



## Postgraduate Certificate Health Education and Psychopedagogy in Hospitals

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 4 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/health-education-psychopedagogy-hospitals

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> 06 Certificate





## tech 06 | Introduction

Psychology has established itself as a key discipline in the care of the emotional health of hospitalised patients, especially among the youngest. Thus, the use of various techniques and tools to promote the emotional well-being of patients, such as individual and group therapy, relaxation, visualisation and education in social and coping skills have gradually become more important.

For this reason, this professional profile has gained importance along with its work focused on health education and the promotion of healthy habits in patients, through educational activities that promote the acquisition of knowledge about health and wellbeing. This is the program of this 6-week Postgraduate Certificate in Health Education and Psychopedagogy in Hospitals.

It is a program that leads the graduate to delve into disease prevention, lifestyles and the different phases that make up a health education project. All this, in addition, with innovative multimedia content based on video summaries, multimedia pills, complementary readings and case studies, accessible 24 hours a day, from any digital device with an internet connection.

Likewise, thanks to the Relearning method, based on the continuous reiteration of the content, the graduate will obtain a much more agile update and reduce the long hours of study and memorisation.

Undoubtedly, an excellent update through an academic option that is characterised by flexibility and by facilitating the reconciliation of the most demanding responsibilities with a first class academic option.

This Postgraduate Certificate in Health Education and Psychopedagogy in Hospitals contains the most complete and up-to-date program on the market. The most important features include:

- The development of case studies presented by experts in educational psychology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection





Inquire at any time about the importance of the ecology of human development in the promotion of health and healthy lifestyles"

The program's teaching staff includes professionals in the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professional must try to solve the different professional practice situations that are presented throughout the academic course. This will be done with the help of an innovative system of interactive videos made by renowned experts.

In this university qualification, it provides an in-depth study of actions to promote health and prevent diseases in the hospital environment.

TECH provides you with a flexible programme, ideal to reconcile with your daily personal responsibilities.







## tech 10 | Objectives



## **General Objectives**

- Acquire new competences and skills in the area of psycho-pedagogy
- Updating in the area of psycho-pedagogy in the school area
- Developing the ability to cope with new situations in the school context
- Encourage interest in the constant updating of professionals
- Know the different intervention options
- Learn new ways of dealing with Special Educational Needs
- Achieve an efficient framework for Evaluation, Diagnosis, and Guidance
- Be able to research and innovate in order to respond to new demands







