

# Internship Program Sports Physiotherapy

Endorsed by the NBA



tech



**tech**

Internship Program  
Sports Physiotherapy

# Index

01

Introduction

---

p. 4

02

Why Study an  
Internship Program?

---

p. 6

03

Objectives

---

p. 8

04

Educational Plan

---

p. 10

05

Where Can I Do the  
Internship Program?

---

p. 12

06

General Conditions

---

p. 24

07

Certificate

---

p. 26

# 01 Introduction

The incorporation of professional physiotherapists in top-level clubs has raised the prestige of the profession, as well as giving value to the functions it performs throughout the competition season. This in turn has led to the incorporation of new technologies and techniques that favor both diagnosis and treatment. In this scenario, TECH develops a program that provides professionals with a direct update of their knowledge through a practical internship, in a reference center and guided by an expert specialized in the sports area.



*Incorporate into your daily practice the most relevant advances in the area of Sports Physiotherapy thanks to a distinctive, unique and effective hands-on experience"*







The high competitiveness of athletes sometimes leads them to push themselves to the limit in each training and competition. That is why the work of a physiotherapist is key both in improving performance and in recovery from high intensity efforts. New devices and techniques have significantly improved treatments, while at the same time boosting the work of physiotherapists.

Given this reality, it is undeniable that professionals must be constantly updating their knowledge in an area where practice is fundamental. For this reason, TECH has developed this Internship Program, which offers graduates a unique experience, integrating them for 3 weeks in a prestigious clinical center. A real scenario, where you will be accompanied by professionals specialized in Sports Physiotherapy, who will take you to learn the latest techniques and methods used in the present.

All this in an excellent professional environment that will allow you to verify the daily work in a unique and intensive environment and that focuses mainly on practical actions, which must be carried out by any professional in this area who wishes to expand their skills and abilities in the services provided to athletes at the highest level. A unique opportunity that only TECH offers you.

# 02

## Why Study an Internship Program?

In the educational market there are multiple programs that provide theoretical knowledge, but they are far from the real needs of professionals. That is why TECH has developed this Internship Program, which seeks, through an intensive stay, to facilitate the updating of techniques and procedures used in Sports Physiotherapy. All this, also in a relevant clinical center, whose staff includes excellent professionals who will tutor the graduate. In this way, this institution offers a program that meets the real needs of professionals, immersing them from the beginning in a unique practical experience.



*You will carry out an intensive internship, where you will be side by side with the best specialists in Sports Physiotherapy"*

### 1. Updating from the latest technology available

New technologies have made it possible to incorporate in the consultations of physiotherapists, devices that allow better diagnosis and invasive and non-invasive treatments. Therefore, and with the objective of bringing the professional closer to these advances, TECH has developed this Internship Program, where the professional will enter a cutting-edge clinical environment, thereby gaining access to the latest technological advances in the field of Sports Physiotherapy.

### 2. Gaining In-depth Knowledge from the Experience of Top Specialists

During this practical process, professionals will not be alone, since from the beginning of this program they will have a physiotherapist specialized in Sports Physiotherapy, who will show them the most advanced techniques and tools. All this, in a first class environment that will lead you to know the latest developments in this area and incorporate them into your daily practice.

### 3. Entering First-Class Clinical Environments

In its commitment to offer a quality program, TECH rigorously selects all the centers available for the Internship Program. Thanks to this, specialists will have guaranteed access to a prestigious clinical environment in the area of Sports Physiotherapy. In this way, they will be able to acquire an update of the exhaustive and exquisite work that is carried out in first level centers.



#### **4. Putting the acquired knowledge into daily practice from the very first moment**

This program is focused from the beginning to offer professionals the practical activities they need to be able to carry out an effective update in Sports Physiotherapy. TECH is different from other educational programs and provides a 100% practical experience that will allow the graduate to develop in a professional environment, along with physiotherapists who have a high specialization in this area.

#### **5. Expanding the boundaries of knowledge**

TECH offers a unique opportunity for physiotherapy professionals to have access to a prestigious center and be surrounded by specialists who have developed their careers in the recovery and specific treatment of athletes. An incomparable setting, where you can update your practical knowledge, which you will only find in the programs designed by this educational institution.



