

Postgraduate Certificate

Animal-Assisted Intervention (AAI)
for Functionally Diverse People





Postgraduate Certificate Animal-Assisted Intervention (AAI) for Functionally Diverse People

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/psychology/postgraduate-certificate/animal-assisted-intervention-aai-functionally-diverse-people

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01

Introduction

With this program, Psychologists will acquire theoretical and practical skills to work with children, adolescents, adults and elderly people with different types of disabilities. All the interventions in the areas of health, education and the social sphere will be addressed, including those that involve animals whose purpose is to contribute to the therapeutic, social and educational improvement of people. The syllabus is oriented toward obtaining results in a comprehensive training framework, which encompasses theoretical and practical aspects of AAI in society.





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This is your opportunity to specialize in a booming field within Psychology and take your knowledge to the next level”

Animal-Assisted Therapies are an alternative treatment for people suffering from certain psychological conditions such as anxiety, depression or phobias. Dogs, horses and some farm animals are currently being of great help in creating synergistic and balanced relationships that help people in overcoming various conditions. In this sense, and given their high degree of effectiveness, TECH has designed this training to instruct psychologists in the correct design and implementation of this type of therapy, always ensuring the well-being of both patients and animals.

This high-level program develops the necessary competencies in managing different disabilities that can be addressed with AAI and it delves deeper into rehabilitation, re-education and social integration processes. The benefits of AAI will be analyzed, interventions designed to improve cognitive, physical or social functioning, which complement conventional therapies, will be analyzed in depth. Students will assess the precautions and contraindications to be taken into account in the use of AAI.

All this in a 100% online update program, which will allow students to increase their professional knowledge and grow as psychologists while balancing their studies with the rest of their activities. Thus, professionals will be able to grow and position themselves in the field without leaving aside any aspect of their life.

This **Postgraduate Certificate in Animal-Assisted Intervention Programs for Functionally Diverse People** contains the most complete and up-to-date academic program on the market. The most important features of the program include:

- ♦ Practical cases presented by experts in Animal-Assisted Therapies
- ♦ The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Breakthroughs in Animal-Assisted Therapies
- ♦ Practical exercises where the self-assessment process can be used to improve learning
- ♦ Special emphasis on innovative methodologies in Animal-Assisted Therapies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Psychologists must continue learning to adapt to new developments in the field"

“

As it is an online program, you can study wherever and whenever you want. All you need is a device with an Internet connection”

The program's teaching staff includes professionals from the field of psychology, who bring their experience to this training program, as well as renowned specialists from leading communities and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program designed to train in real situations.

This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic program. For this purpose, the professional will be assisted by an innovative, interactive video system created by renowned and experienced experts in Animal-Assisted Therapies.

Invest in knowledge and differentiate yourself from the competition by taking this complete academic program.

Welcome to the Postgraduate Certificate that will help you achieve your professional goals and position yourself as a leading Psychologist.



02 Objectives

After completing this training, professionals will be fully capable of designing and implementing this type of interventions, offering optimal conditions for both the animals and the users participating in the therapy. This will not only increase their professional skills, but will also turn them into first level practitioners.





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Animal-assisted therapy is booming, and professionals who specialize in it will succeed in carving out a niche for themselves in the sector”



General Objectives

- Identify the different types of disabilities
- Define which animal is suitable for each intervention
- Specify the different realities susceptible to Animal-Assisted Intervention
- Analyze the importance humans place on animals today
- Establish the benefits of AAI

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This 100% online Postgraduate Certificate will allow you to balance your studies with your work while you increase your knowledge in the field”





Specific Objectives

- ♦ Develop specific knowledge of different types of disabilities
- ♦ Identify the most appropriate AAI for each type of disability
- ♦ Specify the objectives of the intervention
- ♦ Generate assessment recording mechanisms that enable objective assessments
- ♦ Establish the professional skills required in Animal-Assisted Intervention
- ♦ Develop research activities in AAI and activities aimed at different demographics and age groups
- ♦ Define and manage Animal-Assisted Intervention programs
- ♦ Evaluate the precautions and contraindications surrounding AAI

03

Course Management

Those who decide to take the program will benefit from the professional experience and prestige our professors have in the area of psychology, who will help students better understand how Animal-Assisted Interventions work from a multidisciplinary approach by becoming more familiar with the conditions and characteristics for which these interventions have a higher success rate.



