

# Professional Master's Degree Electrotherapy in Physiotherapy





## Professional Master's Degree Electrotherapy in Physiotherapy

Course Modality: **Online**

Duration: **12 months**

Certificate: **TECH Technological University**

Official N° of hours: **1,500 h.**

Website: [www.techtute.com/us/physiotherapy/professional-master-degree/master-electrotherapy-physiotherapy](http://www.techtute.com/us/physiotherapy/professional-master-degree/master-electrotherapy-physiotherapy)

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# 01

# Introduction

Electrotherapy is a branch of physiotherapy based on the application of electromagnetic fields for the treatment of different pathologies. Its application ranges from analgesic effects to the nerve fiber stimulation, including the modulation of the activity of different encephalic areas.





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*This education will generate a sense of security in the performance of the physical therapist's professional practice, which will help you grow personally and professionally"*

Electromagnetic fields have been used as a therapeutic tool since ancient times. However, since the end of the last century, there have been notable advances in the use of different currents. This progress ran parallel to the ever-increasing knowledge of human physiology, which facilitated the design and development of different types of treatments based on the application of electromagnetic fields.

Electrotherapy has a wide range of applications, so it is essential to possess extensive knowledge of both the physiological functioning of the subject, as well as the most appropriate agent in each case. This content covers everything from muscular contraction mechanisms to somatosensory transmission mechanisms, which makes it essential for the therapist to know both the pathophysiological mechanisms of the subject and the physical/chemical principles of Electrotherapy.

In recent years, the number of research studies related to electrotherapy has increased, mainly those focused on invasive techniques. These include percutaneous analgesic techniques in which needles are used as electrodes, as well as transcranial stimulation, either of an electrical nature or by using magnetic fields. Based on latter application, the field of action of Electrotherapy has been widened and can thereby be applied to various types of patients, ranging from subjects with chronic pain to neurological patients.

The objective of the Professional Master's Degree in Electrotherapy in Physiotherapy is to present up-to-date applications of Electrotherapy in neuromusculoskeletal pathologies, always based on scientific evidence when selecting the most appropriate type of current in each case. To this end, the neurophysiological principles of each type of current are presented at the beginning of each module so that learning is complete. Each module is supported by practical applications of each type of current, in order to provide the professional with comprehensive knowledge of the pathology and how it can be treated.

Given the up-to-date content of the Professional Master's Degree in Electrotherapy in Physiotherapy, its focus is towards health professionals, thereby extending the application of Electrotherapy beyond the field of Physiotherapy.

The **Professional Master's Degree in Electrotherapy in Physiotherapy** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of more than 75 case studies presented by experts in Electrotherapy in Physiotherapy
- The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- Recent developments on the role of the Physiotherapist
- It contains practical exercises where the self-evaluation process can be carried out to improve learning
- Algorithm-based interactive learning system for decision-making in the situations that are presented to the student
- With special emphasis on evidence-based Physiotherapy and research methodologies in Electrotherapy in Physiotherapy
- All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



*Update your knowledge through  
the Professional Master's Degree  
in Electrotherapy in Physiotherapy"*

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*This Professional Master's Degree may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in Electrotherapy in Physiotherapy, you will obtain a qualification from TECH Technological University"*

It includes in its teaching staff professionals belonging to the field of Electrotherapy in Physiotherapy, who pour into this education the experience of their work, in addition to recognized specialists belonging to scientific societies of reference.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program designed to train in real situations.

The design of this program focuses on Problem Based Learning, by means of which the physical therapist must try to solve the different professional practice situations that arise throughout the program. For this, the physiotherapist will have the help of an innovative interactive video system made by recognized experts in the field of Electrotherapy in Physiotherapy who have excellent teaching experience.

*Increase your confidence in decision-making by updating your knowledge through this Professional Master's Degree.*

*Take the opportunity to learn about the latest advances in Electrotherapy in Physiotherapy and develop yourself in this exciting field.*



02

# Objectives

The Professional Master's Degree in Electrotherapy in Physiotherapy is oriented to facilitate the performance of the physiotherapist in their professional practice related to musculoskeletal pathology and the application of Electrotherapy.





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*This program is designed to update your knowledge in Electrotherapy in Physiotherapy, with the use of the latest educational technology, to contribute with quality and safety to decision making in this new field”*



## General Objectives

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- Update your knowledge of the rehabilitation professional in the field of Electrotherapy
- Promote work strategies based on a comprehensive approach to the patient as a standard model for achieving excellent care
- Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific training
- Encourage professional stimulation through continuing education and research



*This Professional Master's Degree  
is the best way to get up to date in  
Electrotherapy in Physiotherapy"*





## Specific Objectives

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- ◆ Update your knowledge of Electrotherapy in the field of rehabilitation of patients with musculoskeletal pathology
- ◆ Update your knowledge of Electrotherapy in the field of rehabilitation of patients with neurological pathology
- ◆ Refresh the concepts in the physiology of Electrotherapy in the neuromusculoskeletal system
- ◆ Update your knowledge of current and developing therapeutic possibilities in the field of neuromusculoskeletal rehabilitation
- ◆ Update your knowledge of nociceptive transmission, as well as its modulation mechanisms by physical means
- ◆ Update your knowledge of muscular contraction and its rehabilitation by physical means, applying Electrotherapy as the main agent
- ◆ Update your knowledge of neurological injury and its rehabilitation by means of electrotherapeutic agents
- ◆ Broaden your knowledge of new applications of electromagnetic agents in the rehabilitation of neurological patients
- ◆ Expand knowledge of new applications of invasive electrotherapy for pain modulation
- ◆ Broaden your knowledge of new applications of invasive electrotherapy for tissue regeneration
- ◆ Broaden your knowledge of new high frequency applications in the rehabilitation of neuromusculoskeletal pathologies
- ◆ Broaden the knowledge of new applications of Ultrasound Therapy in the rehabilitation of neuromusculoskeletal pathologies
- ◆ Broaden your knowledge of new applications of electromagnetic laser radiation in the rehabilitation of neuromusculoskeletal pathologies
- ◆ Broaden your knowledge of new applications of electrotherapy in the rehabilitation of urogynecological pathologies

# 03 Skills

After passing the evaluations of the Professional Master's Degree in Electrotherapy in Physiotherapy, the physiotherapist will have acquired the professional skills necessary for a quality and up to date practice based on the latest scientific evidence.





