Postgraduate Certificate
Child and Adolescent Psychotherapy

tech technological university

Postgraduate Certificate
Child and Adolescent Psychotherapy

Course Modality: **Online**

Duration: **2 months.**

Certificate: **TECH Technological University**

14 ECTS Credits

Teaching Hours: **350 hours.**

Website: **www.techtitute.com/us/psychology/postgraduate-certificate/child-adolescent-psychotherapy**

Index

01
Introduction

The link between mental health and childhood has, up until now, been researched very little as a specialization and is currently more like a translation of adult psychopathology. In this program you will be able to gain the knowledge you need to excel in the specialized field of child and adolescent psychopathology in the nuclear family.

Make the most of the opportunity to update your knowledge in Child and Adolescent Psychotherapy using classical methods to improve your patient care"

Family is an essential and primordial context in the development of an individual and, therefore, of predicting the health or illness of the child. These days, family and school share the educational responsibilities. It is in school where children spend a large amount of their time and start to form social relationships with other people equal to them. It is also in school where we can get a better perspective of the possible psychopathologies of a child in these age groups.

The psychological treatment of the child requires family support to achieve emotional and social reintegration. This Postgraduate Certificate is unique in that it presents different protocols which train the psychologist, not only for intervention, but also for the incorporation of the family into the health process.

This **Postgraduate Certificate in Child and Adolescent Psychotherapy** contains the most complete and up-to-date scientific program on the market. The most important features of the course are:

- Clinical cases presented by experts in psychology.
  The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.

- The latest diagnostic and therapeutic techniques on Child and Adolescent Psychotherapy.

- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.

- With special emphasis on evidence-based psychology and research methodologies in psychology

- Availability of content from any fixed or portable device with an Internet connection.

Expand your knowledge through the Postgraduate Certificate in Child and Adolescent Psychotherapy, in a practical way and adapted to your needs"

"This Postgraduate Certificate may be the best investment you can make when choosing a refresher program for two reasons: in addition to updating your knowledge in Child and Adolescent Psychotherapy, you will obtain a qualification from TECH Technological University"

The course includes real clinical cases and exercises to bring the development of the course closer to the clinical practice of a Psychologist.

Forming part of the teaching staff is a group of professionals in the world of Psychology, who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the doctor must use it to try and solve the different professional practice situations that arise throughout the Postgraduate Certificate. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

02
Objectives

The main objective of the program is the development of theoretical and practical learning, so that the psychologist is able to master Child and Adolescent Psychotherapy in a practical and rigorous manner.

> *This refresher program will generate a sense of confidence when practising psychology which will help you grow both personally and professionally"*

General Objectives

- Master psychodiagnosis and evaluation in the child and adolescent framework.
- Master the technique for interviewing a child or adolescent.
- Master the personality evaluation of these age groups.
- Identify the role of the family in child and adolescent diagnosis.
- Describe the intervention of clinical psychology in these age groups.
- Develop sufficient skills to manage a child and adolescent clinic.

Make the most of the opportunity and take the step to get up to date on the latest developments in Child and Adolescent Psychotherapy"

Specific Objectives

- Provide the professional with the ability to identify with the logic of the patient according to their age and the disorder.

- Develop strategies for dealing with minors and know the legal repercussions of not complying with the code of ethics and the patient's statute.

- Know how to differentiate between the psychological disorders in the natural evolutionary changes.

- Perform a differential diagnosis taking into account the evolutionary stage of the patient.

- Identify, differentiate and diagnose the new and different forms of psychological illnesses in childhood and adolescence in the current day.

- Deal with the diagnosis and the setting in these ages in a conducive way.

- Use the tools provided in this Postgraduate Certificate program to create intervention protocols tailored to the patient.

- Control the intervention by adapting it to the patients profile.

- Define the labyrinths specific to each disorder with their unknowns and difficulties.

03
Structure and Content

The structure of the contents has been designed by a team of professionals who know about the implications of specialization in daily psychological practice and who are aware of the current relevance of training. They help psychologists to be able to act correctly in cases of patients with mental pathologies and psychological needs and are committed to quality teaching through new educational technologies.

This Postgraduate Certificate in Child and Adolescent Psychotherapy contains the most complete and up-to-date scientific program on the market"

A unique, key, and decisive experience, to boost your professional development"

Module 2. Children, Adolescents and the Family

04

Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.
This teaching system is used in the most prestigious medical schools in the world, and major publications such as the *New England Journal of Medicine* have considered it to be one of the most effective.

Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Psychologists learn better, faster, and more sustainably over time.

With TECH, psychologists can experience a way of learning that is shaking the foundations of traditional universities around the world.

According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only grasp concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.

2. The learning is solidly focused on practical skills that allow the psychologist to better integrate the knowledge into clinical practice.

3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.

4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

01 learning from evidence

02 relearning from evidence

03 testing

04 learning from an expert

05 neurocognitive context dependent learning

06 Von-Restorff effect

07 case based learning through storytelling

08 competencies testing (retesting)

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 150,000 psychologists with unprecedented success, in all clinical specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

In this program you will have access to the best educational material, prepared with you in mind:
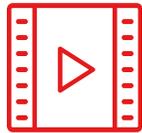
Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.

20%

Latest Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of psychology. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.

15%

Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".

15%

3%

Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.

