

Internship Program
Clinical Child and
Adolescent Psychology



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01 Introduction

It is becoming increasingly common to find students who have completed their programs without having completed an internship. Consequently, today there are millions of professionals who are highly qualified, from an academic point of view, to perform their professional practice, but who encounter a lot of obstacles when they want to enter the labor market. For this reason, this institution considers it important to offer them the opportunity to improve their skills and abilities actively and hand in hand with professionals in the sector. Therefore, the idea of launching this program in which, during 120 hours, the student will work directly with experts with extensive experience in the management of clinical cases of children and adolescents with different psychological pathologies.



Through this professional practice, you will have access to psychotherapeutic environments with international prestige where the most updated tools and protocols for the evaluation and diagnosis of behavioral pathologies in children and adolescents are applied"





The different disciplines that make up the scientific and assistance branch of Clinical Child and Adolescent Psychology are in full expansion. This is due to the fact that this academic branch has more and more profound resources and techniques to determine behavioral and eating disorders in children and adolescents. These advances have made it possible for fewer and fewer pathologies to remain unidentified in the early stages of the disease and, at the same time, has facilitated the innovation of treatments and therapeutic intervention solutions for the most complex cases. In this context, the sector is calling for increasingly qualified experts who, from health care institutions, can put their knowledge to the benefit of the proper care of patients.

For this reason, TECH has designed this 100% practical academic program, where the student will develop various skills such as the correct execution of questionnaires and interviews as an assessment exercise of real cases. In this way, the graduate will have access to the possibility of acquiring a broad experience that will help them to perfect their skills in the practice of psychology. Additionally, they will be able to actively participate in daily consultations, getting to know closely how to deal with patients and expanding their knowledge of the most appropriate techniques and protocols in each case. In this way, you will be able to contextualize and expand your knowledge through your own professional development.

During the course of this Internship Program, the graduate will have the support of a tutor specialized in the area who will ensure that the practical experience is as enriching as possible for his career. At the end of the period, the specialist will be able to add this professional experience to their resume, which will act as a distinctive feature in any personnel selection process.

02

Why Study an Internship Program?

Clinical Child and Adolescent Psychology is a discipline that has grown considerably in a very short period of time. Intervention techniques and methodologies have evolved based on numerous scientific researches. The updating of this care sector requires experts with excellent practical training and, for this reason, TECH offers its students an innovative mode of study. During an intensive 3-week stay, the student will acquire the most sought-after skills in this area of work, under the specialized guidance of the most prestigious professionals.



This study program in Clinical Child and Adolescent Psychology will update your mastery of the main techniques for the evaluation and diagnosis of pathologies such as stress and ADHD in children and adolescents"

1. Updating from the latest technology available

Thanks to this study program, the student will be able to handle updated protocols for the evaluation and diagnosis of the psychopathological condition of children and adolescents. Additionally, they will apply the most innovative instruments and techniques to extract truthful information about the patient, their family and educational context.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

Throughout this Internship Program, the student will have a direct exchange with professionals of distinguished prestige. These specialists will help them to be updated on the most current work dynamics for this health care discipline. Therefore, upon completion of the program, the student will be prepared for different first level job positions.

3. Entering Top-notch psychotherapeutic environments

TECH maintains close ties with leading psychotherapeutic centers around the world. Particularly, it has coordinated this Internship Program with several prestigious institutions that have renowned specialists and apply the most up-to-date assessment protocols. Therefore, the student will have the opportunity to develop practical skills from the very first educational moment.



4. Putting the acquired knowledge into daily practice from the very first moment

The academic market does not offer enough pedagogical solutions for those specialists who wish to update their knowledge in Clinical Child and Adolescent Psychology in a practical way. For this reason, this 3-week on-site stay breaks with this scheme and, at the same time, makes it possible that students can combine their studies with other responsibilities or interests. or interests.

5. Expanding the Boundaries of Knowledge

This Internship Program can take your students beyond their usual academic comfort zone and confront them with international contexts of professional development. This is possible thanks to TECH, the world's largest online educational institution, extending to other geographical latitudes through a wide network of agreements.



You will have full practical immersion at the center of your choice"

03

Objectives

The objective of this Internship Program is to provide the graduate with the opportunity to become an active member of a team of professionals belonging to a leading clinic in the field of psychology. As a result, they will be able to describe the therapeutic link between the psychotherapist and the child or adolescent, as well as to analyze the different behavioral changes during the life cycle. Additionally, this experience will allow you to delve into the differentiation between adaptation and evolutionary adaptability of the being and will provide you with the necessary tools to master the interview with the patient.



