

Postgraduate Certificate Intervention in the Family of the Elderly



Postgraduate Certificate Intervention in the Family of the Elderly

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/intervention-family-elderly

Index

01

Introduction

p. 4

02

Objectives

p. 8

03

Course Management

p. 16

04

Structure and Content

p. 22

05

Methodology

p. 30

06

Certificate

p. 38

01

Introduction

It is essential that you know that in the coming decades old age will be reached progressively later, and in very favorable psychological conditions for psychological assistance. Very soon there will be a need for numerous specialists who are experts in the assessment and intervention of this group known as the elderly, from a clinical psychology and psychotherapy point of view.





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Improve your knowledge through this program, where you will find the best teaching material with real clinical cases. Learn here about the latest advances in the speciality to be able to perform quality psychological practice"

This program is unique in that it is designed to provide you with the necessary knowledge to be able to intervene as a specialist in psychogeriatrics. It is also unique because it incorporates for the first time the variable of psychotherapy for the elderly, changing the rhythms of intervention that we perform in adult psychotherapy.

There is no other course on the market that has really designed its own strategies for the elderly brain. The majority try to alleviate the sequelae of the illnesses or simply support the elderly, trying to reduce their suffering. In this program we design a whole intervention that is guided by the knowledge of brain functioning from the age of 65, and that aims not so much to make a palliative treatment, but to try to get the elderly person who suffers can get out of this suffering and thereby settle in the satisfaction.

Can we say that a 70-year-old is an old man? The advances of medicine, dietetics and above all health care, place us life expectancy ever further, and therefore it is necessary to have a regiment of psychologists and doctors who are specialized in old age disorders, as they are represented today.

This **Postgraduate Certificate in Intervention in the Family of the Elderly** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ Development of clinical cases presented by experts in the different specialties
- ♦ The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ New developments in the assessment and performance of the expert's report
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- ♦ With special emphasis on evidence-based psychology and research methodologies in Psychology
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Update your knowledge through the Postgraduate Certificate in Intervention in the Family of the Elderly, in a practical way and adapted to your needs"

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This program may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in Intervention in the Family of the Elderly, you will obtain a Postgraduate Certificate endorsed by TECH Global University"

Its teaching staff includes health professionals from the field of psychology, who contribute their work experience to this program, as well as renowned specialists belonging to leading scientific societies.

Thanks to its multimedia content developed with the latest educational technology, they will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to prepare in real situations.

The design of this program is based on Problem-Based Learning, by means of which the psychologist must try to solve the different professional practice situations that arise throughout the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

The program includes real clinical cases and exercises to bring the course closer to the psychologist's clinical practice.

TECH applies the Relearning method, allowing to consolidate the concepts in a simple way, achieving a successful development of the Postgraduate Certificate.



02

Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist can master in a practical and rigorous way the Intervention in the Family of the Elderly.





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This updating program will provide you with a sense of confidence in the practice of psychology, which will help you to grow personally and professionally”



General Objectives

- ♦ Provide the psychologist with knowledge about the complexity of family dynamics
- ♦ Provide skills to deal with the psychological state of the elderly
- ♦ Learn how to design multidisciplinary intervention protocols for old age
- ♦ Master evaluation, differential diagnosis and intervention in old age
- ♦ Provide skills to involve the family in the intervention with the elderly



Make the most of this opportunity and take the step to get up to date on the latest developments in the Intervention in the Family of the Elderly"





Specific Objectives

- ♦ Develop psychosocial intervention protocols, taking into account the role of the patient in their family
- ♦ Learn about listening and managing silence with elderly patients
- ♦ Understand and master the therapeutic situation in order to become a referent for an elderly person
- ♦ Provide skills to understand and relate to the loss of patients, and from there to accompany them in the transition
- ♦ Learn the appropriate dynamics for intervention in the elderly
- ♦ Understand and know the differential aspects of mental disorders at this age
- ♦ Know the clinical and prognostic features of the various disorders of old age
- ♦ Describe and design protocols with patients who take multiple drugs for different chronic disorders
- ♦ Gain mediation and negotiation skills on benign aspects that are overvalued in the elderly
- ♦ Reposition the therapy towards a regressive and not so much progressive direction in the patient's mental timeline

03

Course Management

This program includes in its teaching staff health professionals of recognized prestige, who belong to the field of psychology, and who bring to this program their work experience.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and developing the program.





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Learn from leading professionals, the latest advances in the Intervention in the Family of the Elderly”

International Guest Director

Dr. Abby Altman is a renowned Psychologist specialized in Anthropology and Philosophy. Her line of work focuses on providing personalized therapeutic plans to patients with conditions such as Cognitive Impairment or Dementia in order to optimize their long-term quality of life.

Her passion for integrating behavioral health into primary care has led her to lead important programs focused on mental wellness. One example is iCBT, which promotes neurological resilience. In addition, during her career, she has held strategic roles such as the Director of Brain Support and Wellness Services at Brigham and Women's Hospital in Massachusetts.

Moreover, her leadership skills in healthcare settings have allowed her to contribute to the comprehensive training of specialists. In this way, she has contributed to physicians developing a multidisciplinary approach based on behavioral change.

It should be noted that her work has been recognized internationally on multiple occasions. One of his main contributions is the digital approach in the field of Geriatric Psychotherapy. In this way, she has received a variety of awards for her work in improving access to mental health and the use of motivational interviewing to promote behavior change in users.

Firmly committed to progress in this area, she has balanced this work with her role as a Clinical Researcher. As such, she has conducted multiple exhaustive analyses on topics such as loneliness, behavioral patterns or the adaptation of Cognitive-Behavioral Therapies.

