

# Postgraduate Certificate

## Dermocosmetics for Physiotherapists





## Postgraduate Certificate Dermocosmetics for Physiotherapists

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/in/physiotherapy/postgraduate-certificate/dermocosmetics-physiotherapists](http://www.techtute.com/in/physiotherapy/postgraduate-certificate/dermocosmetics-physiotherapists)

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# 01

# Introduction

Skin care is becoming more and more important in today's society. The skin is one of the most visible parts of the body and therefore forms a large part of a person's identity. For this reason, dermocosmetics has reached various disciplines that have contributed new techniques and approaches. One of these is physiotherapy. By combining these two fields, patients can receive innovative treatments with which they can take care of their skin. Therefore, this qualification provides students with the necessary tools to become experts in the field, so that they can offer innovative services to their patients.





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*Dermocosmetics is booming and as a physiotherapist you can bring a new perspective to your patients thanks to this Postgraduate Certificate"*

Dermocosmetics is a discipline that has been growing little by little and has been filtering into areas such as Physiotherapy. This is because skin care is becoming more and more important in society. People understand that their skin is an essential part of who they are and determines how others identify them. Therefore, taking proper care of this part of the body is essential, especially in terms of health.

In this way, Physiotherapy has shown itself to be a very useful field when it comes to providing new techniques to those patients who require innovative treatments for the skin. For that reason, this Postgraduate Certificate in Dermocosmetics for Physiotherapists is the answer for Physiotherapy professionals seeking to offer new services to their patients.

This qualification follows a 100% online methodology and adapts to the circumstances of each student, so that they can balance their studies and their work. As a result, thanks to its flexibility, students will be able to learn everything they need to become experts in dermo-aesthetics applied to physiotherapy.

This **Postgraduate Certificate in Dermocosmetics for Physiotherapists** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Physiotherapy and Dermocosmetics
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Specialize in Dermocosmetics and become a highly sought after physiotherapist"*



“*As a physiotherapist you are looking for new treatments for your patients and you will find them in this qualification*”

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*This Postgraduate Certificate is what you need to advance professionally.*

*Update your knowledge and achieve all your goals.*



# 02 Objectives

The main objectives of this Postgraduate Certificate in Dermocosmetics for Physiotherapists is to offer its students the best opportunities to progress professionally thanks to the new skills and competences they will acquire during the course. Therefore, thanks to the approach of this qualification, students will be able to incorporate new treatments to their services, making them become physiotherapists highly valued by their users.







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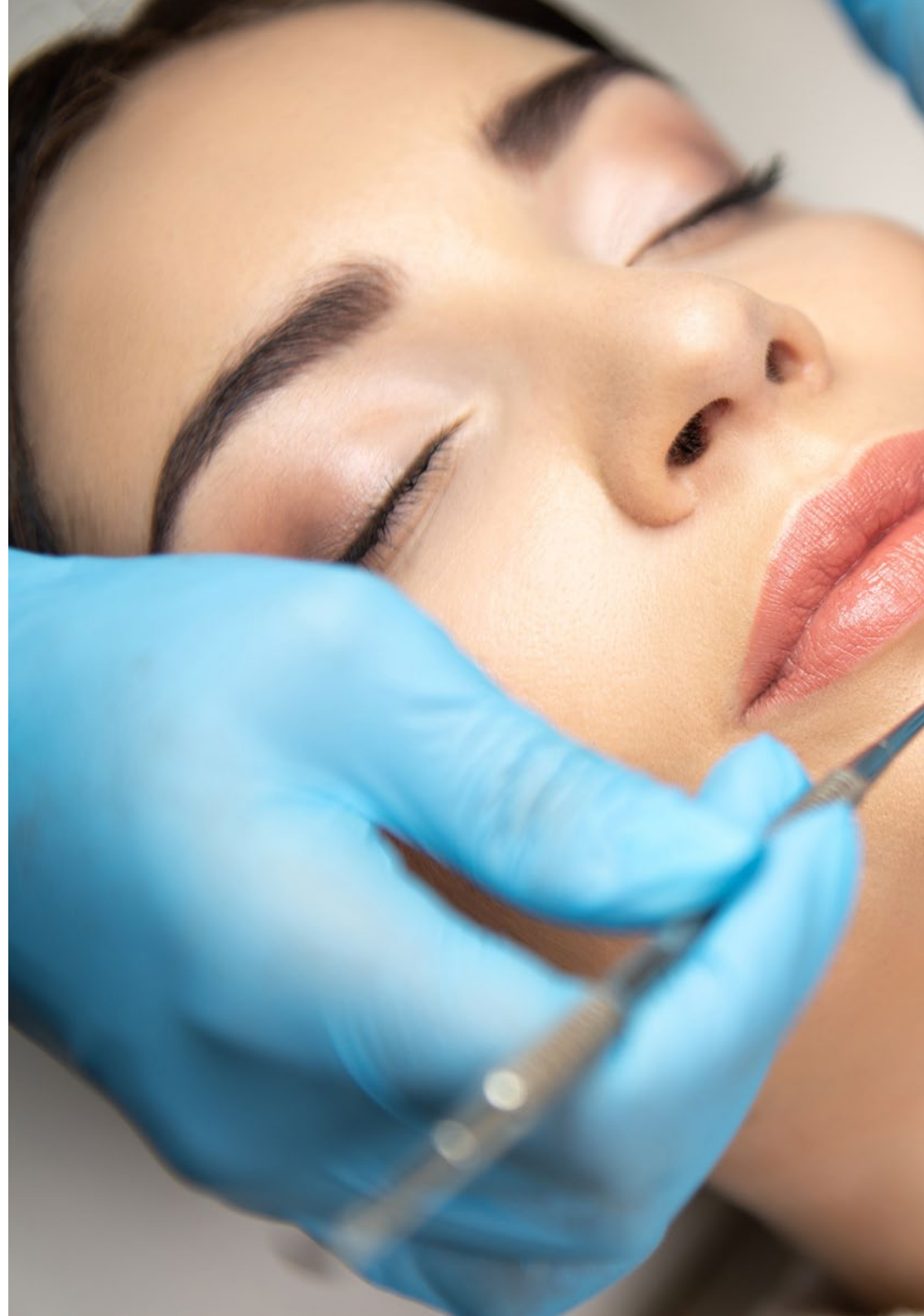
*Your professional goals will  
be much closer thanks to this  
Postgraduate Certificate”*



