

# Postgraduate Certificate

## Physiotherapeutic Massages in Dermocosmetics





## Postgraduate Certificate Physiotherapeutic Massages in Dermocosmetics

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Credits: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/physiotherapy/postgraduate-certificate/physiotherapeutic-massages-dermocosmetics](http://www.techtute.com/us/physiotherapy/postgraduate-certificate/physiotherapeutic-massages-dermocosmetics)

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# 01

# Introduction

Nowadays, there are several skin care treatments available. This is one of the major concerns of contemporary society, so users and patients are constantly looking for new techniques with which to maintain or improve the condition of the skin. This has meant that disciplines such as physiotherapy have been able to contribute new methods, such as massages. Therefore, this field offers a type of non-invasive treatments that constitute a great solution for patients. For that reason, this qualification provides its students with all the knowledge to carry out these procedures, so that they can advance their professional careers.







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*Physiotherapeutic Massages are one of the most requested treatments in the field of dermo-aesthetics: enroll and specialize"*

Dermocosmetics is an expanding field that requires more and more specialized treatments. As such, it has reached different disciplines with which it has been combined, in order to be able to offer new techniques. In addition, something that patients value is comfort, since many of the methods used in skin care are invasive, so other types of treatments are highly valued.

For that reason, this Postgraduate Certificate in Physiotherapeutic Massage in Dermocosmetics is a great opportunity for those professionals who are looking for innovative services to offer their patients and users, with an emphasis on their comfort.

In this way, Physiotherapeutic Massage applied to Dermocosmetics is a great technique that will make students who take this qualification grow, thanks to its practical and flexible approach, which allows it to be completed 100% online, adapting to the circumstances of each student.

This **Postgraduate Certificate in Physiotherapeutic Massages in Dermocosmetics** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ◆ The development of practical cases presented by experts in Dermocosmetics and Physiotherapy
- ◆ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ◆ Practical exercises where the self-assessment process can be carried out to improve learning
- ◆ Its special emphasis on innovative methodologies
- ◆ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- ◆ Content that is accessible from any fixed or portable device with an Internet connection



*This qualification is what you need to advance your career"*

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*Offer new services to your patients thanks to this Postgraduate Certificate"*

*You'll be the most sought-after physiotherapist in your field.*

*Specialization is key in Physiotherapy. This qualification will help you achieve your goals.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02 Objectives

The main objective of this Postgraduate Certificate in Physiotherapeutic Massages in Dermocosmetics is to offer students the best knowledge so that they can have new services and treatments to offer to their patients. In this way, this qualification is perfect for those physiotherapists who want to give a boost to their professional careers, since users are increasingly demanding this type of techniques with which to care for and improve the condition of their skin.







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*Perform high-level Physiotherapeutic  
Massages and become an expert  
in Dermocosmetics”*



## General Objectives

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- ◆ Comprehensively manage the aesthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- ◆ Update and reinforce the knowledge in dermatology necessary for the correct care of Aesthetic Physiotherapy patients
- ◆ Offer the physiotherapist the necessary tools and guidelines to deal efficiently with the different dermatological pathologies
- ◆ Reinforce the role of the physiotherapist in the treatment of these pathologies





## Specific Objectives

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- ◆ Know how to apply aesthetic massages for immediate effects
- ◆ Understanding the classification of massages
- ◆ Know the maneuvers applied to aesthetic body massage
- ◆ Gain in-depth knowledge of the different types of massages available, their effects and application methods

