

# Postgraduate Certificate Advances in Research in Adolescent Psychopathology





## Postgraduate Certificate

### Advances in Research in Adolescent Psychopathology

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/in/psychology/postgraduate-certificate/advances-research-adolescent-psychopathology](http://www.techtute.com/in/psychology/postgraduate-certificate/advances-research-adolescent-psychopathology)

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# 01

# Introduction

Many psychological or psychiatric pathologies are related to adolescence, so it is important that researchers in this field pay special attention to their work with young people, because these pathologies can lead to other major issues. The program is aimed at consolidating the knowledge and developing the techniques used in the field of research in psychology, in this case related to adolescence. Take advantage of the opportunity and become a researcher with solid and secure foundations through this academic program and the latest educational technology 100% online.





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*The Postgraduate Certificate in Advances in Research in Adolescent Psychopathology will help you update your knowledge in research and develop as a practicing professional”*



The Postgraduate Certificate in Advances in Research in Adolescent Psychopathology has been created with the aim of understanding that the development and improvement of research in the area of psychology involves focusing not only on the content to be developed, but also on the different methodologies and techniques used to achieve the objectives set more efficiently. It aims to respond to the whole context that surrounds both the research itself and the field of knowledge in which the research is framed.

Learn about the latest advances in mental health and adolescence. Learn about the psychopathology of young people, as well as the risk factors that can cause psychological problems. Anxiety, depression and suicide in adolescence are also strong points of this program, in addition to eating disorders and addictions to substances or technological devices. Enhance your skills thanks to this program that will allow you to perform at the highest level in research in the area of Psychology.

Through this program, you will be able to incorporate the competencies associated with the researcher in Psychology through a broad, objective and experiential description of the elements to be applied during your practice, from the most general to the most specific and transversal, analyzing all the stages that make up an investigation. Research is a fundamental section in any area, since all the existing theoretical content is based on it.

This **Postgraduate Certificate in Advances in Research in Adolescent Psychopathology** contains the most complete and up-to-date program on the market. Its most notable features are:

- » The development of clinical cases presented by experts in Adolescent Psychopathology Research
- » The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- » New Developments on Research in Adolescent Psychopathology
- » Practical exercises where the self-assessment process can be carried out to improve learning
- » Special emphasis on innovative methodologies in Adolescent Psychopathology Research
- » Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- » Content that is accessible from any fixed or portable device with an internet connection



*With this Postgraduate Certificate you will delve into social behavior and education, so that you will be able to enhance your ability to publish in the area of Psychology”*

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*This Postgraduate Certificate is the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in Advances in Research in Adolescent Psychopathology, you will obtain a degree from TECH Technological University”*

It includes a very broad teaching staff of professionals belonging to the field of psychology, who bring to this program the experience of their work, as well as recognized specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, where the student must try to solve the different professional practice situations that arise during the course. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced research experts.

*Increase your confidence as a psychology researcher by updating your knowledge through this Postgraduate Certificate.*

*This Postgraduate Certificate marks the difference between a professional with a lot of knowledge and a professional who knows how to apply it in the processes of research and scientific publication.*



02

# Objectives

This Postgraduate Certificate is oriented to researchers in the field of Psychology, so that they can acquire the necessary tools to develop in the specific area, knowing the latest trends and delving into those issues that make up the forefront of this area of knowledge. Researchers will only be able to carry out their objectives successfully if they are adequately prepared.





A young woman with her eyes closed, eating a donut. The image is partially obscured by a diagonal split into a white and a magenta section.

