Postgraduate Certificate
Communication in
School Bullying

tech technological
university

Postgraduate Certificate
Communication in
School Bullying

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**

Website: www.techtitute.com/pk/psychology/postgraduate-certificate/communication-school-bullying

Index

01
Introduction

Within the psychological attention to cases of school bullying, communication becomes a fundamental basis for the generation of healthy and empathic spaces for dialogue. Therefore, professionals in this field must be constantly updated in terms of communicative styles and active listening strategies. In addition, they must continually strengthen the practice of decision making to identify the variables that are related within this process and ensure an effective solution to cases of bullying. Therefore, this program has a set of first class contents that will train its participants in a solid way in a 100% online way, a benefit that will allow them to study from anywhere.

> *This is the best program to enhance your skills in dealing with bullying situations through Empathic Communication"*

School Bullying is a latent problem in most educational spaces. Therefore, its treatment must be done from a multidisciplinary point of view, so the field of psychology plays a key role in this situation. Therefore, professionals in this area must have a broad knowledge that allows them to solve with great skill any type of conflict of School Bullying. Likewise, they must be constantly updated on the psychological practices that are implemented today for the management of these cases.

For these reasons, TECH has developed this complete program that is focused on providing the professional with a concise training on the most modern methods of Communication in School Bullying. In this course, the students will delve into the topics of this field with the purpose of appropriating and expanding concepts that are involved in the management of *bullying*.

For this, the best professionals in this field have developed a curriculum that contains all the specifications on active listening as an essential element in the dialogue process. Likewise, communication styles and their importance in the development of strategies to solve bullying conflicts are discussed in depth. In addition, the roles that interact in these scenarios and the function that each one performs in order to solve these problems will be determined.

This is achieved through a 100% online methodology that allows students to manage their own study schedule to achieve effective learning. You will also have a wide variety of didactic content available in different formats, including lectures, explanatory videos and interactive summaries. As a result, education will be enjoyable, personalized and effective.

This **Postgraduate Certificate in Communication in School Bullying** contains the most complete and up-to-date program on the market. The most important features include:

- The development of case studies presented by experts on bullying
- The graphic, schematic and eminently practical contents with which it is conceived provide Scientific information on those disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

You will strengthen your competencies in decision making taking into account the socioemotional factors that influence the victim of bullying and anticipating the variables of that choice"

"Communication is the central basis for dealing with bullying and with this Postgraduate Cerificate you will receive a complete training that will allow you to implement it effectively"

Learn from wherever you are through any device connected to the Internet, thanks to the fact that this program is 100% online.

Strengthen your active listening skills and develop spaces in which you can professionally deal with bullying situations, thanks to this program.

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

02
Objectives

The main objective for which this Postgraduate Certificate has been designed is to provide the psychologists with an updated knowledge on the methods of assertive communication that currently exist to deal with situations of School Bullying. In addition, it will delve into the styles of effective dialogue that allow solving and preventing cases of *bullying* within educational environments, through the study of multimedia resources that will explain in detail how to address these spaces from a psychological perspective.

"You will master perfectly adequate and assertive communication skills and you will open safe spaces in which to openly dialogue about School Bullying"

General Objectives

- Delve into the prevention and intervention in school bullying
- Delve into the different areas in which school bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between school bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in school bullying

Specific Objectives

- Describe existing communicative styles
- Identify the most effective communicative styles
- Get to know the relationship between educational styles and communicative styles
- Learn to communicate assertively
- Understand the importance of affectivity
- Learn how to claim rights through assertive communication
- Delve into the use of assertive communication as a conflict resolution strategy

" *From empathic communication, develop spaces in which participants can apply the win-win method and help the other to win"*

Structure and Content

The academic itinerary of this Postgraduate Certificate has been elaborated with the objective of providing the psychologist with a solid update on the latest psychological practices of Communication in School Bullying. In this way, participants will delve into the strategies that allow them to talk empathetically about the prevention of *bullying* situations and will be able to resolve cases of this type from the emotional factor, implementing modern methods of conflict resolution that use assertive dialogue as the main actor.

