

# Postgraduate Certificate

## Other Related Problems



## Postgraduate Certificate

### Other Related Problems

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/psychology/postgraduate-certificate/other-related-problems](http://www.techtute.com/us/psychology/postgraduate-certificate/other-related-problems)

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Certificate

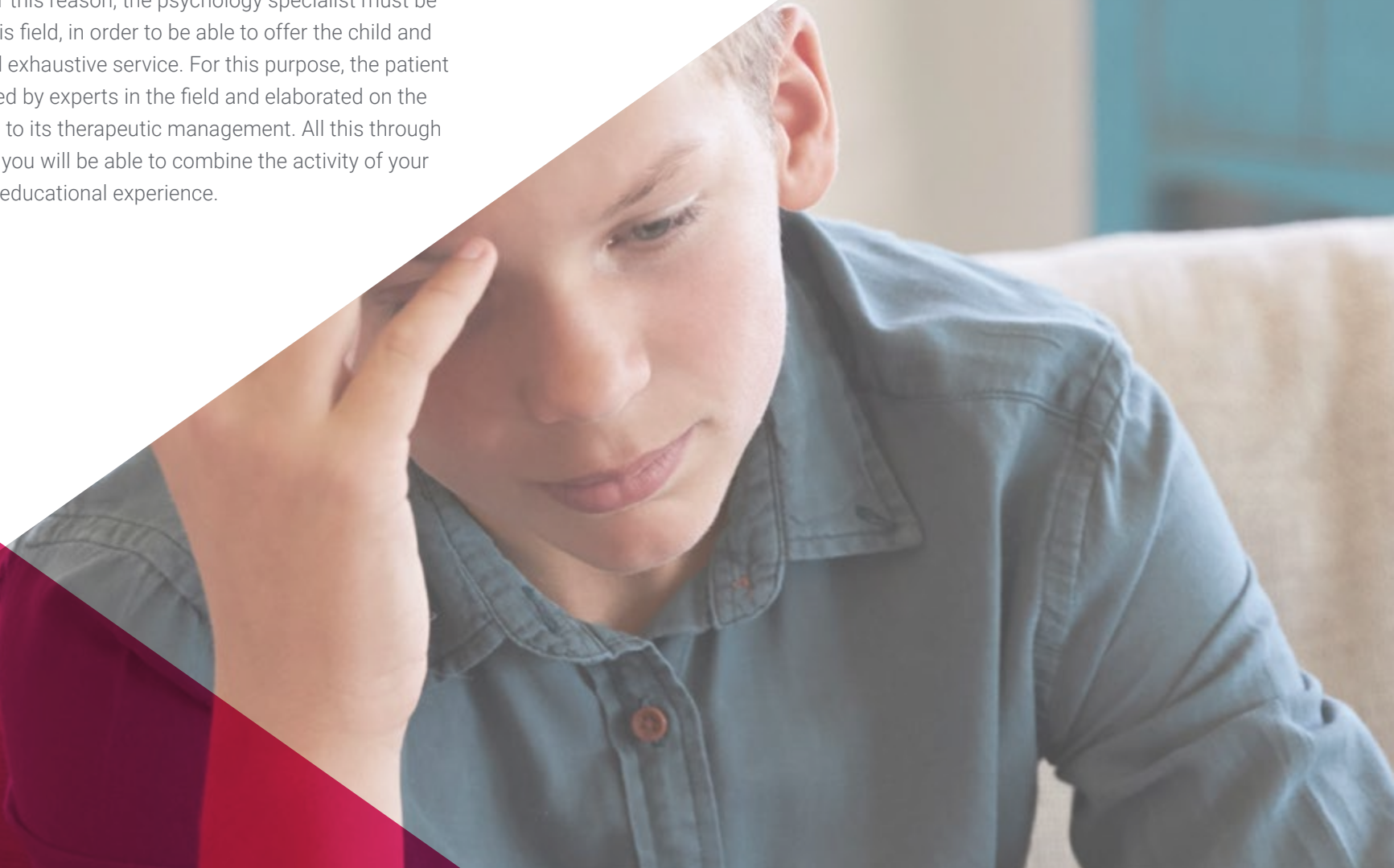
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# 01

