

# Internship Program

## Psychological Intervention in Personality Disorders and Psychosis



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Internship Program  
Psychological Intervention  
in Personality Disorders  
and Psychosis

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# 01

## Introduction

According to data from the World Health Organization, it is estimated that 1% of the world's population suffers from personality disorders, while psychotic disorders affect about 3% of the population at some point in their lives. In that sense, psychology professionals must be increasingly updated on the most effective therapies for a complete and quality psychological intervention for each patient with personality and psychosis problems. Therefore, taking this eminently practical TECH program will allow students to experience daily practice in a real clinical setting, share with the most knowledgeable tutors and build a specialized background, applying the most innovative and effective techniques and methods.

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*TECH offers you a unique and eminently practical learning experience from the most knowledgeable tutors”*







Psychological Intervention in Personality Disorders and Psychosis is a highly relevant field of Psychology nowadays. The high prevalence of these disorders population and their impact on the quality of life of patients make it essential to have highly trained professionals up to date in the latest techniques and therapies for their treatment. For this reason, TECH offers an Internship Program in this field, in a reference clinical center and with specialized tutors.

TECH's Internship Program in Psychological Intervention in Personality Disorders and Psychosis allows students to apply the theoretical knowledge acquired in a real clinical context, providing them with valuable experience in the management of patients with these pathologies. This program is conducted in a clinical center of international reference, which allows students to experience professional practice in a multicultural context and expand their professional horizons.

Specialized tutors in this area guide students in the application of the latest techniques and therapies in Psychological Intervention in Personality Disorders and Psychosis. This provides them with a unique opportunity to improve their skills and competencies in this field and enhance their professional practice.

Thus, TECH's Internship Program in Psychological Intervention in Personality Disorders and Psychosis is a valuable opportunity for students to gain experience in clinical practice and improve their skills and competencies in the management of patients with these pathologies. With specialized tutors and in an international reference clinical center, this training is an excellent option for those professionals looking to improve their professional practice and expand their horizons.

# 02

## Why Study an Internship Program?

In graduate education in psychology, it is essential to provide specialists with up-to-date knowledge based on the latest scientific evidence. However, it is not enough to offer theoretical content; it is also necessary to provide tools to put all this into practice. With this goal in mind, TECH has created an innovative academic program that allows students to acquire practical skills in a real clinical setting in the area of Psychological Intervention in Personality Disorders and Psychosis. During the Practical Training, students will work in teams with specialized tutors and apply the latest techniques and therapies in their daily practice. This unique academic opportunity offers personalized teaching over 3 weeks, and tailored to the needs of professionals to improve their competence in the field of clinical psychology.



*This practical program is a unique opportunity for you to improve your skills and competencies in the management of patients with psychological pathologies, which will allow you to provide high quality care"*

### **1. Update from the latest technology available**

TECH's Internship Program in Psychological Intervention in Personality Disorders and Psychosis offers students the opportunity to update their knowledge in the latest techniques and therapies in psychological intervention in personality disorders and psychosis. This will enable them to provide high quality care and be at the forefront of their professional practice.

### **2. Gain in-depth knowledge from the experience of top specialists**

The tutors who guide the Internship Program in Psychological Intervention in Personality Disorders and Psychosis are experts in this area and are highly trained to guide students in the application of the latest techniques and therapies

### **3. Enter top-notch professional environments**

TECH carefully selects all available centers for Internship Programs. Thanks to this, the specialist will have guaranteed access to a prestigious clinical environment in the field of Psychological Intervention. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



**4. Putting the acquired knowledge into daily practice from the very first moment**

TECH's Internship Program in Psychological Intervention in Personality Disorders and Psychosis is a unique opportunity for students to improve their skills and competencies in the management of patients with these pathologies, which will allow them to provide high quality care.

**5. Expand the boundaries of knowledge**

TECH's Internship Program in Psychological Intervention in Personality Disorders and Psychosis offers students the opportunity to apply their theoretical knowledge in a real clinical context in an international reference center, providing them with valuable experience and a multicultural perspective.

