

Postgraduate Certificate Hospital Dietetics





Postgraduate Certificate Hospital Dietetics

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/in/pharmacy/postgraduate-certificate/hospital-dietetics

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01

Introduction

With this high-level qualification, the pharmacist will learn to analyze the different methods of nutritional status assessment, as well as interpret and integrate anthropometric and pharmacological data in the nutritional assessment of the patient and in their dietary-nutritional treatment.

A unique opportunity to specialise in a high-demand professional field.





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This Postgraduate Certificate contains the most complete and up-to-date scientific program on the market”

This program offers the student the possibility of deepening and updating knowledge, using the latest educational technology. It provides an overview of clinical nutrition while focusing on the most important and innovative aspects:

- ♦ Adult nutrition with an update on nutritional therapy in special or pathological situations
- ♦ Current trends in nutrition that emphasize the good use of the Mediterranean diet as a key tool for a healthy life

Specialization in Hospital Dietetics is the essential response of the professional to the healthcare and preventive needs of the population in terms of food and health.

With this qualification, the student will have the opportunity to study an educational program that brings together the most advanced and in-depth knowledge, where a group of professors of high scientific rigor and extensive international experience offers the most complete and up-to-date information on the latest advances and techniques in hospital dietetics.

This **Postgraduate Certificate in Hospital Dietetics** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ Clinical cases presented by experts in nutrition. The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Diagnostic and therapeutic novelties on nutrition performance for pharmacies
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- ♦ Special emphasis on evidence-based medicine and research methodologies in clinical nutrition
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Availability of content from any fixed or portable device with internet connection



New scenarios in clinical nutrition push us to propose new pharmacy specialization programs that fit the real needs of professionals, so that they can incorporate advances in food management”

“*Improve your knowledge through this Postgraduate Certificate in Hospital Dietetics*”

Forming part of the teaching staff is a group of professionals in the world of clinical nutrition, who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive training program to train in real situations.

This program is designed around Problem-Based Learning, by means of which the pharmacist must try to solve the different situations of professional practice that arise during the educational program. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of radiology with extensive teaching experience.

This Postgraduate Certificate allows training in simulated environments, which provide immersive learning programmed to train for real situations.

This refresher program will generate a sense of confidence in pharmacy practice, which will help you grow both personally and professionally.



02 Objectives

The program's main objective is focused on theoretical and practical learning, so that the pharmacist is able to master, in both a practical and rigorous manner, hospital dietetics.



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Make the most of the opportunity and take the step to get up to date on the latest developments in hospital dietetics”



General Objectives

- Update the knowledge of the pharmacy professional on new trends in human nutrition, both in health and pathological situations through evidence-based pharmacy
- Promote work strategies based on the practical knowledge of the new trends in nutrition and its application to child and adult pathologies, where nutrition plays a fundamental role in treatment
- Encourage the acquisition of technical skills and abilities, through a powerful audiovisual system, and the possibility of development through online simulation workshops and/or specific training
- Encourage professional stimulation through continuous education and research
- Train the professional for research into patients with nutritional problems



Make the most of the opportunity and take the step to get up to date on the latest developments in hospital dietetics”





Specific Objectives

- ◆ Analyze the different methods for assessing nutritional status
- ◆ Interpret and integrate anthropometric, clinical, biochemical, hematological, immunological, and pharmacological data in the patient's nutritional assessment and dietary-nutritional treatment
- ◆ Manage the different types of nutritional surveys to assess food intake
- ◆ Understand, detect early on and assess the quantitative and qualitative deviations from the nutritional balance due to excess or deficiency
- ◆ Identify and classify foods, food products, and food ingredients
- ◆ Review the chemical composition of foods, their physicochemical properties, their nutritional value, their bioavailability, their organoleptic properties, and the changes they undergo as a result of technological and culinary processes
- ◆ Learn the composition and utilities of new foods
- ◆ Review basic aspects of food microbiology, parasitology, and toxicology related to food safety
- ◆ Assess and maintain adequate hygiene and food safety practices, applying current legislation

03

Course Management

This program includes highly regarded health professionals in the field of psychology in its teaching staff, who bring the experience of their work to this training.