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*The Postgraduate Certificate in Advances in Research in Adolescent Psychopathology will broaden your horizons as a psychologist and allow you to grow personally and professionally”*



## General Objective

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- » Learn the necessary competences to develop a research activity, as psychologists, that will allow them to raise their methodological and performance level in the field of research in psychology, using the appropriate tools within the research context, which will allow them to grow personally and professionally



*Take the step to catch up on the latest developments in Advances in Research in Adolescent Psychopathology”*





## Specific Objectives

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- » Learn the use of basic assessment and intervention tools in different areas of adolescent health
- » Know the main risk factors that affect adolescence and how they can influence the onset of eating disorders or drug use in this important stage of development
- » Learn to adequately apply different intervention techniques aimed at reducing anxiety responses to different stressful situations
- » Be able to design intervention programs in psychology aimed exclusively at the adolescent population
- » Learn how to design and evaluate an intervention program for some of the most frequent adolescent disorders
- » Recognize the different psychological problems of adolescence, as well as their manifestations at the physiological, cognitive and motor levels



03

# Structure and Content

The structure of the contents has been designed by a team of professionals from the best educational institutions and universities in the country, who are aware of the relevance of up-to-date, innovative education and are committed to quality teaching using new educational technologies.



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*This Postgraduate Certificate in Advances in Research in Adolescent Psychopathology contains the most complete and up-to-date program on the market”*



## Module 1. Advances in Research in Adolescent Psychopathology

- 1.1. Mental Health and Adolescence
  - 1.1.1. General Psychological Characteristics of Adolescence
  - 1.1.2. Adolescence as a Period of Risk in Psychological Development
  - 1.1.3. The Problem of Etiquette. Lighting Problems
- 1.2. Psychopathology in Adolescence. Risk Factors and Protection
  - 1.2.1. General Psychopathology of Adolescence
  - 1.2.2. Risk Factors in the Occurrence of Psychological Problems in Adolescents
  - 1.2.3. Protective Factors in the Occurrence of Psychological Problems in Adolescents
- 1.3. Advances in the Assessment of Mental Health in Adolescence
  - 1.3.1. Traditional Assessment of Mental Health in Adolescence
  - 1.3.2. New Techniques for Adolescent Mental Health Assessment
  - 1.3.3. Traditional VS. New Diagnostic Techniques
- 1.4. Anxiety in Adolescence
  - 1.4.1. Anxiety. An All-Too-Common Problem in Adolescence
  - 1.4.2. Origins of Adolescent Anxiety
  - 1.4.3. Generalization of Anxiety and Chronification
  - 1.4.4. Assessment of Anxiety and its Symptoms in Adolescents
  - 1.4.5. Anxiety as a Prodrome of other Psychological Problems
- 1.5. Depression and Suicide in Adolescents
  - 1.5.1. Depression in Adolescence
  - 1.5.2. Origins of Adolescent Depression
  - 1.5.3. Depressive Symptoms Identified in Adolescents
  - 1.5.4. Assessment of Depression and Suicide Risk in Adolescents
  - 1.5.5. Adolescent Suicide. Data in Spain and Other Countries
- 1.6. Eating Disorders. A Frequent Problem in Adolescents
  - 1.6.1. Eating Disorders. Definition and Basic Concepts
  - 1.6.2. Classification of Eating Disorders
  - 1.6.3. Assessment of Eating Disorders in Adolescents
  - 1.6.4. Anorexia
  - 1.6.5. Bulimia





- 1.7. Addictions and Substance Use in Adolescents
  - 1.7.1. Addiction. Definition and Basic Concepts
  - 1.7.2. Substance Use in adolescents. Global Data and the Situation in our Country
  - 1.7.3. Physiological Changes in the Brain Produced by Substance Use
  - 1.7.4. Substance Abuse Disorder
- 1.8. New Technologies and Their Relationship to Adolescent Psychopathology
  - 1.8.1. New Technologies as a Source of Adolescent Psychopathology
  - 1.8.2. Nomophobia and Imaginary Call Syndrome
  - 1.8.3. Addiction to Internet or Video Game Use
  - 1.8.4. The Problem of Online Gambling
- 1.9. Psychological Interventions in Adolescence. Prevention and Action
  - 1.9.1. Prevention-Based Interventions
  - 1.9.2. Interventions Based on Correction
- 1.10. Design and Implementation of Adolescent Intervention Programs
  - 1.10.1. Problem Identification
  - 1.10.2. Intervention Design and Planning
  - 1.10.3. Implementation and Follow-Up of the Intervention
  - 1.10.4. Assessment and Evaluation of the Results of the Intervention



