

Postgraduate Certificate

Food Legislation for Community Pharmacy





Postgraduate Certificate Food Legislation for Community Pharmacy

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/in/pharmacy/postgraduate-certificate/food-legislation-community-pharmacy

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01

Introduction

Currently, in most of the developed countries in our environment, community pharmacy is evolving towards the provision of pharmaceutical services, as the pharmaceutical profession has evolved in recent years towards a more patient-centered care profession.





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This training will generate a sense of security in the performance of clinical practice, which will help you grow personally and professionally"

There is no doubt that this transformation is a consequence of Community Pharmacy adapting to a changing society, where public health has reached high levels of control and safety, facing new challenges for which the pharmacist, the health agent and the community pharmacy are resources that are close and accessible to the user.

One of these services is related to the field of Nutrition and to developing dietary recommendations. Today there is ample evidence on the importance of proper nutrition for the prevention and/or treatment of chronic diseases, such as cardiovascular diseases, type 2 diabetes mellitus and cancer, among others. With more nutritional supplements becoming available to users, it is of vital importance that community pharmacists have the necessary training to dispense and advise on these products in an appropriate way, to give good nutritional advice and, when necessary, know when to make a referral to the appropriate professional. Although traditionally, several subjects related to bromatology, nutrition, food and food hygiene have been taught in the Bachelor's Degree in Pharmacy, more specific training is required in order to be able to advise users on the food products dispensed in pharmacies, as well as on their interaction with medicines.

For this reason, it is necessary to design and provide scientific and professional theoretical and practical training in nutrition under the auspices of the university.

This Postgraduate Certificate works on various current concepts in nutrition, not only susceptible to be used in the daily work of a community pharmacist, but also prepares him/her to be able to implement a nutritional counseling service in his/her pharmacy and enables him/her to carry out nutritional campaigns in other areas of population education.

This **Postgraduate Certificate in Food Legislation for Community Pharmacy** contains the most complete and up-to-date scientific program on the market. The most important features of the program include:

- ◆ Development of more than 75 clinical cases presented by courses in food legislation for community pharmacy. The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ◆ Diagnostic-therapeutic novelties on evaluation, diagnosis and intervention in food legislation for community pharmacy.
- ◆ It contains practical exercises where the self-evaluation process can be carried out to improve learning.
- ◆ Algorithm-based interactive learning system for decision-making in the presented clinical situations.
- ◆ With special emphasis on evidence-based medicine and food law research methodologies for community pharmacy.
- ◆ All this will be complemented with theoretical lessons, questions to the Course, discussion forums on controversial issues and individual reflection papers.
- ◆ Content that is accessible from any fixed or portable device with an Internet connection.

Improve your knowledge in food legislation for community pharmacy through this program, where you will find the best didactic material with real clinical cases. Find out about the latest advances in the speciality here, in order to be able to carry out quality clinical practice.



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This Postgraduate Certificate may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in Food Legislation for Community Pharmacy, you will obtain a course degree from TECH - Technological University"

Take the opportunity to learn about the latest advances in Food Legislation for Community Pharmacies and improve your customer service.

It includes in its teaching staff professionals belonging to the field of Food Legislation for Community Pharmacy who pour into this training the experience of their work, in addition to recognized specialists belonging to scientific societies of reference.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

The design of this program is based on Problem-Based Learning, by means of which the health professional must try to solve the different professional practice situations that arise throughout the course. For this purpose, the professional will be assisted by an innovative interactive video system developed by renowned courses in the field of community pharmacy.



02

Objectives

This course in food legislation for community pharmacy is oriented to offer a complete, detailed and updated vision of pharmaceutical nutritional counseling as a key element in customer care and follow-up.



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This course is designed for you to update your knowledge in food legislation for community pharmacy, with the use of the latest educational technology, to contribute with quality and safety to decision making in the implementation of professional pharmaceutical services"



General Objectives

- ♦ The Postgraduate Certificate in nutritional counseling in the community pharmacy offers a complete and detailed vision of the knowledge necessary to provide professional pharmaceutical services in the field of nutrition and from an eminently practical point of view can be provided from the community pharmacy.
- ♦ Update the community pharmacist's nutrition knowledge.
- ♦ Promote nutritional Counseling strategies in community pharmacy based on patient and user approach..
- ♦ Advise patients and users on foods, supplements and nutritional supplements dispensed at community pharmacies.
- ♦ Encourage the acquisition of skills through a powerful audiovisual system, and the possibility of development through university simulation workshops and/or specific training.
- ♦ Encourage professional stimulus through continuing education and research.