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*With this program you will be able to master the new procedures in Electrotherapy in Physiotherapy”*



## Basic Skills

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- ♦ Possess and understand knowledge that provides a basis or opportunity to be original in the development and/or application of ideas, often in a research context
- ♦ Apply acquired knowledge and problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to their area of study
- ♦ Integrate knowledge and face the complexity of making judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments
- ♦ Know how to communicate conclusions, knowledge, and supporting arguments to specialized and non-specialized audiences in a clear and unambiguous way
- ♦ Acquire the learning skills that will enable them to continue studying in a manner that will be largely self-directed or autonomous





## Specific Skills

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- ♦ Know the physical basis of the different types of Electrotherapy used in rehabilitation
- ♦ Know the physiological fundamentals of each type of current
- ♦ Know the therapeutic effects of each type of current
- ♦ Know the practical application of each type of current in different pathologies
- ♦ Refresh the main concepts of each type of current
- ♦ Incorporate new technologies into daily practice, knowing their advances, limitations and future potential



*Improve the care of your patients by taking advantage of the education that the Professional Master's Degree in Electrotherapy in Physiotherapy offers you"*

# 04

# Course Management

The program includes leading specialists in Electrotherapy in Physiotherapy in its teaching staff, who contribute their work experience to this program. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.







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*Learn from leading professionals, the latest advances in procedures in the field of Electrotherapy in Physiotherapy”*

## Management



### Ms. Sanz Sánchez, Marta

- ♦ Physiotherapy supervisor at the 12 de Octubre Hospital
- ♦ Graduate in Physiotherapy from the School of Nursing and Physiotherapy of the University of Comillas (Madrid)
- ♦ Diploma in Physiotherapy from the School of Nursing and Physiotherapy of the University of Alcalá de Henares (Madrid) October 94 - June 97
- ♦ Course on Urinary Incontinence in Women (Alcalá de Henares). 20 Hours
- ♦ Sohler Method Specialist Technician Course (Toledo). 150 Hours
- ♦ Course on Palpatory Anatomy and Orthopedic Tests (Alcalá de Henares). 30 Hours
- ♦ Course of Physiotherapy in Myofascial Pain Syndrome (Toledo). 60 Hours
- ♦ Associate Professor at UCM from 2018 to present



### Mr. Hernández, Leonardo

- ♦ Physiotherapy supervisor at the 12 de Octubre Hospital
- ♦ Diploma in Physiotherapy from the European University of Madrid, 2002
- ♦ Degree in Physiotherapy from the Pontificia de Comillas University, 2012
- ♦ Master's Degree in Osteopathy from Gimbernat University School, 2008
- ♦ Physiotherapist at Guadalajara University Hospital
- ♦ Physiotherapist at 12 de Octubre University Hospital
- ♦ Collaborating Professor at the Complutense University of Madrid, 2010
- ♦ Conference on Electrotherapy Technology Update, Practical Application High Power Laser High Intensity Electromagnetic Stimulation and Diathermy, 2018



### **Dr. León Hernández, Jose Vicente**

- ◆ Doctorate in Physiotherapy from the Rey Juan Carlos University
- ◆ Degree in Chemical Sciences from the Complutense University of Madrid, specializing in Biochemistry
- ◆ Diploma in Physiotherapy from the Alfonso X el Sabio University
- ◆ Master's Degree in the Study and Treatment of Pain from the Rey Juan Carlos University

## Professors

### Dr. Cuenca Martínez, Ferrán

- ♦ Degree in Physiotherapy
- ♦ Master's Degree in "Advanced Physiotherapy in Pain Management"
- ♦ PhD

### Mr. Gurdiel Álvarez, Francisco

- ♦ Degree in Physiotherapy
- ♦ Postgraduate Diploma in Orthopedic Manual Therapy and Myofascial Pain Syndrome
- ♦ Master's Degree in Advanced Physiotherapy in Musculoskeletal Pain Management

### Mr. Suso Martí, Luis

- ♦ Degree in Physiotherapy
- ♦ Master's Degree in "Advanced Physiotherapy in Pain Management"

### Mr. Losana Ferrer, Alejandro

- ♦ Physiotherapist
- ♦ Professional Master's Degree in Advanced Physiotherapy in Musculoskeletal Pain Management
- ♦ Postgraduate Diploma in Neuro-Orthopedic Manual Therapy
- ♦ University Advanced Training in Therapeutic Exercise and Invasive Physiotherapy for Musculoskeletal Pain

### Ms. Merayo Fernández, Lucía

- ♦ Degree in Physiotherapy
- ♦ Professional Master's Degree in Advanced Physiotherapy in Musculoskeletal Pain Management

### Mr. Izquierdo García, Juan

- ♦ Postgraduate Certificate in Physiotherapy Universidad Rey Juan Carlos. 2004
- ♦ Postgraduate Diploma in Manual Therapy in Muscular and Neuromeningeal Tissue. 60 ECTS Rey Juan Carlos University. Alcorcón- Madrid. 2005
- ♦ University Specialist in Heart Failure, 30 ECTS. Murcia University. 2018
- ♦ Master's Degree in Healthcare Management. Mid-Atlantic University. 2019
- ♦ Hospital Universitario 12 de Octubre de Madrid, Physiotherapist of the Cardiac Rehabilitation Unit
- ♦ Complutense de Madrid University, Associate Professor of the Department of Radiology, Rehabilitation and Physiotherapy of the Faculty of Nursing, Physiotherapy and Podiatry

### Mr. Román Moraleta, Carlos

- ♦ Hospital universitario 12 de Octubre, permanent statutory staff since May 2015 Paseo Imperial health center, primary care (SERMAS). From October 2009 to May 2015
- ♦ La Paz University Hospital, lymphatic drainage unit, from January 2008 to September 2009
- ♦ José Villarreal Day Care Center, Madrid City Council, from October 2007 to January 2008
- ♦ Postgraduate Certificate in Physiotherapy from the University Alfonso X El Sabio. 1999/2002
- ♦ Postgraduate Diploma in Manual Lymphatic Drainage from the European University of Madrid. Course of 08/ 09. 200 hrs
- ♦ Professional Master's Degree in Osteopathy (Eur. Ost DO). Francisco de Vitoria University- School of Osteopathy FBEO. 1500 hrs 2010-2015
- ♦ Associate Professor in the Faculty of Nursing, Physiotherapy and Podiatry. Complutense University of Madrid. Since December from 2020



05

# Structure and Content

The structure of the contents has been designed by a team of professionals from leading universities and centers, who are aware of the relevance of current education to intervene in situations that require the use of electrotherapy, and are committed to quality teaching through new educational technologies.





