

# Postgraduate Certificate

## Cognitive, Emotional and Social Developmental Psychopathology





## Postgraduate Certificate

### Cognitive, Emotional and Social Developmental Psychopathology

- » Modality: online
- » Duration: 12 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/pk/psychology/postgraduate-certificate/cognitive-emotional-social-developmental-psychopathology](http://www.techtute.com/pk/psychology/postgraduate-certificate/cognitive-emotional-social-developmental-psychopathology)

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# 01

# Introduction

The approaches of psychology, and in particular, the study of psychopathology in the contexts related to cognitive, emotional and social development have undergone numerous advances and have benefited from the vision of different schools and methods of intervention. This Postgraduate Certificate will enable you to acquire all of them, enabling you to practice safely and successfully in these contexts. A training that you cannot miss if you want to be competitive in the demanding labor market.





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*A complete Postgraduate Certificate designed to propel you to the highest capacity of intervention in this field, with the security of Tech's training quality"*

This Postgraduate Certificate is a complete tour of the different aspects that intervention in cognitive, emotional and social development develops. A training created by experts in the field that will show you the different theories and approaches giving you the tools you need to face any therapeutic situation in this area. For this, you will have a teaching faculty that stands out for its extensive professional experience in the different fields in which psychology has developed and in different sectors of the population

Throughout this program, you will learn the current and newest approaches on this topic. Learn the characteristics and fundamental aspects of pharmacology

We will not only take you through the theoretical knowledge we offer, but we will introduce you to another way of studying and learning, one which is simpler, more organic and more efficient. We will work to keep you motivated and to develop your passion for learning, helping you to analyze and to develop critical thinking skills

A high-level step that will become a process of improvement, not only on a professional level, but also on a personal level

This **Postgraduate Certificate in Cognitive, Emotional and Social Developmental Psychopathology** contains the most complete and up-to-date program on the market.

The most important features include:

- ◆ The development of 100 practical cases presented by experts
- ◆ The graphic, schematic, and practical contents provide students with scientific and practical information on the disciplines that are essential for Psychologist
- ◆ New developments and innovations in the different areas of psychology
- ◆ Practical exercises where self-assessment can be used to improve learning
- ◆ Algorithm-based interactive learning system for decision-making in the situations that are presented to the student
- ◆ Special emphasis on cutting-edge methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*A program created for professionals who aspire to excellence and that will allow you to acquire new skills and strategies in a smooth and effective way"*

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*An approach totally focused on training effectiveness, which will allow you to learn in a real, constant and efficient way”*

It includes a very broad teaching staff of professionals belonging to the field of psychology, who pour into this educational program the experience of their work, in addition to recognized specialists of reference societies and prestigious universities

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program designed to learn in real situations.

This program is designed around Problem-Based Learning, where the student must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Forget the obsolete ways of studying the traditional way and make your learning easier and more motivating*

*This Postgraduate Certificate makes a difference in the labor market by placing you among the most qualified professionals.*



# 02

# Objectives

The objectives of this program have been established as a guide for the development of the entire training program, with the specific mission of offering the students a very intensive training that will really boost their professional progression. A journey of personal growth that will take you to the top in your intervention as a psychologist.







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*If your goal is to acquire a qualification that will enable you to successfully intervene in Cognitive, Emotional and Social Developmental Psychopathology, look no further. This program will give your career the boost it needs”*



### General Objective

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- ♦ Train professionals qualified in this area, which who can intervene with real working capacity and with optimal results, supported by the most updated and useful theoretical and practical knowledge for their profession



*This Postgraduate Certificate is aimed at all psychologists who want to achieve a high level of specialization in the field of Cognitive, Emotional and Social Developmental Psychopathology"*





