

# Postgraduate Certificate Skin for Physiotherapists





## Postgraduate Certificate Skin for Physiotherapists

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/physiotherapy/postgraduate-certificate/skin-physiotherapists](http://www.techtute.com/us/physiotherapy/postgraduate-certificate/skin-physiotherapists)

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# 01

# Introduction

The skin is the most visible and extensive human organ. It fulfills several basic functions for the human being and is exposed to factors such as weather conditions or the sun. Moreover, precisely because it is such an extensive organ, it represents an essential feature of each person's identity. Therefore, the skin is a fundamental element in terms of aesthetics and health in contemporary societies. For that reason, specializing and offering new treatments applied to the skin to patients is a priority task for health professionals such as Physiotherapists, who have a great opportunity to become great experts in the field thanks to this program.



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*Study the skin in depth and offer the best services to your patients with this Postgraduate Certificate"*

In the human body, there are organs whose importance is fundamental for life, such as the heart, liver or pancreas. However, there are others that are also involved in social processes, since appearance is a fundamental aspect of personal identity and therefore affects relationships between people. For this reason, the skin is an organ of great importance, as it must be cared for not only for health but also for other personal reasons.

In this way, to be able to offer the best aesthetic techniques applied to this organ, it is convenient to have the most complete and adequate knowledge, since this can mean giving a good treatment to patients, immediately increasing the prestige of the professional.

For this reason, this Postgraduate Certificate in Skin for Physiotherapists is the best way for Physiotherapists who want to provide the best service to their patients and users in terms of skin care to specialize and achieve excellence.

This **Postgraduate Certificate in Skin for Physiotherapists** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Dermatology and Physiotherapy
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the process of self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Specialize in skin care and become a prestigious physiotherapist"*

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*There have been multiple advances in skin care techniques in recent years. This Postgraduate Certificate will keep you up to date"*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Skin care is a growing field in Physiotherapy. Do not be left behind and update your knowledge.*

*With this program, you will be the best valued physiotherapist in your field.*



# 02

# Objectives

The main objective of this Postgraduate Certificate in Skin for Physiotherapists is to provide students with the necessary tools to be able to offer innovative services to their patients. In this way, they will be Physiotherapy professionals highly valued in their environment, making their careers advance rapidly and getting new users who will be satisfied with the treatments received. Therefore, this program is essential to achieve a significant professional advancement in the field of Physiotherapy and skin.







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*This Postgraduate Certificate is what you need to achieve all your goals”*



## General Objectives

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- Update and reinforce the knowledge in dermatology necessary for the correct care of Aesthetic Physiotherapy patients
- Know the general characteristics of the skin and its anatomy
- Know how to differentiate and deal with the most common topical pathologies today
- Get to know the basic characteristics of dermo-aesthetic treatments for the face
- Get to know the basic characteristics of dermo-aesthetic treatments for the body
- In-depth study of the most effective hair care treatments currently available



*Knowing the skin in detail will help you progress professionally"*





## Specific Objectives

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- ◆ Know the anatomical structures of the skin
- ◆ Explore other areas related to the skin: hair, nails, sebaceous and sweat glands, etc.
- ◆ Analyze the different functions of the skin
- ◆ Know which are the different skin cares according to the patient's stage of life
- ◆ In-depth knowledge of the effects of solar radiation on the skin and the different means of photoprotection
- ◆ Learn the different types of Skin
- ◆ Understand the basics of facial hygiene
- ◆ Know the different moisturizing techniques for the skin

03

# Structure and Content

The contents of this Postgraduate Certificate in Skin for Physiotherapists have been designed by great experts in the field, who not only master all dermo-aesthetic issues related to this organ, but are aware of all the techniques and treatments applied to the skin. Therefore, Physiotherapy professionals who take this program will be able to apply all these techniques directly in their practices, producing an immediate impact on their careers.



