Postgraduate Certificate
Action Protocols in Advanced Specific Situations

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Postgraduate Certificate
Action Protocols in Advanced Specific Situations

- Modality: **online**
- Duration: **12 weeks**
- Certificate: **TECH Technological University**
- Dedication: **16h/week**
- Schedule: **at your own pace**
- Exams: **online**

Website: **www.techtitute.com/pk/psychology/postgraduate-certificate/action-protocols-advanced-specific-situations**

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01

Introduction

Crisis situations can present themselves in different ways and in different contexts. Therefore, psychotherapeutic intervention has to be carried out according to the characteristics of each patient, as well as taking into account, on the one hand, the state of the victim involved, and on the other hand, the specific characteristics of the person: age, sex, degree of involvement in the event, type of accident experienced, etc. Through the exhaustive knowledge of the approach and treatment strategies for each one, the possibilities of achieving better results increase considerably. Therefore, the course of this program becomes a priority for all those professionals seeking to specialize in specific intervention in crisis situations. TECH has designed this 100% online program so that graduates can perfect their psychological skills in the management of patients subjected to traumatic and/or stressful contexts in just 12 weeks.

Through a thorough knowledge of the different specific situations that can occur in a crisis context, you will learn the most effective and efficient psychotherapeutic strategies for each case"

One of the most important characteristics that a psychology specialist must possess is the ability to adapt to the different contexts he/she must face in the exercise of his/her professional practice. Working with an adult is not the same as working with a child, just as the psychotherapeutic treatment of bereavement is not the same as working with a victim of gender violence. Based on this, professionals in this sector must know in detail the action protocols for the different specific situations that may arise in the context of a crisis or emergency.

Thanks to the exhaustive management of the most innovative and effective protocols for each case, it increases the possibilities of achieving a more successful and satisfactory approach to the patient's mental health. For that reason, the course of this program designed by TECH is the best educational option to work on it through 300 hours of intensive, dynamic and multidisciplinary training. This is a qualification designed by experts in crisis psychology that includes the latest clinical advances in the intervention in situations of acute stress, anxiety and panic caused by: sudden deaths, sexual aggressions, disappearances, suicide attempts, violent patients, people under the effect of alcohol and/or drugs, etc.

It is, therefore, a 100% online educational option, versatile, intensive and flexible, perfect for perfecting your professional competencies in the psychotherapeutic management of victims and their environment. All this through diverse material that includes, in addition to the syllabus, real clinical cases and hours of additional varied content presented in different formats. Thus, graduates will be able to contextualize the information and deepen in a personalized way the aspects of the syllabus that they consider most important for their professional performance.

This **Postgraduate Diploma in Protocols for Advanced Specific Situations** contains the most complete and up-to-date program on the market. The most important features include:

- The development of case studies presented by experts in Psychology and Emergency Services and Emergency Services
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection

Would you like to perfect your communication skills for delivering bad news? With this course you will delve into the most effective tactics for this"

A program designed, among other things, so that you can implement the most effective emotional support strategies in your professional practice when a sudden loss occurs"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will allow professionals to learn in a contextual and situated learning environment, i.e., a simulated environment that will provide immersive education programmed to prepare in real situations.

The design of this program focuses on Problem-Based Learning, through which professionals must try to solve the different situations of professional practice that are presented to them throughout the educational course. For this purpose, they will be assisted by an innovative system of interactive videos produced by renowned experts.

You will have additional high-quality material to delve into aspects of the syllabus such as coping techniques for traumatic events.

You will work on the aspects to take into account when dealing with an aggressive patient and to manage the out-of-hospital suicidal patient.

02

Objectives

The exhaustive knowledge of the characteristics of a traumatic situation, as well as of the recommended techniques for the psychotherapeutic approach of each one of them, has become an imperative need for all those Psychology professionals who seek the greatest benefit for their patients. For this reason, the objective of this Postgraduate Diploma is to provide graduates with the latest information, as well as access to the best educational tools that will allow them to fulfill this task.