*You will have full practical immersion at the center of your choice"*

# 03

## Objectives

The practical program proposed for this internship aims to provide the professional with all the tools to master, in a practical and rigorous way, the latest treatments and advances in the discipline. In this way, from this approach, the professional will be able to integrate these techniques in their daily practice, expanding their skills in the field of Sports Physiotherapy.



### General Objectives

---

- Update the techniques and treatments used to address common sports injuries
- Be up to date with technological advances and new devices used in Sports Physiotherapy
- Approach sports injuries with the most rigorous and precise methodology, in order to obtain the most appropriate result according to the patient's characteristics and the moment of competition in which they are.







## Specific Objectives

---

- Plan the diagnostic, functional, therapeutic and preventive means that guarantee the full functional recovery of the injured person
- Maximize therapeutic resources in the process of caring for the athlete
- Integrate therapeutic exercise in health promotion, both in healthy and sick populations
- Develop models of care based on the most up-to-date evidence in the most frequent sports settings
- Intervene in sphincteric dysfunctions and sports
- Use percutaneous and musculoskeletal electrolysis techniques
- Apply percutaneous ultrasound-guided neuromodulation
- Assess and intervene in spinal injuries
- Intervene in upper and lower limb injuries
- Work with manual techniques in sports physiotherapy
- Perform global postural reduction techniques
- Apply therapeutic exercise as injury prevention
- Program therapeutic exercises for the recovery of sports injuries

# 04

## Educational Plan

In this practical program, the physiotherapist will have the opportunity to attend a prestigious physiotherapy center for 3 weeks, from Monday to Friday and with 8 hours consecutive shifts. In addition, they will have an assistant professional who will accompany them in each case they attend. In this way, they will be able to put their theoretical knowledge into action, performing innovative therapeutic procedures.

In this internship program, of a completely practical nature, the activities are aimed at developing and perfecting the competencies necessary for the provision of physiotherapeutic care in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the exercise of the activity, in an environment of safety for the patient and high professional performance.

Therefore, in this period, graduates will have a series of activities that involve the skills they must have to deal with high-performance athletes and sports enthusiasts. In this way, students will put into practice invasive techniques such as percutaneous electrostimulation in tendinopathies and muscle injuries, as well as the exploration of muscle injuries in upper and lower limbs.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners to facilitate teamwork and multidisciplinary integration as transversal competences for the practice of Sports Physiotherapy (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the internship, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*





Module	Practical Activity
<b>Invasive techniques in sports: percutaneous electrolysis</b>	Perform diagnosis and treatment in sports patients
	Perform invasive physiotherapy techniques in athletes through the neuromechanical model
	Perform percutaneous ultrasound-guided electrosysis in athletes
	Practice percutaneous electrosysis in tendinopathies and muscle injuries
<b>Treatment of spine, instability and injuries</b>	Outline strategies for addressing proprioceptive dysfunctions and neuroplastic changes at the CNS level
	Diagnose dysfunctions in accuracy, dissociation and movement quality
	Perform lumbar instability testing
	Collaborate in the performance of observational movement control analysis
	Perform muscle activation pattern assessment tests and muscle endurance tests
<b>Treatment of upper limb and sports injuries</b>	Provide support in the treatment and exploration of muscle injuries of the upper limb
	Diagnose upper limb muscle injuries by imaging
	Carry out diagnosis of glenohumeral dislocation
	Perform physiotherapy treatment of glenohumeral dislocation
	Assess and treat joint and ligament injuries of the elbow
<b>Lower limb treatment and sport</b>	Assist in the treatment and examination of dysfunction/pain and trauma of the hip region
	Perform treatment of adductor-related groin pain
	Perform a functional assessment of the knee, through the neuro-orthopedic approach
	Carry out physiotherapeutic treatment of repetitive stress syndrome
	Outline a physiotherapeutic treatment strategy for iliotibial band syndrome
	Treat goosefoot bursitis through physiotherapeutic treatment
	Perform clinical and complementary tests of ankle ligament injuries in contact sports
	Address metatarsalgia
Perform functional and podiatric assessment of the painful sole of the foot	
<b>Manual techniques in Sports Physiotherapy</b>	Perform joint techniques in upper and lower limbs
	Approach the patient with osteopathic techniques of the dorsal spine
	Provide support in performing osteopathic techniques of the lumbar spine
	Manage pelvic osteopathic techniques

