

Internship Program

Educational and Health Psychology





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Internship Program
Educational and Health
Psychology

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01 Introduction

Educational and Health Psychology is currently facing challenges, such as the need to adapt to new technologies and the increasing attention to mental health. Professionals need to be up-to-date and have the skills to address these challenges. This fully practical program in Educational and Health Psychology offers the opportunity to work alongside experienced professionals in a real-world setting for three weeks, apply theoretical knowledge and gain valuable experience for professional development. It is a fundamental tool for the updating of psychologists in a constantly evolving field.

“

You will be able to apply your knowledge in a real and constantly evolving environment, which will expand your capacity for action in the area of Educational and Health Psychology”





Educational and Health Psychology is currently facing several challenges. In the educational field, the incorporation of new technologies and teaching methodologies has generated a need to adapt the Educational Psychology approach in order to provide more effective support to students. In addition, the COVID-19 pandemic has transformed the way education is delivered and has led to an increased focus on student mental health.

On the other hand, in the field of health, Educational and Health Psychology is in a key position to address the increasing prevalence of mental illness in the population. Mental health is an increasingly important and relevant issue in today's society, and Educational and Health Psychology professionals have a crucial role in its treatment and prevention.

In this context, it is essential that Educational and Health Psychology professionals are up-to-date and have the necessary practical skills to address these challenges effectively. This is where this Internship Program can make a big difference in the day-to-day life of psychologists and in their ability to apply theoretical knowledge in a real and constantly evolving environment.

It is a fundamental tool for the updating of psychologists in a constantly evolving field. The opportunity to work alongside experienced professionals in a real-world environment for three weeks allows participants to apply their theoretical knowledge, develop practical skills and gain valuable experience for their professional development.

02

Why Study an Internship Program?

Studying the Internship Program in Educational and Health Psychology program is a unique opportunity for psychologists who wish to update and develop practical skills in a real and prestigious environment. This program offers the opportunity to work alongside experienced professionals in the field and to apply theoretical knowledge in real practical situations, which is essential to address the challenges and constant changes in the educational and health fields.



Delve your expertise and broaden your knowledge of the subject thanks to the guidance of the guidance of the best specialists in Educational and Health Psychology"

1. Updating from the Latest Technology Available

Nowadays, technology is advancing at a dizzying pace, which means that the specialty of Educational and Health Psychology is constantly evolving. This Internship Program allows students to update their knowledge based on the latest technology available in the specialty, so that they will be up to date with the latest advances and developments in the field.

2. Gaining In-depth Knowledge from the Experience of Top Specialists

Participants in the Internship Program also have the opportunity to deepen their knowledge through the experience of the best specialists. By working alongside experienced professionals in the field of Educational and Health Psychology, psychologists can learn new strategies and practical techniques that are not always taught in theory, but can only be acquired through the experience of practicing professionals.

3. Entering first-class Communication Management environments

In addition, the program provides exposure to world-class professional environments, where psychologists can apply their knowledge in real-life situations and work alongside other professionals in the same field. This gives them a more comprehensive view of the challenges faced by Educational and Health Psychology professionals and allows them to learn first-hand how knowledge is applied in practice.



4. Putting the acquired knowledge into daily practice from the very first moment

The Internship Program also has the advantage of allowing participants to put what they have learned into daily practice from the very beginning. The three-week practical stay in a prestigious center provides the opportunity to apply theoretical knowledge in real situations and acquire practical skills that can be immediately applied in their professional practice.

5. Expanding the Boundaries of Knowledge

The Internship Program in Educational and Health Psychology allows psychologists to expand the frontiers of knowledge, acquiring new perspectives and approaches that allow them to enrich their professional practice and be better prepared to face the challenges of the constantly evolving field.



You will have full practical immersion at the center of your choice"

03

Objectives

The main objective of the Internship Program in Educational and Health Psychology is to provide psychologists with the practical skills necessary to face the challenges of the field of education and health.

Through this program, participants will be able to gain experience in first-class professional environments and update their knowledge to put it into daily practice.



General Objectives

- ♦ Acquire practical skills and experience in professional environments
- ♦ Delve the knowledge of the latest technology available in the field
- ♦ Develop skills for the care and prevention of mental health problems in the educational and health care environment
- ♦ Learn to apply effective techniques and methodologies to support students and patients
- ♦ Improve the ability to work in teams and collaborate with other professionals in the field





Specific Objectives

- ♦ Observe and participate in the planning and implementation of educational and health interventions
- ♦ Perform psychological evaluations and diagnoses of mental health problems
- ♦ Develop skills for the design and application of psychological intervention programs
- ♦ Learn how to prepare reports and documents related to psychological care
- ♦ Know and apply intervention tools and techniques to improve the emotional well-being and mental health of students and patients
- ♦ Develop skills for the care and prevention of Behaviour problems in the educational care environment



Take advantage of the experience and expertise of prestigious psychologists to expand your horizons and learn collaboratively"

04 Educational Plan

The teaching schedule for this Internship Program has been carefully designed to maximize the student's learning experience over a 3-week period, Monday through Friday, with consecutive 8-hour days. The program is based on a practical and experiential approach, focused on learning through observation, reflection and direct practice in real clinical situations.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide Psychological in Educational Environment professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical education will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other learning partners that facilitate teamwork and multidisciplinary integration as transversal competencies for Psychological praxis Educational and Health(learning to be and learning to relate).

