

Postgraduate Certificate Intervention Techniques in Child and Adolescent Psychiatric Treatment



Postgraduate Certificate

Intervention Techniques in Child and Adolescent Psychiatric Treatment

Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

6 ECTS Credits

Teaching Hours: 150 hours.

Website: www.techtute.com/us/postgraduate-certificate/intervention-techniques-child-adolescent-psychiatric-treatment

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01

Introduction

This program addresses and integrates all that science currently knows about pathology in childhood and adolescence. The link between mental health and childhood has, up until now, been researched very little as a specialization and is currently more like a translation of adult psychopathology.



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In this program you will be able to gain the knowledge you need to excel in the specialized field of child and adolescent psychopathology”

From our experience we know that the therapist's personal skills are crucial, that's why this syllabus includes multiple strategies and skills to achieve an effective bond both in the evaluation and diagnosis, as well as in the intervention with this type of patient.

Clinical Psychology in this historic moment should provide the student with not only a theoretical-scientific framework, but also with the skills to address mental illnesses in an effective way and thus make them successful evaluators as well as the instigators of change in a patient. This change could be both in their behavior and in their traumatic memories that lead to a cycle of suffering and emotional isolation.



Update your knowledge through the Postgraduate Certificate in Intervention Techniques in Child and Adolescent Psychiatric Treatment, in a practical way and adapted to your needs”

This **Postgraduate Certificate in Intervention Techniques in Child and Adolescent Psychiatric Treatment** contains the most complete and up-to-date educational program on the market. The most important features of the program include:

- ♦ Clinical cases presented by experts in psychology.
The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ New diagnostic and therapeutic developments in the Intervention Techniques in Child and Adolescent Psychiatric Treatment.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ With special emphasis on evidence-based psychology and research methodologies in psychology
- ♦ Availability of content from any fixed or portable device with an Internet connection.

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This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Intervention Techniques in Child and Adolescent Psychiatric Treatment, you will obtain a qualification from TECH Technological University"

The program includes real clinical cases and exercises to bring the course closer to the psychologist's clinical practice.

Forming part of the teaching staff is a group of professionals in the world of psychology who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

This program is designed around Problem Based Learning, whereby the physician must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.



02

Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master the Intervention Techniques in Child and Adolescent Psychiatric Treatment in a practical and rigorous manner.



A hand holding a white card with a black ink drawing of a rooster's head. The drawing is a stylized, high-contrast illustration of a rooster's head, showing its comb, wattle, and beak. The background is a gradient of pink and purple, with a white diagonal line separating the image from the text area.

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This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally”



General Objectives

- Master the technique for interviewing a child or adolescent.
- Master the personality evaluation of these age groups.
- Identify the role of the family in child and adolescent diagnosis.
- Describe the intervention of clinical psychology in these age groups.
- Develop sufficient skills to manage a child and adolescent clinic.



Make the most of the opportunity and take the step to get up-to-date on the latest developments in Intervention Techniques in Child and Adolescent Psychiatric Treatment"





Specific learning objectives of each module:

- ♦ Develop knowledge of different mental disorders and behavioural or emotional abnormalities.
- ♦ Make a realistic prognosis of the child's or adolescent's situation as part of the differential diagnosis.
- ♦ Manage the current clinical situation in its biopsychosocial variables.
- ♦ Develop protocols and tools that allow for intervention with safeguards.
- ♦ Understand the different masks used and atypical ways the illness can present itself in children and adolescents.
- ♦ Master the use of decision trees based on DSM-5. and CIE-10.
- ♦ Provide knowledge and skills that help to avoid iatrogenic involvement with the patient's problem.
- ♦ Develop sufficient tools for the patient to identify the therapist as a being in a position of authority.
- ♦ Use the tools provided in this Postgraduate Certificate program to create intervention protocols tailored to the patient.
- ♦ Control the intervention by adapting it to the patients profile.

03

Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

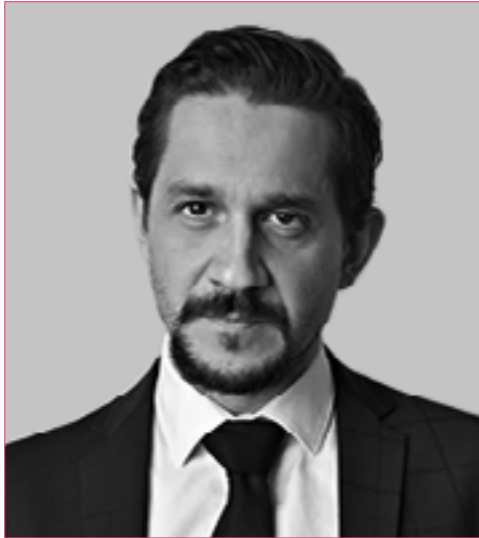
In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.