"

You will strengthen your communication skills with the objective of generating spaces for dialogue that will allow you to mediate School Bullying situations"

Module 1. Communicative styles in school bullying resolution

1.1.   Communication in school bullying situations
    1.1.1.   Emitter
    1.1.2.   Receptor
    1.1.3.   Message
    1.1.4.   Communication Channels
1.2.   Styles of Verbal, Non-Verbal and Paraverbal Communication
    1.2.1.   Verbal Communication
    1.2.2.   Non-Verbal Communication
    1.2.3.   Paraverbal Communication
1.3.   Communicative styles of unequal resolution
    1.3.1.   Communication Styles
    1.3.2.   Win/lose
    1.3.3.   Losing/winning
1.4.   Adequate and empathic communication
    1.4.1.   Win/win
    1.4.2.   Winning and helping the other person to win
1.5.   Assertive Communication in Bullying
    1.5.1.   Assertive Communication in Conflicts
    1.5.2.   Benefits of Assertive Communication
1.6.   Making appropriate decisions to resolve a bullying situation
    1.6.1.   Appropriate decision making process
    1.6.2.   Variables involved in the decision making process
1.7.   Communication agents involved in school bullying
    1.7.1.   Communication on the part of the student
    1.7.2.   Communication on the part of the Professor

"Thanks to the Relearning methodology you will be able to learn in a didactic way all the contents that TECH has prepared for you"

04

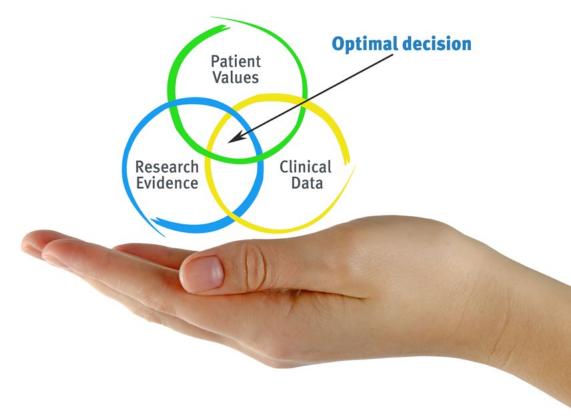# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

"Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

> *Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.

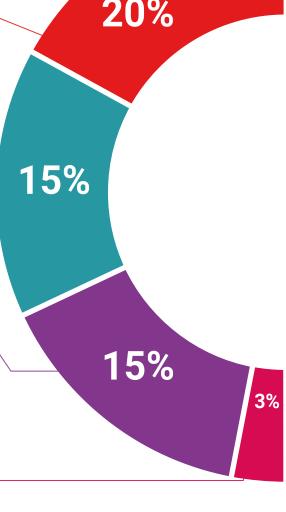### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

20%

15%

15%

3%

20%

17%

3%

7%

Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.
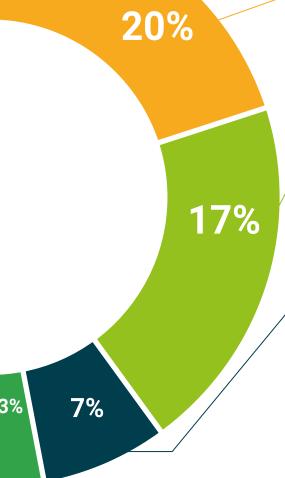
Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.

05
Certificate

The Postgraduate Certificate in Communication in School Bullying guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.

" *Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Communication in School Bullying** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate,and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Communication in School Bullying**

Official Nº of Hours: **150 h.**

tech technological university

Awards the following

CERTIFICATE

to

Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE CERTIFICATE

in

Communication in School Bullying

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

Postgraduate Certificate
Communication in School Bullying

» Modality: **online**
» Duration: **6 weeks**
» Certificate: **TECH Technological University**
» Dedication: **16h/week**
» Schedule: **at your own pace**
» Exams: **online**

Postgraduate Certificate
Communication in School Bullying

tech universidad tecnológica