

Postgraduate Certificate

Bullying and Cyberbullying





Postgraduate Certificate Bullying and Cyberbullying

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/bullying-cyberbullying

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01

Introduction

According to the most recent studies, one third of young people have admitted to having been victims of cyberbullying, even going so far as to skip classes to avoid constant attacks from their peers. As a result, educational institutions have developed strategies and protocols to prevent these bullying situations and address them in a timely manner. In this context, it is essential that psychologists are familiar with these mechanisms to ensure the well-being of students within the classroom. Therefore, TECH has created a program that allows students to identify both the methods to detect *Bullying* and cyberbullying, as well as the procedures to address these problems. In addition, students will be able to acquire this knowledge online, without depending on pre-established schedules.





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You will be able to reconcile your studies and your daily responsibilities with the 100% online teaching offered by this TECH Postgraduate Certificate”

According to UNESCO data, around 246 million children and adolescents worldwide are victims of school bullying. In addition, *Cyberbullying* is on the rise due to the increasing access to the Internet and the use of social networks. There is evidence that both victims and bullies can experience long-term academic, social and emotional developmental difficulties. These problems can persist into adulthood, affecting interpersonal relationships, educational trajectory and employment opportunities.

The study of *Bullying* and *Cyberbullying* allows understanding the dynamics and risk factors involved, which facilitates the implementation of early intervention strategies. Identifying and addressing these aggressive behaviors in a timely manner can prevent more serious consequences and foster a safe and positive environment in school and virtual environments. It is for this reason that TECH has created a program that allows students to acquire the best knowledge to deal with these bullying situations in just six weeks.

During this academic period, students will learn to identify sophisticated strategies to detect bullying and prevent cyberbullying, as well as the mechanisms to act in both cases and the characteristics of grooming and stalking in adolescence. In this way, they will be able to promote peaceful coexistence, respect and empathy among young people. This not only benefits the victims and aggressors, but also the entire school community and society in general.

Because this program is developed online, students can easily combine their learning with their daily duties. In addition, the methodology includes didactic resources in various formats, such as readings, explanatory videos and interactive summaries, allowing them to adapt the study to their personal and academic needs.

This **Postgraduate Certificate in Bullying and Cyberbullying** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Education
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Take advantage of the most outstanding learning advantages of the educational environment and grow professionally as a psychologist in an easy and fast way"

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With this program you will acquire mastery in the procedures to act in case of detecting a situation of Cyberbullying”

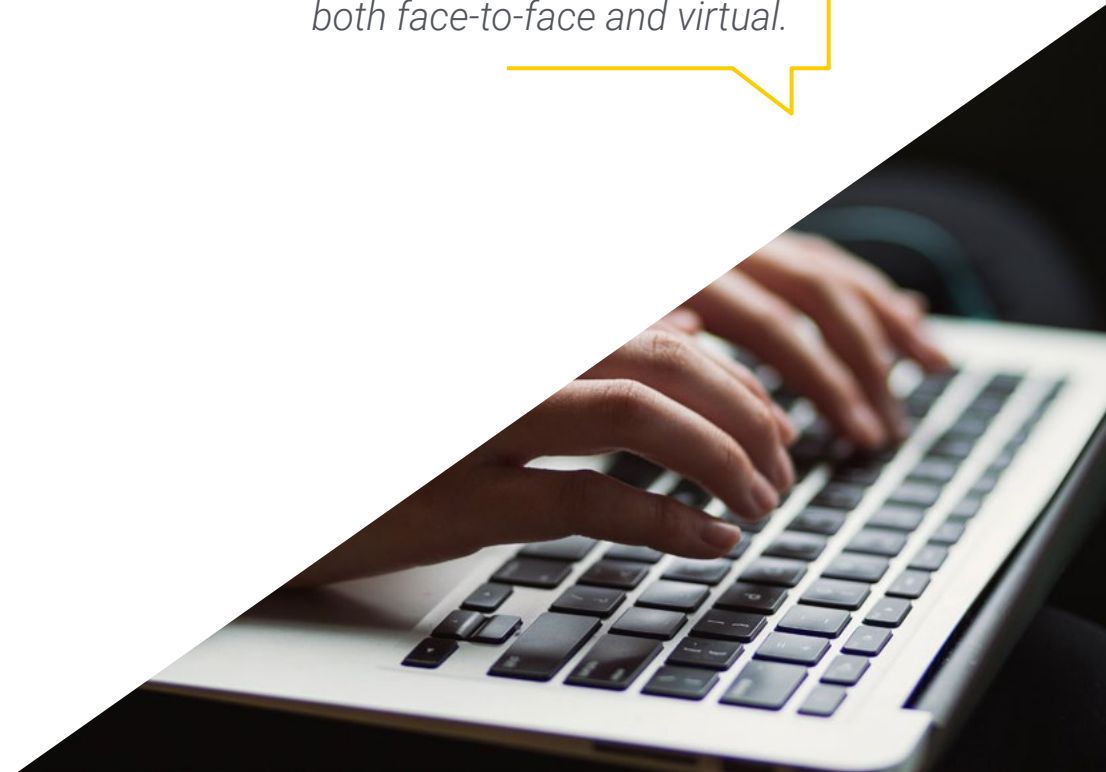
The program's teaching staff includes professionals from the sector who bring to this training the experience of their work, as well as recognized specialists from prestigious reference societies and universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

