

# Postgraduate Certificate Group Psychology





## Postgraduate Certificate Group Psychology

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/in/psychology/postgraduate-certificate/group-psychology](http://www.techtute.com/in/psychology/postgraduate-certificate/group-psychology)

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# 01

# Introduction

Group psychology offers the professionals in this field an efficient and complete approach in many contexts. In order for you to master its ways of working and its intervention approaches, we offer you this high quality Postgraduate Certificate, which will immerse you in the most updated theoretical and practical knowledge. A working tool of high interest for front-line psychologists.





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*This Postgraduate Certificate will broaden your horizons as a psychologist and will allow you to grow personally and professionally”*



This Postgraduate Certificate provides extensive knowledge in advanced models and techniques in intervention through Group Psychology. For this, you will have a teaching faculty that stands out for its extensive professional experience in the different fields in which psychology has developed and in different sectors of the population.

Throughout this program, you will learn the current and newest approaches on this topic. Learn to identify appropriate direct intervention methods according to therapeutic purposes, as well as appropriate to clinical and socio-health contexts.

We will not only take you through the theoretical knowledge we offer, but we will introduce you to another way of studying and learning, one which is simpler, more organic and more efficient. We will work to keep you motivated and to develop your passion for learning, helping you to think and develop critical thinking skills.

A high-level step that will become a process of improvement, not only on a professional level, but also on a personal level.

This **Postgraduate Certificate in Group Psychology** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of 100 case studies presented by experts in Group Psychology
- ◆ The graphic, schematic, and practical contents provide students with scientific and practical information on the disciplines that are essential for Psychologist
- ◆ New developments and innovations in the different areas of psychology
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student
- ◆ Special emphasis on cutting-edge methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*An educational program created for professionals who aspire for excellence, and that will enable you to acquire new skills and strategies easily and effectively"*

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*An approach that is totally focused on capacitative effectiveness, which will allow you to learn in a real, constant and efficient way”*

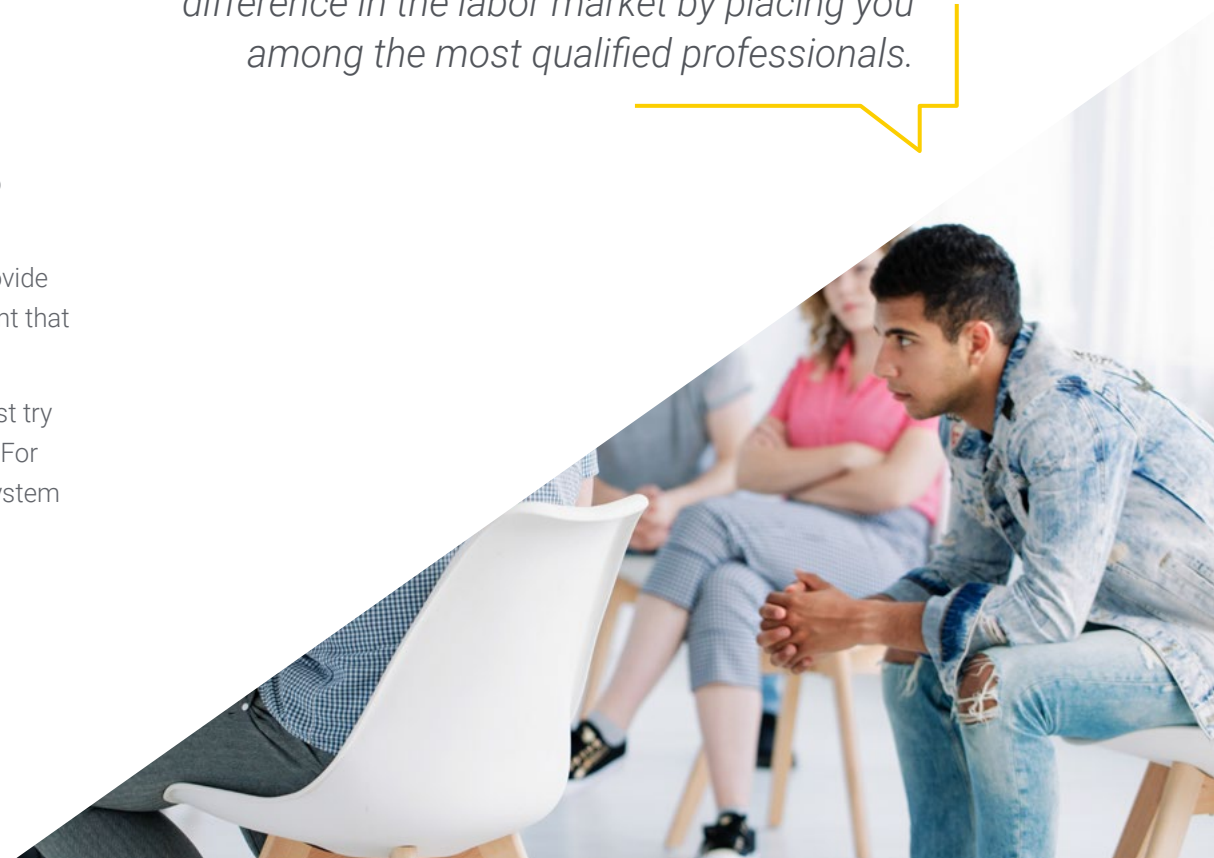
It includes a very broad teaching staff of professionals belonging to the field of psychology, who pour into this program the experience of their work, in addition to recognized specialists of reference societies and prestigious universities

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program designed to learn in real situations.