## General Objectives

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- ♦ Comprehensively manage the aesthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- ♦ Update and reinforce the knowledge in dermatology necessary for the correct care of Aesthetic Physiotherapy patients
- ♦ Offer the physiotherapist the necessary tools and guidelines to deal efficiently with the different dermatological pathologies
- ♦ Reinforce the role of the physiotherapist in the treatment of these pathologies
- ♦ Identify the role of treatments in the prevention and treatment of dermatological pathologies
- ♦ Know how to differentiate and approach the most common topical pathologies





### Specific Objectives

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- ◆ Know the basics of dermo-aesthetic physiotherapy
- ◆ Know how to structure the organization of the dermo-aesthetic medicine practice
- ◆ Correctly handle the hygienic and sanitary protocols in the dermo-aesthetic physiotherapy office
- ◆ Know how to manage sanitary waste
- ◆ Delve into the legal aspects that should govern health care in dermo-aesthetic physiotherapy

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*This program will help  
you reach very far”*

# 03

## Structure and Content

This Postgraduate Certificate in Dermocosmetics for Physiotherapists has been designed by leading experts in this field and its content has been structured into 1 module and 10 topics. In this way, throughout this program, students will be able to learn about issues such as hygiene in the dermo-aesthetic practice, the organization of technical and personal resources or ethical and legal issues related to this discipline. In this way, students will obtain a complete and integral education that will help them in their professional performance.







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*This syllabus will make you a specialist in Dermocosmetics Applied to Physiotherapy"*

## Module 1. Aesthetic Physiotherapy

- 1.1. Aesthetic Physiotherapy: New Developments in the Profession
- 1.2. NCP Applied to Aesthetics
- 1.3. Aesthetic Physiotherapy: New Developments in the Profession
- 1.4. Hygiene in the Aesthetic Office
  - 1.4.1. Antiseptics
  - 1.4.2. Hand Hygiene
  - 1.4.3. Utensil Hygiene
  - 1.4.4. Sanitary Waste Management
- 1.5. Organization of the Aesthetic Practice
- 1.6. Aesthetic Practice Management
- 1.7. The Ethical-Legal Aspect of Aesthetic Physiotherapy: Code of Ethics and Ethical Problems
  - 1.7.1. Criminal and Civil Liability of Physiotherapy Personnel
  - 1.7.2. Liability Insurance
  - 1.7.3. Informed Patient Consent Forms: Guidelines and Generic Models
- 1.8. Quality Management in Aesthetic Physiotherapy Practice
- 1.9. Urgent Care in the Aesthetic Physiotherapy's Office
- 1.10. Complications in Aesthetic Physiotherapy





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*Enroll now and watch how  
you become the highest rated  
physiotherapist in your area”*



# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





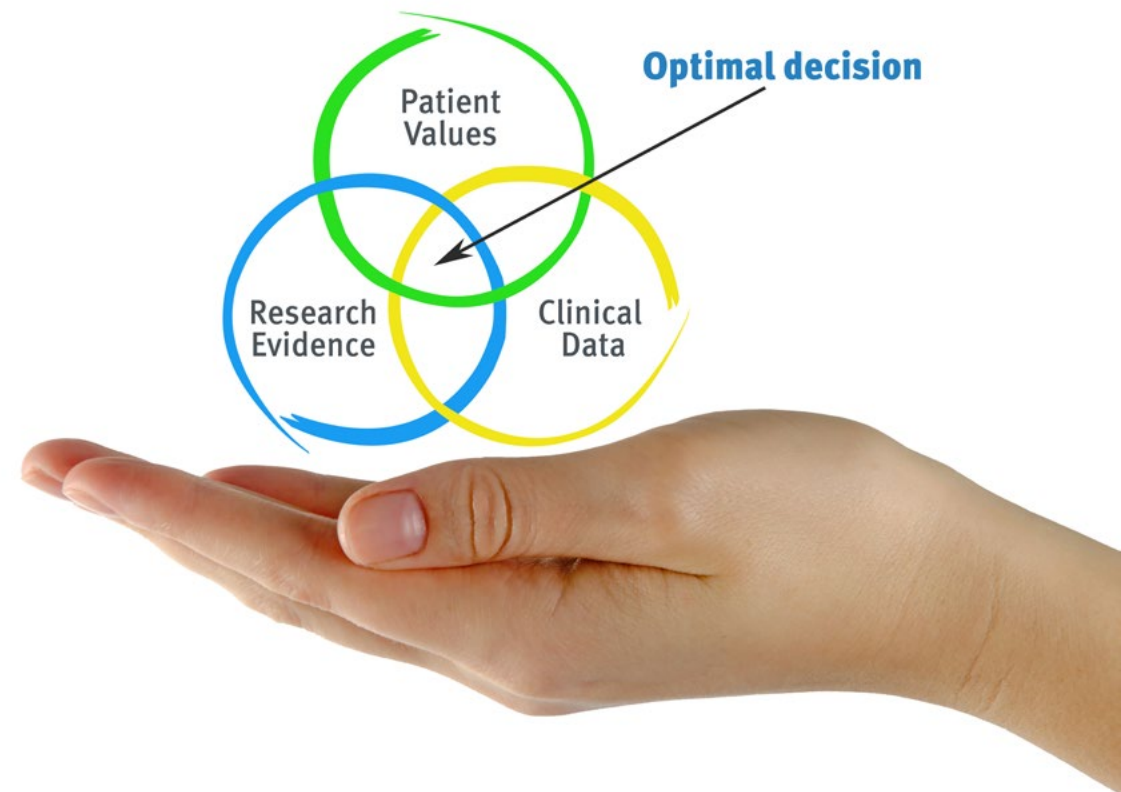
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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.



*The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success in all clinical specialties, regardless of the workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Physiotherapy Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current Physiotherapy techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".

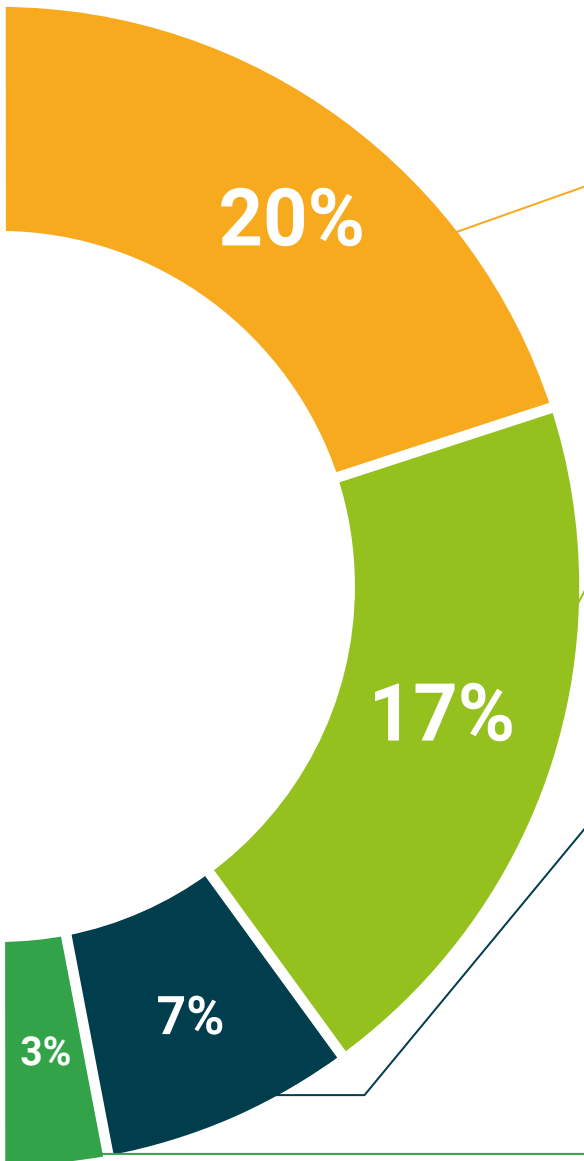


#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 05 Certificate

The Postgraduate Certificate in Dermocosmetics for Physiotherapists guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Dermocosmetics for Physiotherapists** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Dermocosmetics for Physiotherapists**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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