Specific Objectives by Modules

- ♦ Interpreting the composition of food supplements and their consumption levels.
- ♦ Be aware of the scientific evidence of such supplements..
- ♦ Differentiate between food, medicine, dietetic products, food supplements, health products, bio-ecological products and organic products.
- ♦ Be familiar with the different interactions between supplements and pharmacological treatments.
- ♦ Be aware of the different legislation in force at European, national and Autonomous Community levels.
- ♦ Analyze the necessary requirements for the authorization of substances in foodstuffs.
- ♦ Learn how to read labels, how they are presented and they are published.
- ♦ Be clear about the safety standards for nutritional supplements.
- ♦ Familiarize yourself with the health alert network.
- ♦ Understand the reporting standards for dietary supplements.



Make the most of the opportunity and take the step to get up to date on the latest developments in nutritional counseling in community pharmacy”

04

Course Management

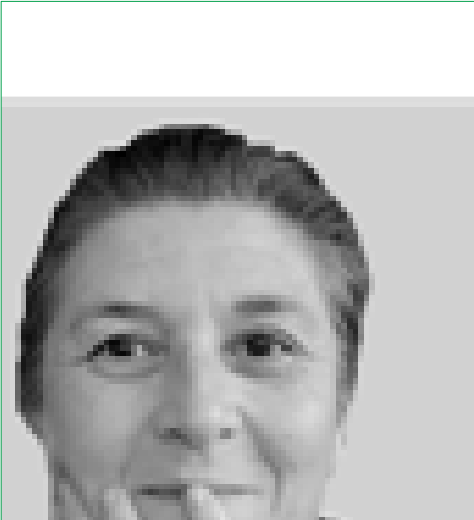
The program's teaching staff includes leading specialists in community pharmacy, who bring their work experience to this training. Additionally, other recognized specialists participate in its design and preparation, which means that the program is developed in an interdisciplinary manner.



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Learn from leading professionals, the latest advances in the field of food legislation for community pharmacy”

Management



Degree in Rodríguez Sampedro, Ana

- Degree in Pharmacy.
- Master in Nutrition and Dietetics.
- Postgraduate Degree in Dietetic Nutrition and Diet Therapy.
- University Expert course in Education and Health Promotion.
- Currently pursuing a degree in Dietetics and Nutrition.
- Pharmacist in community pharmacy.
- Co-author of the SEFAC guide on excess weight and obesity.
- Co-author of the Gude and consensus documents on probiotics and prebiotics in community pharmacy SEFAC-SEPYP.



05

Structure and Content

The structure of the contents has been designed by a team of professionals from the best research centers and universities in the country, aware of the relevance of the current relevance of training to use drugs safely and with a solid scientific basis based on evidence, and committed to quality teaching through new educational technologies.





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This Postgraduate Certificate in Food Legislation for Community Pharmacy contains the most complete and up-to-date scientific program on the market”

Module 1. Scientific Evidence, Legislation and using Safety and Supplementation in Community Pharmacy

- 1.1. Nutritional Supplements Food Supplements
 - 1.1.1. Nutritional Supplementation. Food Supplements
 - 1.1.2. Scientific Evidence for Dietary Supplements.
 - 1.1.3. Falsehoods and Myths in Nutrition
 - 1.1.4. The Interaction Between Nutritional Supplementation and Pharmacological Treatment.
- 1.2. Legislative Aspects Food Supplements
 - 1.2.1. European Legislation
 - 1.2.2. Spanish Legislation CCAA.
 - 1.2.3. Food Safety.





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*A unique, key, and decisive
Training experience to boost your
professional development”*

06

Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will be confronted with multiple simulated clinical cases based on real patients, in which they will have to investigate, establish hypotheses and ultimately, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Pharmacists learn better, more quickly and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, attempting to recreate the actual conditions in a pharmacist's professional practice.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Pharmacists who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Pharmacists will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 115,000 pharmacists have been trained with unprecedented success in all clinical specialties, regardless of the surgical load. This pedagogical methodology is developed in a highly demanding environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is created specifically for the course by specialist pharmacists who will be teaching the course, so that the didactic development is highly specific and accurate.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Video Techniques and Procedures

TECH introduces students to the latest techniques, to the latest educational advances, to the forefront of current pharmaceutical care procedures. All of this, first hand, and explained and detailed with precision to contribute to assimilation and a better understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



07

Certificate

This Postgraduate Certificate in Drug-Nutrient Interactions in Community Pharmacy guarantees you, in addition to the most rigorous and up-to-date training, the access to a Postgraduate Certificate issued by TECH Technological University.





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Successfully complete this training and receive your university degree without travel or laborious paperwork”.

This **Postgraduate Certificate in Food Legislation for Community Pharmacy** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate , and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professionals career evaluation committees.

Title: Postgraduate Certificate in Food Legislation for Community Pharmacy

ECTS: 6

Official Number of Hours: 150



*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future
health confidence people
education information tutors
guarantee accreditation teaching
institutions technology learning
community commitment
personalized service innovation
knowledge present
online training
development language
classroom

tech technological
university

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