



Postgraduate Certificate Anthropology of Elderly

» Modality: online

» Duration: 6 weeks

» Certificate: TECH Global University

» Credits: 6 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/psychology/postgraduate-certificate/anthropology-elderly

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Certificate





tech 06 | Introduction

This program is unique in its field, as it is designed to provide you with the necessary knowledge to intervene as a psychogeriatric nurse specialist. It is also unique because it incorporates for the first time the variable of psychotherapy for the elderly, changing the rhythms of intervention that we perform in adult psychotherapy.

In this Postgraduate Certificate, we have designed a whole intervention, guided by the knowledge of brain functioning from the age of 65 onwards, which aims not so much to provide palliative treatment, but to try to help the elderly person overcome their suffering and become satisfied with their life.

This **Postgraduate Certificate in Anthropology of Elderly** contains the most complete and up-to-date program on the market. The most important features include:

- Clinical cases presented by experts in the different specialties.
- The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- New developments in the assessment and performance of the expert's report
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- With special emphasis on evidence-based psychology and research methodologies in Psychology
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- Content that is accessible from any fixed or portable device with an Internet connection



Update your knowledge through the Postgraduate Certificate in Anthropology of Elderly, in a practical way and adapted to your needs"



This Postgraduate Certificate may be the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Anthropology of Elderly, you will obtain a certificate from TECH Global University"

Forming part of the teaching staff is a group of professionals in the world of Psychology who bring to this training their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

Thanks to its multimedia content developed with the latest educational technology, they will allow the professional a situated and contextual learning, that is to say, a simulated environment that will provide an immersive learning programmed to prepare in real situations.

This program is designed around Problem-Based Learning, through which the Psychologist must try to solve the different professional practice situations that arise during the course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of psychology with extensive teaching experience.

The course includes real clinical cases and exercises to bring the development of the course closer to the psychologist's clinical practice.







tech 10 | Objectives

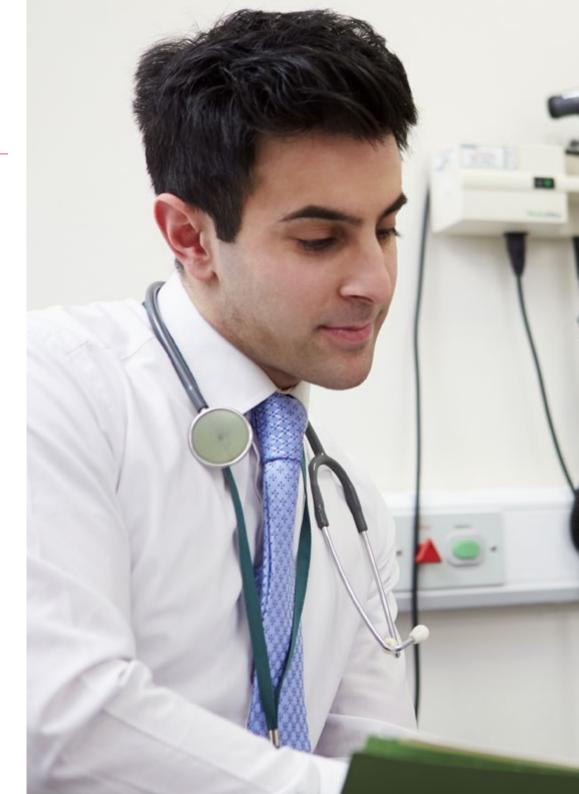


General Objectives

- Provide the student with knowledge of the infinite complexity of old age
- Provide skills to deal with the psychological state of the elderly
- Learn how to design multidisciplinary intervention protocols for old age
- Master evaluation, differential diagnosis and intervention in old age



Make the most of this opportunity and take the step to update on the latest developments in Anthropology of Elderly"





Objectives | 11 tech



Specific Objectives

- Manage the specific characteristics of old age and their consequences on human behavior
- Assess and diagnose, taking into account the social and affective surrounding in which the elderly person finds themselves
- Perform and adapt intervention protocols within an interdisciplinary framework
- Develop psychosocial intervention protocols, taking into account the role of the patient in their family
- Train in listening and managing silence with elderly patients
- Understand and master the therapeutic situation in order to become a referent for a elderly person
- Provide skills to understand and relate to the loss of patients, and from there to accompany them in the transition





Management



Dr. Anasagasti, Aritz

- European specialist psychologist in Psychotherapy from the EFPA at the CEP health center in Bilbao
- President of Emotional Network
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Psychogeriatrics Specialist. Creator of the home-based intervention
- Member of the Basque Association of Gestalt Therapy
- Reciprocal Interaction Psychotherapist
- Specialist in neurodegenerative diseases from the University of the Basque Country
- Responsible for the computer development of Emotional Management and Treatment in the Elderly

