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Postgraduate Diploma

tech global university

Nutrition in Special Populations in Diet Therapy

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/us/pharmacy/postgraduate-diploma/postgraduate-diploma-nutrition-special-populations-diet-therapy

There are diseases related, for example, to the nervous system, which can be benefited or harmed by a certain diet. That is why the role of the pharmacist specialized in this area is essential to try, not only to alleviate the effects of this pathology, but also to prevent the appearance of new dysfunctions that put the patient's health at risk. For this reason, TECH and its team of experts have developed this 100% online program aimed at updating your knowledge in specific nutrition through an intensive and comprehensive tour of the latest scientific evidence related to this subject.



tech 06 | Introduction

Suffering from certain diseases is, for many patients, the motivation to start leading a healthier lifestyle, based on moderate physical activity and a balanced diet, adapted to the nutritional needs that their body requires at that time. Many of these people go to the community pharmacy in search of a professional specialized in this area, with the aim of guiding them and preparing a food plan that will help them to improve their habits and, therefore, avoid a worsening of their state of health.

For this reason, the professional must know in detail the latest developments related to nutrition in sick patients, aspects that can be updated with this Postgraduate Diploma in Nutrition in Special Populations in Diet Therapy. This is a complete 100% online program distributed over 6 months that includes not only the best theoretical and practical syllabus developed by the teaching team, but also hours of additional high quality material with which the graduate will be able to delve into the pathologies of the nervous system and oncology patients, and in the nutritional needs of renal, hepatic and pancreatic diseases.

In addition, in order to be able to offer a program adapted to the needs of the pharmacist, the entire content will be available from the beginning of the course, and can be downloaded for consultation whenever needed on any device with an Internet connection. In this way, the student will be able to organize the academic experience and get the most out of it without neglecting his or her professional and personal tasks.

This **Postgraduate Diploma in Nutrition in Special Populations in Diet Therapy** contains the most complete and up-to-date scientific program on the market. The most important features include:

- The development of practical cases presented by experts in Nutrition and Endocrinology
- The graphic, schematic and eminently practical contents with which it is conceived gather scientific and practical information on those disciplines that are indispensable for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- Content that is accessible from any fixed or portable device with an Internet connection



A dynamic way to update your knowledge about renal, hepatic and pancreatic functions and pathologies and their relationship with nutrition"



You will delve comprehensively into the importance of psychological aspects in the planning of objectives and consultations"

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. This will be done with the help of an innovative system of interactive videos made by renowned experts.

The teaching team has selected for this Postgraduate Diploma a series of clinical cases with which you will be able to put into practice your professional skills and perfect them.

You will delve into nutritional developments related to degenerative pathologies, focusing on Multiple Sclerosis, Lateral Amyotrophic Sclerosis and Muscular Dystrophies.





General Objectives

- Broaden knowledge and incorporate advanced and innovative knowledge in food and nutrition into the pharmacist's daily clinical practice
- Review the fundamental aspects of healthy eating, with a current approach aimed at risk prevention
- Delve into the correct management of daily nutrition
- Examine the most common syndromes and symptoms related to nutritional problems



You will have a specific module dedicated to eating disorders, so that you can learn in detail the latest recommendations regarding the development of nutritional plans for these patients"



Objectives | 11 tech



Specific Objectives

Module 1. Nutrition in Renal, Hepatic and Pancreatic Diseases

- Update knowledge of renal, hepatic and pancreatic functions and pathologies, and their relationship with nutrition
- Assess clinical cases, application tools in nutrition consultation
- Plan nutritional treatments based on scientific evidence and assessment of evolution

Module 2. Nutrition in Nervous System Pathologies

- Update on the scientific evidence of the relationship between nervous system pathologies and nutrition
- Assess the patient's needs and difficulties, in addition to an adequate assessment of the nutritional status
- Learn the main psychological aspects of patients with alterations of behavioral disorders

Module 3. Oncology Patient Nutrition

- Know how this pathology affects the nutritional level, from the organic, psychological and metabolic point of view
- Identify malnutrition in the context of a neoplastic disease as the only pathology or in the pluripathological patient, as well as to prevent them
- Personalize the nutritional treatment, covering the needs of the patient in antineoplastic treatment, and/or surgeries