## Specific Objectives

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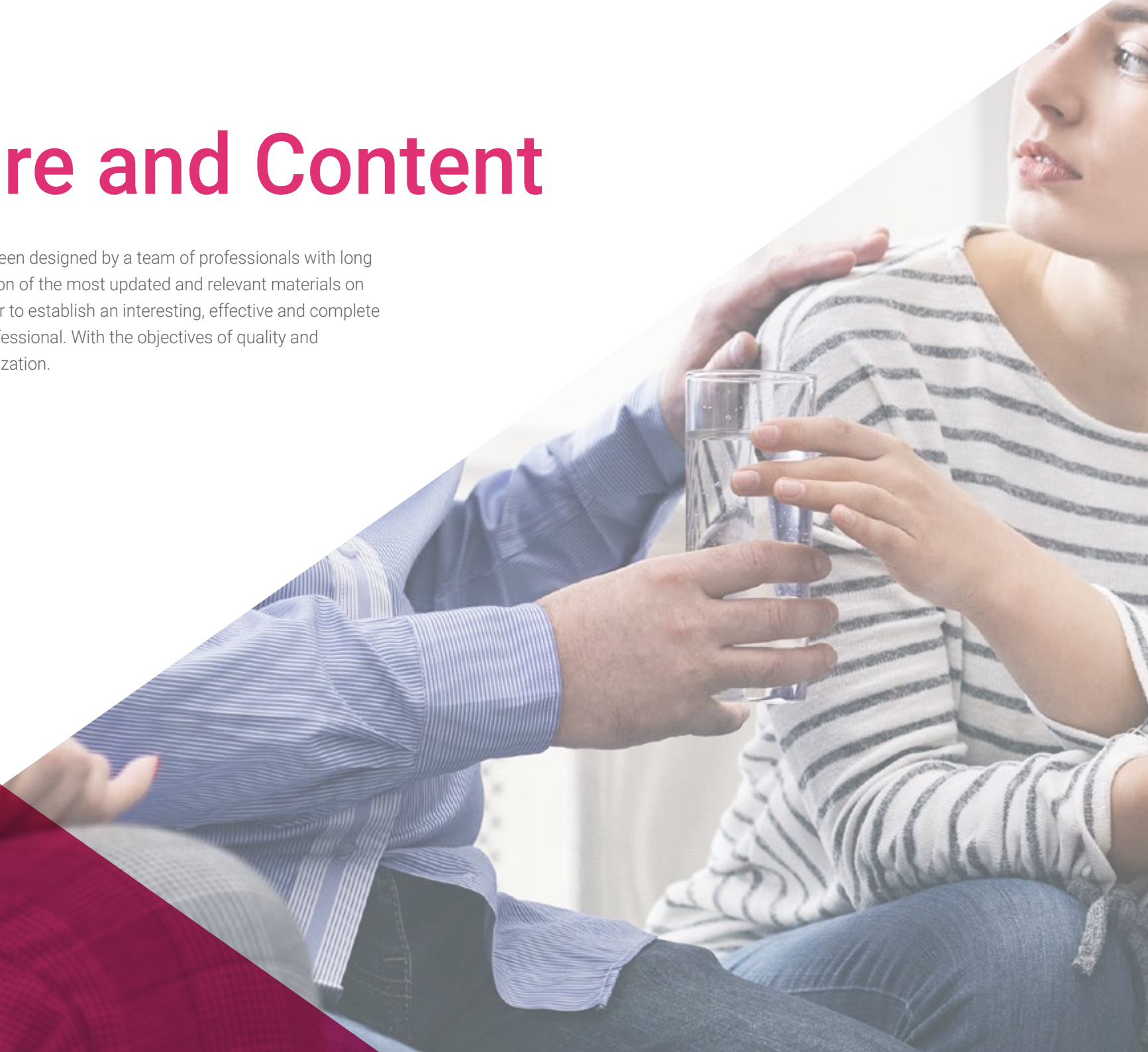
- ◆ Know the functions, characteristics and limitations of the different theoretical models of developmental psychology, applying the psychological processes applied to the evolutionary development of individuals throughout the life cycle
- ◆ Know the main processes and stages of psychological development throughout the life cycle in its aspects of normality and abnormality
- ◆ Know different research designs, the procedures for the formulation and testing of hypotheses and the interpretation of results in the different areas of the individual's development
- ◆ Know the different fields of application of developmental psychology and to have the necessary knowledge to influence and promote the quality of life of individuals in the different contexts in which they develop
- ◆ Identify the characteristics of theoretical models of Developmental Psychology and recognize the functions and limitations of theoretical models of Developmental Psychology
- ◆ Discriminate the basic principles of the different psychological processes related to the evolutionary development of individuals. Explain the functioning of the basic laws of psychology in the development of the subject throughout the life cycle
- ◆ Identify the different fields of application of Developmental Psychology
- ◆ Learn the affective and social development throughout the life cycle, establishing a relationship with the developmental contexts and with the other areas of psychological development of the person
- ◆ Learn about topics such as the development of attachment and its subsequent evolution throughout the life cycle, the role of the peer group and social relationships in childhood, puberty, adolescence, youth, adulthood and old age
- ◆ Mastering also the evolution and importance of family relationships throughout the life cycle, the role of the family and the school in emotional and social development
- ◆ Understanding emotional development: what facilitates it, what research indicates about the capacity for emotional self-regulation (influences, consequences on academic and professional performance, etc.) and how it evolves over time



