Postgraduate Diploma Pediatric Respiratory Physiotherapy and Assessment





Postgraduate Diploma Pediatric Respiratory Physiotherapy and Assessment

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Credits: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/physiotherapy/postgraduate-diploma/postgraduate-diploma-pediatric-respiratory-physiotherapy-assessment

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# 01 Introduction

Pediatric respiratory physiotherapy is part of physiotherapy, but focusing on the pathophysiology of the respiratory system in children and infants, both medical and surgical, requiring a demanding knowledge of the respiratory system and the existing techniques for treatment, healing and stabilization of the latter.

With this intensive program you will specialize in pediatric respiratory physiotherapy, under the guidance of experts with extensive experience in the sector.

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A complete and practical Postgraduate Diploma that will allow you to learn in a real and direct way everything you need to work as a physiotherapist"

## tech 06 | Introduction

The disciplinary consideration of respiratory physiotherapy with a scientific-technical basis began in the late twentieth century, thanks to technological advances that allow measuring respiratory work and techniques, and is currently becoming necessary and essential in different hospital units. Therefore, it is essential that physical therapists update their knowledge in respiratory physiotherapy and acquire new techniques and tools to apply in their daily practice.

Physiotherapy is considered one of the therapeutic pillars in the management of patients with pulmonary diseases, whether obstructive or restrictive, chronic or acute.

The increase in the incidence of respiratory pathologies that we are going to see during this Postgraduate Diploma, both in children and adults, considerably affects the quality of life of the patients who suffer from them, as well as our health system, with a high social and economic cost due to hospitalization days, sick leave and early death.

The Postgraduate Diploma has a teaching staff specialized in respiratory physiotherapy, who contribute both their practical experience in their day-to-day work in private practice, as well as their lengthy experience in teaching at national and international level. In addition, it has the advantage of being a 100% online specialization, so the student can decide from where to study and at what time to do it, this way, they can flexibly self-direct their study hours.

This online Postgraduate Diploma offers you the benefits of a scientific, teaching and technological high-level course. These are some of its most notable features:

- Latest technology in online teaching software.
- Highly visual teaching system, supported by graphic and schematic contents that are easy to assimilate and understand.
- Practical cases presented by practising experts.
- State-of-the-art interactive video systems.
- Teaching supported by telepractice.
- Continuous updating and recycling systems.
- Self-regulating learning: full compatibility with other occupations.
- Practical exercises for self-evaluation and learning verification.
- Support groups and educational synergies: questions to the expert, debate and knowledge forums.
- \* Communication with the teacher and individual reflection work.
- Content that is accessible from any fixed or portable device with an Internet connection.
- Supplementary documentation databases are permanently available, even after the course.

Get up to date in all the latest developments in the field of physiotherapy by completing the most effective Postgraduate Diploma in this field available on the market"

## Introduction | 07 tech



An effective and reliable Postgraduate Diploma that will take you through an interesting and efficient learning process so that you acquire all the knowledge of an expert in the field"

Our teaching staff is made up of working professionals. In this way we ensure that we deliver the educational update we are aiming for. A multidisciplinary team of professionals specialization and experienced in different environments, who will cover the theoretical knowledge in an efficient way, but, above all, will put the practical knowledge derived from their own experience at the service of the course: one of the differential qualities of this program.

This mastery of the subject is complemented by the effectiveness of the methodological design of thisPostgraduate Diploma. Developed by a multidisciplinary team of e-learning experts, it integrates the latest advances in educational technology. In this way, you will be able to study with a range of easy-to-use and versatile multimedia tools that will give you the necessary skills you need for your specialization.

The design of this program is based on Problem-Based Learning: an approach that conceives learning as a highly practical process. To achieve this remotely, we will use telepractice: with the help of an innovative interactive video system, and learning from an expert, you will be able to acquire the knowledge as if you were actually dealing with the scenario you are learning about. A concept that will allow you to integrate and fix learning in a more realistic and permanent way.