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*This Professional Master's Degree in Electrotherapy in Physiotherapy contains the most complete and up-to-date scientific program on the market"*

## Module 1. High Frequency Electrotherapy

- 1.1. Physical Fundamentals of High Frequency
- 1.2. Physiological Effects of High Frequency
  - 1.2.1. Athermal Effects
  - 1.2.2. Thermal Effects
- 1.3. Therapeutic Effects of High Frequency
  - 1.3.1. Athermal Effects
  - 1.3.2. Thermal Effects
- 1.4. Shortwave Fundamentals
  - 1.4.1. Shortwave: Capacitive Application Mode
  - 1.4.2. Shortwave: Inductive Application Mode
  - 1.4.3. Shortwave: Pulsed Emission Mode
- 1.5. Practical Applications of Shortwave
  - 1.5.1. Practical Applications of Continuous Shortwave
  - 1.5.2. Practical Applications of Pulsed Shortwave
  - 1.5.3. Practical Shortwave Applications: Pathology Phase and Protocols
- 1.6. Contraindications of Shortwave
  - 1.6.1. Absolute Contraindications
  - 1.6.2. Relative Contraindications
  - 1.6.3. Precautions and Safety Measures
- 1.7. Practical Applications of the Microwave
  - 1.7.1. Microwave Basics
  - 1.7.2. Practical Microwave Considerations
  - 1.7.3. Practical Applications of Continuous Microwave
  - 1.7.4. Practical Applications of Pulsed Microwave
  - 1.7.5. Microwave Treatment Protocols
- 1.8. Contraindications of the Microwave
  - 1.8.1. Absolute Contraindications
  - 1.8.2. Relative Contraindications
- 1.9. Fundamentals of TECAR Therapy
  - 1.9.1. Physiological Effects of TECAR Therapy
  - 1.9.2. Dosage of the TECAR Therapy treatment

- 1.10. Practical Applications of TECAR Therapy
  - 1.10.1. Arthrosis
  - 1.10.2. Myalgia
  - 1.10.3. Muscle Fibrillar Rupture
  - 1.10.4. Post-puncture Pain of Myofascial Trigger Points
  - 1.10.5. Tendinopathy
  - 1.10.6. Tendon Rupture (Postoperative Period)
  - 1.10.7. Wound Healing
  - 1.10.8. Keloid Scars
  - 1.10.9. Edema Drainage
  - 1.10.10. Post-Exercise Recovery
- 1.11. Contraindications of TECAR Therapy
  - 1.11.1. Absolute Contraindications
  - 1.11.2. Relative Contraindications

## Module 2. Ultrasound Therapy in Physiotherapy

- 2.1. Physical Principles of Ultrasound Therapy
  - 2.1.1. Definition of Ultrasound Therapy
  - 2.1.2. Main Physical Principles of Ultrasound Therapy
- 2.2. Physiological Effects of Ultrasound Therapy
  - 2.2.1. Mechanisms of Action of Ultrasound Therapy
  - 2.2.2. Therapeutic Effects of Ultrasound Therapy
- 2.3. Main Parameters of Ultrasound Therapy
- 2.4. Practical Applications
  - 2.4.1. Ultrasound Treatment Methodology
  - 2.4.2. Practical Applications and Indications of Ultrasound Therapy
  - 2.4.3. Ultrasound Therapy Research Studies
- 2.5. UltraSonophoresis
  - 2.5.1. Definition of UltraSonophoresis
  - 2.5.2. Mechanisms of UltraSonophoresis
  - 2.5.3. Factors that Determine the Efficacy of UltraSonophoresis
  - 2.5.4. UltraSonophoresis Considerations to Keep in Mind
  - 2.5.5. UltraSonophoresis Research Studies





- 2.6. Contraindications of Ultrasound Therapy
  - 2.6.1. Absolute Contraindications
  - 2.6.2. Relative Contraindications
  - 2.6.3. Precautions
  - 2.6.4. Recommendations
  - 2.6.5. Contraindications of UltraSonophoresis
- 2.7. High Frequency Ultrasound Therapy. High Frequency Pressure Waves (HFPW)
  - 2.7.1. Definition of HFPW Therapy
  - 2.7.2. Parameters of HFPW Therapy and HIFU Therapy
- 2.8. Practical Applications of High Frequency Ultrasound Therapy
  - 2.8.1. Indications for HFPW and HIFU Therapy
  - 2.8.2. HFPW and HIFU Therapy Research Studies
- 2.9. Contraindications to High Frequency Ultrasound Therapy

### Module 3. Other Electromagnetic Fields

- 3.1. Laser. Physical Principles
  - 3.1.1. Laser. Definition
  - 3.1.2. Laser Parameters
  - 3.1.3. Laser. Classification
  - 3.1.4. Laser. Physical Principles
- 3.2. Laser. Physiological Effects
  - 3.2.1. Interrelationship between Laser and Living Tissues
  - 3.2.2. Biological Effects of Low and Medium Power Lasers
  - 3.2.3. Direct Effects of Laser Application
    - 3.2.3.1. Photothermal Effect
    - 3.2.3.2. Photochemical Effect
    - 3.2.3.3. Photoelectric Stimulus
  - 3.2.4. Indirect Effects of Laser Application
    - 3.2.4.1. Microcirculation Stimulation
    - 3.2.4.2. Trophism Stimulus and Repair