# 03

## Structure and Content

The structure of the contents has been designed by a team of professionals with long experience in this subject. A selection of the most updated and relevant materials on this subject has been made, in order to establish an interesting, effective and complete format path for the psychology professional. With the objectives of quality and efficiency that ensure a real specialization.



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*This Postgraduate Certificate in Cognitive, Emotional and Social Developmental Psychopathology contains the most complete and up-to-date scientific program on the market”*



## Module 1. Developmental Psychology

- 1.1. Developmental Psychology as a science
  - 1.1.1. Conceptual Approach
  - 1.1.2. Development dichotomies
  - 1.1.3. Areas of development
  - 1.1.4. Life cycle periods
  - 1.1.5. Theories of development
- 1.2. Prenatal development and birth *Desarrollo prenatal y nacimiento*
  - 1.2.1. Prenatal development
  - 1.2.2. The birth
  - 1.2.3. The first newborn screening *Newborn capabilities*
  - 1.2.4. Reflections
  - 1.2.5. The activation states
- 1.3. Alterations in prenatal development
  - 1.3.1. Early care
  - 1.3.2. Genetic abnormalities
  - 1.3.3. The influence of environmental factors on prenatal development
  - 1.3.4. Perinatal disorders *Early care*
  - 1.3.5. Conceptual approach *Typology and characteristics of early childhood care*
  - 1.3.6. Structure and Operation
- 1.4. Evolutionary characteristics of the individual during the first three years of life: development
  - 1.4.1. General characteristics of the stage and its location in the current educational system
  - 1.4.2. Physical development
  - 1.4.3. Cognitive Development
  - 1.4.4. Linguistic development
  - 1.4.5. Socio-emotional development
- 1.5. Childhood development (3-6 years)
  - 1.5.1. General characteristics of the stage and its location in the current educational system
  - 1.5.2. Physical development
  - 1.5.3. Cognitive Development
  - 1.5.4. Linguistic development
  - 1.5.5. Socio-emotional development
- 1.6. Developmental disorders in the early childhood education period
  - 1.6.1. Assessment and intervention guidelines
  - 1.6.2. Sleep disturbances and eating behavior
  - 1.6.3. Sphincter control
  - 1.6.4. Separation anxiety *Social and environmental influences*
  - 1.6.5. Mental retardation
  - 1.6.6. Neurodevelopment Disorders
- 1.7. Childhood development (6-12 years)
  - 1.7.1. General characteristics of the stage and its location in the current educational system
  - 1.7.2. Physical development
  - 1.7.3. Cognitive Development
  - 1.7.4. Linguistic development
  - 1.7.5. Socio-emotional development
- 1.8. Developmental disturbances in elementary school period
  - 1.8.1. Assessment and Intervention
  - 1.8.2. Behavioral disorders
  - 1.8.3. Socio-emotional disorders
  - 1.8.4. Attention Deficit Hyperactivity Disorders: Assessment Tools and Intervention Programs
- 1.9. Development during adolescence and early adulthood
  - 1.9.1. Stage alterations
  - 1.9.2. General characteristics of the stage and its location in the current educational system
  - 1.9.3. Physical development
  - 1.9.4. Cognitive Development
  - 1.9.5. Socio-emotional development
  - 1.9.6. Emancipation from family of origin *Inclusion of youths*
  - 1.9.7. Substance use
- 1.10. Adult development: physical and psychosocial
  - 1.10.1. Development in the elderly: aging, retirement and family
  - 1.10.2. Health and disease in the elderly
  - 1.10.3. Assessment and Intervention
  - 1.10.4. Adult physical and psychosocial development of adults: adaptation, changes, stages, crises
  - 1.10.5. Adulthood and family and work context