In addition, renowned specialists, members of prestigious national and international scientific communities, are involved in designing and preparing the program.





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Learn about the latest advances in hospital dietetics from leading professionals”

Management



Ms. Auni3n Lavarías, María Eugenia

- Pharmacist and Clinical Nutrition Expert
- “Author of the reference book in the field of Clinical Nutrition “Dietetic Management of Overweight in the Pharmacy Office”. (Panamerican Medical Publishing House)
- Pharmacist with extensive experience in the public and private sector
- Pharmacist in Valencia Pharmacy
- Pharmacy Assistant in the British pharmacy and health and beauty retail chain Boots, UK
- Degree in Pharmacy and Food Science and Technology. University of Valencia
- Director of the University Course “Dermocosmetics in the Pharmacy Office”



04

Structure and Content

The structure of the contents has been designed by a team of professionals knowledgeable about the implications of training in daily pharmaceutical practice in nutrition, aware of the relevance of the current training to be able to work with the athlete, with quality teaching through new educational technologies.



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Module 1. Assessment of Nutritional Status and Diet. Practical Application

- 1.1. Bioenergy and Nutrition
 - 1.1.1. Energy Needs
 - 1.1.2. Methods of Assessing Energy Expenditure
- 1.2. Assessment of Nutritional Status
 - 1.2.1. Body Composition Analysis
 - 1.2.2. Clinical Diagnosis. Symptoms and Signs
 - 1.2.3. Biochemical, Hematological and Immunological Methods
- 1.3. Intake Assessment
 - 1.3.1. Methods for Analyzing Food and Nutrient Intake
 - 1.3.2. Direct and Indirect Methods
- 1.4. Update on Nutritional Requirements and Recommended Intakes
- 1.5. Nutrition in a Healthy Adult Objectives and Guidelines The Mediterranean Diet
- 1.6. Nutrition in Menopause
- 1.7. Nutrition in the Elderly





Module 2. Clinical Nutrition and Hospital Dietetics

- 2.1. Role of the Nursing Professional in the Multidisciplinary Team of the Nutrition Units
- 2.2. Management of Hospital Nutrition Units
 - 2.2.1. Nutrition in the Hospital Setting
 - 2.2.2. Food Safety in Hospitals
 - 2.2.3. Hospital Kitchen Organization
 - 2.2.4. Planning and Managing Hospital Diets. Dietary Code
- 2.3. Hospital Basal Diets
 - 2.3.1. Basal Diet in Adults
 - 2.3.2. Pediatric Basal Diet
 - 2.3.3. Ovo-Lacto-Vegetarian and Vegan Diet
 - 2.3.4. Diet Adapted to Cultural
- 2.4. Therapeutic Hospital Diets
 - 2.4.1. Unification of Diets and Personalized Menus
- 2.5. Bidirectional Drug-Nutrient Interaction



A unique, key, and decisive program to boost your professional development”

05

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning.**

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will be confronted with multiple simulated clinical cases based on real patients, in which they will have to investigate, establish hypotheses and ultimately, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Pharmacists learn better, more quickly and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, attempting to recreate the actual conditions in a pharmacist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Pharmacists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Pharmacists will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 115,000 pharmacists have been trained with unprecedented success in all clinical specialties, regardless of the surgical load. This pedagogical methodology is developed in a highly demanding environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is created specifically for the course by specialist pharmacists who will be teaching the course, so that the didactic development is highly specific and accurate.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Video Techniques and Procedures

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current pharmaceutical care procedures. All of this, first hand, and explained and detailed with precision to contribute to assimilation and a better understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06 Certificate

The Postgraduate Certificate in Hospital Dietetics guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Certificate in Hospital Dietetics** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate**, issued by **TECH Technological University** via tracked delivery*

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the **Postgraduate Certificate**, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Hospital Dietetics**

Official N° of Hours: **125 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present quality
development language
virtual classroom



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