# 05 Where Can I Do the Internship Program?

In order to provide the best education and preparation to its students, TECH has been willing to broaden the educational horizons so that this Internship Program can be delivered in various prestigious centers worldwide. This is a unique opportunity for the student to continue to grow in their professional area, together with the best physiotherapists specialists in the sector.



*The time has come to grow in your career and for this, you have a program focused on improving your skills as a sports physiotherapist"*







The student will be able to do this program at the following centers:



Physiotherapy

### Clínica Viriato

Country: Spain City: Madrid

Address: Calle Viriato, 29, 28010, Madrid

Clinic specialized in General Medicine, Aesthetic Medicine, Dentistry and Body Rehabilitation

**Related internship programs:**

- Sports Physiotherapy
- Geriatric Physiotherapy



- Physiotherapy

### Clínica de Fisioterapia Pilates Canal

Country: Spain City: Madrid

Address: Av. Filipinas 44, 28003 Madrid

Physiotherapeutic center specialized in Pilates

**Related internship programs:**

- Geriatric Physiotherapy
- Sports Physiotherapy



Physiotherapy

### Técnica Fisioterapia

Country: Spain City: Madrid

Address: Calle Boix Morer, 22 (28003) Madrid

Center specialized in physical treatments, natural and non-invasive methods for the rehabilitation of all types of injuries and ailments

**Related internship programs:**

- Sports Physiotherapy



- Physiotherapy

### Somos Fisioterapia Hernani

Country: Spain City: Madrid

Address: C. de Hernani, 64, 28020 Madrid

Physiotherapeutic center specialized in Osteopathy and the Pilates method

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Fisiosalud+ Chamberí

Country: Spain City: Madrid

Address: Calle Alonso Cano, 64 (28003) Madrid

Clinical center specialized in physiotherapy and physical rehabilitation

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Fisiosalud+ Alcobendas

Country: Spain City: Madrid

Address: Paseo de la Chopera, 38 (28100) Alcobendas, Madrid

Clinical center specialized in physiotherapy and physical rehabilitation

**Related internship programs:**

- Sports Physiotherapy



- Physiotherapy

### Fisiosalud+ Salamanca

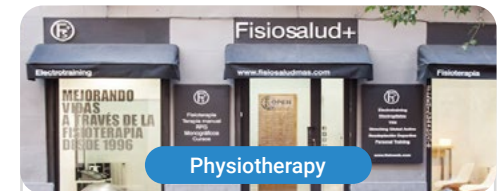
Country: Spain City: Madrid

Address: Calle Don Ramón de la Cruz, 87 (28006) Madrid

Clinical center specialized in physiotherapy and physical rehabilitation

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Fisiosalud+ Malasaña

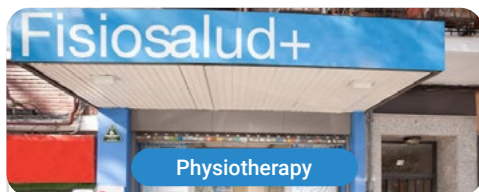
Country: Spain City: Madrid

Address: C. de San Vicente Ferrer, 20, 28004 Madrid

Clinical center specialized in physiotherapy and physical rehabilitation

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Fisiosalud+ Ciudad Lineal

Country: Spain City: Madrid

Address: Calle Emilio Ferrari 10, 28017 Madrid

Clinical center specialized in physiotherapy and physical rehabilitation

- Related internship programs:**
- Sports Physiotherapy



Physiotherapy

### Fisiomed Brunete

Country: Spain City: Madrid

Address: C/ Sorolla nº1 28690 Brunete (Madrid)