*Discover the importance of the professional's orientation towards research and the implications of effective accompaniment in this field"*

04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





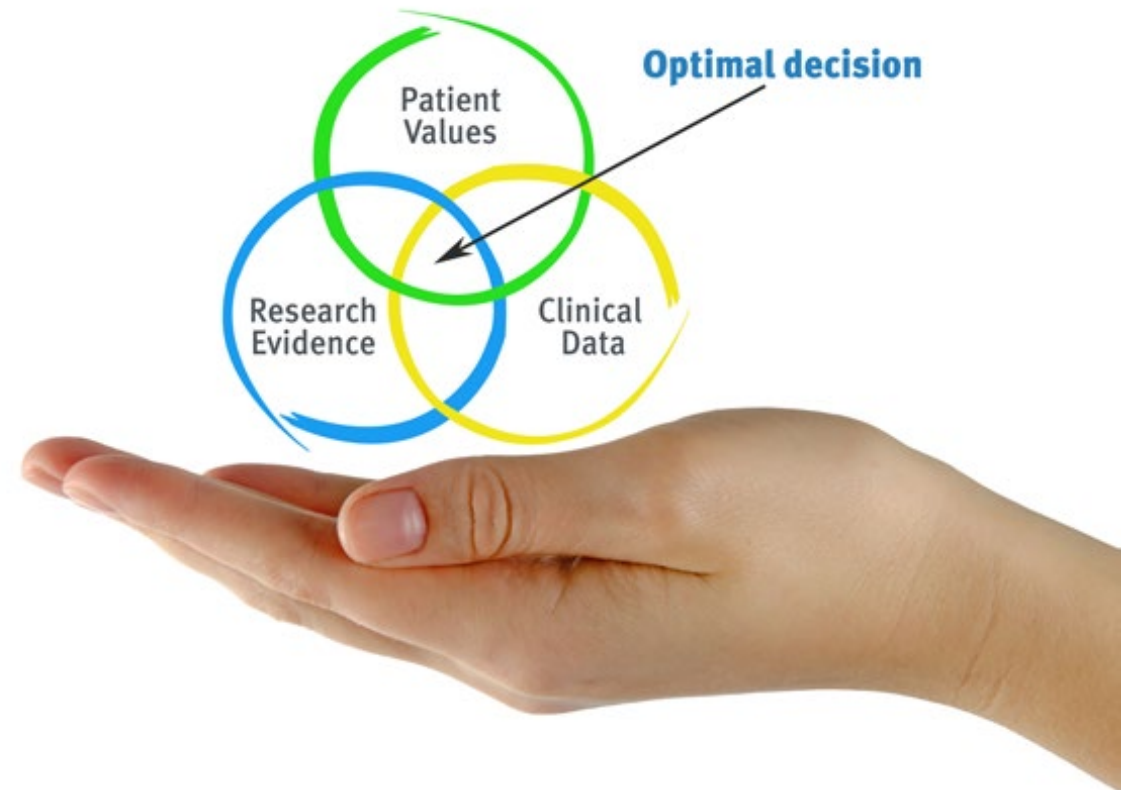
“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

*The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.





This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





05

# Certificate

The Postgraduate Certificate in Advances in Research in Adolescent Psychopathology guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Advances in Research in Adolescent Psychopathology** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Advances in Research in Adolescent Psychopathology**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



## Postgraduate Certificate

Advances in Research  
in Adolescent  
Psychopathology

- » Modality: **online**
- » Duration: **6 weeks**
- » Certificate: **TECH Technological University**
- » Dedication: **16h/week**
- » Schedule: **at your own pace**
- » Exams: **online**



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