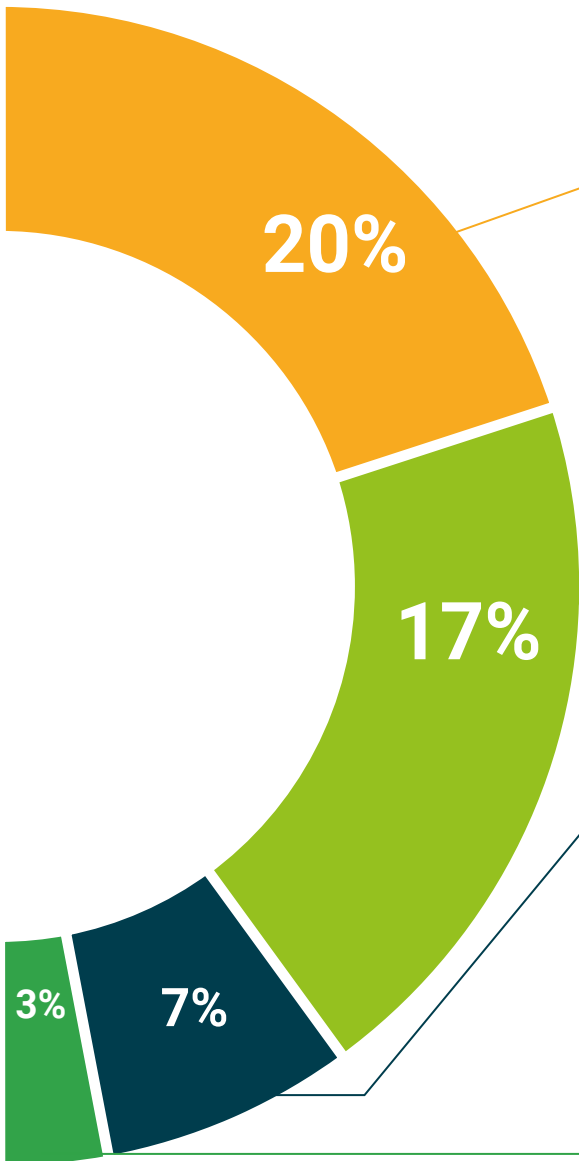
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





06

# Certificate

The Postgraduate Certificate in Personality Disorders guarantees students, in addition to the most rigorous and up-to-date education, the access to at Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your Postgraduate Certificate without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Personality Disorders** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Personality Disorders**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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