If one of your objectives is to master the intervention with victims of gender violence and/or sexual assault, this Diploma guarantees that you will obtain specialized knowledge about it"

General Objectives

- Work on the exhaustive knowledge of the main protocols of action for the different situations that can occur in the context of crisis and emergencies
- Know in detail the new developments related to the delivery of bad news, as well as psychotherapeutic strategies for emotional support when coping with loss

A program with which you will be able to work on the improvement of your skills as a specialized psychologist for a precise intervention according to the context"

Specific Objectives

- Know the action protocols for specific crisis situations
- Study the grief process in depth, types of grief and how to intervene for cases of normal and pathological grief
- Know the intervention processes for specific crisis and emergency situations
- Know the key considerations to intervene with patients in high-risk situations
- Study the intervention process for patients in specific crisis situations
- Study the importance of therapeutic support for patients with problematic life situations

03

Structure and Content

TECH is a pioneer in the use of the *Relearning* methodology for the development of the theoretical content of its degrees. of the theoretical content of its qualifications. This pedagogical strategy consists of the reiteration of the most relevant concepts throughout the syllabus, fostering a natural and progressive learning process and reducing the number of hours that graduates natural and progressive learning and reducing the number of hours that graduates must spend on their specialization. It also includes hours of high-quality additional material that will help you contextualize the information and delve in a personalized and dynamic way in the different sections of this postgraduate certificate.

You will be able to access the Virtual Campus without schedules or limits, as well as from any device with internet connection, whether it is a PC, tablet or mobile phone"

Module 1. Action Protocols for Specific Situations I

1.1. Intervention in Acute Stress, Anxiety and Panic
- 1.1.1. Introduction to the Concept of Acute Stress, Anxiety and Panic
- 1.1.2. Acute stress Intervention Process
- 1.1.3. Anxiety Intervention Process
- 1.1.4. Panic Intervention Process

1.2. Grief
- 1.2.1. Concept of Grief
- 1.2.2. Theories on Grief
- 1.2.3. Manifestations of Normal Grief

1.3. Introduction and Types of Grief
- 1.3.1. Stages of Grief
- 1.3.2. Types of Grief
- 1.3.3. Functions of Grief

1.4. Grief Crisis Intervention
- 1.4.1. Importance of Intervention in Grief
- 1.4.2. Grief Crisis Intervention Process

1.5. Delivering Bad News I
- 1.5.1. Announcing Bad News
- 1.5.2. Procedure for Communicating Bad News
- 1.5.3. Stages of a Person Receiving Bad News

1.6. Delivering Bad News II
- 1.6.1. Professional Skills in the Delivery of Bad News
- 1.6.2. Factors that Affect the Delivery of Bad News
- 1.6.3. Specific Considerations for Communicating Bad News to Children and Other Groups

1.7. Emotional Support in the Event of Loss
- 1.7.1. Emotional Support
- 1.7.2. Loss
- 1.7.3. Emotional Support as a Influencing Factor in Crisis Situations

1.8. Intervention with Aggressive Patients
- 1.8.1. Aggressive Patient Characteristics
- 1.8.2. Keys Points for Intervention for Patients with Aggressive Behaviors
- 1.8.3. Therapist Skills for Dominating the Therapeutic Scenario for Patients with Aggressive Behaviors
- 1.8.4. Intervention Techniques with Aggressive Patients

1.9. Intervention and Management of the Suicidal Outpatient
- 1.9.1. Suicide
- 1.9.2. Therapeutic skills for the Management of the Suicidal Outpatient
- 1.9.3. Intervention with Patients at Risk of Suicide

1.10. Intervention with Family Members of Missing Persons
- 1.10.1. Factors to Take into Account in the Management of Missing Persons Family Members
- 1.10.2. Techniques for Coping with Traumatic Events
- 1.10.3. Intervention Process

