



# Postgraduate Certificate

# Classroom Assertive Communication

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Technological University

» Dedication: 16h/week

» Schedule: at your own pace

» Exams: online

 $We b site: {\color{blue}www.techtitute.com/in/psychology/postgraduate-certificate/class room-assertive-communication} \\$ 

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# tech 06 | Introduction

Children and young people spend many hours in the company of other people, so it is normal that small conflicts may arise between classmates, family members and even with the teaching environment due to the dynamics of the study itself. For the resolution of these disputes, the role of the psychologist is key, who has to provide their patients with the necessary tools to solve all the different problems that may arise. Therefore, they should know the main mechanisms that assertive communication offers, as a method to implement among their patients so that they themselves learn to solve their conflicts in a peaceful manner.

Additionally, it must be taken into account that mediation in the learning process of children and adolescents is becoming more and more important, since it is capable of strengthening in them a positive point of improvement that allows both educational and human growth and improves the relationships that are established during the growth of the child.

The aim of this Postgraduate Certificate is to provide the psychologist with the keys to learn the main techniques of assertive communication in the various environments of the child. As such, this program is aimed primarily at child psychologists. With this action, the psychologist will acquire skills to manage conflict situations in the classroom and diversity in the educational context, adjust the plans of attention to diversity and educational projects of the centers.

But with special emphasis on communication and the way patients should speak and listen. And, above all, avoiding violence in any situation that may develop in the classroom.

This **Postgraduate Certificate in Classroom Assertive Communication** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of dozens of practical cases presented by experts in Classroom Assertive Communication
- The graphic, schematic, and practical contents provide students with scientific and practical information on the disciplines that are essential for professional practice
- New developments on Classroom Assertive Communication
- Its practical exercises where to perform the self assessment process to improve learning
- Its special emphasis on innovative methodologies in Classroom Conflict Analysis
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an internet connection



The psychologist must teach their patients to use assertive communication techniques to resolve their conflicts"



Complete your education with this Postgraduate Certificate, which has the most innovative methodology in the market. You will be able to balance it with your work as it is 100% online" This program comes with the best educational material, providing you with a contextual approach that will facilitate your learning.

It includes, in its teaching staff, professionals belonging to the field of Assertive Communication, who bring to this training the experience of their work, as well as recognized specialists belonging to reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive program designed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the educator must try to solve the different professional practice situations that arise throughout the course. For this purpose, the educator will be assisted by an innovative interactive video system developed by recognized experts in Assertive Communication with extensive teaching experience.

This 100% online Postgraduate Certificate will allow you to balance your studies with your professional work while increasing your knowledge in this field.







# tech 10 | Objectives



## **General Objectives**

- Detect patients presenting characteristics compatible with behavioral and/or family difficulties that may predispose to a need for mediation
- Use the main assessment tools, as well as the criteria to complete the process of identifying the specific educational needs that arise from this educational variability and may present behavioral problems
- Manage techniques and strategies for educational intervention, as well as for the orientation of the response in the different areas where there are behavioral problems in the classroom
- Manage conflict situations and maladaptive behaviors in the classroom, as well as
  to collaborate or promote integral programs within the educational project and the
  mediation plan in a center
- Value the active role of the psychologist in conflict resolution and mediation in the educational context
- Encourage habits and behaviors that promote coexistence at school
- Make students aware of their active role and involvement in the recognition, avoidance and control of coexistence conflicts in the centers
- Detect and confront problems that lead to intolerance and violence