The procedures described below will be the basis of the practical part of the program, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:





Module	Practical Activity
Development of clinical skills through direct intervention in real cases	Perform assessment and diagnosis of a clinical case under the supervision of an experienced professional.
	Develop and implement a treatment plan for a patient or user who comes to the practice center.
	Participate in individual or group therapy sessions to improve therapeutic skills.
	Perform prevention and health promotion interventions in different populations.
	Provide emergency psychological care in critical situations.
Observation and analysis of therapy sessions for the improvement of therapeutic competencies	Observe and analyze individual or group therapy sessions to identify relevant aspects of the therapeutic relationship.
	Analyze the intervention process of an experienced therapist and apply it in practice sessions.
	Identify cognitive and emotional biases in patients or users and learn how to manage them appropriately.
	Analyze the main models and theoretical approaches to psychotherapy and apply them to real cases.
	Identify factors influencing treatment adherence and apply strategies to improve adherence
Design and application of psychological intervention programs adapted to different populations	Design a psychological intervention program for a specific population (children, adolescents, older adults, etc.).
	Apply psychological intervention techniques adapted to the cultural and social diversity of the populations served.
	Evaluate the effectiveness of a psychological intervention program and propose improvements.
	Use technology for the design and application of remote psychological intervention programs.
	Design a group psychological intervention program and implement it in the internship center.
Collaboration with multidisciplinary teams for comprehensive patient and user care	Participate in team meetings to discuss and evaluate the evolution of a clinical case
	Collaborate with other health care professionals in the development of a comprehensive treatment plan.
	Perform psychological interventions in collaboration with other professionals (doctors, nurses, social workers, etc.).
	Participate in prevention and health promotion activities in collaboration with other professionals.
	Collaboration with multidisciplinary teams for comprehensive patient and user care

05

Where Can I Do the Internship Program?

This Internship Program can be carried out in different centers of recognized prestige in the field of clinical, educational and health psychology. These centers are staffed by highly qualified professionals, which guarantees quality practical teaching and a comprehensive update in the field of psychology. In addition, by completing the Internship Program in these centers, the student will have the opportunity to enter a real professional environment and to work in a team with other professionals in the mental health field.



Discover a new way of learning, through practice, reflection and constant feedback, that will allow you to grow as a professional in Educational and Health Psychology"





The student will be able to do this program at the following centers:



Psychology

Hospital HM Modelo

Country: Spain City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Spine Surgery



Psychology

Hospital HM Rosaleda

Country: Spain City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Psychology

Hospital HM La Esperanza

Country: Spain City: La Coruña

Address: Av. das Burgas, 2, 15705, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Oncology Nursing
- Clinical Ophthalmology



Psychology

Hospital HM San Francisco

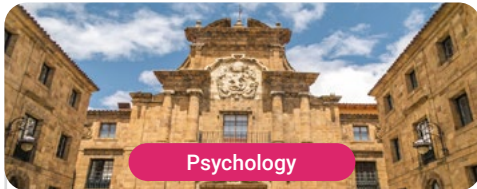
Country: Spain City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Department



Psychology

Hospital HM Regla

Country: Spain City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Psychiatric Treatments Update in Minor Patients



Psychology

Hospital HM Montepíncipe

Country: Spain City: Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Child Orthopedics
- Aesthetic Medicine



Psychology

Hospital HM Torrelodones

Country: Spain City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Hospital Pediatrics



Psychology

Hospital HM Sanchinarro

Country: Spain City: Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Anaesthesiology and Resuscitation
- Sleep Medicine



Psychology

Policlínico HM Gabinete Velázquez

Country	City
Spain	Madrid

Address: C. de Jorge Juan, 19, 1º 28001, 28001, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Clinical Nutrition in Medicine
- Aesthetic Plastic Surgery



Psychology

Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Psychology

Policlínico HM Moraleja

Country	City
Spain	Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management



Psychology

Policlínico HM Sanchinarro

Country	City
Spain	Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

Related internship programs:

- Gynecological Care for Midwives
- Nursing in the Digestive Tract Department





Policlínico HM Virgen del Val

Country City
Spain Madrid

Address: Calle de Zaragoza, 6, 28804,
Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Diagnosis in Physiotherapy
- Physiotherapy in Early Care



Policlínico HM Rosaleda Lalín

Country City
Spain Pontevedra

Address: Av. Buenos Aires, 102, 36500,
Lalín, Pontevedra

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Advances in Hematology and Hemotherapy
- Neurological Physiotherapy



Policlínico HM Imi Toledo

Country City
Spain Toledo

Address: Av. de Irlanda, 21, 45005, Toledo

Network of private clinics, hospitals and specialized centers
distributed throughout Spain.

Related internship programs:

- Electrotherapy in Rehabilitation Medicine
- Hair Transplantation

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the learners and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical learning period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

4. CERTIFICATION: Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. 3.- DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This private qualification will allow you to obtain a **Internship Program diploma in Educational and Health Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Educational and Health Psychology**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Accreditation: **4 ECTS**





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