Management



Ms. Vázquez Martínez, Clotilde

- Corporate Head in the University Hospital Endocrinology and Nutrition Departments, Fundación Jiménez Díaz
- Head of the Endocrinology and Nutrition Service at Ramón y Cajal University Hospital
- Head of the Endocrinology and Nutrition Service at Severo Ochoa University Hospital
- President of The Society of Endocrinology, Nutrition, and Diabetes of the Community of Madrid SENDIMAD
- Coordinator Therapeutic Education Group Group of the Spanish Society of Diabetes
- Doctor of the Faculty of Medicine of the Autonomous University of Madrid
- Degree in Medicine and Surgery from the Faculty of Medicine of the University of Valencia
- Specialist in Endocrinology and Nutrition via Medical Residency by the University Hospital Fundación Jimenez Díaz
- Abraham García Almansa Clinical Nutrition Lifetime Achievement Award
- Recognized among the 100 best Doctors in Spain according to Forbes list
- Castilla La Mancha Diabetes Foundation (FUCAMDI) Diabetes and Nutrition Lifetime Achievement Award



Dr. Sánchez Jiménez, Álvaro

- Specialist in Nutrition and Endocrinology at Jiménez Díaz Foundation University Hospital
- Nutritionist at Medicadiet
- Clinical Nutritionist specialized in Prevention and Treatment of Obesity, Diabetes and their Comorbidities
- Nutritionist in the Predimed Plus Study
- Nutritionist at Eroski
- Nutritionist at Axis Clinic
- Professor of the Master's Degree in Obesity and Comorbidities at the Rey Juan Carlos University
- Professor at the Course of Excellence in Obesity at the University Hospital Fundación Jimenez Díaz
- Graduate in Human Nutrition and Dietetics from the Complutense University of Madrid.
- Nutrition and Food for the Elderly by the Complutense University of Madrid
- Nutrition and Sports for Professionals by the Fundación Tripartita
- Refresher Course on Practical Diabetes Type 1 and 2 for Health Professional



Dr. Montoya Álvarez, Teresa

- Head of the Endocrinology and Nutrition Service of the Infanta Elena University Hospital
- Head of Volunteering at the Garrigou Foundation
- Graduate in Medicine and Surgery from the University of Navarra
- Master's Degree in Obesity and its Comorbidities: Prevention, Diagnosis and Integral Treatment at the University Rey Juan Carlos
- Course in Bariatric Antecedents of Surgery Patient Emergencies: Key References for the Attending Physician
- Member of: Institute for Health Research Foundation Jiménez Díaz, Health Commission of FEAPS Madrid, Trisomy 21 Research Society

Professors

Ms. López Escudero, Leticia

- Nutritionist at Diet Clinic
- Dietician and clinical nutritionist at the Jiménez Díaz Foundation University Hospital.
- Dietician and Clinical Nutritionist at the University Hospital Infanta Elena
- Professor in graduate studies Degree in Human Nutrition and Dietetics
- Graduate in Human Nutrition and Dietetics at the Complutense University of Madrid
- Master's Degree in Obesity and its Comorbidities: Prevention, Diagnosis and Integral Treatment at the University Rey Juan Carlos
- Master's Degree in Nutrition in Physical Activity and Sport, Open University of Catalunya (UOC)

Dr. Hoyas Rodríguez, Irene

- Specialist in Endocrinology and Nutrition
- Specialist in Endocrinology and Nutrition at the Fundación Jiménez Díaz and Infanta Elena Hospitals
- Specialist in Endocrinology and Nutrition at the Beata María Ana Hospital.
- Specialist in Endocrinology at the University Hospital 12 de Octubre
- Degree in Medicine from the Complutense University of Madrid
- Postgraduate course in Treatment of Diabetes Mellitus Type 2 at the Autonomous University of Barcelona

Dr. Modroño Móstoles, Naiara

- Specialist in Endocrinology
- Doctor Specialist in Pediatric Endocrinology and Nutrition at the University Hospital Fundación Jimenez Diaz
- Doctor Specialist in Endocrinology the Infanta Elena University Hospital
- Doctor Specialist in Endocrinology at the University Hospital of Getafe
- Author of various articles published in scientific journals
- Postgraduate Certificate in Treatment of Diabetes Mellitus Type 2 at the Autonomous University of Barcelona

Dr. Labeira Candel, Paula

- Clinical nutritionist in the Bariatric Endoscopy Unit at HM Hospitales
- Sports and clinical nutritionist at the Clinical Institute of Overweight and Obesity
- Nutritionist Sports and Clinical at Medicadiet, Slimming & Nutrition
- Sports Nutritionist at the CF TrivalValderas de Alcorcón
- Food and water quality analyst in the Andalusian Health Service
- Diploma in Human Nutrition and Dietetics at the Pablo Olavide University of Seville
- Bachelor's Degree in Food Science and Technology
- Diploma in Human Nutrition and Dietetics
- Master's Degree in Sports Training and Nutrition at the European University of Madrid