Module 2. Action Protocols for Specific Situations II

2.1. Intervention with Victims of Gender Violence
- 2.1.1. Introduction to Domestic Violence
- 2.1.2. Principles of Intervention with Patients Victims of Gender Violence
- 2.1.3. Skills and Knowledge for Targeted Intervention
- 2.1.4. Intervention Procedure

2.2. Intervention with Victims of Sexual Assault
- 2.2.1. Introduction to the Concept of Sexual Assault
- 2.2.2. Trauma in the Victims of Sexual Assault
- 2.2.3. Skills and Knowledge for Targeted Intervention
- 2.2.4. Procedures for Intervention with Victims of Sexual Assault

2.3. Intervention with People Intoxicated by Alcohol and Drugs
- 2.3.1. Drug Use
- 2.3.2. Drug Classification
- 2.3.3. Intervention with Consumers

2.4. Crisis Intervention with Children
- 2.4.1. The Therapeutic Process with Children
- 2.4.2. Key Considerations and Principles in Therapeutic Intervention with Infants
- 2.4.3. Effective tools for Intervention with Children

2.5. Crisis Intervention with the Psychiatric Patient
- 2.5.1. Introduction to the Concept of the Psychiatric Patient
- 2.5.2. The Role of the Psychologist in Crisis Intervention with a Psychiatric Patient
- 2.5.3. Keys Considerations and Principles of Effective Intervention

2.6. Crisis Intervention with the Elderly
- 2.6.1. Elderly People in the Psychologist's Office
- 2.6.2. Key Considerations and Principles for Crisis Intervention with Infants

2.7. Crisis Intervention with People with Intellectual Disabilities
- 2.7.1. Introduction to Intellectual Disability
- 2.7.2. Key Considerations and Principles for Crisis Intervention with Patients with ID
- 2.7.3. Tools for Interventions with People with ID

2.8. Crisis Intervention with Immigrants
- 2.8.1. Trauma and Stress for Immigrants
- 2.8.2. Key Considerations and Principles for Crisis Intervention with Immigrants

2.9. Accompaniment in the Identification of Corpses
- 2.9.1. Therapeutic Support
- 2.9.2. Accompaniment in the Identification of Corpses
- 2.9.3. Funeral and Burial Ceremony

2.10. Psychological Support for Technicians
- 2.10.1. Upon Completion of the Intervention
- 2.10.2. Preventing Fatigue
- 2.10.3. Shifts and Breaks
- 2.10.4. Coping Strategies