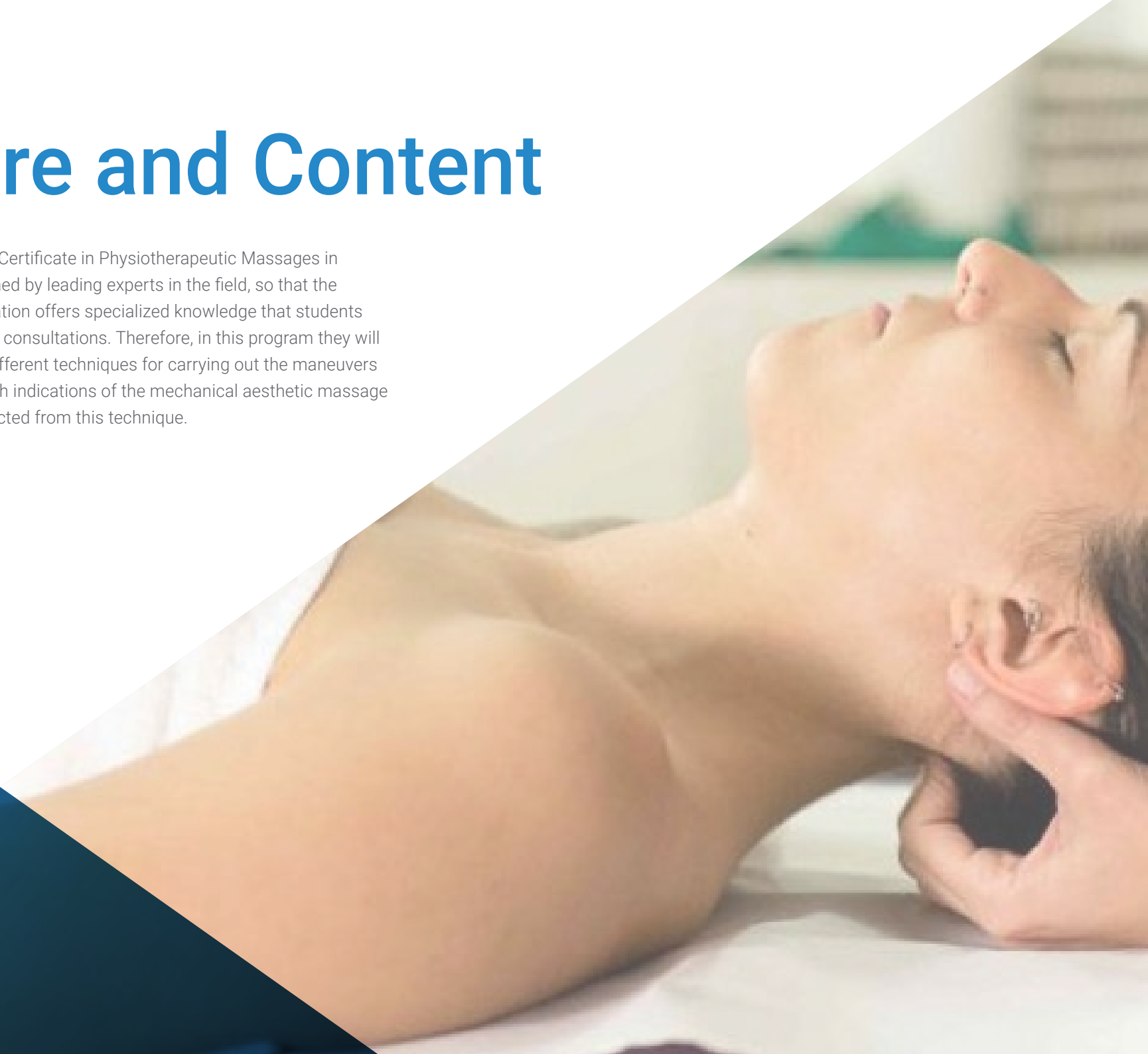
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*Don't wait any longer: this  
Postgraduate Certificate will turn  
your professional career around”*

03

# Structure and Content

The contents of this Postgraduate Certificate in Physiotherapeutic Massages in Dermocosmetics have been designed by leading experts in the field, so that the module that makes up the qualification offers specialized knowledge that students will be able to apply directly in their consultations. Therefore, in this program they will be able to learn issues related to different techniques for carrying out the maneuvers of the aesthetic body massage, with indications of the mechanical aesthetic massage or with the immediate results expected from this technique.



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*The most complete contents for  
Physiotherapists who want to become  
experts in Dermocosmetic Massages”*



## Module 1. Aesthetic Massage in Aesthetic Physiotherapy

- 1.1. Application of Aesthetic Massage and the Immediate, Delayed, Local and General Effects of Massage on the Various Organs and Systems
- 1.2. Classification of Massages According to Their Action and the Different Applicable Techniques
- 1.3. Effects, Indications, Precautions and Contraindications of Aesthetic Massage Procedures
- 1.4. Application Parameters of Massage Procedures and Selection Criteria for Aesthetic Massage Procedures
- 1.5. Techniques for Performing Body Aesthetic Massage Procedures
- 1.6. Zone Massage: Specific Procedures and Time of Execution
- 1.7. Aesthetic Massages With Mechanical Effect Equipment
- 1.8. Aesthetic Massages With Mechanical Effect
- 1.9. Application Techniques of the Different Equipment
- 1.10. Indications for Mechanical Aesthetic Massage
- 1.11. Immediate and Subsequent Results of Mechanical Massage on Different Organs, Devices and Systems





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*Your patients will not want to be treated by any other specialist: enroll now”*

# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





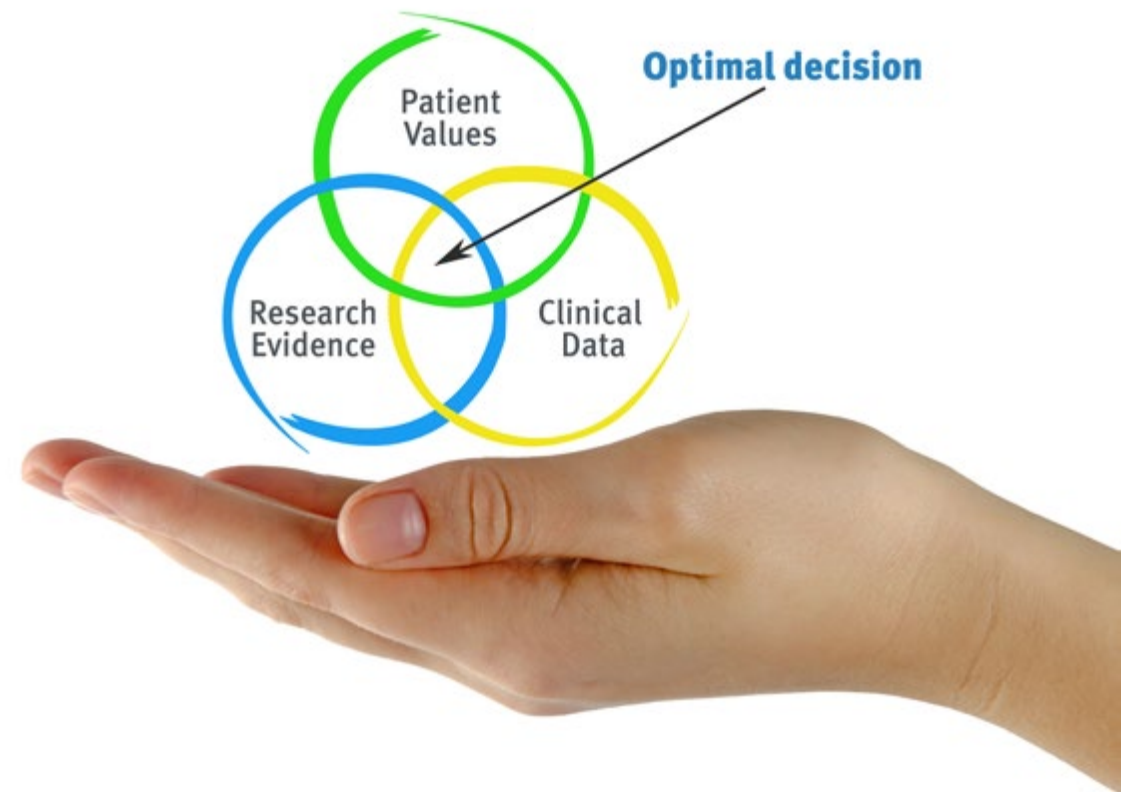
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.



*The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success in all clinical specialties, regardless of the workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.





This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Physiotherapy Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current Physiotherapy techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

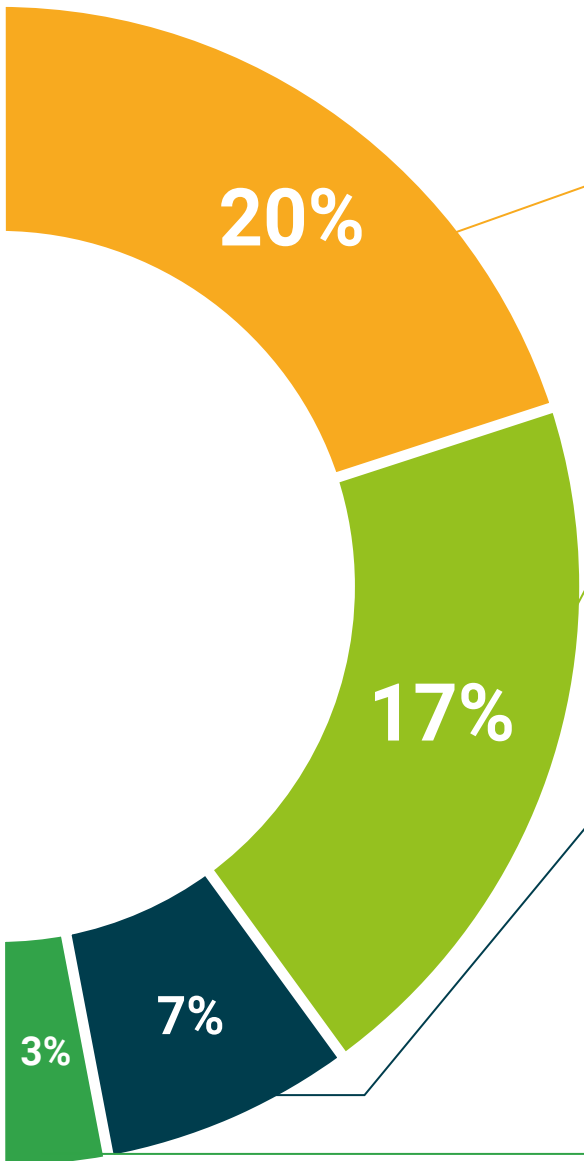
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





# 05

# Certificate

The Postgraduate Certificate in Physiotherapeutic Massages in Dermocosmetics guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this program  
and receive your university qualification  
without having to travel or fill out  
laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Physiotherapeutic Massages in Dermocosmetics** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Physiotherapeutic Massages in Dermocosmetics**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

future

health confidence people

education information tutors

guarantee accreditation teaching

institutions technology learning

community commitment

personalized service innovation

knowledge present

development language

virtual classroom

**tech** global  
university

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