# Introduction

The treatment of possible psychological disorders and problems in the child and adolescent patient is fundamental to avoid, on the one hand, a worsening of their quality of life, and on the other hand, that they derive in even more serious conditions during the course to adulthood. For this reason, the psychology specialist must be aware of the novelties related to this field, in order to be able to offer the child and their family the most complete and exhaustive service. For this purpose, the patient can count on this program, designed by experts in the field and elaborated on the basis of the latest evidence related to its therapeutic management. All this through a 100% online program with which you will be able to combine the activity of your practice with a highly capacitating educational experience.



“

*TECH presents the opportunity you were looking for to take a program with which you can get up to date on the most common psychological problems in the child and adolescent patient in a 100% online way”*

Anger and aggressiveness, substance and non-substance addiction (e.g., to consoles or cell phones), uncontrolled emotional ups and downs and low self-esteem are problems that frequently occur in the child and adolescent patient. The consequences of suffering from this type of psychological disorders can be very serious, including suicidal thoughts.

For this reason, the intervention of a professional when cases of this type are detected is essential in order to prevent the development of these behaviors and to try to improve the quality of life of the child or adolescent. In order to be able to practice based on the latest scientific evidence that has been published, TECH has developed this comprehensive and innovative program in Other Associated Problems. Through 180 hours of the best theoretical, practical and additional content, the graduates will be able to delve into the therapeutic management of the aforementioned behaviors, emphasizing the most common conditions during neurodevelopment and the psychological strategies that are currently having the best results.

All this through a highly empowering 100% online academic experience with which, in less than 6 weeks, you will have managed to perfect your professional skills in a guaranteed way. In addition, you will not have schedules or in-person classes, so you will be able to adapt the course of this program in a totally personalized way to your availability, being able to get the most out of it and balance your work and personal life.

This **Postgraduate Certificate in Other Related Problems** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Practical cases presented by experts in Psychology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable electronic device with an Internet connection



*With this Postgraduate Certificate, you will be able to delve into the problems of substance abuse in minors, as well as the current fashions that involve this type of patients”*

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*The problems derived from ICT addiction are very frequent in today's society. Therefore, with this program you will delve into their intricacies, and the most effective therapeutic strategies for their treatment”*

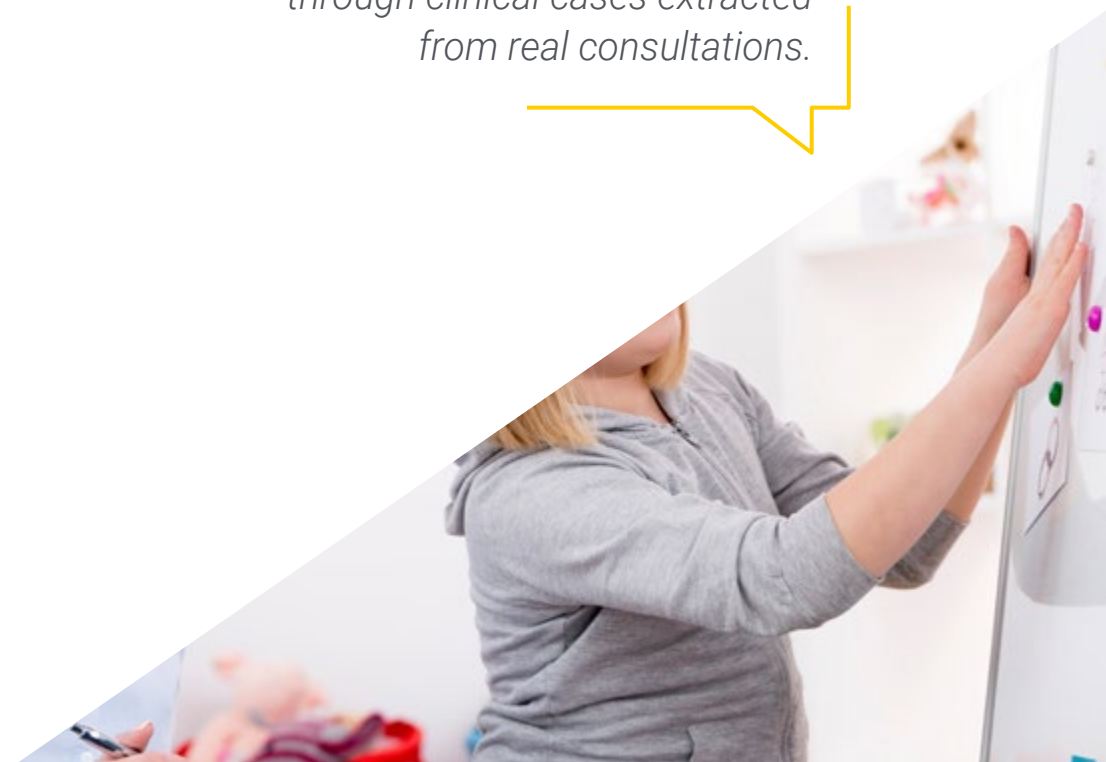
The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned experts.