20%

17%

3%

7%
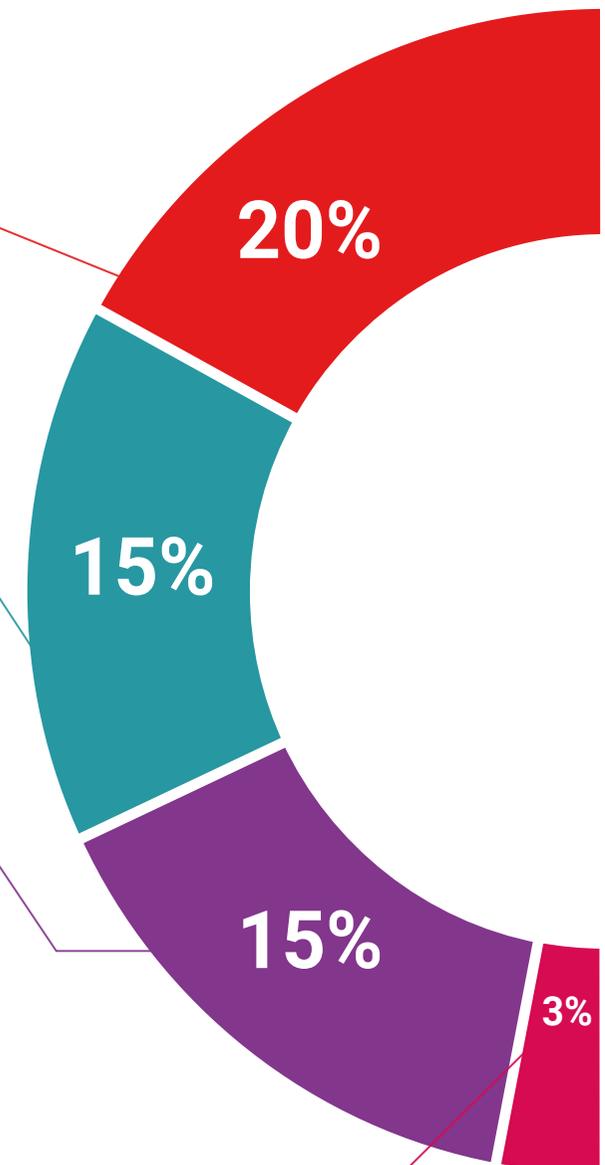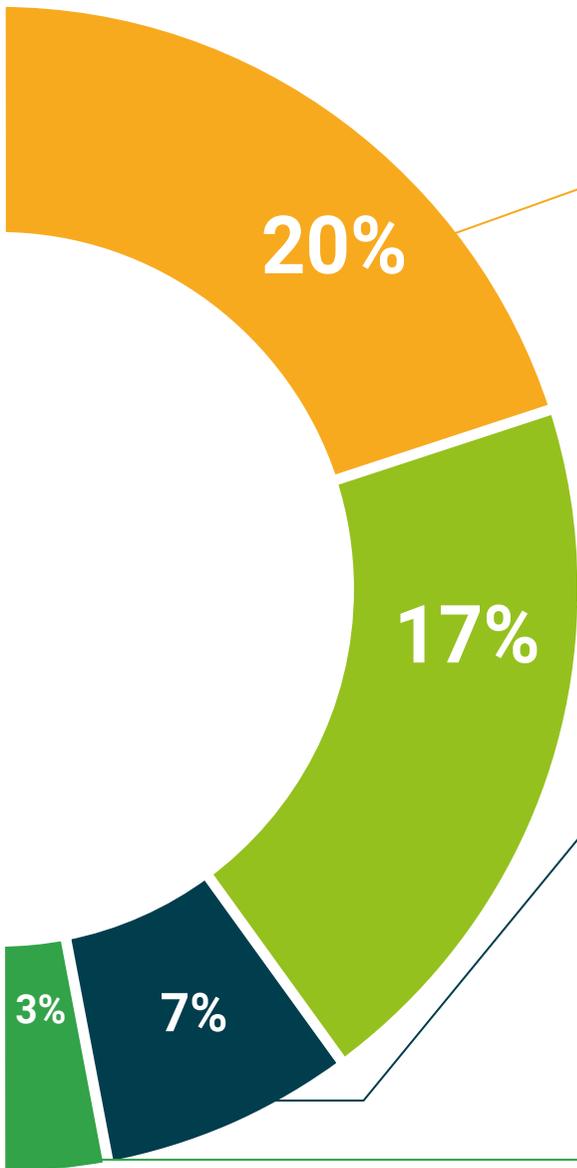
Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Re-testing

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our difficult future decisions.

Quick Action Guides

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

05
Certificate

The **Postgraduate Certificate in Child and Adolescent Psychotherapy** guarantees you, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by **TECH Technological University**.

"*Successfully complete this training program and receive your university certificate without travel or laborious paperwork*"

This **Postgraduate Certificate in Child and Adolescent Psychotherapy** contains the most complete and up-to-date scientific program on the market.

After students have passed the evaluations, they will receive their **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will specify the qualification obtained through the **Postgraduate Certificate**, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Child and Adolescent Psychotherapy**

ECTS: **14**

Official Number of Hours: **350**

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Awards the following
DIPLOMA
to
Mr./Ms. _____, with identification number _____.
For having passed and accredited the following program

POSTGRADUATE CERTIFICATE
in
Child and Adolescent Psychotherapy

This is a qualification awarded by this University, with 14 ECTS credits and equivalent to 350 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro
Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country.   Unique TECH Code: AFWORD23S   techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper diploma Apostilled, TECH EDUCATION will make the necessary arrangements to obtain it at an additional cost of €140 plus shipping costs of the Apostilled diploma.

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