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Learn the latest advances in Intervention Techniques in Child and Adolescent Psychiatric Treatment from leading professionals"

Management



Mr. Fernández Sánchez, Angel

- ♦ European specialist psychologist in Psychotherapy from the EFPA
- ♦ Health Psychologist
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Director of the Evaluation and Psychotherapy Center of Madrid
- ♦ Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- ♦ Author of the T.E.N. technique.
- ♦ Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ Specialist in Child and Adolescent Intervention.

Professors

Arriero, Esther

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center of Talavera de la Reina.
- ♦ Health Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Adult Therapy
- ♦ Specialist in interventions with chronic patients.

Benito de Benito, Luis. M.D.

- ♦ Medical Specialist of the digestive system.
- ♦ Physician Hospital San Chinarro and specialist in Endoscopy
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Lecturer at Navarra University

Cuesta, José María

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Expert in psychological intervention of chronic illnesses.
- ♦ Psychologist of the Alzheimer's Association
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

Mr. Espinoza, Oscar. M.D.

- ♦ Medical specialist in Psychiatry and Pediatrics
- ♦ Director of the Psychopharmacology Unit of the CEP.
- ♦ Head of the public health service in the southern district of Madrid
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Fernandez, Inmaculada

- ♦ Doctor in Psychology from the University of Almeria
- ♦ Psychologist specializing in Clinical Psychology
- ♦ Head of the Department of Neuropsychology, University of Almeria
- ♦ Expert in Cognitive Therapy based on Mindfulness
- ♦ Expert in Time Limited Psychotherapy

Mrs. Furelos, Maribel

- ♦ Psychologist specializing in Clinical Psychology
- ♦ Sexologist in Osakidetza at the Santurce outpatient clinic
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Gandarias, Gorka Health Psychologist
- ♦ European specialist psychologist in Psychotherapy from the EFPA in Vitoria (Spain)
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in intervention in bizarre behavior and drug addiction.

Mrs. Gascón, Laura

- ♦ European specialist psychologist in Psychotherapy for the EFPA in the CEP Health Center in Talavera de la Reina.
- ♦ Specialist in Forensic and Legal Psychology
- ♦ Court Psychologist
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Expert in Adult Psychotherapy.

Mrs. González, Mónica

- ♦ Psychologist in charge of the Department of Child and Adolescent Psychology in the Quirón Hospital and Avatar Psychologists in Marbella.
- ♦ Master's degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy.

04

Structure and Content

The structure of the contents has been designed by a team of professionals who recognise the implications of training in psychology, aware of the relevance of current training to treat the patient with psychological disorders or needs with quality teaching using new educational technologies.





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This Postgraduate Certificate in Intervention Techniques in Child and Adolescent Psychiatric Treatment contains the most complete and up-to-date scientific program on the market”

Module 1. Intervention from the Psychology Clinic in Childhood and Adolescence Disorders

1.1. Behavior Modification Techniques

- 1.1.1. Use of Praise
- 1.1.2. Use of Ignoring Certain Behaviors
- 1.1.3. The Broken Record Technique

1.2. Praise Appropriate Behavior

1.3. Token Economy

1.4. Functional Analysis

1.5. Systemic Therapy

- 1.5.1. Managing Resistance
- 1.5.2. Clarify and Recap
- 1.5.3. Circular Questions





- 1.6. Family Sculpting
- 1.7. Narrating Metaphoric Stories
- 1.8. Prescriptions: Healing Processes
- 1.9. Original Prescriptions
- 1.10. Strategic Therapy and Constructivism

1.10.1. "I don't have to do that."

1.10.2. Worst-Case Scenarios

1.10.3. Losing Opportunities

- 1.11. Restructuring
- 1.12. Use of Resistance
- 1.13. Paradox
- 1.14. Time-Limited Psychotherapy
- 1.15. Meeting and Marking Phase..
- 1.16. Unframing and Displacement Phase.
- 1.17. Restoration and Resolution Phase.

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A unique, key, and decisive training experience to boost your professional development”

05

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.



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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

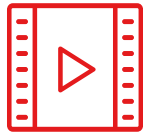
Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