Sports Physiotherapy Clinic and Integral Rehabilitation Center

- Related internship programs:**
- Sports Physiotherapy



Physiotherapy

### Fisioterapia Flor Trujillo

Country: Spain City: Granada

Address: Pasaje de Recogidas, 10, Granada (18005)

Physiotherapeutic and osteopathic clinic with promotion of natural therapies

- Related internship programs:**
- Sports Physiotherapy
  - Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Fisioterapia Recupérate Ya

Country: Spain City: Madrid

Address: Calle de Sandoval 17, (28010) Madrid

Physiotherapeutic center with a wide range of services for physical and manual therapy

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



- Physiotherapy

### Fisiosalud+ San Sebastián de los Reyes

Country: Spain City: Madrid

Address: Av. de los Reyes Católicos, 29, 28701 San Sebastián de los Reyes, Madrid

Clinical center specialized in physiotherapy and physical rehabilitation

- Related internship programs:**
- Sports Physiotherapy



Physiotherapy

### Somos Fisioterapia Palafox

Country: Spain City: Madrid

Address: Calle de Palafox, 12, 28010 Madrid

Physiotherapeutic center specialized in Osteopathy and the Pilates method

- Related internship programs:**
- Sports Physiotherapy



Physiotherapy

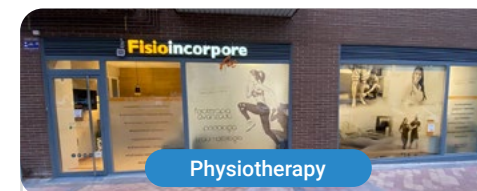
### Fisioincorpore

Country: Spain City: Madrid

Address: Avenida del Ventisquero de la Condesa 18, (28035) Madrid

Physiotherapy and podiatry clinic specialized in traumatology

- Related internship programs:**
- Sports Physiotherapy
  - Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Fisioincorpore Fit

Country: Spain City: Madrid

Address: Calle Baños de Valdearados, 14, (28051) Madrid

Clinic focused on the integral and absolute care of the human body through Physiotherapy

- Related internship programs:**
- Sports Physiotherapy
  - Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Clínica Capón

Country: Spain City: Madrid

Address: Avenida Camino de Santiago 1, esquina de Calle Puerto de Somport, 28050, Madrid

Multidisciplinary center specialized in sports and locomotor physiotherapy

**Related internship programs:**

- Sports Physiotherapy
- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### TG Sport Clinic

Country: Spain City: Madrid

Address: Calle Golfo de Salónica, 73, 28033, Madrid

Comprehensive health care clinic for athletes

**Related internship programs:**

- Sports Physiotherapy
- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Clínica Abla

Country: Spain City: Madrid

Address: Calle de Antonio Machado, 61, 28830, San Fernando de Henares, Madrid

Center specialized in psychiatric, psychological and pedagogical assistance

**Related internship programs:**

- Sports Physiotherapy
- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Pasos Fisioterapia

Country: Spain City: Madrid

Address: Calle Rafael Sánchez Ferlosio, 11, 28830, San Fernando de Henares, Madrid

Center for Advanced Comprehensive Physiotherapy

**Related internship programs:**

- Sports Physiotherapy
- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Clínica Sanarte

Country: Spain City: Madrid

Address: Av. del Cantábrico, 125, posterior, 28939 Arroyomolinos, Madrid

Center for functional rehabilitation assistance through physiotherapy

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Reydes Fisioterapia Villalba

Country: Spain City: Madrid

Address: Calle los Madroños, 6, 28400 Collado Villalba, Madrid

Recovery, rehabilitation and physiotherapy center

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Reydes Fisioterapia Guadarrama