This program is designed around Problem-Based Learning, whereby professionals must try to solve the different professional practice situations that arise throughout the program. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

Thanks to this TECH program, you will be able to effectively and promptly identify a possible case of Cyberbullying in the school environment.

You will have the opportunity to delve into the most effective techniques to prevent bullying both face-to-face and virtual.



02

Objectives

In order to provide psychologists with the most advanced knowledge on how to deal with *Bullying* and *Cyberbullying*, TECH has created this Postgraduate Certificate. During the six weeks of the program, participants will learn the main strategies to detect these problems and the protocols for action in these cases. This is accompanied by a large amount of didactic resources that are stored digitally and to which you will have access 24 hours a day without restrictions.



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Adhere to the objectives proposed by TECH in this program and improve your skills as a psychologist in addressing Bullying and Cyberbullying"



General Objectives

- Delve into the prevention and intervention in school bullying
- Delve into the different areas in which school bullying has an impact
- Offer a system of in-depth study for a comprehensive approach to school bullying
- Inquire into the educational, psychological, social and legal aspects of school bullying
- Acquire in-depth knowledge of the relationship between school bullying and its psychological consequences
- Describe school conflict management, assertive communication and problem solving tools
- Explain the tools to know how to prevent school bullying
- Explain the tools to know how to intervene in school bullying
- Enable to work collaboratively with all the actors involved in school bullying





Specific Objectives

- Delve deeper into what school bullying is
- Identify the types of school bullying
- Learn about the profiles involved in school bullying
- Delve into the role of the school bullying action protocol
- Describe the role of parents in school bullying
- Develop the role of the center in school bullying
- Understand the role of teachers in school bullying



Get the fundamental knowledge about the main manifestations of grooming and stalking in adolescence"

03

Course Management

Dieses Programm der TECH zeichnet sich nicht nur durch seinen umfangreichen Lehrplan aus, sondern auch durch ein Lehrteam, das sich aus den besten Fachleuten zusammensetzt. Die herausragenden Persönlichkeiten, aus denen dieser Lehrkörper besteht, haben Forschung und humanistische Arbeit auf höchstem Niveau betrieben und sind mit akademischen und universitären Einrichtungen verbunden. Auf diese Weise können die Studenten der TECH dank ihrer Erfahrung eine umfassende Aktualisierung ihrer Kenntnisse und Fähigkeiten erhalten.



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Learn from leading professionals the latest advances in intervention with Psyconeuroimmunology”

Management



Ms. González Rivas, Maria José

- ♦ Specialist in Pre-school Education, Politics and Educational Psychology
- ♦ PhD in Education from the University of Salamanca
- ♦ Master's Degree in Coaching and Emotional Intelligence certified by Bureau Veritas and AICM
- ♦ Master's Degree in University Teaching by CEU Cardenal Herrera University
- ♦ Degree in Philosophy and Educational Sciences and Pedagogy from the University of Salamanca
- ♦ Diploma in Teaching from the University of Santiago de Compostela