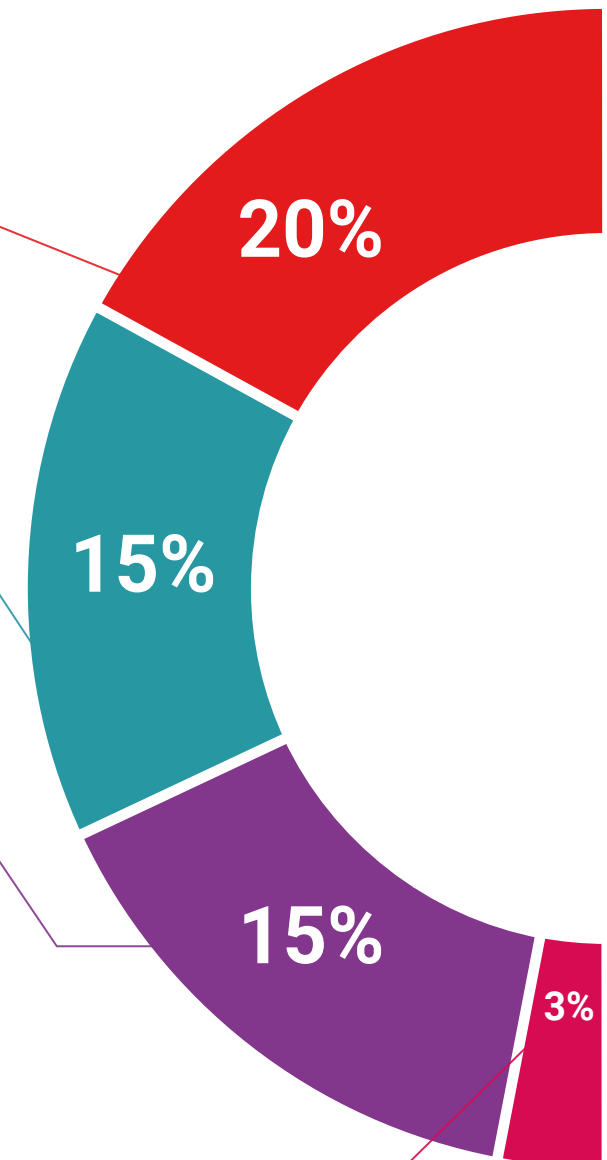
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

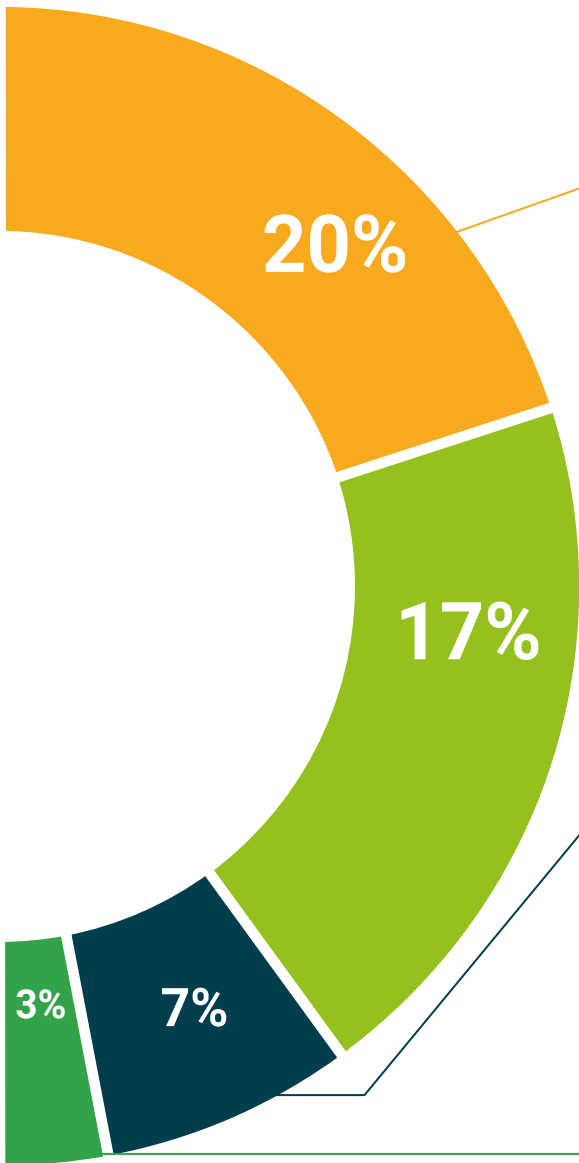
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Re-testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our difficult future decisions.



Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

Certificate

The **Postgraduate Certificate in Intervention Tools in Child and Adolescent Psychotherapy** guarantees, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by **TECH Technological University**.





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Successfully complete this training and receive your university degree without travel or laborious paperwork”

This Postgraduate Certificate in Intervention Techniques in Child and Adolescent Psychiatric Treatment contains the most complete and up-to-date educational program on the market.

After students have passed the assessments, they will receive their corresponding Postgraduate Certificate issued by TECH Technological University via tracked delivery*.

The certificate issued by TECH Technological University will specify the qualification obtained through the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Postgraduate Certificate Intervention Techniques in Child and Adolescent Psychiatric Treatment

ECTS: 6

Official Number of Hours: 150



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
classroom

tech technological
university

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Intervention Techniques
in Child and Adolescent
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Course Modality: Online

Duration: 6 weeks

Certificate: TECH Technological University

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Postgraduate Certificate

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