*A program with which you will work on the main emotional problems in childhood and adolescence, with special emphasis on the recommendations of experts for their psychological management.*

*You will work on the problems of self-esteem and self-concept in the child and adolescent patient through clinical cases extracted from real consultations.*



# 02

# Objectives

This Postgraduate Certificate in Other Associated Problems has been developed by TECH and its team of experts with the aim that the Psychology specialists can know in detail the latest scientific evidence related to the different types of problems and disorders that may arise in the child and adolescent patient. In addition, it aims to serve as an opportunity to put into practice their professional skills, perfecting their competencies in the therapeutic management of children and adolescents.





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*Would you like to get up to date on the most common neurodevelopmental conditions in the child and adolescent patient? This program is perfect to meet this and other objectives in less than 6 weeks”*



## General Objectives

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- ♦ Develop an up-to-date knowledge about the different disorders that may arise in the child and adolescent patient associated with addictions
- ♦ Know the latest developments related to the most common neurodevelopmental disorders

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*You will work comprehensively and meticulously on the prevention of suicide in childhood and adolescence, more than enough reason to choose this Postgraduate Certificate”*





## Specific Objectives

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- Study other relevant problems that may appear in the psychological consultation
- Know the repercussion of emotional problems in the optimal development of children
- Study the addiction fads in children and their possible effects on their development
- Know the problems of the third world that harm the normal psychological development of children

03

# Course Management

This academic program includes the most specialized teaching staff in the current educational market. They are specialists selected by TECH to develop the whole syllabus. In this way, starting from their own existence and the latest evidence, they have designed the most up-to-date content that provides a guarantee of quality in such a relevant subject.



“

*TECH offers the most specialized teaching staff in the field of study. Enroll now and enjoy the quality you deserve”*

## International Guest Director

With a solid career in the field of **mental health**, Dr. Fairlee C. Fabrett is considered a true international reference. The expert has a prominent professional and research career, focused on improving the quality of **psychological care** in general, but with special emphasis on the approach to **child and adolescent patients**.

For more than a decade, the specialist has maintained a continuous link with the prestigious **McLean Hospital of Mass General Brigham**. At that institution, she has led several **clinical projects**. Among other roles, she has been involved in the **supervision** of innovative **treatment models**. Along with the rest of the team in the **Division of Child and Adolescent Psychiatry**, he has also implemented comprehensive, multidisciplinary work strategies to address disorders such as **Anxiety, Emotional and Mood Dysfunction**.

Her commitment to the training of other specialists has prompted her to develop an internship program for graduate students in Psychology. An academic training that not only aligns with the functions of McLean Hospital, but provides a holistic view on the most disruptive therapeutic trends. In addition, he is responsible for the adaptation and implementation of several outpatient treatment manuals, with significant therapeutic results.