Our innovative telepractice concept will give you the opportunity to learn through an immersive experience, which will provide you with a faster integration and a much more realistic view of the contents: "learning from an expert"

With a methodological design based on proven teaching techniques, this Postgraduate Diploma will take you through different teaching approaches to allow you to learn in a dynamic and effective way

# 02 **Objectives**

This comprehensive Postgraduate Diploma has been created from start to finish, to become a tool for personal and professional growth for physiotherapists. Its objective is to take you through a specialization course that will allow you to acquire the most up-to-date knowledge and techniques for the most advanced and competitive practice in this field.

With a real practical objective, this Postgraduate Diploma will allow you to achieve your Educational goals by boosting your CV to excellence"

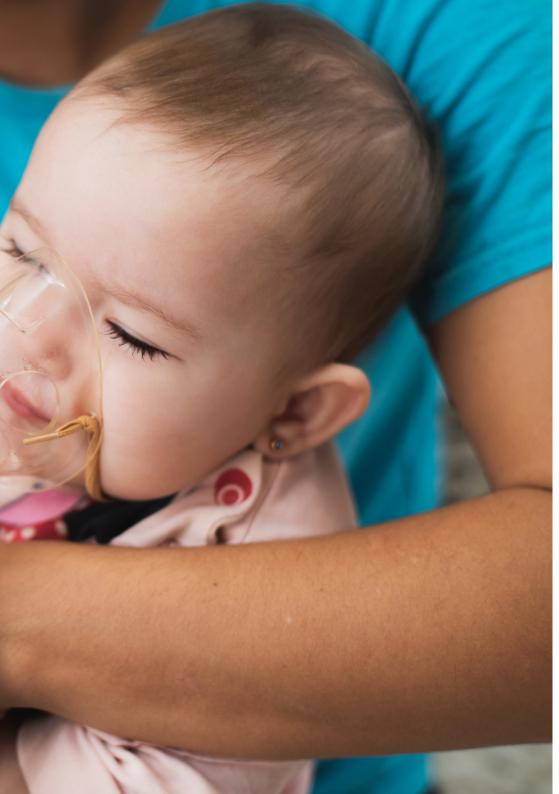
## tech 10 | Objectives



## **General Objective**

- Promote specialization in respiratory physiotherapy.
- Update knowledge and manage physiotherapy in different patients with respiratory pathologies.
- Possess knowledge of the pathophysiology and advanced exploration of the respiratory system.
- Execute, direct and coordinate the respiratory physiotherapy intervention plan for each patient.





## Objectives | 11 tech



### Specific Objectives

#### Module 1.

- Understand the respiratory physiology of the child in depth.
- Manage the physiotherapeutic assessment in the pediatric patient.
- Apply the non-instrumental techniques of infant respiratory physiotherapy.
- Manage respiratory training activities at home.

#### Module 2.

- Be up-to-date in different respiratory pathologies in children.
- Gain a deeper knowledge of pediatric respiratory emergencies.
- Apply the-instrumental techniques of infant respiratory physiotherapy.
- Delve into the treatment of physical therapy in pediatric palliative care.

### Module 3.

- Delve into ventilatory biomechanics.
- Apply different techniques for exploration.
- Apply different complementary tests for a correct assessment.

Highly specialized objectives in an education created to train the best professionals in Respiratory Physiotherapy"

# 03 Course Management

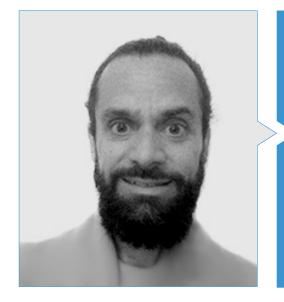
For our course to be of the highest quality, we are proud to work with a teaching staff of the highest level, chosen for their proven track record. Professionals from different areas and fields of expertise that make up a complete, multidisciplinary team. A unique opportunity to learn from the best.