04

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

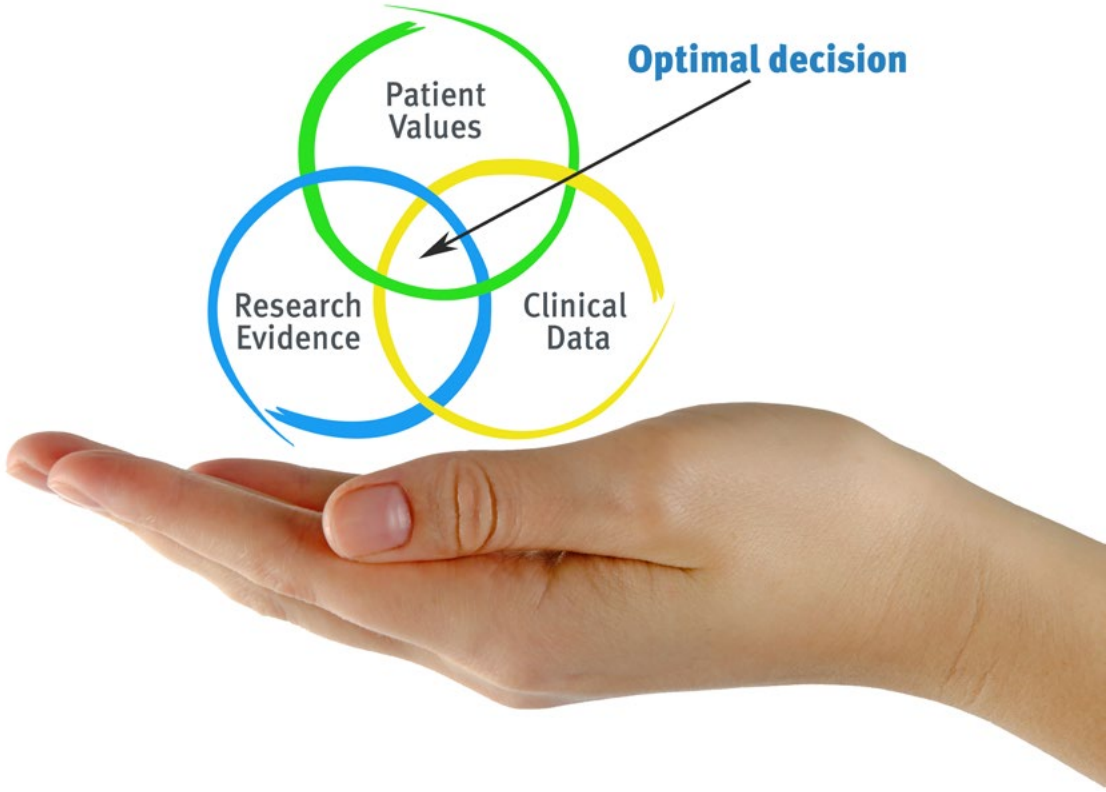
This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH the psychologist experiences a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the psychologist's professional practice.

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

1. Psychologists who follow this method not only master the assimilation of concepts, but also develop their mental capacity by means of exercises to evaluate real situations and apply their knowledge.
2. Learning is solidly translated into practical skills that allow the psychologist to better integrate knowledge into clinical practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which is a real revolution compared to the simple study and analysis of cases.

The psychologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

This methodology has trained more than 150,000 psychologists with unprecedented success in all clinical specialties. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

This program offers the best educational material, prepared with professionals in mind:

Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then adapted in audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high-quality pieces in each and every one of the materials that are made available to the student.

Latest Techniques and Procedures on Video

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current psychology. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.