A close-up photograph of a horse's head, showing its eye and mane. A person's hand is visible on the left side, gently touching the horse's cheek. The background is dark and out of focus.

“

A unique specialization meticulously designed by professionals with years of experience in the field”

Management



Mr. Alarcón Rodríguez, Óscar Fabián

- ♦ Veterinary ethologist in charge of consultations within the specialty, and dog selection evaluator for Assisted Interventions Red Cross Canine Center
- ♦ Training and veterinary care for day care dogs Canino Gopet Center
- ♦ Care and management of horses and birds of prey Served as support in animal interventions for people with functional diversities Teanima Association
- ♦ Care, training and handling of birds of prey at Weltvogelpark Zoo
- ♦ Planning and execution of Canine and Equine Assisted Therapies Colombian Center for Neurosensory Stimulation (CECOEN)
- ♦ Master's Degree in Animal-Assisted Intervention and Applied Ethology Autonomous University of Madrid
- ♦ Diploma in Clinical Ethology Center for Veterinary Medical Specialties (CEMV) (Buenos Aires, Argentina)
- ♦ Veterinarian and Zootechnician. San Martín University Foundation (Bogotá, Colombia)
- ♦ TAC Norte Canine-Assisted Intervention Specialty Course Trainings
- ♦ Red Cross Canine Center Courses in canine training and Canine-Assisted Intervention AMKA Dog Day Care Center Courses in Ethology and Canine Training



Ms. Fernández Puyot, Marisol

- ♦ Animal-Assisted Therapy Coordinator
- ♦ Therapy Session Coordinator; around 120 monthly therapies with dogs, horses, birds of prey and small mammals
- ♦ Leads a multidisciplinary team of nine made up of psychologists, physiotherapists, animal-assisted therapy technicians, equestrian guides, trainers, stable hands, etc.
- ♦ Collaborator and volunteer at the PE&CO Association
- ♦ Founder and creator of the Teanima Association
- ♦ Animal-Assisted Therapy, Complutense University of Madrid
- ♦ Trainee Instructor at Teanima Association for graduates in TAFAD and TECO from different institutes of the Community of Madrid and for graduates in Sociology and Pedagogy from the Complutense University of Madrid

Professors

Ms. Faoro, Valentina

- ♦ Physiotherapist at Teanima Association (Bird and Horse Assisted Therapy)
- ♦ Assisted Therapy Instructor with Birds and Horses at Teanima (Assisted Therapy with Birds and Horses)
- ♦ Physiotherapy Internship at Jiménez Diaz Foundation, Madrid
- ♦ Physiotherapy Practice at Beata Ana María Hospital, Madrid
- ♦ Physiotherapy Practice at FREMAP, Madrid
- ♦ Degree in Physical Activity, Sport and Physiotherapy Science, European University of Madrid
- ♦ Training days, *coaching* with horses and birds at Teanima Association (Assisted Therapy with birds and horses)

04

Structure and Content

The content structure has been designed by the best professionals in the Animal-Assisted Therapy sector, with extensive experience and recognized prestige in the profession, backed by the volume of cases reviewed, studied, and diagnosed, with extensive knowledge of new technologies applied to Psychology. This ensures that after completing the program, Psychologists will be fully qualified to work in Animal-Assisted Interventions from a multidisciplinary approach that favors both humans and animals.