- 3.3. Laser Therapy. Therapeutic Effects
  - 3.3.1. Analgesia
  - 3.3.2. Inflammation and Edema
  - 3.3.3. Reparation
  - 3.3.4. Dosimetry
    - 3.3.4.1. Recommended Treatment Dose in Low Level Laser Therapy Application according to WALT Guidelines
- 3.4. Laser. Clinical Applications
  - 3.4.1. Laser Therapy in Osteoarthritis
  - 3.4.2. Laser Therapy in Chronic Low Back Pain
  - 3.4.3. Laser Therapy in Epicondylitis
  - 3.4.4. Laser Therapy in Rotator Cuff Tendinopathy
  - 3.4.5. Laser Therapy in Cervicalgias
  - 3.4.6. Laser Therapy in Musculoskeletal Disorders
  - 3.4.7. Other Practical Laser Therapy Applications
  - 3.4.8. Conclusions
- 3.5. Laser. Contraindications
  - 3.5.1. Precautions
  - 3.5.2. Contraindications
    - 3.5.2.1. Conclusions
- 3.6. Infrared Radiation. Physical principles |
  - 3.6.1. Introduction
    - 3.6.1.1. Definition
    - 3.6.1.2. Classification
  - 3.6.2. Infrared Radiation Generation
    - 3.6.2.1. Luminous Emitters
    - 3.6.2.2. Non-Luminous Emitters
  - 3.6.3. Physical Properties
- 3.7. Infrared Physiological Effects
  - 3.7.1. Physiological Effects on the Skin
  - 3.7.2. Infrared and Chromophores in Mitochondria
  - 3.7.3. Radiation Absorption in Water Molecules
  - 3.7.4. Infrared at the Cell Membrane
  - 3.7.5. Conclusions
- 3.8. Therapeutic Effects of Infrared
  - 3.8.1. Introduction
  - 3.8.2. Local Effects of Infrared
    - 3.8.2.1. Erythematous
    - 3.8.2.2. Anti-inflammatory
    - 3.8.2.3. Scarring
    - 3.8.2.4. Sweating
    - 3.8.2.5. Relaxation
    - 3.8.2.6. Analgesia
  - 3.8.3. Infrared Systemic Effects
    - 3.8.3.1. Cardiovascular System Benefits
    - 3.8.3.2. Systemic Muscle Relaxation
  - 3.8.4. Dosimetry and Infrared Application
    - 3.8.4.1. Infrared Lamps
    - 3.8.4.2. Non-Luminous Lamps
    - 3.8.4.3. Luminous Lamps
    - 3.8.4.4. Monochromatic Infrared Energy (MIRE)
  - 3.8.5. Conclusions
- 3.9. Practical Applications
  - 3.9.1. Introduction
  - 3.9.2. Clinical Applications
    - 3.9.2.1. Osteoarthritis and Infrared Radiation
    - 3.9.2.2. Lumbago and Infrared Radiation
    - 3.9.2.3. Fibromyalgia and Infrared
    - 3.9.2.4. Infrared Saunas in Cardiopathies
  - 3.9.3. Conclusions
- 3.10. Infrared Contraindications
  - 3.10.1. Precautions/Adverse Effects
    - 3.10.1.1. Introduction
    - 3.10.1.2. Consequences of Poor Infrared Dosing
    - 3.10.1.3. Precautions
    - 3.10.1.4. Formal Contraindications
  - 3.10.2. Conclusions

## Module 4. General Principles of Electrotherapy

- 4.1. Physical Basis of Electric Current
  - 4.1.1. Brief Historical Recollection
  - 4.1.2. Definition and Physical Basics of Electrotherapy
    - 4.1.2.1. Potential Concepts
- 4.2. Main Parameters of the Electric Current
  - 4.2.1. Parallelism Pharmacology/Electrotherapy
  - 4.2.2. Main Wave Parameters: Waveform, Frequency, Intensity and Pulse Width
  - 4.2.3. Other Concepts: Voltage, Current and Resistance
- 4.3. Classification of Frequency-Dependent Currents
  - 4.3.1. Classification according to Frequency: High, Medium and Low
  - 4.3.2. Properties of Each Type of Frequency
  - 4.3.3. Choice of the Most Suitable Current in Each Case
- 4.4. Classification of Waveform-dependent Currents
  - 4.4.1. General Classification: Direct and Alternating or Variable currents
  - 4.4.2. Classification of the Variable Currents: Interrupted and Uninterrupted
  - 4.4.3. Spectrum Concept
- 4.5. Current Transmission: Electrodes
  - 4.5.1. General Information on Electrodes
  - 4.5.2. Importance of Tissue Impedance
  - 4.5.3. General Precautions
- 4.6. Types of Electrodes
  - 4.6.1. Brief Recollection of the Historical Evolution of Electrodes
  - 4.6.2. Considerations on Maintenance and Use of Electrodes
  - 4.6.3. Main Types of Electrodes
  - 4.6.4. Electrophoretic Application
- 4.7. Bipolar Application
  - 4.7.1. Bipolar Application Overview
  - 4.7.2. Electrode Size and Area to be Treated
  - 4.7.3. Application of More Than Two Electrodes
- 4.8. Four-pole Application

- 4.8.1. Possibility of Combinations
- 4.8.2. Application in Electrostimulation
- 4.8.3. Tetrapolar Application in Interferential Currents
- 4.8.4. General Conclusions
- 4.9. Importance of Polarity Alternation
  - 4.9.1. Brief Introduction to Galvanism
  - 4.9.2. Risks Derived from Load Accumulation
  - 4.9.3. Polar Behavior of Electromagnetic Radiation

## Module 5. Electrostimulation for Muscle Strengthening

- 5.1. Principles of Muscle Contraction
  - 5.1.1. Introduction to Muscle Contraction
  - 5.1.2. Types of Muscles
  - 5.1.3. Muscle Characteristics
  - 5.1.4. Muscle Functions
  - 5.1.5. Neuromuscular Electrostimulation
- 5.2. Sarcomere Structure
  - 5.2.1. Introduction
  - 5.2.2. Sarcomere Functions
  - 5.2.3. Sarcomere Structure
  - 5.2.4. Sliding Filament Theory
- 5.3. Motor Plate Structure
  - 5.3.1. Motor Unit Concept
  - 5.3.2. Concept of Neuromuscular Junction and Motor Plate
  - 5.3.3. Structure of the Neuromuscular Junction
  - 5.3.4. Neuromuscular Transmission and Muscle Contraction
- 5.4. Type of Muscle Contraction
  - 5.4.1. Concept of Muscle Contraction
  - 5.4.2. Types of Contraction
  - 5.4.3. Isotonic Muscle Contraction
  - 5.4.4. Isometric Muscle Contraction
  - 5.4.5. Relationship between Strength and Endurance in Contractions
  - 5.4.6. Auxotonic and Isokinetic Contractions