Professors

Ms. Rodríguez Ruiz, Celia

- ◆ Clinical Psychologist at EVEL Center
- ◆ Responsible for the Psychopedagogical Area of the Atenea Study Center.
- ◆ Pedagogical Advisor at Cuadernos Rubio
- ◆ Editor of Hacer Familia Magazine
- ◆ Editor of Webconsultas Healthcare Medical Team.
- ◆ Collaborator at the Eduardo Punset Foundation
- ◆ Degree in Psychology from UNED
- ◆ Graduate in Pedagogy from the Complutense University of Madrid.
- ◆ University Specialist in Cognitive Behavioral Therapy in Childhood and Adolescence by the UNED (UNED).
- ◆ Specialist in Clinical Psychology and Child Psychotherapy by INUPSI.
- ◆ Trained in Emotional Intelligence, Neuropsychology, Dyslexia, ADHD, Positive Emotions and Communication.

Fr. Martínez Zarza, Ana María

- ◆ Leiterin des Zentrums für persönliches Wachstum Ana Zarza
- ◆ Leiterin von Workshops für Eltern über Emotionale Intelligenz und Coaching
- ◆ Hochschulabschluss in Psychopädagogik von der UNED
- ◆ Universitätsexpertin für Emotionale Intelligenz von der UNIR
- ◆ Spezialistin in Transpersonaler Therapie von der Europäischen Universität Miguel de Cervantes
- ◆ Fortgeschrittenenkurs in Coaching von der Universität Rey Juan Carlos

04

Structure and Content

With the aim of providing the psychology professionals with valuable knowledge on how to handle *Bullying* and *Cyberbullying* situations, TECH has prepared a comprehensive program where concepts such as grooming and stalking will be addressed. The topics are designed with didactic materials in different formats, such as complementary readings, explanatory videos or self-evaluative exercises, allowing participants to choose those that best suit their academic needs. In addition, the program's online methodology allows students to study from anywhere and at any time of the day.