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*You will have full practical immersion at the center of your choice”*

# 03

## Objectives

In order to provide psychology professionals with the specialized skills necessary to adequately treat patients with personality disorders or related psychotic illnesses, TECH has developed an Internship Program in Psychological Intervention in Personality Disorders and Psychosis. The program is designed to comprehensively update students on the most innovative and effective therapeutic strategies, as well as the most effective psychosocial assessment and diagnostic techniques in the field of mental health.



### General Objectives

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- ◆ Update the student in the latest techniques, modern scientific postulates and state-of-the-art technologies for application in their clinical practice
- ◆ Incorporate the most effective methods, approaches and clinical analyses into their daily work, supported by a team of prestigious experts in the field of Psychological Intervention
- ◆ Know the specific approach and common cases that occur in the clinical setting of personality disorders and psychosis







## Specific Objectives

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- ◆ Apply the most effective therapeutic techniques in psychological intervention in personality disorders and psychosis, adapting them to the specific needs of each patient
- ◆ Integrate the necessary skills to work in a multidisciplinary way and to manage the patient's clinical, including decision making taking into account the social and affective fabric in which they find themselves
- ◆ Performing and adapting intervention protocols psychological within an interdisciplinary framework
- ◆ Use assessment and intervention tools and the necessary indicators to determine when other professionals should join the process
- ◆ Master the clinical use of medication, identifying the side and permanent effects of these diseases
- ◆ Develop pharmacological intervention according to the mental logic of different ages
- ◆ Manage and stabilize the emotional and affective deficiencies of the patient within the intervention
- ◆ Using psychotherapy and psychopharmaceuticals to address emotional crises in these illnesses in these diseases
- ◆ Identify and use the information from social and family agents in order to achieve comprehensive intervention in personality disorders and psychoses

# 04

## Educational Plan

The Internship Program in Psychological Intervention is made up of a 3-week internship in a prestigious center, lasting 3 weeks, from Monday to Friday with 8 hours of consecutive practical training with an assistant specialist. This internship will allow you to see real patients alongside a team of professionals in the approach to patients with personality disorders and psychosis, applying the most innovative diagnostic procedures and planning the latest generation of therapy for each pathology.

In this training proposal, of a completely practical nature, the activities are aimed at the development and improvement of the competencies necessary for the provision of psychological care in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the exercise of the activity, in an environment of safety for the patient and high professional performance.

It is undoubtedly an opportunity to learn by working in the innovative hospital of the future where real-time health monitoring of patients is at the center of the digital culture of its professionals. This is a new way of understanding and integrating healthcare processes, and turns a reference center into the ideal teaching scenario for this innovative experience in the improvement of professional skills.

Practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as cross-cutting competencies for praxis of Clinical Psychology (learning to be and learning to relate).

The procedures described below will be the basis of the practical part of the training, and their realization will be subject to the center's own availability and its workload, the proposed activities being the following:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*



Module	Practical Activity
<b>Approach of the psychotic patient and personality disorders</b>	Conduct a thorough psychological evaluation to establish an adequate diagnosis
	Design an individualized therapeutic plan that includes pharmacological therapy and psychotherapy
	Providing emotional support and disease education to the patient and family
	Establish a strong therapeutic alliance to encourage patient collaboration in their treatment
<b>Intervention with patients in pathologies associated with personality disorders</b>	Identifying and addressing comorbidities that may be present in the patient
	Use cognitive-behavioral therapy techniques to work on modifying dysfunctional thought patterns and behavior
	Encourage the development of social and emotional skills to improve the patient's quality of life
	Work on relapse prevention and consolidation of the achievements obtained in therapy
<b>Latest techniques applied to psychological intervention</b>	Use Acceptance and Commitment Therapy (ACT) to encourage acceptance of difficult thoughts and emotions and action towards the patient's personal values
	Employ dialectical behavioral therapy (DBT) to work on emotional regulation and tolerance of emotional distress
	Work with compassion-based cognitive therapy to develop self-compassion and compassion for others
	Employ Neurofeedback techniques to improve brain functioning and emotional regulation
<b>Implementation of advanced therapies in Psychological Intervention</b>	Use systemic therapy to work on the interpersonal relationship of the patient and family
	Use psychodynamic therapy to work on the identification and resolution of subconscious emotional conflicts
	Use Gestalt therapy to work on awareness and personal responsibility
	Use solution-focused brief therapy to work on the identification and resolution of patient-specific problems
<b>Psychosocial Intervention in Psychotic Disorders</b>	Employ occupational therapy to improve the patient's daily living skills and functioning in daily life
	Work on the patient's social and community inclusion through group activities and rehabilitation programs
	Promote education about the illness and reduction of the stigma associated with psychotic disorders
	Work on relapse prevention and consolidation of the achievements obtained in therapy