- 5.5. Types of Muscle Fibers
  - 5.5.1. Types of Muscle Fibers
  - 5.5.2. Slow-Twitch Fibers or Type I Fibers
  - 5.5.3. Fast-Twitch Fibers or Type II Fibers
- 5.6. Main Neuromuscular Injuries
  - 5.6.1. Neuromuscular Disease Concept
  - 5.6.2. Etiology of Neuromuscular Diseases
  - 5.6.3. Neuromuscular Junction Injury and NMD
  - 5.6.4. Major Neuromuscular Injuries or Diseases
- 5.7. Principles of Electromyography
  - 5.7.1. Electromyography Concept
  - 5.7.2. Development of Electromyography
  - 5.7.3. Electromyographic Study Protocol
  - 5.7.4. Electromyography Methods
- 5.8. Main Excitomotor Currents. Neo-Faradic Currents
  - 5.8.1. Definition of Excitomotor Current and Main Types of Excitomotor Currents
  - 5.8.2. Factors Influencing the Neuromuscular Response
  - 5.8.3. Exitomotor Currents Most Commonly Used. Neo-Faradic Currents
- 5.9. Excitomotor Interferential Currents. Kotz Currents
  - 5.9.1. Kotz Currents or Russian Currents
  - 5.9.2. Most Relevant Parameters in Kotz Currents
  - 5.9.3. Strengthening Protocol Described with Russian Current
  - 5.9.4. Differences between Low Frequency and Medium Frequency Electrostimulation
- 5.10. Electrostimulation Applications in Urogynecology
  - 5.10.1. Electrostimulation and Urogynecology
  - 5.10.2. Types of Electrostimulation in Urogynecology
  - 5.10.3. Placement of Electrodes
  - 5.10.4. Mechanism of Action
- 5.11. Practical Applications
  - 5.11.1. Recommendations for the Application of Excitomotor currents
  - 5.11.2. Techniques of Application of Excitomorphic Currents
  - 5.11.3. Examples of Work Protocols Described in Scientific Literature



- 5.12. Contraindications
  - 5.12.1. Contraindications for the Use of Electrostimulation for Muscle Strengthening
  - 5.12.2. Recommendations for Safe Electrostimulation Practice

## Module 6. Electrostimulation in the Neurological Patient

- 6.1. Assessment of Nerve Injury. Principles of Muscle Innervation
- 6.2. Intensity/Time (I/T) and Amplitude/Time (A/T) Curves
- 6.3. Main Trends in Neurological Rehabilitation
- 6.4. Electrotherapy for Motor Rehabilitation in the Neurological Patient
- 6.5. Electrotherapy for Somatosensory Rehabilitation in the Neurologic Patient
- 6.6. Practical Applications
- 6.7. Contraindications

## Module 7. Electrotherapy and Analgesia

- 7.1. Definition of Pain. Concept of Nociception
  - 7.1.1. Definition of Pain
    - 7.1.1.1. Characteristics of Pain
    - 7.1.1.2. Other Concepts and Definitions Related to Pain
    - 7.1.1.3. Types of Pain
  - 7.1.2. Concept of Nociception
    - 7.1.2.1. Peripheral Part Nociceptive System
    - 7.1.2.2. Central Part Nociceptive System
- 7.2. Main Nociceptive Receptors
  - 7.2.1. Classification of Nociceptors
    - 7.2.1.1. According to Driving Speed
    - 7.2.1.2. According to Location
    - 7.2.1.3. According to Stimulation Modality
  - 7.2.2. How Nociceptors Function
- 7.3. Main Nociceptive Pathways
  - 7.3.1. Basic Structure of the Nervous System
  - 7.3.2. Ascending Spinal Pathways
    - 7.3.2.1. Spinothalamic Tract (TET)
    - 7.3.2.2. Spinoreticular Tract (SRT)
    - 7.3.2.3. Spinomesencephalic Tract (SRT)
  - 7.3.3. Trigeminal Ascending Pathways
    - 7.3.3.1. Trigeminothalamic Tract or Trigeminal Lemniscus
  - 7.3.4. Sensitivity and Nerve Pathways
    - 7.3.4.1. Exteroceptive Sensitivity
    - 7.3.4.2. Proprioceptive Sensitivity
    - 7.3.4.3. Interoceptive Sensitivity
    - 7.3.4.4. Other Fascicles Related to Sensory Pathways
- 7.4. Transmitter Mechanisms of Nociceptive Regulation
  - 7.4.1. Transmission at the Spinal Cord Level (PHSC)
  - 7.4.2. Characteristics of PHSC Neurons
  - 7.4.3. Redex Lamination
  - 7.4.4. Biochemistry of Transmission at the PHSC Level
    - 7.4.4.1. Presynaptic and Postsynaptic Channels and Receptors
    - 7.4.4.2. Transmission at the Level of Ascending Spinal Tract
    - 7.4.4.3. Spinothalamic Tract (STT)
    - 7.4.4.4. Transmission at the Level of the Thalamus
    - 7.4.4.5. Ventral Posterior Nucleus (VPN)
    - 7.4.4.6. Medial Dorsal Nucleus (MDN)
    - 7.4.4.7. Intralaminar Nuclei
    - 7.4.4.8. Posterior Region
    - 7.4.4.9. Transmission at the Level of the Cerebral Cortex
    - 7.4.4.10. Primary Somatosensory Area (S1)
    - 7.4.4.11. Secondary Somatosensory or Association Area (S2)
  - 7.4.5. Gate Control
    - 7.4.5.1. Modulation Segmental Level
    - 7.4.5.2. Suprasegmental Modulation
    - 7.4.5.3. Considerations
    - 7.4.5.4. Gate Control Theory Review
  - 7.4.6. Descending Routes
    - 7.4.6.1. Brainstem Modulatory Centers
    - 7.4.6.2. Diffuse Noxious Inhibitory Control (DNIC)

