

# Postgraduate Certificate

## Dermo-Aesthetic Hair Removal for Physiotherapists





## Postgraduate Certificate Dermo-Aesthetic Hair Removal for Physiotherapists

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/in/physiotherapy/postgraduate-certificate/dermo-aesthetic-hair-removal-physiotherapists](http://www.techtitute.com/in/physiotherapy/postgraduate-certificate/dermo-aesthetic-hair-removal-physiotherapists)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Structure and Content

---

*p. 12*

04

Methodology

---

*p. 16*

05

Certificate

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*p. 24*

# 01

# Introduction

Hair removal is one of the most requested techniques worldwide. Millions of people resort to it to keep their skin smooth and clean. But more often, qualified professionals who can perform it with the safety and hygiene that this part of the body requires are called upon. For this reason, hair removal has been opening up to different disciplines and Physiotherapy can provide a great deal of knowledge to offer a great service to its users. Therefore, this qualification provides students with the skills to carry out different methods of hair removal, so that their practices are the most sought-after in their field.





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*You will be able to offer all types of dermo-aesthetic services to your patients thanks to this Postgraduate Certificate"*

There are a number of activities that a large part of the world's population performs for social and health reasons. One of them is hair removal. It is carried out for hygiene, aesthetics or social norms. In addition, it is something transversal, since it crosses different groups of people and ages.

All this has meant that the demand for specialized depilatory treatments offered by experts has gradually increased. This is the case of physiotherapists, who have the opportunity to grow and reach new disciplines such as Dermocosmetics, which is a booming area.

For this reason, this Postgraduate Certificate in Dermo-Aesthetic Hair Removal for Physiotherapists is key for those professionals who wish to specialize in a field that is highly demanded and valued by society.

This **Postgraduate Certificate in Dermo-Aesthetic Hair Removal for Physiotherapists** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Physiotherapy and Dermo-Aesthetic Hair Removal
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*The knowledge you were looking for to become a great expert in Physiotherapy and Hair Removal are here"*

“*Hair removal is a service highly valued by users. Specialize and get new clients”*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Dermo-Aesthetic Hair Removal is a booming area: don't wait any longer and enroll.*

*Physiotherapy is expanding to other fields and you could be a pioneer in the discipline.*



# 02 Objectives

Dermaoesthetics for Physiotherapists is to offer students the opportunity to get new tools and services to provide to their patients. In this way, with this qualification, students will be able to master certain skills that are currently in high demand and that will make them progress professionally, gaining access to new users who require aesthetic treatments from talented physiotherapists.







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*Your goals are now within reach: take this qualification and watch your career progress”*



## General Objectives

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- Comprehensively manage the aesthetic patient, being able to make an accurate diagnosis and apply the most appropriate treatment
- Update and reinforce the knowledge in dermatology necessary for the correct care of Aesthetic Physiotherapy patients
- Reinforce the role of the physiotherapist in the treatment of these pathologies
- Know the general characteristics of the skin and its anatomy
- Know the basic characteristics of dermo-aesthetic treatments for the body
- In-depth study of the most effective hair care treatments currently available





## Specific Objectives

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- ◆ Deepen in the aspects, classification and influence of laser hair removal
- ◆ Know the aspects, classification and influence of photodepilation with pulsed light
- ◆ Understanding the objectives of laser hair removal
- ◆ Know how to program and work with laser hair removal equipment
- ◆ Manage the correct procedures and informed consent for performing laser hair removal
- ◆ Know the protection measures for both professionals and clients in laser hair removal procedures



*Upon completion of this qualification, you will have mastered new techniques that will earn you the trust of new patients"*

03

# Structure and Content

This Postgraduate Certificate in Dermo-Aesthetic Hair Removal for Physiotherapists is structured in one module, along which students will be able to learn everything about hair removal, since it will detail the realization of different laser techniques, the precautions to take into account when carrying it out, technical procedures and hygiene measures recommended in the work. All this, to ensure that they offer the best service to their users.





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*The most complete syllabus on  
Dermo-Aesthetic Hair Removal,  
now at your reach"*

## Module 1. Physiotherapy in Hair Removal

- 1.1. Laser in Hair Removal and Influencing Factors
  - 1.1.1. Factors That Influence Laser Hair Removal
- 1.2. Intense Pulsed Light Hair Removal and Influence Factors
  - 1.2.1. Factors That Influence Pulsed Light Hair Removal
- 1.3. Objectives of Laser Hair Removal and IPL (Intense Pulsed Light)
- 1.4. Procedure for Performing Laser and IPL Hair Removal
- 1.5. First Visit
  - 1.5.1. Client Information
  - 1.5.2. Technical and Follow-Up Data
  - 1.5.3. Informed Consent
- 1.6. Technique Procedure
  - 1.6.1. Cleansing, Shaving and Disinfection
  - 1.6.2. Delimitation of the Area
  - 1.6.3. Protection
  - 1.6.4. Application of Cooling Gel
  - 1.6.5. Using Equipment
  - 1.6.6. Removal of Gel and Application of Decongestant Product
- 1.7. Risks and Side Effects
- 1.8. Precautions, Post-Laser Hair Removal Care and After-Sessions
- 1.9. Protection Measures for Professionals and Clients
  - 1.9.1. Clothing
  - 1.9.2. Recommended Postural Hygiene at Work





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*Enroll now and make your office one of the most visited in your area”*

# 04

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Physiotherapists/kinesiologists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions of professional physiotherapy practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Physiotherapists/kinesiologists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the physiotherapist/kinesiologist to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.



*The physiotherapist/kinesiologist will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we trained more than 65,000 physiotherapists/kinesiologists with unprecedented success in all clinical specialties, regardless of the workload. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your training, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation for success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Physiotherapy Techniques and Procedures on Video

TECH brings students closer to the latest techniques, the latest educational advances and to the forefront of current Physiotherapy techniques and procedures. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 05 Certificate

The Postgraduate Certificate in Dermo-Aesthetic Hair Removal for Physiotherapists guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Dermo-Aesthetic Hair Removal for Physiotherapists** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Dermo-Aesthetic Hair Removal for Physiotherapists**  
Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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