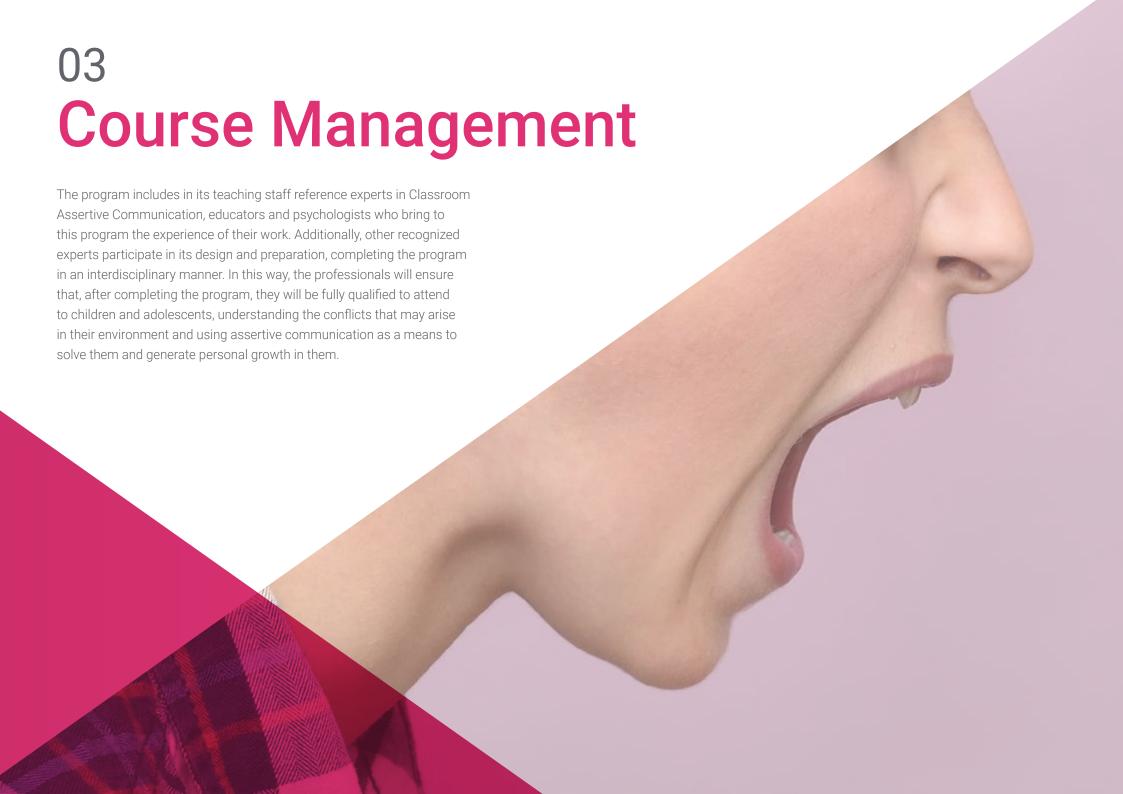
# **Specific Objectives**

- Specialize in strategies and techniques for conflict resolution, but also train personal skills and professional skills
- Develop strategies to convey communication and assertiveness skills
- Provide education professionals with the practical tools, social skills and techniques
  that will enable them to resolve these situations and prevent behavioral and
  disciplinary problems
- Learn to develop social skills in patients
- Identify emotions and promote empathy and active listening



Increase your confidence in decisionmaking by updating your knowledge through this Postgraduate Certificate"







# tech 14 | Course Management

#### Management



## Mr. Guardia, Enrique Alonso

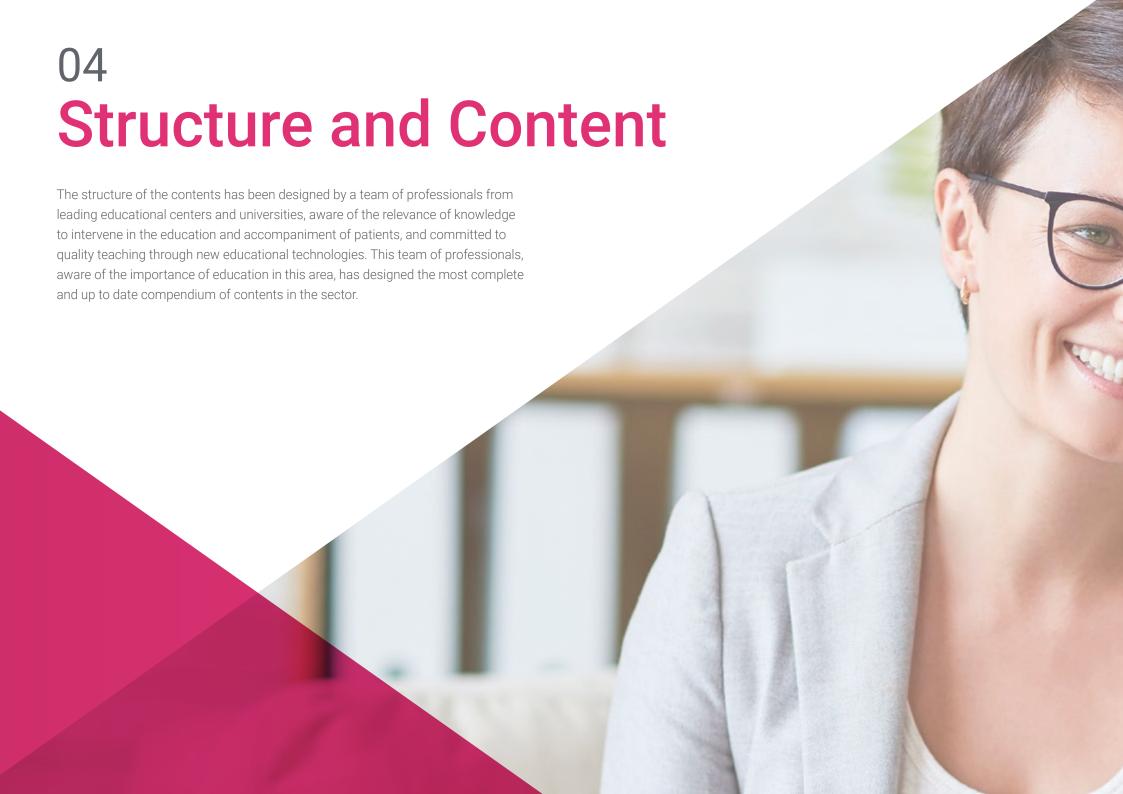
- Avemarian Master
- Educational Coach
- Adolescent Technician
- Trainer of trainers in Active Teaching and Humor, at CEP and Granada Provincial Council
- Hospital Clown
- Speaker
- Social Entrepreneur
- Community Manager
- Researcher University of Granada-Hum727