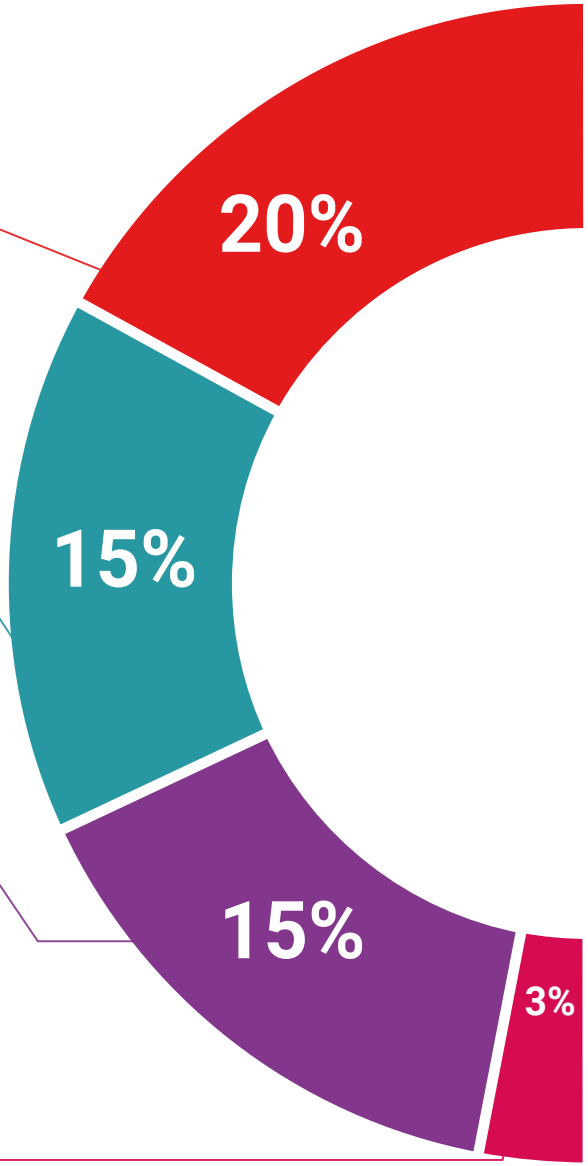
Interactive Summaries

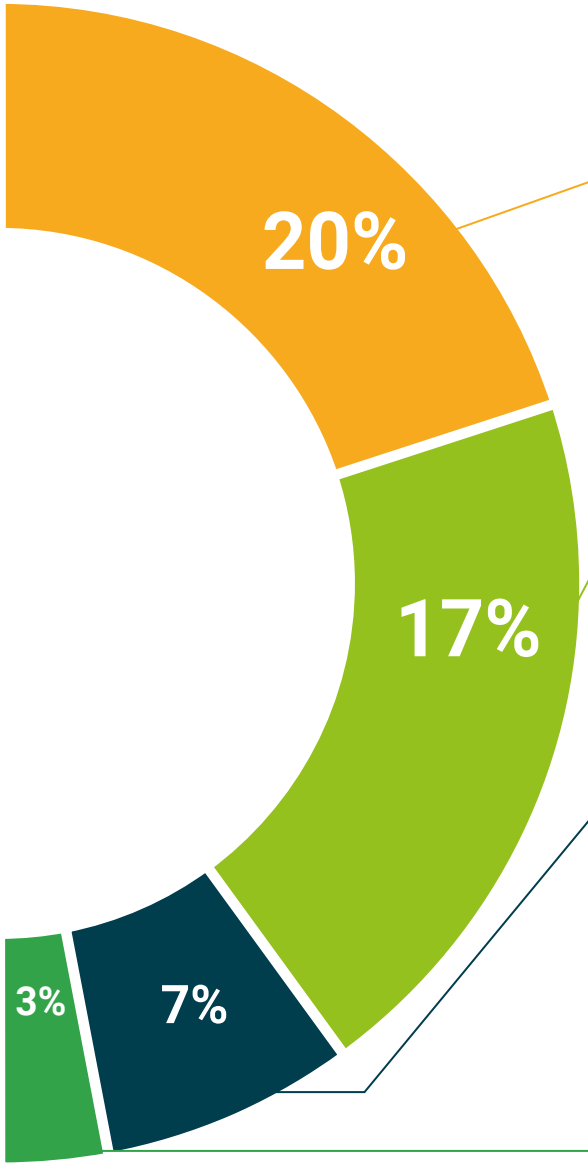
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".

Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically assess and re-assess students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.

Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.

05

Certificate

The Postgraduate Certificate in Action Protocols in Advanced Specific Situations guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.

Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"

This **Postgraduate Certificate in Action Protocols in Advanced Specific Situations** contains the most complete and updated educational program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Action Protocols in Advanced Specific Situations**

Official Nº of Hours: **300 h.**

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Awards the following

CERTIFICATE

to

Mr./Ms. _____, with identification number _____.

For having passed and accredited the following program

POSTGRADUATE CERTIFICATE

in

Action Protocols in Advanced Specific Situations

This is a qualification awarded by this University, equivalent to 150 hours, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH is a Private Institution of Higher Education recognized by the Ministry of Public Education as of June 28, 2018.

June 17, 2020

Tere Guevara Navarro

Dean

This qualification must always be accompanied by the university degree issued by the competent authority to practice professionally in each country. Unique TECH Code: AFWORD23S techtitute.com/certificates

*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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