She is also a member of the Motivational Interviewing Trainers Network. In this organization she participates in the design of educational programs and didactic materials of this technique for different contexts, from Primary Care to Addictions management.



Dr. Altman, Abby

- ♦ Co-director of Neurological Wellness at Brigham and Women's Hospital in Boston, United States
- ♦ Geropsychologist at Brigham and Women's Hospital
- ♦ Clinical Leader, iCBT program at Brigham and Women's Hospital
- ♦ Psychologist at Brigham and Women's Hospital
- ♦ Director of Psychology Education at Brigham and Women's Hospital
- ♦ Subject Matter Expert at Inflect Health Advisory
- ♦ Assistant Project Coordinator at Boston VA Research Institute
- ♦ Clinical Psychology Intern at Bay Pines VA Healthcare System
- ♦ Behavioral Specialist at Eldercare Assessment & Resources
- ♦ Ph.D. in Philosophy at Lehigh University

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Thanks to TECH, you will be able to learn with the best professionals in the world”

Management



Dr. Anasagasti, Aritz

- Director of Emotional Network and expert in Neurodegenerative Diseases and Emotional Intelligence
- European Specialist Psychologist in Psychotherapy at the Bilbao-Casco Viejo Health Center
- Graduate in Psychology from the University of the Basque Country/Euskal Herriko Unibertsitatea
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Psychogeriatrics Specialist
- Specialist in Neurodegenerative Diseases at the University of the Basque Country/Euskal Herriko Unibertsitatea
- Psychologist Specialist in Psychotherapy
- Certified Psychotherapist by the Spanish Federation of Psychotherapist Associations (FEAP)
- EuroPsy Certificate as a Specialist Psychologist and as a Specialist Psychotherapist
- Member of: Basque Association of Gestalt Therapy Zimentarri, IEPTL European Institute of Time-Limited Psychotherapies



Dr. Aguado Romo, Roberto

- President of the European Institute of Time-Limited Psychotherapy
- Psychologist in private practice
- Researcher in Time Limited Psychotherapy
- Guidance team coordinator for many educational centers
- Author of several books on Psychology
- Communicator and expert in Psychology in the media
- University courses and studies teacher
- Master's Degree in Clinical and Health Psychology
- Specialist in Clinical Psychology
- Selective Dissociation Targeting Specialist

Professors

Dr. Martínez Lorca, Manuela

- ♦ Health Psychologist
- ♦ Teacher in the Department of Psychology at the University of Castilla La Mancha
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapies
- ♦ Specialist in Clinical Hypnosis and Relaxation
- ♦ Degree in Psychology
- ♦ Doctor of Medicine

Dr. Zabala Baños, María Carmen

- ♦ Health Psychologist expert in Psychosocial Rehabilitation and Occupational Therapy
- ♦ Researcher at the Department of Nursing, Physiotherapy and Occupational Therapy. Castilla La Mancha University
- ♦ Doctor of Psychology. Castilla La Mancha University
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Fernandez, Angel

- ♦ Director of the Evaluation and Psychotherapy Center of Madrid
- ♦ European specialist psychologist in Psychotherapy from the EFPA
- ♦ Health Psychologist
- ♦ Master's Degree in Clinical and Health Psychology
- ♦ Director of the Evaluation and Psychotherapy Center of Madrid
- ♦ Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- ♦ Author of the TEN technique
- ♦ Head of studies on the Professional Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Specialist in Clinical Hypnosis and Relaxation

Dr. Otero, Verónica

- ♦ Psychologist Specialist in Psychotherapy. Bilbao-Casco Viejo Health Center
- ♦ Head of Child and Adolescent Area of intervention with PTL. Bilbao-Casco Viejo Health Center
- ♦ Degree in Psychology. Deusto University
- ♦ Master's Degree in Time-Limited Psychotherapy and Health Psychology
- ♦ Child and Adolescent Psychologist
- ♦ Specialist in Reciprocal Interaction Therapy
- ♦ Certified Psychotherapist. Spanish Federation of Psychotherapists Associations, EuroPsy Certificate as Specialist Psychologist
- ♦ EuroPsy Certificate as Specialist Psychotherapist





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Take the opportunity to learn the latest advances in this matter for apply it to your daily practice”

04

Structure and Content

The structure of the contents has been designed by a team of professionals knowledgeable about the implications of qualification in the daily practice of the psychologist, aware of the importance of current education to be able to act before the patient with mental pathology or psychological needs with quality teaching through new educational technologies.



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The Postgraduate Certificate in Intervention in the Family of the Elderly, contains the most complete and up-to-date scientific program on the market”

Module 1. The Individual and the Family

- 1.1. What is Family?
- 1.2. Regulatory Processes of Family Life
- 1.3. The Family Development and Growth Process
- 1.4. Functional Family in Old Age
- 1.5. Stability of Change and Placement of Authority
- 1.6. Aging Within the Family
- 1.7. The 70s Crisis
- 1.8. The Family of Today and of the Future
- 1.9. Quality of Life, Family and Modifications that Occur in Old Age
- 1.10. Aging with Satisfaction
- 1.11. Fulfilling Basic Needs in Old Age





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A unique, key, and decisive educational experience to boost your professional development”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Intervention in the Family of the Elderly guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





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*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Intervention in the Family of the Elderly** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Intervention in the Family of the Elderly**

Modality: **online**

Duration: **6 weeks**

Accreditation: **8 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
development languages
virtual classroom



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