Coordinator



Aguado Romo, Roberto

- Psychologist specializing in Clinical Psychology
- European Specialist in Psychotherapy by the EFPA, President of the European Institute for Time Limited Psychotherapy
- Author with patents in psychotherapy models and techniques
- Director of the Evaluation and Psychotherapy Center of Talavera, Bilbao and Madrid
- Director of the scientific journal Psinapsis
- Master's Degree in Clinical and Health Psychology from the Spanish Society of Psychosomatic Medicine and Health Psychology
- Tutor of the Basic Psychology course at the UNED

Professors

Dr. Fernández Sánchez, Angel

- European specialist psychologist in Psychotherapy from the EFPA
- Health Psychologist
- Master's Degree in Clinical and Health Psychology
- Director of the Evaluation and Psychotherapy Center of Madrid
- * Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Author of the TEN technique
- Head of studies on the Professional Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Clinical Hypnosis and Relaxation

Ms. Casado, María

- Health Psychologist
- * Specialist in Family and Couple Intervention in the Spanish Police Confederation in Madrid
- Master's Degree in Time-Limited Psychotherapy and Health Psychology

Dr. Martinez-Lorca, Manuela

- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist.
- Lecturer at the Department of Psychology at the UCLM
- Master's Degree in Time-Limited Psychotherapy and Health Psychology from the European Institute of Time-Limited Psychotherapy
- Specialist in Clinical Hypnosis and Relaxation

Ms. Roldan, Lucia

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention

Ms. Soria, Carmen

- European specialist psychologist in Psychotherapy at the Spanish Police Confederation health center Madrid
- Head of Psychosocial Unit
- Health Psychologist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology.
- Specialist in chronic patients
- Specialist in Clinical Hypnosis and Relaxation

Ms. Otero, Veronica

- European specialist psychologist in Psychotherapy at the CEP health center in Bilbao
- Head of the children and youth area of intervention with PTL in the CEP of Bilbao
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Child and Adolescent Specialist

Dr. Zabala-Baños, María Carmen

- PhD in Psychology from University of Castilla La Mancha
- Health Psychologist.
- Master's Degree in Clinical and Health Psychology
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Psychosocial and Work Rehabilitation Specialist
- UCLM European specialist psychologist in psychotherapy
- EFPA. Specialist in Clinical Hypnosis and Relaxation





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Module 1. Old Age from an Anthropological Perspective

- 1.1. From Cicero to Marañón
- 1.2. Aging as a Complex Infinite Process
- 1.3. "Aging is the Only Way to Live a Long Time" Auber
- 1.4. Cultural Anthropology and "Respect" as a Word that Describes the Elderly
- 1.5. History of the Concept of Old Age
- 1.6. Study of Old Age from the Perspective of psicogeriatria and Psychogerontology









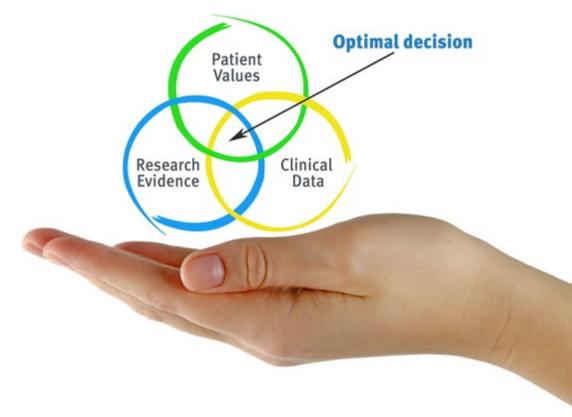


tech 22 | Methodology

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
- 2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



tech 24 | Methodology

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.



Methodology | 25 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

tech 26 | Methodology

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

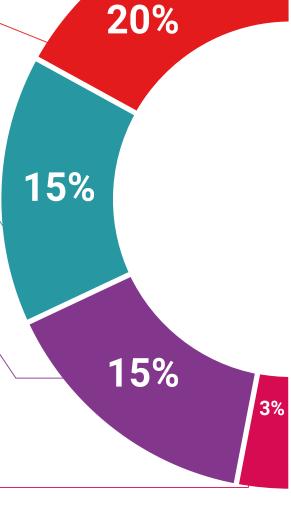
TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.



Testing & Retesting



We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes



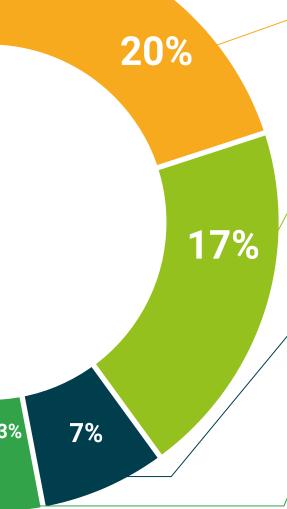
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.







tech 30 | Certificate

This program will allow you to obtain your **Postgraduate Certificate in Anthropology of Elderly** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Anthropology of Elderly

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. _____, with identification document _____ has successfully passed and obtained the title of:

Postgraduate Certificate in Anthropology of Elderly

This is a program of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



^{*}Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tech global university

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