Country: Spain City: Madrid

Address: C. del Gral. Moscardó, 11, 28440 Guadarrama, Madrid

Recovery, rehabilitation and physiotherapy center

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### FisioSanfer

Country: Spain City: Madrid

Address: Calle Nazario Calonge, 13, 28830, San Fernando de Henares, Madrid

Clinic of Physiotherapy and Osteopathy with integral assistance

**Related internship programs:**

- Sports Physiotherapy
- Musculoskeletal Ultrasound in Physiotherapy





Physiotherapy

### Vizcaíno Fisioterapia

Country: Spain  
City: Madrid

Address: Sector Descubridores, 2, 28760, Tres Cantos, Madrid

Physiotherapy and rehabilitation clinic, personal training and injury rehabilitation

**Related internship programs:**

- Musculoskeletal Ultrasound in Physiotherapy
- Sports Physiotherapy



Physiotherapy

### Fisiokina

Country: Spain  
City: Madrid

Address: Avenida de Madrid, 18, 28760, Tres Cantos, Madrid

Sports and general physiotherapy and osteopathy clinic

**Related internship programs:**

- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Rekoverly Clinic

Country: Spain  
City: Madrid

Address: Calle Bolivia 38, 28016, Madrid

Clinical center specialized in bone-muscular rehabilitation and recovery

**Related internship programs:**

- Sports Physiotherapy
- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Clinisalud

Country: Spain  
City: Madrid

Address: Calle Pingüino, 23, 28047 Madrid

Multidisciplinary health care center

**Related internship programs:**

- Diagnosis in Physiotherapy
- Advanced Clinical Podiatry







Physiotherapy

### Fisioentrena Madrid

Country City  
Spain Madrid

Address: Avenida del Dr. Federico Rubio y Galí, 59, 28040 Madrid (Dentro del Wellsport Club)

Center specialized in the prevention and recovery of injuries

#### Related internship programs:

- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Binomio Ocio

Country City  
Spain Madrid

Address: C/ Cartagena, 164, Madrid 28002

Center oriented to high-level sports physiotherapy

#### Related internship programs:

- Sports Physiotherapy
- Prevention, Rehabilitation and Readaptation of Sports Injuries



Physiotherapy

### Fisio en Forma

Country City  
Spain Madrid

Address: C. de Boadilla, 42, 28220 Majadahonda, Madrid

Physiotherapeutic and physical health promotion clinic

#### Related internship programs:

- Sports Physiotherapy
- Diagnosis in Physiotherapy



Physiotherapy

### Policlínico HM Moraleja

Country City  
Spain Madrid

Address: P.º de Alcobendas, 10, 28109, Alcobendas, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

#### Related internship programs:

- Rehabilitation Medicine in Acquired Brain Injury Management



Physiotherapy

### Policlínico HM Matogrande

Country: Spain City: La Coruña

Address: R. Enrique Mariñas Romero, 32G, 2º, 15009, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

- Related internship programs:**
- Sports Physiotherapy
  - Neurodegenerative Diseases



Physiotherapy

### Rehab MG

Country: Spain City: Madrid

Address: C. Dublín, 1, Bajo 3A, 28232 Las Rozas de Madrid, Madrid

Clinic specialized in Sports Physiotherapy

- Related internship programs:**
- Sports Physiotherapy
  - Diagnosis in Physiotherapy



Physiotherapy

### Clínica Foot and Body

Country: Spain City: Madrid

Address: C. de Segovia, 69, local izquierda, 28005 Madrid

Foot and Body Clinic specialists in Podiatry, Aesthetic Medicine, Physiotherapy and Advanced Aesthetics

- Related internship programs:**
- Sports Physiotherapy
  - Advanced Clinical Podiatry



Physiotherapy

### Sabier Fisiomedic

Country: Spain City: Madrid

Address: C. María Zambrano, 3, Local 8-9, 28522 Rivas-Vaciamadrid, Madrid

Center specialized in Physiotherapy, Osteopathy, Aesthetic Medicine, Podiatry, Biomechanics, Facial and Body Aesthetics.