# 05

## Where Can I Do the Internship Program?

TECH seeks to provide an education of excellence within the reach of as many people as possible, so it has decided to expand its academic horizons and offer training in different centers throughout the country. This provides a unique opportunity for professionals to continue advancing in their careers alongside the best specialists in the sector in various reference clinics.

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*Take your practical training in a clinical center of international reference and put into action everything you have learned at the hands of the best professionals in the sector”*







The student will be able to do this program at the following centers:



Psychology

### Hospital HM Modelo

Country: Spain City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Psychology

### Hospital HM Rosaleda

Country: Spain City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Psychology

### Hospital HM La Esperanza

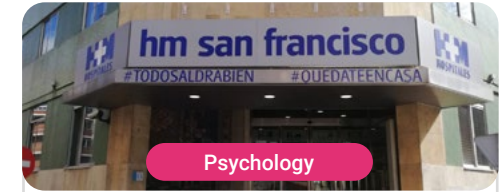
Country: Spain City: La Coruña

Address: Av. das Burgas, 2, 15705, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Oncology Nursing
- Clinical Ophthalmology



Psychology

### Hospital HM San Francisco

Country: Spain City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Psychology

### Hospital HM Regla

Country: Spain City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Psychology

### Hospital HM Montepríncipe

Country: Spain City: Madrid

Address: Av. de Montepríncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Psychology

### Hospital HM Torrelodones

Country: Spain City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Psychology

### Hospital HM Sanchinarro

Country: Spain City: Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Psychology

### Policlínico HM Gabinete Velázquez

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1º 28001, 28001, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery



Psychology

### Policlínico HM La Paloma

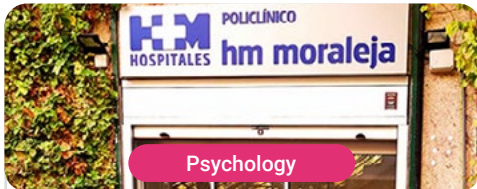
Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Psychology

### Policlínico HM Moraleja

Country	City
Spain	Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Rehabilitation Medicine in Acquired Brain Injury Management



Psychology

### Policlínico HM Sanchinarro

Country	City
Spain	Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Gynecological Care for Midwives
- Nursing in the Digestive Tract Department







Psychology

### Policlínico HM Virgen del Val

Country City  
Spain Madrid

Address: Calle de Zaragoza, 6, 28804,  
Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers  
distributed throughout Spain.

**Related internship programs:**

- Diagnosis in Physiotherapy
- Physiotherapy in Early Care



Psychology

### Policlínico HM Rosaleda Lalín

Country City  
Spain Pontevedra

Address: Av. Buenos Aires, 102, 36500,  
Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers  
distributed throughout Spain.

**Related internship programs:**

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy



Psychology

### Policlínico HM Imi Toledo

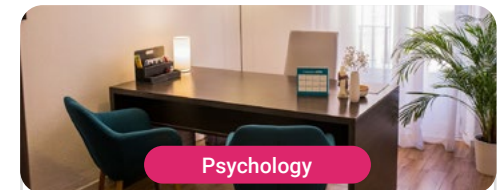
Country City  
Spain Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers  
distributed throughout Spain.

**Related internship programs:**

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation



Psychology

### Centro Limis

Country City  
Spain Malaga

Address: C. Duquesa de Parcent, 3, 29001 Málaga

Bureau specialized in psychotherapy and Borderline  
Personality Disorder

**Related internship programs:**

- Psychological Intervention in Personality Disorders and  
Psychosis

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the internship program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Psychological Intervention in Personality Disorders and Psychosis** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Psychological Intervention in Personality Disorders and Psychosis**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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# Internship Program

## Psychological Intervention in Personality Disorders and Psychosis



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