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With the expertise of industry professionals who will teach you based on the reality of the sector in a contextual and realistic learning"

## tech 14 | Course Management

### Management



### Dr. García Coronado, Luis Pablo

- Physiotherapist at La Paz University Hospita
- $\cdot$  Supervisor of the Physiotherapy Department at La Paz University Hospital
- Specialist in sports Physiotherapy, Re-training, electrotherapy, Pilates and Therapeutic exercise.
- Director at Fisioespaña C. B.
- Director at Fisioganas S.
- Director at Pilates Wellness & Beauty S.L.

## Course Management | 15 tech

### Professors

#### Dr. Macías Gaspar María José

- Physiotherapist at Beata Maria Ana Hospital since 20216. Physiotherapy in hospitalized patients, neurological patients and patients with surgeries and traumatic injuries. Internship tutor for students of the European University.
- Physiotherapist at La Paz University Hospital since 2018. Physiotherapy in Pediatrics: On the ward, in rooms, in neonates and ICU, Physiotherapy in patients hospitalized inICU, AER, patients with surgeries and traumatic injuries, and patients with traumatologic injuries.
- Diploma in Physiotherapy with specialization in Pediatric Physical Therapy and Manual Therapy in Traumatology and Orthopedics.
- Master's Degree in Pediatric Physiotherapy at CEU San Pablo in Madrid
- Master's Degree in Osteopathy at the D. François Ricard School of Osteopathy in Madrid
- Teaching, assistance and management functions. Clinical reasoning adapted to each individual.
- Expert in Respiratory and Cardiac Physiotherapy.

#### Dr. Simó Segovia, Rocío

- Physiotherapist at the La Paz hospital, passing through all areas of specialization (trauma and neurology, hydrotherapy, electrotherapy) and during the last 5 years preferential dedication to pediatrics in all fields.
- Treatment of patients at home and in private clinics.
- Diploma in Physiotherapy from the Alfonso X El Sabio Univesity (1998-2001)
- Course on shoulder dystocia and neonatal brachial palsy.
- Course on respiratory physiotherapy with mechanically ventilated patients.

# 04 Structure and Content

The contents of this Postgraduate Diploma have been developed by the different teachers of this course, with a clear purpose: to ensure that our students acquire each and every one of the skills required to become true experts in this field.

A complete and well-structured program that will take you to the highest standards of quality and success.

A very complete syllabus that will take you gradually through each and every one of the learning processes that the Respiratory Physiotherapy professional needs. With an added bonus: the commitment to excellence that characterizes us"

## tech 18 | Structure and Content

#### Module 1. Pediatric Respiratory Physiotherapy I

1.1. Introduction to Respiratory Physiotherapy in Pediatrics 1.10.2. Respiratory Exercises. 1.1.1. Anatomy and Development of the Infant Respiratory System. 1.10.3. Physical Activity Recommendations. 1.1.2. Respiratory Physiology in the Child: Specific Characteristics. 1.1.3. Objectives, Indications and Contraindications in Respiratory Physiotherapy. 1.2. Bronchiolitis 2.1. Bronchitis in Pediatric Patients 1.2.1. Etiology and Risk Factors. 2.1.1. Etiology. 1.2.2. Pathophysiology. 2.1.2. Clinical Presentation. 1.2.3. Medical Treatment. 2.1.3 Medical Treatment 1.3. Assessment in Respiratory Physiotherapy of the Pediatric Patient (1) 2.2. Pneumonia in Pediatric Patients 1.3.1. Anamnesis 2.2.1. Etiology. 1.3.2 Visual Examination 2.2.2. Clinical Presentation. 1.3.3. Auscultation: Normal and Pathological Sounds. 2.2.3. Medical Treatment. 1.4. Assessment in Respiratory Physiotherapy of the Pediatric Patient (2) 1.4.2. Clinical Scales. 2.3.1. Spirometry. 1.4.3. Oxygen Saturation and Alarm Signs. 2.3.2. Stress Tests. 1.5. Non-Instrumental Techniques in Children's Respiratory Physiotherapy (1) 2.3.3. Peak Flow. 151 Nasal Wash 152 FLPR 1.5.3. ELTGOL. 1.6. Non-Instrumental Techniques in Children's Respiratory Physiotherapy (2) 1.6.1. Provoked Cough. 2.5.1. EDIC. 162 TFF 2.5.2. Autogenous Drainage. 1.6.3. DRR. 2.5.3. Cough Assistance. 1.7. Aerosol Therapy in Pediatrics 1.7.1. Inhalation Techniques in Patients with Brain Damage 1.7.2. Main Drugs Used. 2.6.1. ELPR. 1.8. Respiratory Physiotherapy in Bronchiolitis 2.6.2 Nasal Wash 1.8.1. Indication of Treatment and Scheduling of Sessions. 2.6.3. Provoked Cough. 1.8.2. Treatment Session Protocol. 1.9. Hygiene Recommendations for Parents 2.7.1. Cought Assist. 1.9.1. Nasal Washes. 2.7.2. High-Frequency Oscillation Vest®. 1.9.2. Humidifiers and Other Devices.