This program is designed around Problem-Based Learning, where the student must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Forget the obsolete ways of studying the traditional way and make your learning easier and more motivating.*

*This Postgraduate Certificate makes a difference in the labor market by placing you among the most qualified professionals.*



# 02

# Objectives

The objectives of this program have been established as a guide for the development of all training, with the specific mission of offering the students a very intensive experience that will really boost their professional progression. A journey of personal growth that will take you to the top in your intervention as a psychologist.





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*If your goal is to improve in your profession, to acquire a qualification that will enable you to compete among the best, then look no further. This training will give your career the boost it needs"*



## General Objective

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- ♦ Train qualified professionals for the practice of Group Psychology, who can intervene with real working capacity and with optimal results, supported by the most updated and useful theoretical and practical knowledge for their profession



*Learn the way of working of group psychology with the most innovative techniques and ways of working of the moment"*





## Specific Objectives

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- ◆ Describe the psychosocial principles (needs and demands) of individuals and groups
- ◆ Analyze and describe how groups work
- ◆ Describe interaction processes. Research inter-organizational dynamics and structure
- ◆ Measure the influence of subject/group contexts on social interaction
- ◆ Define intervention objectives and design the basic intervention contingency plan
- ◆ Distinguish between psychosocial intervention techniques
- ◆ Identify the context in which individual behaviors, group and organizational processes take place
- ◆ Create products and services adapted to groups by differential characteristics
- ◆ Select the resources best suited to individual and group demands





03

# Structure and Content

The contents of this comprehensive training program have been developed by the sector's most competent professionals, with a high quality criterion at every stage of the course. For this purpose, the most relevant and comprehensive topics have been selected, with the latest and most interesting updates.





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*This Postgraduate Certificate in Group Psychology contains the most complete and up-to-date scientific program on the market"*



## Module 1. Group Psychology

- 1.1. Groups in Psychology: Conceptualization, Classifications and Typologies. The Reality of Groups: From the Individualistic to the Interactionist Approach
  - 1.1.1. Social Influence: An Approach to Normalization and Conformity
  - 1.1.2. Group Concept: Definitions Based on Interdependence, Social Identity and Social Interaction and Structure
  - 1.1.3. Types of Groups
- 1.2. Temporal Aspects: Training, Development and Socialization of Groups
  - 1.2.1. Group Functions
  - 1.2.2. The Group as a Dynamic Phenomenon
  - 1.2.3. Formation of Groups as a Process of Social Integration
- 1.3. Group Development: Explanatory Models
  - 1.3.1. The Purpose of Groups
  - 1.3.2. Development of the Relationship Between the Individual and the Group: Group Socialization
  - 1.3.3. Conclusions
- 1.4. The Physical, Personal and Social Environment of Groups
  - 1.4.1. A Group's Physical Environment: The Group Space. Human Territoriality
  - 1.4.2. Small Group Ecology
  - 1.4.3. Environmental Stressors and Their Effect on Group Processes
- 1.5. A Group's Personal Environment: Group Size
  - 1.5.1. Personal Variables and Their Effect on Group Behavior and Performance
  - 1.5.2. A Group's Social Environment: Composition Effects
  - 1.5.3. Conclusions
- 1.6. Intergroup Relationships
  - 1.6.1. Main Explanatory Models
  - 1.6.2. Affection and Intergroup Relationships
  - 1.6.3. Intergroup Conflicts
  - 1.6.4. Psychosocial Strategies for the Prevention and Management of Intergroup Conflict





- 1.7. Group Structure: Status, Role and Rules
  - 1.7.1. Group Structure: Definitions and Components
  - 1.7.2. Status and Roles
  - 1.7.3. Relationships Between Role and Rule
  - 1.7.4. Social Influence: Standards and Implementation
  - 1.7.5. Group Structure and Cohesion
- 1.8. Leadership and group functioning
  - 1.8.1. Conceptual Approach
  - 1.8.2. Leader Characteristics and Behavior
  - 1.8.3. Leadership and Power
  - 1.8.4. Leadership Styles
  - 1.8.5. Situational Leadership
  - 1.8.6. Super Leadership
- 1.9. Scope of Group Application
  - 1.9.1. Conceptual Approach to the Different Areas of Group Application
  - 1.9.2. Work
  - 1.9.3. Therapeutics
  - 1.9.4. Educational
  - 1.9.5. Psychosocial
- 1.10. Techniques and Activities for Building Group Momentum Group Psychotherapy on Specific Programs
  - 1.10.1. Group Psychotherapy on Specific Programs
  - 1.10.2. Eating Disorders
  - 1.10.3. Personality Disorders
  - 1.10.4. Psychosis
  - 1.10.5. Alcohol Consumption Disorder
  - 1.10.6. Affective and Anxiety Disorders
  - 1.10.7. Group Therapy for the Elderly



05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





05

# Certificate

The Postgraduate Certificate in Group Psychology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Group Psychology** contains the most complete and up-to-date scientific on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Group Psychology**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present quality

online trends

development languages

virtual classroom

**tech** technological  
university

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