- 7.5. Modulating Effects of Electrotherapy
  - 7.5.1. Pain Modulation Levels
  - 7.5.2. Neuronal Plasticity
  - 7.5.3. Sensory Pathway Theory of Pain
  - 7.5.4. Electrotherapy Models
- 7.6. High Frequency and Analgesia
  - 7.6.1. Heat and Temperature
  - 7.6.2. Effects
  - 7.6.3. Application Techniques
  - 7.6.4. Dosage
- 7.7. Low Frequency and Analgesia
  - 7.7.1. Selective Stimulation
  - 7.7.2. TENS and Gate Control
  - 7.7.3. Post-Excitatory Depression of the Orthosympathetic Nervous System
  - 7.7.4. Theory of Endorphin Release
  - 7.7.5. TENS Dosage
- 7.8. Other Parameters Related to Analgesia
  - 7.8.1. Effects of Electrotherapy
  - 7.8.2. Dosage in Electrotherapy

## Module 8. Transcutaneous Electrical Stimulation (TENS)

- 8.1. Fundamentals of Current Type used in TENS
    - 8.1.1. Introduction
      - 8.1.1.1. Theoretical Framework: Neurophysiology of Pain
        - 8.1.1.1.1. Introduction and Classification of Nociceptive Fibers
        - 8.1.1.1.2. Characteristics of Nociceptive Fibers
        - 8.1.1.1.3. Stages of the Nociceptive Process
      - 8.1.1.2. Anti-Nociceptive System: Gate Theory
        - 8.1.1.2.1. Introduction to Current Type used in TENS
        - 8.1.1.2.2. Basic Characteristics of TENS Type of Current (Pulse Shape, Duration, Frequency and Intensity)
- 8.2. Classification of Current Type used in TENS
  - 8.2.1. Introduction
    - 8.2.1.1. Types of Electrical Current Classification
    - 8.2.1.2. According to Frequency (Number of Pulses Emitted per Second)
  - 8.2.2. Classification of Current Type used in TENS
    - 8.2.2.1. Conventional TENS
    - 8.2.2.2. TENS-Acupuncture
    - 8.2.2.3. Low-Rate Burst TENS (Low-Rate Burst)
    - 8.2.2.4. Brief or Intense TENS (Brief Intense)
  - 8.2.3. Mechanisms of Action of the TENS Current Type
- 8.3. Transcutaneous Electrical Stimulation (TENS)
- 8.4. Analgesic Effects of High-Frequency TENS
  - 8.4.1. Introduction
    - 8.4.1.1. Main Reasons for the Wide Clinical Application of Conventional TENS
  - 8.4.2. Hypoalgesia Derived from Conventional/High Frequency TENS
    - 8.4.2.1. Mechanism of Action
  - 8.4.3. Neurophysiology of Conventional TENS
    - 8.4.3.1. Gate Control
    - 8.4.3.2. The Metaphor
  - 8.4.4. Failure to Achieve Analgesic Effects
    - 8.4.4.1. Main Mistakes
    - 8.4.4.2. Main Problem of Hypoalgesia by Conventional TENS
- 8.5. Analgesic Effects of Low-Frequency TENS
  - 8.5.1. Introduction
  - 8.5.2. Mechanisms of Action of TENS-mediated Hypoalgesia Acupuncture: Endogenous Opioid System
  - 8.5.3. Mechanism of Action
  - 8.5.4. High-Intensity and Low-Frequency
    - 8.5.4.1. Parameters
    - 8.5.4.2. Fundamental Differences from Conventional TENS Current

- 8.6. Analgesic Effects of Burst-Type TENS
  - 8.6.1. Introduction
  - 8.6.2. Description
    - 8.6.2.1. Burst-Type TENS Current Details
    - 8.6.2.2. Physical Parameters
    - 8.6.2.3. Sjölund and Eriksson
  - 8.6.3. Summary so far of the Physiological Mechanisms of Analgesia, both Central and Peripheral
- 8.7. Importance of Pulse Width
  - 8.7.1. Introduction
    - 8.7.1.1. Physical Characteristics of Waves
      - 8.7.1.1.1. Definition of a Wave
      - 8.7.1.1.2. Other General Characteristics and Properties of a Wave
  - 8.7.2. Impulse Shape
- 8.8. Electrodes. Types and Application
  - 8.8.1. Introduction
    - 8.8.1.1. The TENS Current Device
  - 8.8.2. Electrodes
    - 8.8.2.1. General Characteristics
    - 8.8.2.2. Skin Care
    - 8.8.2.3. Other Types of Electrodes
- 8.9. Practical Applications
  - 8.9.1. TENS Applications
  - 8.9.2. Impulse Duration
  - 8.9.3. Impulse Shape
  - 8.9.4. Intensity
  - 8.9.5. Frequency (F)
  - 8.9.6. Electrode Type and Placement
- 8.10. Contraindications
  - 8.10.1. Contraindications to the use of TENS Therapy
  - 8.10.2. Recommendations for Safe TENS Practice

## Module 9. High Frequency Analgesic Currents. Interferentials

- 9.1. Fundamentals of Interferential Currents
  - 9.1.1. Interferential Current Concept
  - 9.1.2. Main Properties of Interferential Currents
  - 9.1.3. Characteristics and Effects of Interferential Currents
- 9.2. Main Parameters of Interferential Currents
  - 9.2.1. Introduction to the Different Parameters
  - 9.2.2. Types of Frequencies and Effects Produced
  - 9.2.3. Relevance of Application Time
  - 9.2.4. Types of Applications and Parameters
- 9.3. Effects of High Frequency
  - 9.3.1. Concept of High Frequency in Interferential Streams
  - 9.3.2. Main Effects of High Frequency
  - 9.3.3. Application of High Frequency
- 9.4. Concept of Accommodation. Importance and Adjustment of the Frequency Spectrum
  - 9.4.1. Low-Frequency Concept in Interferential Currents
  - 9.4.2. Main Effects of Low Frequency
  - 9.4.3. Low-Frequency Application
- 9.5. Electrodes. Types and Application
  - 9.5.1. Main Types of Electrodes in Interferential Currents
  - 9.5.2. Relevance of Electrode Types in Interferential Currents
  - 9.5.3. Application of Different Types of Electrodes
- 9.6. Practical Applications
  - 9.6.1. Recommendations for the Application of Interferential Currents
  - 9.6.2. Techniques for the Application of Interferential Currents
- 9.7. Contraindications
  - 9.7.1. Contraindications to the Use of Interferential Currents
  - 9.7.2. Recommendations for Safe Practice Using Interferential Currents