General Objectives

- ♦ Recognize and differentiate the pathological universes related to the infantile and juvenile stage
- ♦ Apply evaluation instruments and the areas of importance to be evaluated in the Childhood and Adolescence stage
- ♦ Analyze assessment protocols in non-formal education, higher education or teaching skills





Specific Objectives

- ♦ Master the process of the therapeutic relationship with the child and adolescent in clinical child and adolescent psychology, and to know the most appropriate forms of communication for the success of the therapy in the child and adolescent stage
- ♦ Exercise how to involve the family figure in therapy with minors
- ♦ Manage diagnostic criteria of pathological universes according to DSM-V
- ♦ Examine different standardized assessment tests in reading and writing
- ♦ Manage theoretical principles of play, metaphor and story as intervention techniques
- ♦ Use specific intervention tools, taking into account the social and emotional situation of the child and adolescent
- ♦ Implement future perspectives in the treatment of child and adolescent psychopathologies
- ♦ Apply different theoretical currents of behavior modification
- ♦ Develop behavior modification techniques
- ♦ Involve ICTs and their usefulness in clinical psychology
- ♦ Address current and future treatments linked to new technologies
- ♦ Know the relevant data on the treatment of the most significant disorders for the child and adolescent population
- ♦ Manage the therapies and intervention techniques that are effective in clinical disorders

04

Educational Plan

The Clinical Internship of this program in Clinical Child and Adolescent Cognitive-Behavioral Psychology consists of a practical stay in a prestigious center, lasting 3 weeks, from Monday to Friday with 8 consecutive hours of work supervised by a professional with extensive experience in the sector. This experience will allow the graduate to get to know in detail the day to day of the profession and to work in real situations alongside an expert and reference team within the area of Psychology specialized in children and adolescents.

In this training proposal, of a completely practical nature, the activities are aimed at the development and improvement of the skills necessary for the provision of psychological care to the clinical patient and are oriented to the specific training for the exercise of the activity, in a safe environment for the patient and a high professional performance.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of skill (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners that facilitate teamwork and multidisciplinary integration as transversal skills for the psychotherapy praxis (learning to be and learning to relate).





The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:

Module	Practical Activity
Therapeutic Relationship with the Minor, Assessment and Diagnostic Process in Child and Adolescent Psychopathology	Assess and diagnose child psychopathologies through techniques such as questionnaires and interviews
	Manage possible pathologies, symptoms or signs of somatic and psychopathological diseases in children
	Implement communication and language techniques with infants and children, solving difficulties in such dialogue.
	Develop action plans for neurodevelopmental disorders, bipolar disorders and depressive disorders
Developmental Contexts and Psychopathologies in Childhood and Adolescence, the Role of the Family	Differentiate in a practical setting the types of family and their implication in child and adolescent psychopathology
	Assess possible risk factors when dealing with mental health problems in childhood
	Manage anxiety in the context of clinical child and adolescent psychology
	Deal with cases and problems of eating disorders in minor or infant patients
Protocols and frameworks for action in the diagnosis and evaluation of learning difficulties in formal education centers	Establish protocols based on updated diagnostic criteria and formal education settings
	Conduct standardized assessment tests in reading and writing
	Assess skills in higher education and teachers
	Employ problem-solving, expository, humanistic, and cognitive-behavioral intervention techniques
	Conducts <i>Mindfulness</i> sessions with clinical application for children
Intervention and Treatment in Child and Adolescent Clinical Psychology	Addressing child and adolescent psychopathologies through specific psychotherapeutic techniques
	Manage social phobia, schizophrenia, autism spectrum or obsessive compulsive disorder with specific programs and interventions
	Diagnose and treat common disorders in clinical child and adolescent psychology
	Elaborate treatment programs to address pathologies such as depression, anxiety or ADHD
	Intervene in stress, dissociative, excretory or disruptive behavioral disorders in the child and adolescent psychology

05

Where Can I Do the Internship Program?

TECH's commitment to its students goes beyond making available to them the best and largest online academic offer in the world, but also commits to allow them to access a practical stay in leading companies in the sector of their specialty. That is why, by choosing this training, the graduate will be investing in an outstanding professional improvement, which will allow them to broaden and contextualize their knowledge, as well as to implement to their skills and abilities the techniques and protocols used by professionals in the field of psychology in their day to day of their practices.

“

You will be part of a prestigious clinical center, which will allow you to attend and actively participate in the consultation of a renowned psychologist.”





The student will be able to do this program at the following centers:



Clínica Adna

Country City
Spain Madrid

Address: C. de Rodríguez San Pedro, 32,
28015 Madrid

Psychological and Aesthetic Medicine Center

Related internship programs:

- Clinical Child and Adolescent Psychology
- Forensic Psychology and Damage Assessment



Center Psicología Clínica

Country City
Spain Madrid

Address: C. Francisco de Rojas, 3, 1º DCHA,
28010 Madrid

Psychological center specialized in comprehensive mental
health care

Related internship programs:

- Clinical Child and Adolescent Psychology
- Cognitive-Behavioral Psychotherapy

06

General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

- 1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.
- 2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.
- 3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.
- 4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.
- 5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.
- 6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.
- 7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed. However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 Certificate

This private qualification will allow you to obtain a **Internship Program diploma in Clinical Child and Adolescent Psychology** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Clinical Child and Adolescent Psychology**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Accreditation: **4 ECTS**





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