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Sports Physiotherapy



Physiotherapy

### Massalud

Country: Spain City: Madrid

Address: C. de los Caños del Peral, 11, Bajo Izquierda, 28013 Madrid

Massalud, distinguished center for the provision of Physiotherapy and Osteopathy services for the voice oriented artists

- Related internship programs:**
- Sports Physiotherapy



Physiotherapy

### Premium global health care Madrid

Country: Spain City: Madrid

Address: C. de Víctor de la Serna, 4, 28016 Madrid

Multidisciplinary center, specialized in rehabilitation, readaptation and personal training

- Related internship programs:**
- MBA in Digital Marketing
  - Project Management



Physiotherapy

### Premium global health care Fuenlabrada

Country: Spain City: Madrid

Address: Paseo de Roma, 1, 28943 Fuenlabrada, Madrid

Multidisciplinary center, specialized in rehabilitation, readaptation and personal training

- Related internship programs:**
- MBA in Digital Marketing
  - Project Management



Physiotherapy

### Premium global health care Pozuelo

Country: Spain City: Madrid

Address: Centro Comercial Monteclaro, Local 59.4, s/n, Av. de Monteclaro, d, 28223 Pozuelo de Alarcón, Madrid

Multidisciplinary center, specialized in rehabilitation, readaptation and personal training

- Related internship programs:**
- MBA in Digital Marketing
  - Project Management





Physiotherapy

### Klinik PM

Country: Spain City: Alicante

Address: Calle Montesinos 7, Alicante 03016

The largest referral clinic in pain treatment and conservative traumatology

**Related internship programs:**

- Diagnosis in Physiotherapy
- Sports Physiotherapy



Physiotherapy

### Clínica Montecarlo Torrent

Country: Spain City: Valencia

Address: Avinguda al Vedat, 21-1º piso, Edificio Montecarlo, 46900 Torrent, Valencia

Center specialized in Physiotherapy and Sports Medicine

**Related internship programs:**

- Electrotherapy in Physiotherapy
- Sports Physiotherapy



Physiotherapy

### Fisioterapia Avanzada Fabián España

Country: Spain City: Barcelona

Address: Calle Menorca 34, local 2, CP 08020 Barcelona

Advanced Physiotherapy Fabián España is a leading institution in the field of Advanced Physiotherapy treatments

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Kinesioclinic Les Corts

Country: Spain City: Barcelona

Address: Avenida Madrid 191, 08014 Barcelona

Reference clinics in therapeutic pain management

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Kinesioclinic Sagrada Familia

Country: Spain City: Barcelona

Address: Calle Valencia 479, 08013 Barcelona

Reference clinics in therapeutic pain management

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### Fisioterapia Deportiva Castro

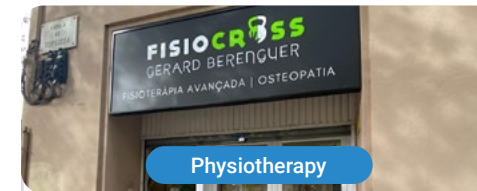
Country: Spain City: Barcelona

Address: Carrer de Mejía Lequerica, 26, 08028 Barcelona

Physiotherapy center specialized in the rehabilitation of traumas and injuries

**Related internship programs:**

- Sports Physiotherapy



Physiotherapy

### FisioCross

Country: Spain City: Barcelona

Address: C. de Guipúscoa, 1, 08018 Barcelona

Physiotherapy and Osteopathy Center focused on the evolution of movement

**Related internship programs:**

- Sports Physiotherapy
- Musculoskeletal Ultrasound in Physiotherapy



Physiotherapy

### Fizard

Country: Mexico  
City: Mexico City

Address: Segovia 96 Int. 4 Col. Alamos Del. Benito Juárez CDMX C.P 03400

Advanced Physiotherapy and Sports Medicine Clinic

- Related internship programs:**
- Sports Physiotherapy
  - Neurological Physiotherapy in Degenerative Diseases



Physiotherapy

### Small Haughton Rehab

Country: Mexico  
City: Mexico City

Address: Nicolás San Juan 1319 Col. Del Valle Sur Benito Juárez

Clinic specialized in Sports Medicine and comprehensive care in Physiotherapy

- Related internship programs:**
- Geriatric Physiotherapy
  - Sports Physiotherapy