Mr. González Toledo, Beatriz María

- Nurse expert in Hemodialysis and Nutrition and Health
- Nephrology Nurse Unit of the Fundación Jiménez Díaz Hospital
- Nurse Director of Dialysis at the Íñigo Álvarez de Toledo Renal Foundation
- Master's Degree in Hemodialysis for Nurses at the Complutense University of Madrid
- Master's Degree in Nutrition and Health at the Open University of Catalonia
- University Expert in Peritoneal Dialysis for Nursing at Cardenal Herrera University
- Graduate in Nursing from the Autonomous University of Madrid

Dr. Yela Salguero, Clara

- Dietitian Coordination of Clinical Trials
- Dietician at the Jiménez Díaz Foundation Hospital
- Clinical Trials Coordinator at the Ramón y Cajal Hospital
- Dietitian at the Severo Ochoa Hospital, in Leganés
- Dietitian in the Integral Obesity Treatment Unit at the San José Hospital in Madrid
- Diploma in Human Nutrition and Dietetics at Alfonso X El Sabio University
- Degree in Food Science and Technology at the Complutense University of Madrid

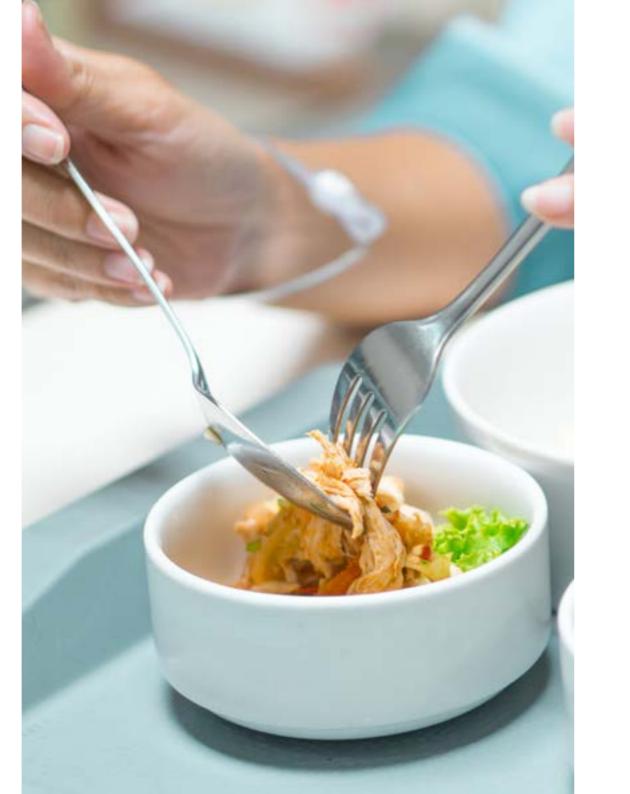
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Ms. Sanz Martínez, Enrique

- Clinical Nutritionist at the University Hospital General de Villalba and Rey Juan Carlos University Hospital
- Dietitian in the project PLUS researcher in the Health Research Institute of the Jiménez Diaz Foundation
- Researcher and collaborator in the NUTRICOVID study
- Researcher and collaborator in the cross-sectional prospective OBESTIGMA study
- Graduate in Human Nutrition and Dietetics at the Complutense University of Madrid
- Master's Degree in Clinical Nutrition at the Catholic University of San Antonio in Murcia
- Master's Degree in Obesity and its Comorbidities: Prevention, Diagnosis and Integral Treatment at the University Rey Juan Carlos

Ms. Manso del Real, Paula

- Deputy Director of Nursing at the Íñigo Álvarez de Toledo Renal Foundation
- Nursing Supervisor of the Dialysis Unit of the Íñigo Álvarez de Toledo Renal Foundation
- Nephrology Nurse at the Nephrology Unit of the Jiménez Díaz Foundation University Hospital
- Diploma in Nursing at the Francisco de Vitoria University
- Degree in International Cooperation and Health Promotion at the Francisco de Vitoria University
- Degree in International Cooperation and Health Promotion at the Francisco de Vitoria University
- Master's Degree in Hemodialysis for Nursing at the Complutense University of Madrid