1.9.3. General Recommendations.

- 1.10. Breathing Training Activities at Home
  - 1.10.1. Materials for the Exercises.

#### Module 2. Pediatric Respiratory Physiotherapy II

- 2.3. Assessment in Respiratory Physiotherapy of the Pediatric Patient (3)
- 2.4. Assessment in Respiratory Physiotherapy in Pediatric Patients with Brain Damage 2.4.1. Assessment of the Respiratory System.
  - 2.4.2. Assessment of Other Systems that May Affect the Respiratory System.
- 2.5. Non-Instrumental Techniques in Children's Respiratory Physiotherapy (3)
- 2.6. Non-Instrumental Techniques in Children's Respiratory Physiotherapy (1) Adaptation
- 2.7. -Instrumental Techniques in Children's Respiratory Physiotherapy (1)

## Structure and Content | 19 tech

2.8. Instrumental Techniques in Children's Respiratory Physiotherapy (2)

2.8.1. Ambu.

2.8.2. Secretion Aspirator.

2.9. Respiratory Physiotherapy in Pediatric Palliative Care

2.9.1. What Is Palliative Care?

- 2.9.2. Typical Respiratory Pathologies of These Patients.
- 2.9.3. Physiotherapy Treatment in Pediatric Palliative Care.
- 2.10. Respiratory Emergencies in Pediatrics

2.10.1. Resuscitation in Pediatrics.

#### Module 3. Respiratory Physiotherapy Evaluation

3.1. Anatomy Recap.

3.1.1. At Bone Level

3.1.2. At Muscle Level

3.1.3. Ventilatory System

3.2. Ventilation-Perfusion Ratio

3.3. Ventilatory Biomechanics

3.3.1. Ventilatory Mechanics in Inspiration

3.3.2. Ventilatory Mechanics in Exhalation

3.4. Exploration

3.4.1. Medical history

3.4.2. Physical Inspection: Static and Dynamic Exam

3.5. Respiratory Frequency

3.5.1. Types of Respiratory Frequency

- 3.5.2. One-dimensional Scales
- 3.6 Respiratory rhythm

3.7. Auscultation

3.7.1. Normal Noises

3.7.2. Abnormal and Adventitious Noises

3.7.3. Percussion and Palpation

3.8. Pain, Coughing and Expectoration
3.9. Radiology
3.10. Complementary Tests

3.10.1. Walking Tests
3.10.2. Strength Tests
3.10.3. Pulse Oximetry
3.10.4. Body Plethysmography
3.10.5. Arterial Blood Gases
3.10.6. Spirometry



A comprehensive teaching program, structured in welldeveloped teaching units, oriented toward a high impact learning and training"

# 05 **Methodology**

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.

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Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

## tech 22 | Methodology

### At TECH we use the Case Method

In a given clinical situation, what would you do? Throughout the program you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

> With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.

Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.

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2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.

- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



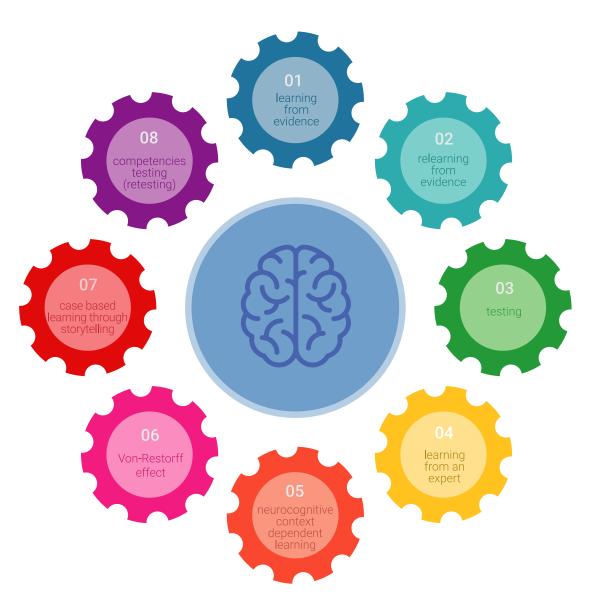
## tech 24 | Methodology

### **Re-Learning Methodology**

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning



## Methodology | 25 tech

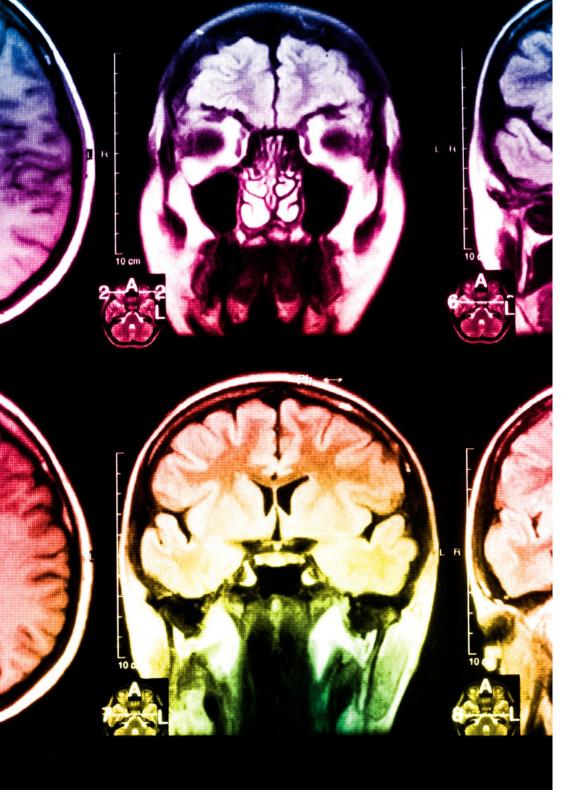
At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success, in all clinical specialties regardless of the workload. All this in a highly demanding environment, where the students have a strong socioeconomic profile and an average age of 43.5 years.

Re-learning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



## tech 26 | Methodology

In this program you will have access to the best educational material, prepared with you in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

20%

15%

3%

15%

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### **Physiotherapy Techniques and Procedures on Video**

We introduce you to the latest techniques, the latest educational advances, and the forefront of physiotherapy and kinesiology procedures and techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.

## Methodology | 27 tech



#### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

20%

3%

7%

17%



#### **Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



#### **Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.

# 06 **Certificate**

The Postgraduate Diploma in Pediatric Respiratory Physiotherapy and Assessment guarantees you, in addition to the most accurate and up-to-date specialization, access to a Postgraduate Diploma issued by TECH Global University.



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Successfully complete this specialisation and receive your diploma without travel or laborious paperwork"

## tech 30 | Certificate

This private qualification will allow you to obtain a**Postgraduate Diploma in Pediatric Respiratory Physiotherapy and Assessment** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Pediatric Respiratory Physiotherapy and Assessment

Modality: online

Duration: 6 months

Accreditation: 18 ECTS



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tecn global university Postgraduate Diploma Pediatric Respiratory Physiotherapy and Assessment » Modality: online » Duration: 6 months » Certificate: TECH Global University » Credits: 18 ECTS » Schedule: at your own pace » Exams: online

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