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You will have the most complete and up-to-date program on the market, meticulously designed by industry professionals with years of experience in the sector”

Module 1. Functional Diversities and Benefits of Animal-Assisted Interventions (IAA)

- 1.1. Functional Diversity
 - 1.1.1. Intellectual Disability
 - 1.1.2. Physical Disability
 - 1.1.3. Sensory Disability
 - 1.1.4. Psychic Disability
- 1.2. Intellectual Disabilities
 - 1.2.1. Intellectual Disabilities
 - 1.2.2. Types of Intellectual Disabilities
 - 1.2.3. Autism Spectrum Disorder
 - 1.2.4. Attention Deficit and Hyperactivity Disorder
 - 1.2.5. Specific Learning Disorders
 - 1.2.6. Communication Disorder
 - 1.2.7. Rett Syndrome
- 1.3. Physical Disabilities
 - 1.3.1. Physical Disabilities
 - 1.3.2. Types of Functional Physical Diversity
 - 1.3.3. Pediatric Cerebral Palsy
 - 1.3.4. Adult Cerebral Palsy
 - 1.3.5. Spina Bifida
 - 1.3.6. Multiple Sclerosis
 - 1.3.7. Musculoskeletal Conditions
 - 1.3.7.1. Scoliosis
 - 1.3.7.2. Hyperlaxity
- 1.4. Sensory Disabilities
 - 1.4.1. Sensory Disability
 - 1.4.2. Types of Sensory Disabilities
 - 1.4.3. Hearing Impairment
 - 1.4.4. Sensory Disability
 - 1.4.5. Deaf and Blindness
 - 1.4.6. Sensory Processing Disorders



- 1.5. Psychic Disabilities
 - 1.5.1. Psychic Disability
 - 1.5.2. Health and Mental Illness
 - 1.5.3. Mental Disorders in Childhood or Adolescence
 - 1.5.4. Mental Disorders in Adulthood
- 1.6. The Role of Health Care Professionals in AAI Programs
 - 1.6.1. Multidisciplinary Teams
 - 1.6.2. Occupational Therapists
 - 1.6.3. Psychologists
 - 1.6.4. Speech Therapists
 - 1.6.5. Physiotherapists
 - 1.6.5.1. Equine-Assisted Therapies and Interventions: A Physiotherapeutic Approach
 - 1.6.5.2. Canine-Assisted Therapies and Interventions: A Physiotherapeutic Approach
 - 1.6.5.3. Avian-Assisted Therapies and Interventions: A Physiotherapeutic Approach
 - 1.6.6. Therapeutic Objectives
 - 1.6.7. Therapeutic Approach
 - 1.6.8. Therapeutic Evaluation
 - 1.6.9. Animal-Assisted Interventions (AAI) and Research
- 1.7. Benefits of Animals as Therapeutic Agents
 - 1.7.1. Benefits of Animal Use in AAI
 - 1.7.2. Horses
 - 1.7.3. Birds
 - 1.7.4. Small Mammals
- 1.8. Animal-Assisted Early Intervention
 - 1.8.1. Benefits
 - 1.8.2. Relevant Factors
 - 1.8.3. Stimulation
 - 1.8.4. Precautions and Contraindications
- 1.9. Geriatrics
 - 1.9.1. Geriatrics and Gerontology
 - 1.9.2. Diseases
 - 1.9.3. Precautions and Contraindications
- 1.10. Persons and Groups at Risk of Social Exclusion
 - 1.10.1. Conceptual Delimitation
 - 1.10.2. Groups at Risk of Social Exclusion
 - 1.10.3. Types of Interventions to Reduce the Risk of Social Exclusion



An academic experience that will lay the foundation for your professional growth”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.



The psychologist will learn through real cases and by solving complex situations in simulated learning environments.

These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.
Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

Certificate

The Postgraduate Certificate in Animal-Assisted Intervention (AAI) for Functionally Diverse People guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Animal-Assisted Intervention (AAI) for Functionally Diverse People** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** diploma issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by job markets, competitive professional career evaluation committees.

Title: **Postgraduate Certificate in Animal-Assisted Intervention (AAI) for Functionally Diverse People**

Official N° of hours: **150 h.**



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

tech technological
university

personalized service innovation

knowledge present
online teaching
development languages
virtual classroom

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