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Ms. Prieto Moreno, Ana

- Nutritionist in the Department of Endocrinology and Nutrition at University Hospital Fundación Jiménez
- Nutritionist at the General Hospital of Villalba
- Nutritionist at the Infanta Elena University Hospital
- Nutritionist in the Superior Sports Council
- Nutritionist at the WWF
- Nutritionist at Medicadiet
- Nutritionist at anitas Sociedad Anónima de Seguros
- Nutritionist at La Paz University Hospital
- Nutritionist at Fundación Mapfre
- Nutritionist at Copernal Publishing
- Nutritionist at Revista Diabetes
- Master in Obesity and its Comorbidities, Prevention Strategies, Diagnosis and Integral Treatment at the University of Alcalá
- Master's Degree in Physical Anthropology, Human Evolution and Biodiversity at the Complutense University of Madrid
- Degree in Human Nutrition and Dietetics at the Autonomous University of Madrid

Dr. Sánchez Jiménez, Álvaro

- Specialist in Nutrition and Endocrinology at Jiménez Díaz Foundation University Hospital
- Nutritionist at Medicadiet
- Clinical Nutritionist specialized in Prevention and Treatment of Obesity, Diabetes and their Comorbidities
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- Refresher Course on Practical Diabetes Type 1 and 2 for Health Professionals



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Module 1. Nutrition in Renal, Hepatic and Pancreatic Diseases

- 1.1. Nutrients
 - 1.1.1. Enzymatic Activity, Metabolism, Filtration and Diuresis
- 1.2. Habits, Risks, Previous and Causative Comorbidities, and Assessment of Feeding Habits
- 1.3. Nutrition in CKD: Predialysis
- 1.4. Nutrition in CKD: Dialysis: Renal Transplantation
- 1.5. Diabetic Nephropathy
- 1.6. Renal Lithiasis
- 1.7. Pancreatic Insufficiency
- 1.8. Non-Alcoholic Hepatic Steatosis, Fibrosis, Hepatic Cirrhosis and Vesicular Lithiasis
- 1.9. Modulation of the Intestinal Microbiota in Renal, Pancreatic and Hepatic Pathology
- 1.10. Psychological Aspects and Planning of Objectives and Consultations

Module 2. Nutrition in Nervous System Pathologies

- 2.1. Nutrition in the Prevention of Cognitive Impairment, Dementia and Alzheimer's Disease
- 2.2. Nutrition and Psychoaffective Pathologies
 - 2.2.1. Depression
 - 2.2.2. Bipolar Disorder
- 2.3. Pathologies with Altered Eating Behavior
 - 2.3.1. Schizophrenia
 - 2.3.2. Borderline Personality Disorder
- 2.4. Eating Disorders
 - 2.4.1. Anorexia
 - 2.4.2. Bulimia
 - 2.4.3. BED
- 2.5. Nutrition in Degenerative Pathologies
 - 2.5.1. Multiple Sclerosis
 - 2.5.2. Amyotrophic Lateral Sclerosis
 - 2.5.3. Muscular Dystrophies
- 2.6. Nutrition in Pathologies with Uncontrolled Movement
 - 2.6.1. Parkinson's Disease
 - 2.6.2. Huntington's Disease



Structure and Content | 23 tech

- 2.7. Nutrition in Epilepsy
- 2.8. Nutrition in Neuralgias
 - 2.8.1. Chronic Pain
- 2.9. Nutrition in Severe Neurological Injuries
- 2.10. Toxics, Bioactive Compounds, Intestinal Microbiota and their Relationship to Nervous System Diseases

Module 3. Oncology Patient Nutrition

- 3.1. Pathophysiology of Cancer
- 3.2. Relationship of Cancer with Eating Habits and Potential Carcinogens
- 3.3. Assessment of Nutritional Status in the Oncologic Patient
- 3.4. Nutrient-Antineoplastic Treatment Interaction
 - 3.4.1. Specific Changes in the Most Frequently Used Antineoplastic Agents
- 3.5. Psychological Aspects in the Patient and General Nutritional Recommendations in the Oncology Patient
- 3.6. Nutrition in the Appetite and Swallowing Alterations Caused by the Pathology or Treatments
 - 3.6.1. Anorexia
 - 3.6.2. Dysgeusia
 - 3.6.3. Dysphagia
 - 3.6.4. Mucositis
 - 3.6.5. Xerostomia
- 3.7. Nutrition in Digestive Disorders Caused by Pathology or Treatments
 - 3.7.1. Malabsorption
 - 3.7.2. Diarrhea
 - 3.7.3. Dysbiosis
 - 3.7.4. Constipation