#### **Professors**

#### Ms. Álvarez Jiménez, María Concepción

- Pedagogue
- Teacher
- Adolescent Technician in the Aldeas Infantiles Youth Program
- Trainer of trainers in Active Teaching and Humor and in Granada Provincial Council







# tech 18 | Structure and Content

#### Module 1. Communication in Conflict

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- 1.1.1. Emitter
- 1.1.2. Receptor
- 1.1.3. Message
- 1.1.4. Communication Channels
- 1.2. Verbal, Non-Verbal and Paraverbal Communication
  - 1.2.1. Verbal Communication
  - 1.2.2. Non-Verbal Communication
  - 1.2.3. Paraverbal Communication
- 1.3. Invalidating Communication
  - 1.3.1. I Win/You Lose
  - 1.3.2. You Win/I Lose
- 1.4. Validating Communication
  - 1.4.1. I Win/You win
  - 1.4.2. I Win and Help You Win
- 1.5. Choosing Assertive Communication During Conflict
  - 1.5.1. Assertive Communication in Conflicts
- 1.6. How to Make Healthy Decisions
  - 1.6.1. Healthy Decision-Making
- 1.7. There are Three Fingers Pointing at Me: Me Because You
  - 1.7.1. Three Fingers Pointed at Me
- 1.8. Choosing Non-Violence: Non-Violent Communication. Four Versus One
  - 1.8.1. Non-Violent Communication
- 1.9. Technology at the Service of Communication
  - 1.9.1. Technology and Communication
- 1.10. Listening and Hearing
  - 1.10.1. Listening
  - 1.10.2. Hearing





This program will allow you to advance in your career comfortably"





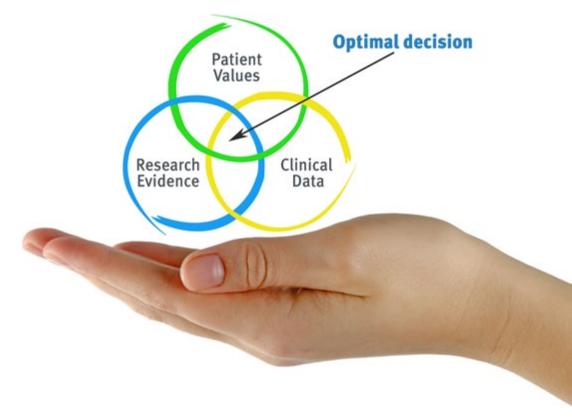


# tech 22 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



# tech 24 | Methodology

## **Relearning Methodology**

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



## Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

# tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Latest Techniques and Procedures on Video**

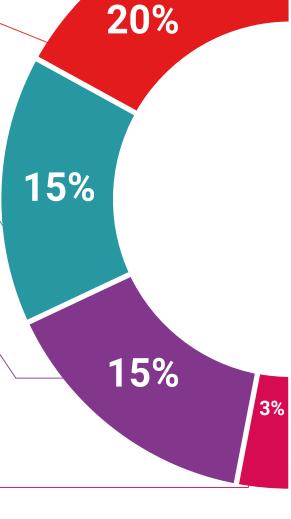
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

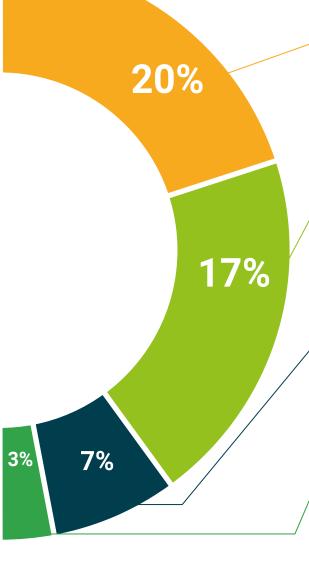
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







# tech 30 | Certificate

This Postgraduate Certificate in Classroom Assertive Communication contains the most complete and up to date program on the market.

After the student has passed the assessments, they will receive their corresponding Postgraduate Certificate issued by TECH Technological University via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the **Postgraduate Certificate**, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: Postgraduate Certificate in Classroom Assertive Communication Official No of hours: 150 h.



, with identification number For having passed and accredited the following program

#### POSTGRADUATE CERTIFICATE

in

#### Classroom Assertive Communication

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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