

# Postgraduate Certificate Intervention Techniques



## Postgraduate Certificate Intervention Techniques

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/psychology/postgraduate-certificate/intervention-techniques](http://www.techtitute.com/pk/psychology/postgraduate-certificate/intervention-techniques)

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# 01

# Introduction

Intervention in young patients is complex, so all the skills, techniques and tools mastered by the psychology professional are very useful for the management of people who are in a transcendental stage of physical and cognitive development. This program taught in 100% online mode provides students with the most comprehensive knowledge in the field of techniques and intervention used today, as well as the most recent scientific studies that support the implementation of some methods or others. All this with a specialized teaching team that will guide students in the renewal of their knowledge.







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*A 100% online university degree that gives you the opportunity to keep informed of the latest advances in intervention techniques for children and adolescents"*

Working with certain emotions, impulses or relaxation requires a broad knowledge of the different techniques used for the management of patients in the child and adolescent stage. It is precisely in the different models and techniques of intervention in which the psychology professional will deepen in this Postgraduate Certificate, where you can improve your knowledge with the help of a teaching team specialized in this field.

Thus, students who take this 100% online program will acquire a renewed knowledge in relation to the different intervention tools to deal with children and adolescents, always taking into account the characteristics of the patient and the social and family environment of the child and / or adolescent. This will be possible thanks to a syllabus prepared by expert teachers in this field who pour their knowledge and experience in this area into this Postgraduate Certificate.

Likewise, the psychology professionals who take this university program will be able to increase their knowledge in different therapies such as Beck's cognitive therapy, problem solving, exposure or modeling, as well as the most relevant authors and their clinical applications.

An excellent opportunity offered by TECH to all psychology professionals who, for 6 weeks, wish to renew their knowledge comfortably, whenever and wherever they wish. They only need a computer, a tablet or a cell phone with internet connection to access the complete syllabus available 24 hours a day. In addition, students can distribute the teaching load according to their needs, which will allow them to more easily combine their work and/or personal responsibilities with an education that is at the academic forefront.

This **Postgraduate Certificate in Intervention Techniques** contains the most complete and up-to-date program on the market. The most important features include:

- ◆ Practical cases presented by experts in Psychology
- ◆ The graphic, schematic, and practical content with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*The simulations of practical cases will be very useful for you to apply in your practice the techniques of play or oratory applied with children"*

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*A Postgraduate Certificate that allows you for 6 weeks to acquire an advanced knowledge of the clinical application of the Intervention Techniques”*

The program includes in its teaching staff professionals of the sector who pour into this course the experience of their work, as well as recognized specialists of reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide professionals with situated and contextual learning, i.e., a simulated environment that will provide immersive training, designed for training oneself in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. This will be done with the help of an innovative interactive video system developed by renowned experts.

*Are you looking for a Postgraduate Certificate that will provide you with the latest developments in intervention techniques? With this course you will get it and also with a flexible method.*

*Download the multimedia content available in this program so that you can view it whenever you want.*



# 02

# Objectives

The psychology professional that completes this university degree will be able, after completing the 150 teaching hours, to achieve a comprehensive upgrade on the recent intervention techniques used in the child and adolescent population. The video summaries, specific readings and simulations of real cases will be of great help to achieve these goals.







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*You will be able to upgrade your knowledge with an innovative syllabus and a library of multimedia resources that complement this Postgraduate Certificate"*



## General Objectives

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- ♦ Describe the therapeutic bond between the psychotherapist and the child
- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and evaluation in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups
- ♦ Develop sufficient skills to manage a child and adolescent clinic





## Specific Objectives

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- ◆ Establish different intervention tools in order to treat children and adolescents
- ◆ Know the main theories of play, metaphors and stories as intervention techniques
- ◆ Apply certain intervention tools taking into account the social and emotional situation of the child and adolescent



*Access recent scientific studies that support the efficient use of certain intervention techniques in adolescents"*

# 04

## Structure and Content

The syllabus of this Postgraduate Certificate has been developed strictly following the guidelines of a specialized teaching team that provides the most up-to-date knowledge in child and adolescent intervention techniques. Thus, the psychology professionals will be able to renew their knowledge with a theoretical-practical approach, thanks to the quality multimedia content provided in this degree. This way, they will learn about the different techniques, authors and practical applications of each one of them, depending on the problem to be addressed with each patient. The *Relearning* system will also allow you to increase your knowledge in a more progressive way and reduce the usual hours of study with other teaching methods.







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*An academic program that you can study in a comfortable way, with just a device with internet connection"*

## Module 1. Intervention Techniques

- 1.1. Beck's Cognitive Therapy
  - 1.1.1. Who Is Beck?
  - 1.1.2. Fundamentals of Cognitive Therapy
  - 1.1.3. Clinical Use
- 1.2. Problem-Solving Therapy
  - 1.2.1. Introduction to Problem-Solving Therapy
  - 1.2.2. Relevant Authors
  - 1.2.3. Clinical Use
- 1.3. Exposure Therapy
  - 1.3.1. Types of Exposure
  - 1.3.2. Relevant Authors
  - 1.3.3. Clinical Use
- 1.4. Modeling Techniques
  - 1.4.1. Origin of Modeling
  - 1.4.2. Techniques and Application
- 1.5. Ellis Rational-Emotive-Behavioral Therapy
  - 1.5.1. Rational-emotive-behavioral therapy fundamentals
  - 1.5.2. Clinical Use
- 1.6. Humanistic Techniques
  - 1.6.1. Fundamentals of Humanistic Therapy
  - 1.6.2. Most Common Techniques
- 1.7. Behavioral techniques
  - 1.7.1. Rational-emotive-behavioral therapy fundamentals
  - 1.7.2. Clinical Use
- 1.8. Gestalt Therapy
  - 1.8.1. Fundamentals of Gestalt Therapy
  - 1.8.2. Clinical Use
- 1.9. Piaget's School
  - 1.9.1. Fundamentals of Piaget's School
  - 1.9.2. Clinical Use
- 1.10. Mindfulness
  - 1.10.1. Origin of Mindfulness
  - 1.10.2. Mechanisms of Action
  - 1.10.3. Clinical Use





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*This Postgraduate Certificate will allow you to apply the latest Mindfulness techniques in minor patients”*



05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





06

# Certificate

The Postgraduate Certificate in Intervention Techniques guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Intervention Techniques** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Intervention Techniques**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
development language  
virtual classroom



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