- 3.8. Nutrition in Metabolic Alterations Caused by the Pathology: Cachexia
- 3.9. Nutrition Before and After Oncological Surgery
 - 3.9.1. Head and Neck
 - 3.9.2. Esophageal
 - 3.9.3. Gastric
 - 3.9.4. Pancreaticobiliary
 - 3.9.5. Small and Large Intestine
- 3.10. Hospital Nutrition
 - 3.10.1. Oral
- 3.10.2. Enteral
- 3.10.3. Parenteral



Look no further and enroll now in this Postgraduate Diploma to begin an academic experience that will mark a before and after in your professional career"



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The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

At TECH you will NOT have live classes (which you might not be able to attend)"



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

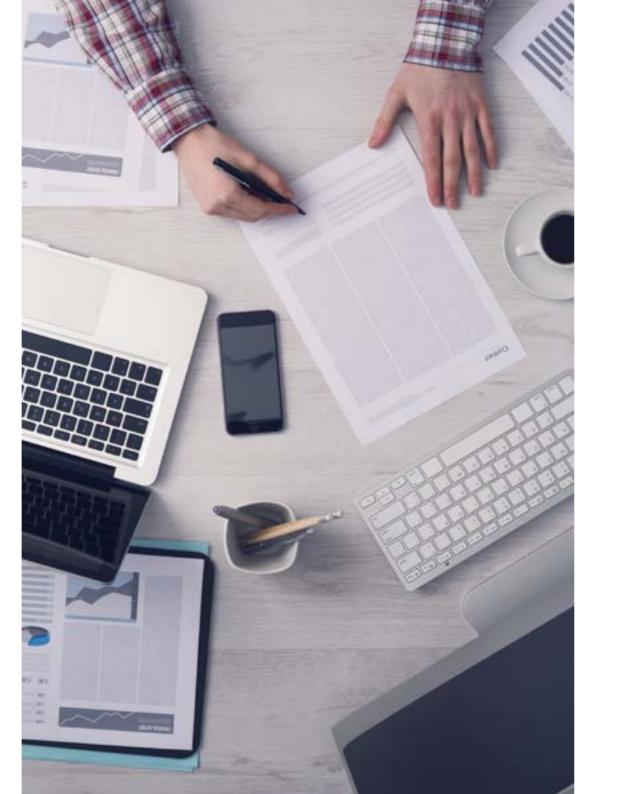
tech 28 | Methodology

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the quality of teaching, quality of materials, course structure and objectives is excellent. Not surprisingly, the institution became the best rated university by its students on the Trustpilot review platform, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

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As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

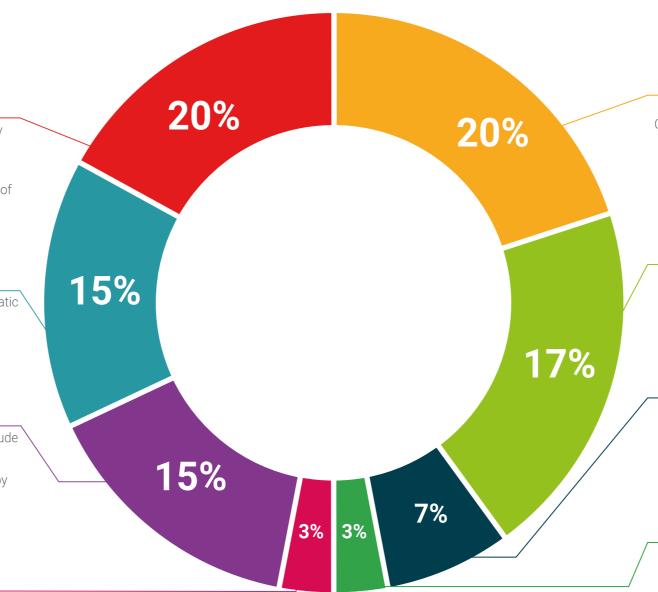
You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Case Studies

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.



Testing & Retesting

We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.





Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

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This private qualification will allow you to obtain a **Postgraduate Diploma in Nutrition in Special Populations in Diet Therapy** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra (official bulletin). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Nutrition in Special Populations in Diet Therapy

Modality: online

Duration: 6 months

Accreditation: 18 ECTS



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