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*The contents that you are looking for are here. Enroll now and become a physiotherapist specialized in skin care”*

## Module 1. Skin

- 1.1. Skin Anatomy and Structure of the Skin
- 1.2. Skin Appendages
  - 1.2.1. Hair
  - 1.2.2. Nails
  - 1.2.3. Sebaceous Glands
  - 1.2.4. Sweat Glands
- 1.3. Skin Functions and Elementary Lesions
  - 1.3.1. Protection
  - 1.3.2. Metabolism
  - 1.3.3. Temperature Regulation
  - 1.3.4. Sensory
  - 1.3.5. Excretory
  - 1.3.6. Energy Reserve
- 1.4. Skin Care in the Different Stages of Life: Neonatal, Pediatric, Adolescent, Adult, Geriatric, Pregnancy
  - 1.4.1. Neonatal
  - 1.4.2. Pediatric
  - 1.4.3. Adolescent
  - 1.4.4. Adult
  - 1.4.5. Geriatric
  - 1.4.6. Pregnancy
- 1.5. Embryology of the Skin and Skin Appendages
  - 1.5.1. Skin Development
  - 1.5.2. Hair Development
  - 1.5.3. Nail Development
  - 1.5.4. Skin Gland Development





- 1.6. Skin Types
  - 1.6.1. Density
  - 1.6.2. Skin Emulsion
  - 1.6.3. Skin Phototype
  - 1.6.4. Status
- 1.7. Skin Hygiene
- 1.8. Skin Hydration
  - 1.8.1. Manual Techniques
  - 1.8.2. Materials and Technical Methods
  - 1.8.3. Specific Cosmetics
  - 1.8.4. Equipment

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*You will know everything about skin and be able to offer the best service to your patients”*

# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.



*The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success in all clinical specialties, regardless of the workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Physiotherapy Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current Physiotherapy techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

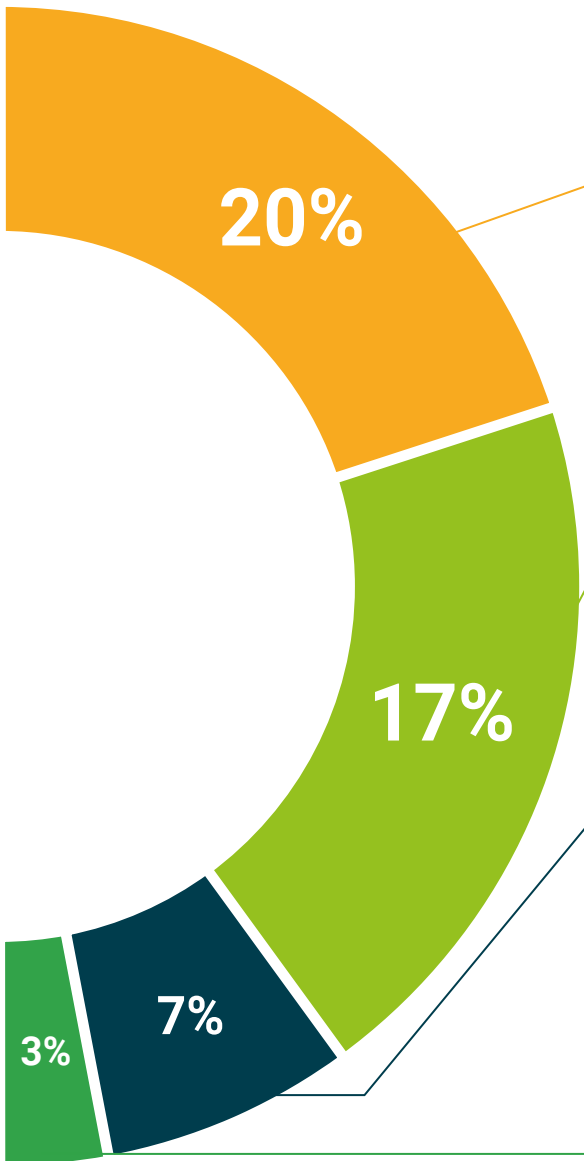
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 05 Certificate

The Postgraduate Certificate in Skin for Physiotherapists guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Skin for Physiotherapists** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Skin for Physiotherapists**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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