Physiotherapy

### Ossid Ortho Sport Clinic

Country: Mexico  
City: Quintana Roo

Address: Plaza Ossid Wellness Center. Ubicado en Av. Huayacan esq. Calle Ciricote Smz. 313 Mza. 257, Cancún, Quintana Roo

Rehabilitation clinic specialized in Traumatology, Orthopedics and Sports Medicine

- Related internship programs:**
- Sports Physiotherapy
  - Electrotherapy in Physiotherapy



Physiotherapy

### Physio Sports México

Country: Mexico  
City: Mexico City

Address: Convento del Rosario No. 34, Jardines de Santa Mónica C.P. 54050. Tlalnepantla, Estado de México

Avant-garde and innovative Physiotherapy Clinic

- Related internship programs:**
- Electrotherapy in Physiotherapy
  - Sports Physiotherapy







Physiotherapy

### PleneFisio

Country City  
Mexico Mexico City

Address: Anaxágoras 915, Narvarte Poniente, Benito Juárez, 03100 Ciudad de México, CDMX

Physiotherapy Clinic in the Narvarte neighborhood

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



Physiotherapy

### Rehamex

Country City  
Mexico Mexico

Address: J.J. Fernández de Lizardi No. 5, Cto. Novelistas, Ciudad Satélite, Naucalpan

Center specialized in rehabilitation and physical health promotion.

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Sports Physiotherapy



Physiotherapy

### Clínica de Fisioterapia Integral Mover-T

Country City  
Mexico Mexico City

Address: Calle Pilaes 506, Colonia del Valle Centro, Benito Juárez, 03100 Ciudad de México, CDMX

Integral Physical Therapy Clinic

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Ecatepec

Country City  
Mexico Mexico City

Address: Plaza Ecatepec, Vía Morelos 172, Local C-8, Los Laureles, Ecatepec de Morelos, Méx. Junto a la zona de Comida

Specialized physical and sports rehabilitation centers

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Naucalpan

Country	City
Mexico	Mexico City

Address: Av. Gustavo Baz Prada No. 116, Col. Bosques de Echegaray, Naucalpan de Juárez, Estado de México

Specialized physical and sports rehabilitation centers

**Related internship programs:**

- Diagnosis in Physiotherapy
- Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Iztacalco

Country	City
Mexico	Mexico City

Address: Julio García No. 14, Piso 2, San Miguel, Iztacalco, CDMX. Esq. Francisco del Paso y Troncoso

Specialized physical and sports rehabilitation centers

**Related internship programs:**

- Diagnosis in Physiotherapy
- Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Toluca

Country	City
Mexico	Mexico City

Address: Cerro de la Estrella 128 - 29, Xinantécatl, Metepec, Edo. de Méx

Specialized physical and sports rehabilitation centers

**Related internship programs:**

- Diagnosis in Physiotherapy
- Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Tiber