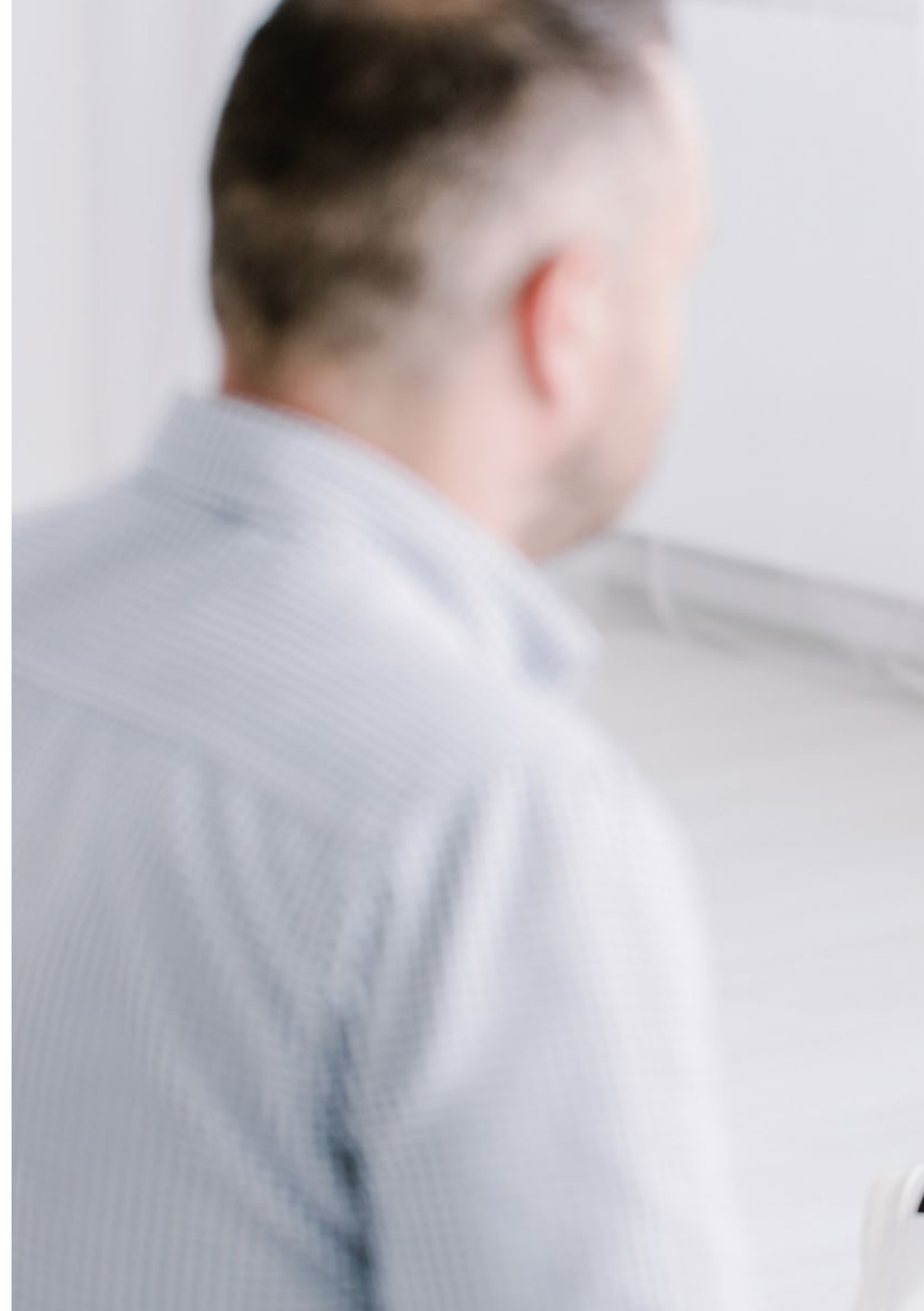


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Acquire knowledge in an efficient and entertaining way, enjoying educational materials in different formats, such as videos or self-assessment tests"

Module 1. School violence: Bullying and Cyberbullying

- 1.1. Definition of school bullying
 - 1.1.1. Bullying
 - 1.1.2. Data on the incidence of school bullying at the international level
 - 1.1.3. Characteristics of school bullying
- 1.2. How to detect school bullying
 - 1.2.1. Detection of school bullying
 - 1.2.2. Characteristics of some of the profiles involved
 - 1.2.3. How it manifests itself
 - 1.2.4. How to approach the child in this situation
- 1.3. How to prevent school bullying
 - 1.3.1. The work of prevention
 - 1.3.2. Bullying prevention activities
- 1.4. How to deal with school bullying
 - 1.4.1. Responding to a case of bullying
 - 1.4.2. Responsibilities of parents and educators
 - 1.4.3. How to act in case of bullying
 - 1.4.4. Educational Centers
- 1.5. Definition of cyberbullying
 - 1.5.1. Cyberbullying
 - 1.5.2. Data on the incidence of Cyberbullying at the international level
 - 1.5.3. Characteristics of cyberbullying
- 1.6. How to detect cyberbullying
 - 1.6.1. Detection of cyberbullying
 - 1.6.2. Characteristics of some of the profiles involved
 - 1.6.3. How it manifests itself
 - 1.6.4. How to approach the child in this situation
- 1.7. How to prevent cyberbullying
 - 1.7.1. Prevention work
 - 1.7.2. Cyberbullying prevention activities





- 1.8. How to act in cyberbullying
 - 1.8.1. Responding to a case of bullying
 - 1.8.2. Responsibilities of parents and educators
 - 1.8.3. How to act in case of bullying
 - 1.8.4. Responsibilities of the parents and educators
 - 1.8.5. Educational Centers
- 1.9. Definition of grooming
 - 1.9.1. Grooming
 - 1.9.2. Data on the incidence of Grooming at the international level
 - 1.9.3. Characteristics of grooming
 - 1.9.4. Response to grooming
- 1.10. Definition of stalking
 - 1.10.1. Stalking
 - 1.10.2. Data on the incidence of stalking at the international level
 - 1.10.3. Characteristics of stalking
 - 1.10.4. Response to stalking

“*Enroll in this university program and acquire specialized skills in dealing with school bullying and cyberbullying cases in just 6 weeks*”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Bullying and Cyberbullying guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.





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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This program will allow you to obtain your **Postgraduate Certificate in Bullying and Cyberbullying** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (**official bulletin**). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Bullying and Cyberbullying**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development language
virtual classroom



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