## Module 10. Invasive Application of Current

- 10.1. Invasive Treatment in Physical Therapy for Analgesic Purposes
  - 10.1.1. General aspects
  - 10.1.2. Types of Invasive Treatment
  - 10.1.3. Infiltration Versus Puncture
- 10.2. Fundamentals of Dry Needling
  - 10.2.1. Myofascial Pain Syndrome
  - 10.2.2. Myofascial Trigger Points
  - 10.2.3. Neurophysiology of Myofascial Pain Syndrome and Trigger Points
- 10.3. Post-Puncture Treatments
  - 10.3.1. Adverse Effects of Dry Needling
  - 10.3.2. Post-puncture Treatments
  - 10.3.3. Combination of Dry Needling and TENS
- 10.4. Electrotherapy as an Adjunct to Dry Needling
  - 10.4.1. Non-Invasive Approach
  - 10.4.2. Invasive Approach
  - 10.4.3. Types of Electropuncture
- 10.5. Percutaneous Electrical Nerve Stimulation: PENS
  - 10.5.1. Neurophysiological Fundamentals of PENS Application
  - 10.5.2. Scientific Evidence for the Application of PENS
  - 10.5.3. General Considerations for PENS Implementation
- 10.6. Advantages of PENS Over TENS
  - 10.6.1. Current Status of PENS Implementation
  - 10.6.2. Application of PENS in Lower Back Pain
  - 10.6.3. Application of PENS in Other Regions and Pathologies
- 10.7. Use of Electrodes
  - 10.7.1. General Information on the Application of Electrodes
  - 10.7.2. Variations in the Application of Electrodes
  - 10.7.3. Multipole Application
- 10.8. Practical Applications
  - 10.8.1. Justification for the Implementation of the PENS
  - 10.8.2. Applications in Lower Back Pain
  - 10.8.3. Upper Quadrant and Lower Limb Applications
- 10.9. Contraindications
  - 10.9.1. Contraindications Derived from TENS
  - 10.9.2. Contraindications Derived from Dry Needling
  - 10.9.3. General Considerations
- 10.10. Invasive Treatments for Regenerative Purposes
  - 10.10.1. Introduction
    - 10.10.1.1. Electrolysis Concept
  - 10.10.2. Intratissue Percutaneous Electrolysis
    - 10.10.2.1. Concept
    - 10.10.2.2. Effects
    - 10.10.2.3. Review of the State-of-the-Art
    - 10.10.2.4. Combination with Eccentric Exercises
- 10.11. Physical Principles of Galvanism
  - 10.11.1. Introduction
    - 10.11.1.1. Physical Characteristics of Direct Current
  - 10.11.2. Galvanic Current
    - 10.11.2.1. Physical Characteristics of the Galvanic Current
    - 10.11.2.2. Chemical Phenomena of the Galvanic Current
    - 10.11.2.3. Structure
  - 10.11.3. Iontophoresis
    - 10.11.3.1. Leduc's Experiment
    - 10.11.3.2. Physical Properties of Iontophoresis
- 10.12. Physiological Effects of Galvanic Current
  - 10.12.1. Physiological Effects of Galvanic Current
  - 10.12.2. Electrochemical Effects
    - 10.12.2.1. Chemical Behavior
  - 10.12.3. Electrothermal Effects
  - 10.12.4. Electrophysical Effects





- 10.13. Therapeutic Effects of Galvanic Current
  - 10.13.1. Clinical Application of Galvanic Current
    - 10.13.1.1. Vasomotor Action
      - 10.13.1.1.1. Effect on the Nervous System
  - 10.13.2. Therapeutic Effects of Iontophoresis
    - 10.13.2.1 Penetration and Removal of Cations and Anions
    - 10.13.2.2. Drugs and Indications
  - 10.13.3. Therapeutic Effects of Intratissue Percutaneous Electrolysis
- 10.14. Types of Percutaneous Application of Galvanic Currents
  - 10.14.1. Introduction to Application Techniques
    - 10.14.1.1. Classification According to Electrode Placement
      - 10.14.1.1.1. Direct Galvanizing
    - 10.14.2. Indirect Galvanizing
    - 10.14.3. Classification According to the Technique Applied
      - 10.14.3.1. Intratissue Percutaneous Electrolysis
      - 10.14.3.2. Iontophoresis
      - 10.14.3.3. Galvanic Bath
  - 10.15. Application Protocols
    - 10.15.1. Galvanic Current Application Protocols
    - 10.15.2. Intratissue Percutaneous Electrolysis Application Protocols
      - 10.15.2.1. Procedure
    - 10.15.3. Iontophoresis Application Protocols
      - 10.15.3.1. Procedure
  - 10.16. Contraindications
    - 10.16.1. Contraindications of Galvanic Current
    - 10.16.2. Contraindications, Complications and Precautions of Galvanic Current