At the same time, she runs a **Clinical Fellowship Program** designed to provide recent graduates with specific training to become **counselors** or **community residency coordinators**. Most of the graduates of this initiative have played a crucial role in supporting the **integration** and **motivation** of children and adolescents with mental health problems, both inside and outside McLean Hospital itself.

Also noteworthy is the **careful preparation** that Dr. Fabrett has sustained throughout her professional experience. A graduate of Arizona State University with a Ph.D. in **Clinical Psychology**, she has pursued advanced studies at Harvard University.



## Dr. Fabrett, Fairlee C.

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- Director of the Division of Child and Adolescent Psychiatry at McLean Hospital, Belmont, USA
- Academic of Psychiatry at Harvard University
- Psychologist at Cambridge Health Alliance, Cambridge, Cambridge, UK
- Doctorate in Clinical Psychology from Arizona State University
- B.S. in Psychology from the University of Arizona
- Clinical Psychology Fellowship at Harvard Medical School, Harvard Medical School
- Academic Post-Doctoral Fellowship at McLean Hospital

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*Thanks to TECH you will be able to learn with the best professionals in the world”*

03

# Structure and Content

This Postgraduate Certificate includes the most updated content related to the area of child and adolescent psychology and problems related to non-standardized behaviors, gathered in a comprehensive and dynamic syllabus, which has been designed by the teaching team. In addition, hours of additional material have been selected in different formats (detailed videos, images, dynamic summaries, research articles and complementary readings) so that the graduates can delve, in a personalized way, into the aspects they consider most relevant.







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*Work on the main problems of self-esteem and self-concept in minors and offer your patients an even more specialized and comprehensive psychological service that will help them in their recovery”*

## Module 1. Other Related Problems

- 1.1. Anger and Aggressiveness Problems
  - 1.1.1. Introduction to Anger and Aggressiveness Problems
  - 1.1.2. Anger and Aggressiveness Problems in the Psychological Consultation
- 1.2. Substance Addiction Problems
  - 1.2.1. Introduction to Substance Addiction
  - 1.2.2. The problems of Substance Abuse in Minors
  - 1.2.3. Substance Abuse Fads in Minors
- 1.3. Substance Addiction Problems ICT
  - 1.3.1. Introduction to ICT
  - 1.3.2. Addiction to ICT in Minors
- 1.4. Problems Derived from ICT
  - 1.4.1. Major Problems Derived from ICT
- 1.5. Emotional Problems in Childhood and Adolescence
  - 1.5.1. Introduction to Emotions
  - 1.5.2. Emotions in Childhood and Adolescence
  - 1.5.3. Major Emotional Problems in Childhood and Adolescence
- 1.6. Self-Esteem and Self-Concept Problems
  - 1.6.1. Introduction to the Concept of Self-Esteem and Self-Concept
  - 1.6.2. Major Self-Esteem and Self-Concept Problems
- 1.7. Suicide in Childhood and Adolescence
  - 1.7.1. Introduction to Suicide
  - 1.7.2. Suicides in the Childhood and Adolescence Stage
- 1.8. Characteristics of Oppositional Defiant in Children and Adolescents
  - 1.8.1. Introduction to Oppositional Defiant Disorder
  - 1.8.2. Major Characteristics of Oppositional Defiant in Children and Adolescents
  - 1.8.3. Major Characteristics of Oppositional Defiant in Adolescents
- 1.9. The Most Common Neurodevelopment Conditions
  - 1.9.1. Introduction the Neurodevelopment Conditions
  - 1.9.2. Neurodevelopment Conditions in Minors





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*This is a program that is comfortable, accessible, highly capacitating and designed exclusively by and for psychology professionals like you. Are you going to pass it up?"*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

# Certificate

The Postgraduate Certificate in Other Related Problems guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program and receive your Postgraduate Certificate without having to travel or fill out laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Other Related Problems** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Other Related Problems**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development languages  
virtual classroom



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