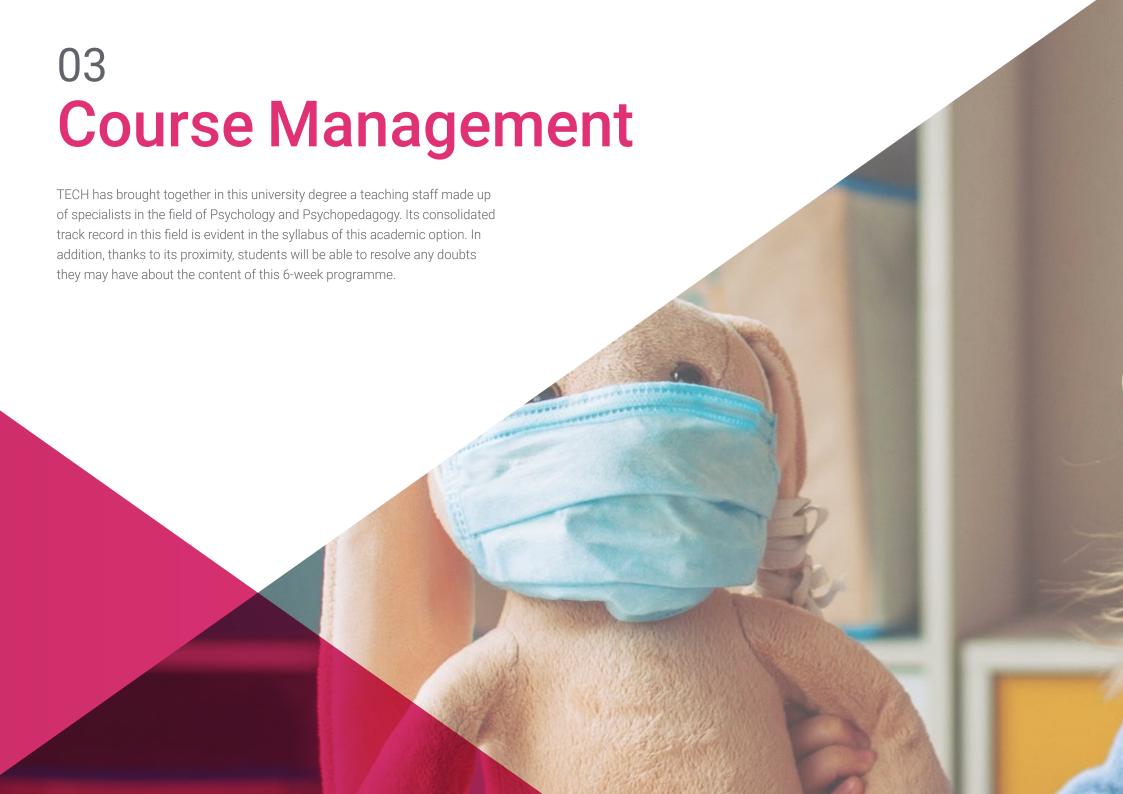
## **Specific Objectives**

- Reflect on the Concept of Health and its Socio-political Implications
- Know the Role of the Educator as a Mediator in Health Education
- Define the concept of health education and health promotion and prevention
- Understand Health from the Ecology of Human Development
- Diagnose, plan, implement, and evaluate health education
- Intervene in Hospital and/or Home Settings
- Understand, evaluate, intervene, and improve individual, family, and collective resilience



Get a practical approach through the case studies offered by this academic option of 120 teaching hours"







## tech 14 | Course Management

### Management



## Mr. Alfonso Suárez, Álvaro

- Psychopedagogist specializing in SEN students
- Teacher of educational reinforcement for SEN students
- Technician in Social and Health Care for Dependent People in Social Institutions
- Social Integration Technician
- Graduate in Psychopedagogy from the University of Laguna







## tech 18 | Structure and Content

#### Module 1. Health Education and Psychopedagogy in Hospitals

- 1.1. Definition of Health, International Organizations, and Local Entities
  - 1.1.1. Definition of Health
  - 1.1.2. International Organizations
  - 1.1.3. Local Entities
- 1.2. Constructivism and Pedagogical Model in the Health Field
  - 1.2.1. Constructivism
  - 1.2.2. Role of the Professional as a Mediator in Health Education
  - 1.2.3. Role of the Mediator in Health Education
- 1.3. Multiculturalism and Interculturalism
  - 1.3.1. Multiculturalism
  - 1.3.2. Interculturality
- 1.4. Affective Intelligence and Spiritual Intelligence
  - 1.4.1. Affective Intelligence
  - 1.4.2. Spiritual Intelligence
- 1.5. Health Education, Health Promotion, and Prevention of Disease
  - 1.5.1. Health Education
  - 1.5.2. Health promotion
  - 1.5.3. Disease Prevention
- 1.6. Public Health and Lifestyles. Ecology of Human Development
  - 1.6.1. Public Health and Lifestyles
  - 1.6.2. Ecology of Human Development
- 1.7. Conceptualization and Phases of Health Education Projects
  - 1.7.1. Conceptualization of Health Education Projects
  - 1.7.2. Phases of Health Education Projects





## Structure and Content | 19 tech

- 1.8. Diagnosis, Planning, Implementation, and Evaluation of Health Education Projects
  - 1.8.1. Diagnosis
  - 1.8.2. Planning
  - 1.8.3. Implementation
  - 1.8.4. Assessment
- 1.9. Hospital Pedagogy, Hospital Classrooms, and Home Care
  - 1.9.1. Hospital Pedagogy
  - 1.9.2. Hospital Classrooms
  - 1.9.3. Home Care
- 1.10. Building a Collaborative Context and Network Intervention in Psychopedagogical Work in Health Risk Situations
  - 1.10.1. Building a Collaborative Context
  - 1.10.2. Network Intervention
- 1.11. Resilience
  - 1.11.1. Individual Resilience
  - 1.11.2. Family Resilience
  - 1.11.3. Social Resilience



Hone your skills to create a collaborative context for providing social support in situations of Health Risk"





## tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## tech 24 | Methodology

#### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

## tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Latest Techniques and Procedures on Video**

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



## Testing & Retesting



We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

#### Classes



There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







## tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Health Education and Psychopedagogy in Hospitals** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Health Education and Psychopedagogy in Hospitals

Modality: online

Duration: 6 weeks

Accreditation: 4 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

## Postgraduate Certificate in Health Education and Psychopedagogy in Hospitals

This is a program of 120 hours of duration equivalent to 4 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



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