## Module 11. Magnetotherapy in Physiotherapy

- 11.1. Physical Principles of Magnetotherapy
  - 11.1.1. Introduction
  - 11.1.2. History of Magnetotherapy
  - 11.1.3. Definition
  - 11.1.4. Principles of Magnetotherapy
    - 11.1.4.1. Magnetic Fields on Earth
    - 11.1.4.2. Physical Principles
  - 11.1.5. Biophysical Interactions with Magnetic Fields
- 11.2. Physiological Effects of Magnetotherapy
  - 11.2.1. Effects of Magnetotherapy on Biological Systems
    - 11.2.1.1. Biochemical Effects
    - 11.2.1.2. Cellular Effect
      - 11.2.1.2.1. Effects on Lymphocytes and Macrophages
      - 11.2.1.2.2. Effects on the Cell Membrane
      - 11.2.1.2.3. Effects on the Cytoskeleton
      - 11.2.1.2.4. Effects on Cytoplasm
  - 11.2.1.3. Conclusion on the Effect on the Cell
  - 11.2.1.4. Effect on Bone Tissue
- 11.3. Therapeutic Effects of Magnetotherapy
  - 11.3.1. Introduction
  - 11.3.2. Inflammation
  - 11.3.3. Vasodilatation
  - 11.3.4. Analgesia
  - 11.3.5. Increased Calcium and Collagen Metabolism
  - 11.3.6. Reparation
  - 11.3.7. Muscle Relaxation
- 11.4. Main Magnetic Field Parameters
  - 11.4.1. Introduction
  - 11.4.2. Magnetic Field Parameters
    - 11.4.2.1. Intensity
    - 11.4.2.2. Frequency (F)
  - 11.4.3. Dosimetry of Magnetic Fields
    - 11.4.3.1. Frequency of Application
    - 11.4.3.2. Application Time
- 11.5. Types of Electrodes and their Application
  - 11.5.1. Introduction
  - 11.5.2. Electromagnetic Fields
    - 11.5.2.1. Total Body Application
    - 11.5.2.2. Regional Application
  - 11.5.3. Local Magnetic Fields Induced with Magnets
    - 11.5.3.1. Conclusions
- 11.6. Magnetotherapy. Clinical Applications
  - 11.6.1. Introduction
  - 11.6.2. Arthrosis
    - 11.6.2.1. Electromagnetic Fields and Chondrocyte Apoptosis
    - 11.6.2.2. Early-Stage Knee Osteoarthritis
    - 11.6.2.3. Advanced Stage Osteoarthritis
    - 11.6.2.4. Conclusion on Osteoarthritis and Pulsed Electromagnetic Fields
  - 11.6.3. Bone Consolidation
    - 11.6.3.1. Bone Literature Review
    - 11.6.3.2. Bone Consolidation in Long Bone Fractures
    - 11.6.3.3. Bone Consolidation in Short Bone Fractures
  - 11.6.4. Shoulder Pathology
    - 11.6.4.1. Shoulder Impingement
    - 11.6.4.2. Rotator Cuff Tendinopathy
      - 11.6.4.2.1. Rheumatoid Arthritis
      - 11.6.4.2.2. Conclusions

- 11.7. Magnetotherapy. Contraindications
  - 11.7.1. Introduction
  - 11.7.2. Possible Adverse Effects Studied
  - 11.7.3. Precautions
  - 11.7.4. Formal Contraindications
  - 11.7.5. Conclusions

## Module 12. Non-Invasive Brain Stimulation

- 12.1. Non-Invasive Brain Stimulation: Introduction
  - 12.1.1. Introduction to Non-Invasive Brain Stimulation
  - 12.1.2. Transcranial Magnetic Stimulation
    - 12.1.2.1. Introduction to Transcranial Magnetic Stimulation
    - 12.1.2.2. Mechanisms of action
    - 12.1.2.3. Stimulation Protocols
      - 12.1.2.3.1. Transcranial Magnetic Stimulation with Single and Paired Pulses
      - 12.1.2.3.2. Location of the Stimulation Site "Hot Spot"
      - 12.1.2.3.3. Repetitive Transcranial Magnetic Stimulation
      - 12.1.2.3.4. Simple Repetitive Pattern Stimulation
      - 12.1.2.3.5. Theta-Burst Stimulation (TBS)
      - 12.1.2.3.6. Quadripulse Stimulation (QPS)
      - 12.1.2.3.7. Paired Associative Stimulation (PAS)
    - 12.1.2.4. Safety
    - 12.1.2.5. Therapeutic Applications
  - 12.1.3. Conclusions
  - 12.1.4. Bibliography
- 12.2.4. Bibliography



*A unique, key, and decisive educational experience to boost your professional development"*

06

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





“

*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.

“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.



*The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success in all clinical specialties, regardless of the workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and relearn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Physiotherapy Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current Physiotherapy techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 07 Certificate

The Professional Master's Degree in Electrotherapy in Physiotherapy guarantees you, in addition to the most rigorous and updated training, access to a Professional Master's Degree issued by TECH Technological University.



“

*Successfully complete this program  
and receive your university degree  
without travel or laborious paperwork”*

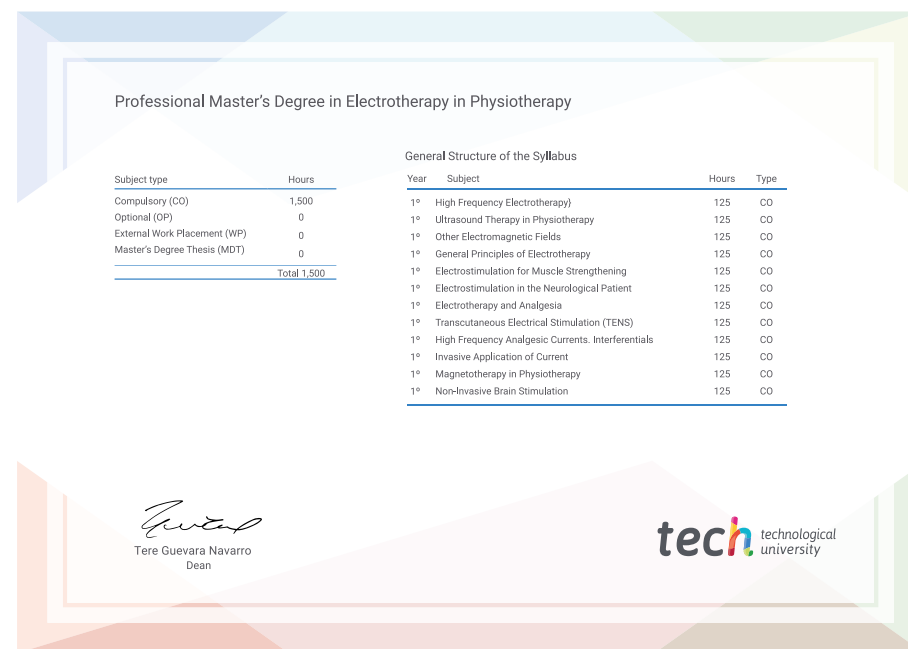
This **Professional Master's Degree in Electrotherapy in Physiotherapy** contains the most complete and updated scientific program on the market.

After the student has passed the evaluations, they will receive their corresponding **Professional Master's Degree** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Professional Master's Degree, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Professional Master's Degree in Electrotherapy in Physiotherapy**

Official N° of hours: **1,500 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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community commitment

personalized service innovation

knowledge present quality

online training

development language

virtual classroom

**tech** technological  
university

**Professional Master's  
Degree**

Electrotherapy in  
Physiotherapy

Course Modality: Online

Duration: 12 months

Certificate: TECH Technological University

Official N° of hours: 1,500 h.

# Professional Master's Degree Electrotherapy in Physiotherapy