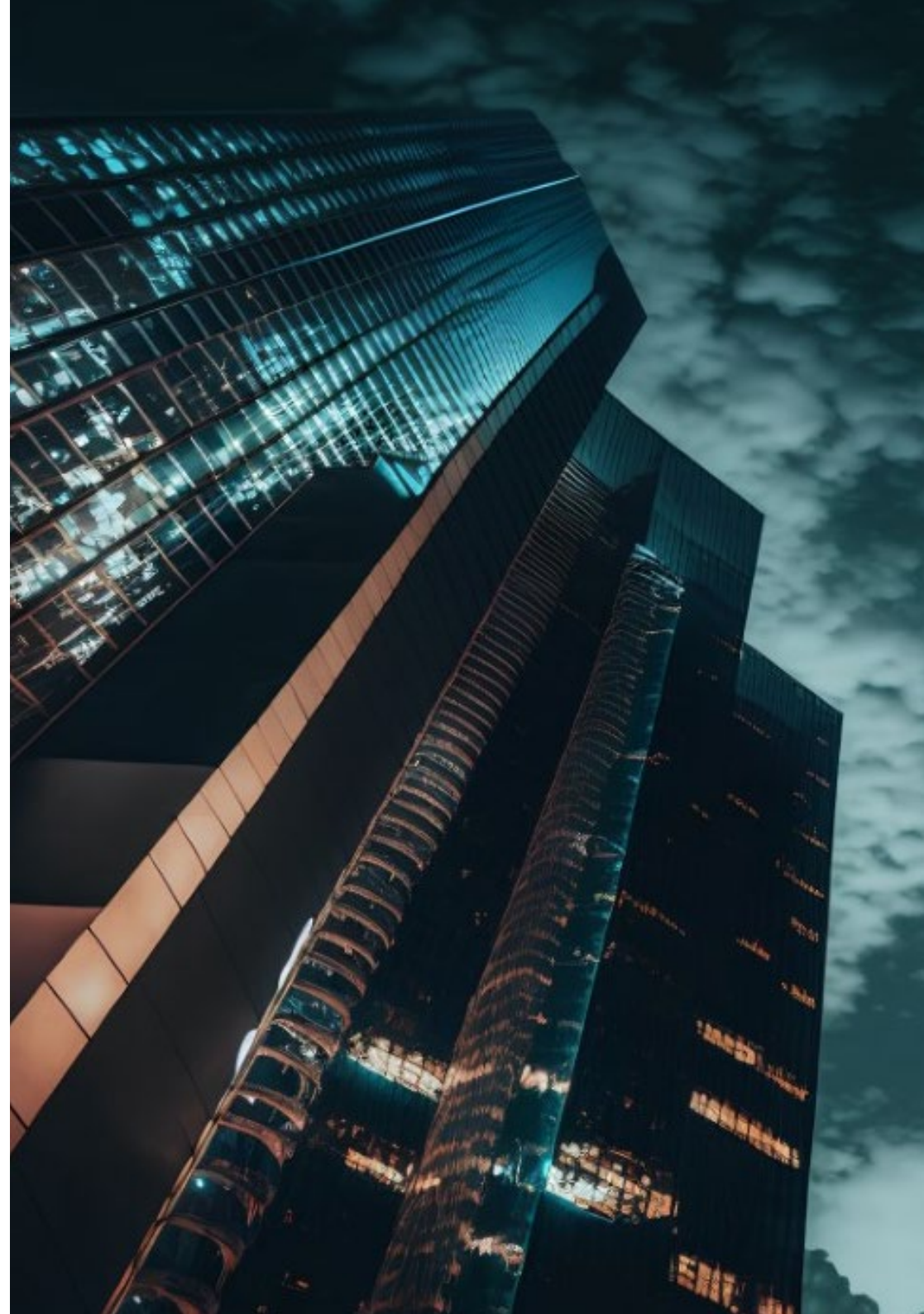
Country	City
Mexico	Mexico City

Address: Río Tiber No. 21, 3er Piso, Col: Cuauhtémoc, Del: Cuauhtémoc, CDMX

Specialized physical and sports rehabilitation centers

**Related internship programs:**

- Diagnosis in Physiotherapy
- Electrotherapy in Physiotherapy







Physiotherapy

### Athlos Roma

Country City  
Mexico Mexico City

Address: Guanajuato 178, 3er Piso. Roma Norte, Cuauhtémoc, CDMX

Specialized physical and sports rehabilitation centers

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Tlalpan

Country City  
Mexico Mexico City

Address: Calle 3 Num 52, Coapa, Espartaco, Coyoacán, 04870, CDMX

Specialized physical and sports rehabilitation centers

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



Physiotherapy

### Athlos Lindavista

Country City  
Mexico Mexico City

Address: Sullana 741, Col. Lindavista, Del. G.A.M. CDMX

Specialized physical and sports rehabilitation centers

- Related internship programs:**
- Diagnosis in Physiotherapy
  - Electrotherapy in Physiotherapy



# 06 General Conditions

## Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Sports Physiotherapy** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Sports Physiotherapy**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour shifts, consecutive shifts**

Total Hours: **120 h. of professional practice**

**Endorsed by the NBA**



**tech**

Internship Program  
Sports Physiotherapy



# Internship Program Sports Physiotherapy

Endorsed by the NBA



tech