- 1.10.6. An ageing population: physical, cognitive, social, psychological Retirement
- 1.10.7. The elderly and the family context
- 1.10.8. Physical alterations
- 1.10.9. Cognitive Impairment
- 1.10.10. Dementias
- 1.10.11. Depression

## Module 2. Affective and Social Development

- 2.1. Introduction to the Study of Affective and Social Development
  - 2.1.1. Introduction
  - 2.1.2. Explanatory Theories
  - 2.1.3. Classification of Social Development Studies
- 2.2. Beginning of Affective Relationships
  - 2.2.1. Conditions Necessary for an Attachment to Form
  - 2.2.2. Guidance for Parents to Improve Interaction with the Child with a Disability
  - 2.2.3. The Formation of the First Attachment
  - 2.2.4. Components of the Attachment Relationship
  - 2.2.5. Evolution of Attachment During Childhood
- 2.3. Development and Evolution of Attachment in Infancy
  - 2.3.1. Theories on Affective Development
  - 2.3.2. Affective Development
  - 2.3.3. Types of Attachment
  - 2.3.4. Emotional development
- 2.4. Development of Attachment from Adolescence to Adulthood
  - 2.4.1. Attachment in Adolescence
  - 2.4.2. Attachment in Young Adults
  - 2.4.3. Attachment in Middle-Aged and Older Adults
  - 2.4.4. Differences in Attachment in Adulthood
- 2.5. Development of Personal Identity
  - 2.5.1. The Development of the Self-Concept
  - 2.5.2. Self-Esteem: the Evaluation Component of Self-Esteem
  - 2.5.3. The Development of Self-Control
  - 2.5.4. Who Am I Going to Be? Forging an Identity
  - 2.5.5. The Other Side of Social Cognition: Getting to Know Others
- 2.6. Peer-to-Peer Relationships
  - 2.6.1. Peers: a New Social Experience?
  - 2.6.2. Sibling Relationships from 2 to 6 Years of Age
  - 2.6.3. Social Interactions in Play, Aggressiveness and Prosociality
  - 2.6.4. Peer Relationships: Friendship
  - 2.6.5. Children's Groups and Dominance Hierarchies
  - 2.6.6. The Determinants of Social Experience
- 2.7. Social Development in Adolescence
  - 2.7.1. Model of Individual Change: Erikson's Theory
  - 2.7.2. Self-Concept and Self-Esteem
  - 2.7.3. Family Relationships
  - 2.7.4. Relationships with Peers
- 2.8. Moral development
  - 2.8.1. What is Moral Development?
  - 2.8.2. Moral Thinking
  - 2.8.3. Moral Behavior
  - 2.8.4. Moral Sentiments
  - 2.8.5. Moral Education
  - 2.8.6. Values, Religion and Sects
- 2.9. Early Promotion of Emotional Development
  - 2.9.1. Factors that Determine Parental Performance
  - 2.9.2. Intervention Models
  - 2.9.3. Educational Criteria for Parents
- 2.10. Intervention in Social Development
  - 2.10.1. Family Education and Social Competence
  - 2.10.2. Assessment of Social Competence in Young Children
  - 2.10.3. Development of Social Competence in the Early Childhood School
  - 2.10.4. Procedures for Developing Social Competence in Early Childhood Schools
  - 2.10.5. Prevention of Antisocial Behavior

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*



## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*







At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically assess and re-assess students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.  
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.





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# Certificate

The Postgraduate Certificate in Educational and Instructional Psychology for Teachers guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Include in your training a Postgraduate Certificate in Cognitive, Emotional and Social Developmental Psychopathology: A huge step forward in your competitiveness in the sector”*

This **Postgraduate Certificate in Cognitive, Emotional and Social Developmental Psychopathology** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Cognitive, Emotional and Social Developmental Psychopathology**

Official N° of Hours: **300 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
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education information tutors  
guarantee accreditation teaching  
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community commitment  
personalized service innovation  
knowledge present  
online training  
development languages  
virtual classroom



**Postgraduate Certificate**  
Cognitive, Emotional and  
Social Developmental  
Psychopathology

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